

# CHURCH OF CORPUS CHRISTI

1919 North 2nd Street, Bismarck, ND 58501-1735

email: [info@corpuschristibismarck.com](mailto:info@corpuschristibismarck.com)

website: [www.corpuschristibismarck.com](http://www.corpuschristibismarck.com)

facebook: [www.facebook.com/CorpusBismarck](https://www.facebook.com/CorpusBismarck)

parish app: Text "app" to 55321

Parish Office .....255-4600

Parish Fax..... 255-4616

Food Pantry.....255-3104

Parish Office is open 7:30 a.m.-4:00 p.m.  
Monday-Friday

***For Sacramental Emergencies after office hours,  
please call 701-425-1483 and leave a voicemail.***

***We will return your call in a timely manner.***

## WEEKLY LITURGY SCHEDULE

Saturday (Vigil of Sunday) .....4:00 p.m.

Sunday ..... 8:30 & 10:45 a.m. and 5:30 p.m.

Monday-Friday.....12:10 p.m.

(Holy Days as scheduled)

## **MISSION STATEMENT**

***As disciples of Jesus, we live our faith  
through Word, Sacrament, and Service.***

Msgr. Patrick Schumacher, Pastor ..... 255-4600

Rev. Logan Obrigewitch, Parochial Vicar..... 975-9802

Tracy Kraft, Parish Manager..... 975-9803

## **PASTORAL MINISTERS**

Cindy Anderst, Adult Formation ..... 975-9810

Sarah Bengtson, Pastoral Care ..... 975-9805

Sebastian Haboczki, Music Ministry..... 975-9806

Melanie Konieczka, Faith Formation ..... 975-9809

Tammy Schafer, Pastoral Care..... 975-9816

Sr. Ivo Schoch, Outreach Ministry ..... 975-9808

**DEACONS:** Bob Wingenbach, Brian Lardy, Michael Fix,  
Lonnie Grabowska, Rex McDowall (Retired)

## **PARISH SUPPORT STAFF**

Jane Bosch, Kitchen Manager..... 255-4600

Niel Heinze, Maintenance Technician ..... 975-9815

Bridget Johnson, Accounting Coordinator ..... 975-9804

Colleen Reinhardt, Food Pantry, Music Assoc.... 975-9807

Beverly Everett, Organist in Residence ..... 255-4600



## January 29, 2023

## **SACRAMENTS**

**Reconciliation** - Reconciliation will be offered behind a screen weekdays from 11:30 a.m. - 12:00 p.m. and from 3:00-3:30 p.m. on Saturdays. Or by appointment by calling the parish office at 701-975-9803. No Reconciliation prior to Communion Services. Also, schedule may change on Holy Days or Special Liturgies.

**Baptism** - The Baptism Preparation Program and Schedule are by arrangement. Please call the office at 701-975-9805 to register or register online at [corpuschristibismarck.com/baptism](http://corpuschristibismarck.com/baptism) prior to your delivery date and the program director will return your call. Parents must be registered at Corpus Christi or have permission from their parish.

**Marriage** - Couples planning to be married should contact Sarah in the parish office at 701-975-9805 at least **12 months** in advance for completion of Diocesan requirements.

**Natural Family Planning Classes** are offered by the Bismarck Diocese. The methods offered are Billings Ovulation Method, Creighton Model Fertility Care System, Marquette Model and Sympto-Thermal Methods. If you have questions about NFP please contact the Diocese of Bismarck at 701-222-3035 or [www.bismarckdiocese.com/nfp](http://www.bismarckdiocese.com/nfp).

**RCIA Classes** - Persons wishing to learn more about the Catholic faith may call Tracy Kraft at 701-975-9803.

**PARISH BULLETIN DEADLINE:** Articles must be received by noon on Wednesdays (*typed format*).

**PRAYER TREE:** 255-4600

## Livestreaming Schedule:

### WEEKDAY MASSES

Monday - Friday: 12:10 p.m.

### WEEKEND MASSES

Saturday: 4:00 p.m.

Sunday: 10:45 a.m.

### Weekly Mass Intentions

*Monday, Jan. 30- †Mary Ann Weigel & †Alois Vetter  
(12:10 p.m.)*

*Tuesday, Jan. 31- †Leo Wetsch (12:10 p.m.)*

*Wednesday, Feb. 1- †Jan Auble (12:10 p.m.)*

*Thursday, Feb. 2- Mastel Family (12:10 p.m.)*

*Friday, Feb. 3- †Bill & †Pat Friedt (12:10 p.m.)*

*Saturday, Feb. 4- †Jan Auble (4:00 p.m.)*

*Sunday, Feb. 5- †Julia Feist (8:30 a.m.)*

*†Bernie Schaff (10:45 a.m.)*

*†Dominic Rivinius (5:30 p.m.)*

### CONTRIBUTIONS (GENERAL FUND) - (2,463 households)

Adult Envelopes (210).....	\$13,663.59
Youth Envelopes .....	\$ 313.87
<b>TOTAL RECEIVED (January 22) .....</b>	<b>\$13,977.46</b>
<i>1st Sunday .....</i>	<i>\$26,239.63</i>
<i>Online Giving Week 1 (Dec. 26-Jan. 1) ...</i>	<i>\$ 8,049.15</i>
<i>Electronic Contributions .....</i>	<i>\$14,118.68</i>
<i>2nd Sunday .....</i>	<i>\$13,586.68</i>
<i>Online Giving Week 2 (Jan. 2-8).....</i>	<i>\$ 4,703.00</i>
<i>3rd Sunday .....</i>	<i>\$13,324.57</i>
<i>Online Giving Week 3 (Jan. 9-15) .....</i>	<i>\$ 5,393.00</i>
<i>Electronic Contributions .....</i>	<i>\$10,450.68</i>
<i>4th Sunday .....</i>	<i>\$13,977.46</i>
<i>Online Giving Week 4 (Jan. 16-22) . ....</i>	<i>\$ 3,810.00</i>
<i>5th Sunday .....</i>	<i>\$ 0</i>
<i>Online Giving Week 4 (Jan. 23-29) . ....</i>	<i>\$ 0</i>

*We appreciate your generosity which is part of being faithful stewards of Corpus Christi.*

### EUCCHARISTIC ADORATION

Tuesdays 1:00-7:00 p.m. (private, quiet time, incense free). All are welcome to spend time in Jesus' awesome Eucharistic presence. ***During Adoration, the exposed Blessed Sacrament cannot be left unattended. We need to make sure we have at least two committed adorers present at all times. If you are unable to come to your committed time, please contact Tracy in the Parish Office at 701-975-9803.***

EUCCHARISTIC  
ADORATION



Get our Parish App

Text **App** to **55321**

or

Scan this QR Code



### BLESSING OF THE THROATS



In honor of the Feast of St. Blaise, on Friday, February 3<sup>rd</sup>, we will be offering a Blessing of Throats at the end of our 12:10 p.m. Mass.

**Office  
Hours**

Fr. Paul Becker has office hours on Thursdays from 1:00-2:00 p.m. If you would like to make an appointment to visit with Fr. Paul, please call the office at 701-255-4600.

### Parish App Feature-of-the-Week



Giving

- Access to online giving
- Quick and convenient
- Help support our parish with the tap of a button

Learn more or download our parish app at [myparishapp.com](http://myparishapp.com)

\*Available on Apple and Android Phones.

## St. Mary's Carnival February 3-4-5, 2023

Volunteers are Needed!



This year, volunteers for the various activities are not parish specific, simply volunteer for the area or activity you most enjoy.

To volunteer go to:

[lightofchristschools.org/carnival-volunteers](http://lightofchristschools.org/carnival-volunteers).

## Corpus Christi Youth Ministry

### High School SNAC

(Sunday Nights After Church)

(Grades 9-12)

6:30 - 8:00 p.m.

Sunday, February 5<sup>th</sup>

*Discipleship Night*



### Middle School (6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup>)

*You're Amazing Experience*

February 1<sup>st</sup>

6:30-9:00 p.m.

St. Mary's Central High School

Contact Melanie @ 701-255-4600 with questions.

## What's Going on Here This Week

- |            |   |
|------------|---|
| Mon. 1/30  | Faith Formation (B), 5:30-6:45 p.m.   |
| Tues. 1/31 | Quilters, 9:00 a.m., Community Room<br>Eucharistic Adoration, 12:45-7:00 p.m., Church   |
| Wed. 2/1   | Faith Formation (E), 5:30-6:45 p.m.<br>Choir Practice, 5:30 p.m., Choir Room<br>Middle School Youth Ministry, (6 <sup>th</sup> , 7 <sup>th</sup> & 8 <sup>th</sup> ),<br>6:30-9:00 p.m., St. Mary's High School |
| Sun. 2/5   | Faith Formation (D), 9:30-10:45 a.m.<br>SNAC, 6:30 p.m., Room 140   |



## FRIDAY FISH FRIES!!

Our Friday Fish Fries will start on **February 24<sup>th</sup>**.

Please start thinking about whether you can help, when you will be here and how good it will taste!!

We are taking sign-ups online for fish cutters, servers, table setters, table clearers, dishwashers and DESSERTS! If you have any questions, contact Melanie at 701-255-4600 or 701-975-9809 or [melanie.konieczka@corpuschristibismarck.com](mailto:melanie.konieczka@corpuschristibismarck.com).

You may register by scanning this QR Code, by clicking the link on the Youth Ministry page on our website.



## WEATHER PROVERBS

*For centuries, farmers and sailors - people whose livelihoods depended on the weather - relied on lore to forecast the weather.*



## February

- ◆ There is always one fine week in February.
- ◆ If bees get out in February, the next day will be windy and rainy.
- ◆ Fogs in February means frosts in May.
- ◆ Winter's back breaks about the middle of February.

*The American tradition of Goundhog Day is actually based on a Catholic Candlemas tradition, dating back to the Middle Ages, "If Candlemas Day is clear and bright, winter will have another bite. If Candlemas Day brings cloud and rain, winter is gone and will not come again."*

## MUSIC MINISTRY



Choir Rehearsal

Wednesday, February 1<sup>st</sup>

5:30 p.m.

Adults, teens & kids (grades 3-8) are welcome!



To sign up for our choir, please contact Sebastian at 701-255-4600 or 701-975-9806.

## Black & Indian Mission

*Next weekend is our Black & Indian Mission Collection. Our support of this collection helps build the Church in African American, Native American, and Alaskan Native communities from coast to coast. Please check the entrances next weekend for envelopes.*





## FROM THE PASTOR'S DESK:

*"Reading and praying over the Holy Gospels will never be the same again."* I often heard this phrase from many of the pilgrims who have journeyed to the Holy Land. After my three-week pilgrimage, I am grateful to understand now more deeply what they meant when they said this phrase. St. Jerome said of this holy place: *"Five Gospels record the life of Jesus. Four you will find in books and the one you will find in the land they call Holy. Read the fifth gospel and the world of the four will open to you."* After having experienced the Holy Land, what is now at the forefront for me is not that I walked in this place considered holy, but that Jesus, who is holy, walked in that very place. Jesus is real. While I was in the Holy Land, I recognized that our faith, sacraments, and scriptures truly open us up to the real Jesus.

One of the places that stood out for many in our Kenrick seminary group is also arguably the holiest site in the world, the Church of the Holy Sepulchre. The significance of this Church cannot be understated. In it is the actual locations of two major events in Jesus' life: Calvary, where Christ was crucified and died on Good Friday, and the tomb where our Lord was first buried and then resurrected from the dead on Easter Sunday.

My highlight on this pilgrimage was to celebrate Mass at Calvary where Mary stood at the foot of the Cross. The second was being locked in the Holy Sepulchre overnight from 7:00 p.m. to 4:00 a.m. with 14 others. Through this overnight stay, we had ample time to take in the Church, walk to different spots, and spend time in prayer. During the day, the Church is usually buzzing with visitors. Some of the only instructions we received when staying overnight for the nine hours were the words, *"no sleeping"*.

It was a great privilege for me to be on this trip and keep all of you in my daily prayers at the different holy sites. I was able to offer Mass for you near the Sea of Galilee where Jesus performed the miracle of the multiplication of loaves and fish. I hope to share different parts of this Holy Land pilgrimage as time passes and I am truly grateful to be back at Corpus Christi.

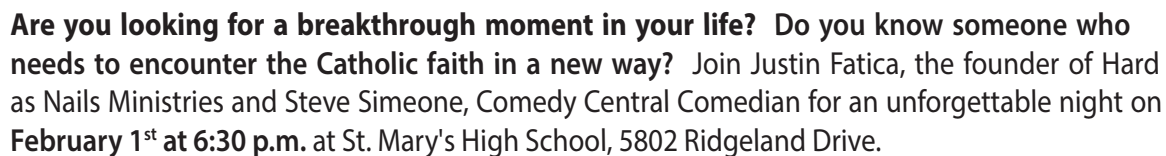


~In Christ, Fr. Logan Obrigewitch

## LITURGICAL MINISTRY

Please review the schedule below and contact the office to let us know if you are willing and able to serve as a minister next weekend. If you are not scheduled but would be willing to help, call Tracy at 701-255-4600.

Date: Feb 4-5		February 4, 2023 4:00 PM		February 5, 2023 8:30 AM		February 5, 2023 10:45 AM		February 5, 2023 5:30 PM
Hospitality	1		1	Linda Heil	1	Kathy Howe	1	
	2		2	Brian Steffi	2	Maryam Abddo	2	
	3		3	Heather Steffi	3		3	
	4		4	Catherine Williams	4		4	
	5		5	Francis Williams	5		5	
Ushers	1		1	Kenneth Heil*	1	Dan DeRouchey	1	Gene Rivinius*
	2		2	Lance Bauer	2	Lonnie Zahn	2	Bev Rivinius
	3		3	Mike Hilbert	3	Dan Sautner	3	
	4		4		4		4	
	5		5		5		5	
	6		6		6			
Lectors	1	Janet Elkin	1	John Saiki	1	Andrew Kraft	1	Todd Van Orman
	2	Sean Cleary	2	Kali Askvig	2	Rodger Wetzel	2	Sara Postl
Servers	1		1	Brooklynn Barnhardt	1	Ella Weigel	1	
	2		2		2	Madisyn Lowe	2	
Eucharistic Min		BODY OF CHRIST		BODY OF CHRIST		BODY OF CHRIST		BODY OF CHRIST
	R-1	Larry Thelen	R-1	Dean Anagnost	R-1	Cathy Schatz	R-1	Margie Schiff
	2	Father	2	Father	2	Father	2	Father
	3	MaryAnn Metcalf	3	Shawn Anagnost	3	Kathy Howe	3	
	4	Elaine Thompson	4	Brenda Bergan	4	Janet Spooner	4	
	5	Carol Thompson	5	Lynn Best	5	Makayla Schatz	5	
	6	Janet Elkin	6	Char Blaskowski	6	Cec Reetz	6	
	7	Deacon	7	Deacon	7	Deacon	7	Deacon
	8	Clare Auble	8	Karen daSilva	8	Pam Vetter	8	
	9		9	Bill Knudson	9		11	
	10		10	Kathy Knudson	10		12	
	11				11			
At 4:00*	D12				12			
	LG		LG		LG		LG	



The **You're Amazing Experience** is an active, dynamic & encouraging event for people of all ages. Experience Christ and the Catholic Faith in a new way. Limited tickets are available for \$10 per person at [AmazingBismarck.Eventbrite.com](https://www.amazingbismarck.eventbrite.com) or by clicking on the rolling slide on our website: [corpuschristibismarck.com](https://www.corpuschristibismarck.com).

Amazing! This January, the #1 podcast in America is the Catechism in a Year with Fr. Mike Schmitz! This is a sequel to the popular Bible in a Year podcast offered by Ascension Press the previous two years. If you have ever wanted to understand what it means to be Catholic and allow those truths to shape your life - this podcast is for you.

For more information, go to [ascensionpress.com/ciy](https://ascensionpress.com/ciy). You can begin listening to the 30 minute podcasts on your favorite podcast player. **Spotify, Apple Podcasts, Amazon Music, Stitcher, Google Podcasts or YouTube.**

*Corpus Christi has received a request to start a discussion group for Catechism in a Year. If this sounds like something you might be interested in, please contact Cindy Anderst at 701-975-9810 or 701-255-4600 to discuss this.*

**TUESDAY, FEBRUARY 7<sup>th</sup>**

5:30 P.M.

Food for the Soul is a once-a-month gathering/meal for those who have lost a spouse. For more information, please contact Tammy Schafer at 701-255-4600. All are welcome!



***Your stepping stones back into life...***

**SOS (Sounds of Silence)** is a suicide support group which provides compassionate support and grief education with the hope that family members and friends will find guidance on the path of healing. ***SOS meets on the 1<sup>st</sup> & 3<sup>rd</sup> Tuesday every month at 6:30 p.m. at Parkway Funeral Service, 2330 Tyler Parkway. The next session is February 7<sup>th</sup>, this will be an "Open Session".***

**SEA GLASS**, a support group to help children and teens learn their own ways of smoothing out their grief, meets at Parkway Funeral Service, 2330 Tyler Parkway from 6:30-7:30 p.m. The next session will be on **February 7<sup>th</sup>**, and the topic will be **"Beading our Grief"**. For more information and to RSVP, call Brenda Bergan at 701-426-1021.



## Corpus Christi Women's Group

## "Taking Up Our Own Crosses this Lent"

**Thursday, February 16<sup>th</sup>**

**7:00 - 8:30 p.m. in the Parish Hall**

For additional information please contact Cindy Anderst in the parish office at 701-255-4600.

**Sunday, Jan 22, 2023**

### **Coming live to a parish near you!**

Some of us were taught that Mass attendance "counted" if we arrived for the gospel and stayed through Communion. Most churchgoers, thankfully, are weaned from this spartan idea to the liturgical celebration. In 2019, Pope Francis designated the Third Sunday in Ordinary Time as "Word of God Sunday." While every Mass includes a healthy serving of Bible readings, annually we're invited to reflect that this is "an experience which occurs 'live' and not through hearsay," as the pope says. "We gather precisely to listen to what God has done *and still intends to do for us.*" Let's not miss a word of it!

THIRD SUNDAY IN ORDINARY TIME / SUNDAY OF THE WORD OF GOD

TODAY'S READINGS: Isaiah 8:23—9:3; 1 Corinthians 1:10-13, 17; Matthew 4:12-23 (67). *"The people who walked in darkness have seen a great light; upon those who dwelt in the land of gloom a light has shone."*

**Monday, Jan 23, 2023**

### **Don't let fear keep you from serving**

The disease of leprosy has been curable since the mid-20th century and is actually not highly contagious, as was believed in the past, but the physical effects were devastating enough to cause tremendous fear. Mother Marianne Cope was not afraid, which she stated in 1883 in her letter of acceptance to King Kalākaua of Hawaii, who had already asked for help from—and been turned down by—more than 50 other religious congregations to care for his people who had leprosy. The German-born American sister and six others came to his aid all the way from New York. When you go beyond your fears to answer a call, you may be bridging the greatest distance of all.

DAY OF PRAYER FOR THE LEGAL PROTECTION OF UNBORN CHILDREN; MEMORIAL OF MARIANNE COPE, RELIGIOUS

TODAY'S READINGS: Hebrews 9:15, 24-28; Mark 3:22-30 (317). *"If a kingdom is divided against itself, that kingdom cannot stand."*

**Tuesday, Jan 24, 2023**

### **There is strength in gentleness**

Francis de Sales is famous for his gentleness. He used it on his stubborn father, convincing him he was meant to become a priest instead of a lawyer. It was a virtue Francis tapped to win hardened Calvinists back to the Catholic faith following the Protestant Reformation, a time of much bitterness. Explaining that a "spoonful of honey gathers more flies than a barrel full of vinegar," Saint Francis practiced what he preached by greeting everyone with simple kindness, speaking good-naturedly about the goodness, truth, and beauty of the Catholic faith. "Be who you are and be that well," he reminds us in *Introduction to the Devout Life*.

MEMORIAL OF FRANCIS DE SALES, BISHOP, DOCTOR OF THE CHURCH

TODAY'S READINGS: Hebrews 10:1-10; Mark 3:31-35 (318). *"Behold, I come to do your will, O God."*

**Wednesday, Jan 25, 2023**

### **I can see clearly now**

We've all had the rather unpleasant experience of "being shown the error of our ways," though none perhaps as dramatically as Saul of Tarsus, zealous persecutor of early followers of Christ. On assignment to round up these dissidents, Saul was knocked from his horse by a blinding light and a voice from heaven. Three days

of blindness ensued before the scales literally "fell from his eyes" and the newly awakened apostle and great evangelist we know as Saint Paul emerged. Don't wait to be knocked to the ground before considering how your own life may have gone astray. Pray that anything that blinds you may fall away from your vision.

FEAST OF THE CONVERSION OF PAUL THE APOSTLE

TODAY'S READINGS: Acts 22:3-16 or Acts 9:1-22; Mark 16:15-18 (519). *"Saul, my brother, regain your sight."*

**Thursday, Jan 26, 2023**

### **Our moment is now**

In the '90s, it seemed everyone wanted in on the "dot.com" internet startup craze. Many were excited to be in on the ground floor of something brand new. It's tempting to think that Timothy and Titus (both of whom have letters in the New Testament addressed to them) were like the dot.com entrepreneurs when it came to the new, exciting religion of Christianity. In contrast, today's Christianity can seem weighed down by centuries of precedent and proscriptions. Titus and Timothy dealt with plenty of church trouble in their time, however, from division to drunkenness to false teaching. Their witness reminds us to pray for the strength to rise to the challenges of the moment we've been given, just as they did.

MEMORIAL OF TIMOTHY AND TITUS, BISHOPS

TODAY'S READINGS: 2 Timothy 1:1-8 or Titus 1:1-5 (520); Mark 4:21-25 (320). *"The measure with which you measure will be measured out to you."*

**Friday, Jan 27, 2023**

### **Stay the course**

Sometimes when the going gets tough, if they are honest, the tough want to curl up under the blankets and never come out! Life is not always an easy road, even when we feel called by God. But we're not alone on the journey. We can look to the saints to see how they've weathered the storms. Today, on the feast of Angela Merici, educator and founder of the Ursuline Sisters, let us take heart in her wisdom. "Strive with all your might to keep yourselves as you have been called by God, and seek out and desire all those means and ways that are necessary to persevere and prosper till the end."

MEMORIAL OF ANGELA MERICI, RELIGIOUS FOUNDER

TODAY'S READINGS: Hebrews 10:32-39; Mark 4:26-34 (321). *"We are not among those who draw back and perish, but among those who have faith and will possess life."*

**Saturday, Jan 28, 2023**

### **Be resolute**

Sometimes your commitment to your faith or choice of a vocation or calling can lead to uncomfortable conflicts with loved ones who have a different idea of who you should be or how you should live your life. Even a saint as illustrious as Saint Thomas had to struggle against opposition. His family was so opposed to his decision to enter the Dominican order that they had him abducted and held captive for a year! Thomas stood firm and they finally relented, and as a result the church gained perhaps its greatest theologian. Stand firm when you need to—who knows what God has in store for you!

MEMORIAL OF THOMAS AQUINAS, PRIEST, DOCTOR OF THE CHURCH

TODAY'S READINGS: Hebrews 11:1-2, 8-19; Mark 4:35-41 (322). *"He asked them, 'Why are you terrified? Do you not yet have faith?'"*

*Invest just five minutes a day, and your faith will deepen and grow—a day at a time*



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# Growing in FAITH™

Discovering hope and joy in the Catholic faith.

February 2023

Church of Corpus Christi

## One Minute Meditations

### Flee temptation

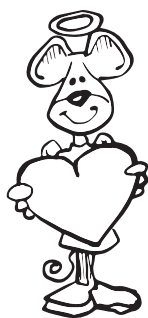
Christians are meant for Heaven.

Yet, the world can work against our efforts for holiness. St. Peter tells us to "escape the corruption in the world caused by evil desires" (2 Peter 1:4). Ask God often to protect you from sin, to give you the wisdom and courage to make good choices and, become sensitive to the promptings of the Holy Spirit. God will reveal when you've messed up, and rejoice with you when you get it right.

### Serve without complaint

Every job has aspects about it that are tedious, messy, and unrewarding, yet they are necessary. However, they can be opportunities to grow in virtue: humility, patience, self-discipline, etc. When you dread doing your work, smile and say a prayer, "and your Father, who sees in secret, will repay you" (Matthew 6:4).

"The works of God are all of them good; in its own time every need is supplied" (Sirach 39:16).



## Take steps to share your faith during Lent

Jesus didn't intend for the Great Commission – "Go, therefore, and make disciples of all nations" (Matthew 28:19) – to be a heavy burden.

He meant witnessing to His love to come through the natural course of living a Christ-inspired life. Consider making more disciples this Lent:

**Live a Catholic life.** Non-believers may hear what we say about Jesus, but they are persuaded by seeing how our love for Him shapes our lives. It is critical that worship – Sunday Mass, Confession, Scripture – informs our life choices. When we spend time in Jesus' presence, His character rubs off on us.

**Bring Christ out into the world.** Jesus asked that we care for the poor and needy, thus acting as

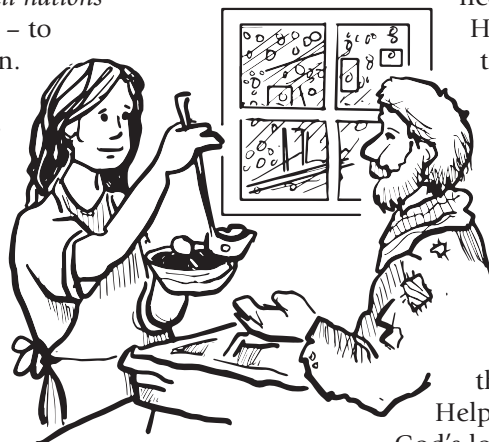
His hands and feet in the world. We may not be able to solve all of their problems, but we can show them the reality of Christ's love in their lives.

**Talk about God's plan.** God wants us each to experience the peace He offers.

Help others know that God's love is personal and He

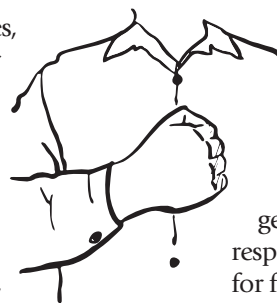
has a specific plan for each of us.

**Invite.** Some people will be ready to "come and see," so consider inviting seekers to Mass. Others might be ready to "take up and read." Share your favorite inspirational reading. If you need other suggestions, ask your pastor or favorite religious.



## Why Do Catholics Do That?

When we use our voices, our minds, and even our bodies during prayer, we pray with deeper meaning and enthusiasm. During the Confiteor at Mass, for example, we strike our chest three times, saying,

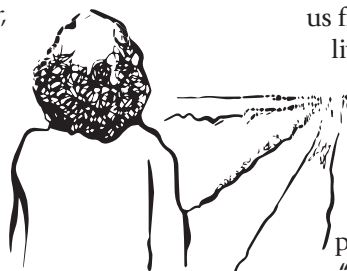


"through my fault, through my fault, through my most grievous fault." It's an ancient symbol of sorrow and repentance for having offended God or hurting our neighbor. Such a gesture reminds us to take responsibility for our actions and pray for forgiveness and grace to change.

# Lent leads us back to God

*"For gracious and merciful is he, slow to anger, rich in kindness, and relenting in punishment"* (Joel 2:13). Lent may be a penitential season, but it is also a wonderful reminder that no matter how we let sin interfere in our relationship with God, He always wants us back. Gracious and merciful is He.

*"Return to me with your whole heart."* Throughout the year, sin creeps into our daily lives almost without our noticing. A bad habit such as using bad language or gossiping can keep



us from loving God fully. Lent is a time to examine our lives and sweep aside whatever keeps us from giving God our whole heart.

*"Rend your hearts, not your garments."* God doesn't just want outward acts of repentance. Our Father wants a change of heart. Start with Confession and then practice virtues such as prudence, temperance, and fortitude.

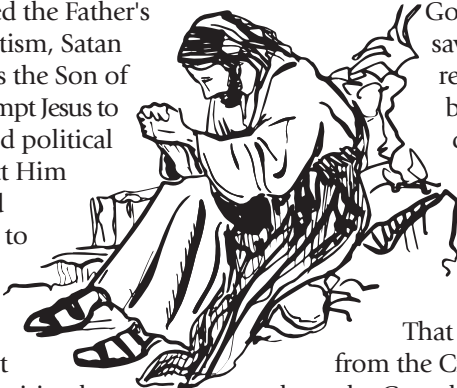
*"Gather the people, notify the congregation."* Become more active in your parish to build it up. Consider attending Mass more often than just once a week.

## from Scripture

### Matthew 4:1-11, Victory in the wilderness

In this passage, Jesus is tempted by the devil. Having witnessed the Father's declaration at His baptism, Satan tested Jesus' identity as the Son of God. His goal was to tempt Jesus to embrace an earthly and political mission and to distract Him from the suffering and death that would lead to the world's salvation.

Satan tempted Jesus to satisfy His hunger with a miracle – to put physical needs above spiritual needs. In His response, Jesus taught us to put spiritual needs first and to entrust both body and soul to God's care. Next, Satan commanded Jesus to jump from



the temple roof in an effort to force God to miraculously save Him. Again, Jesus refused. God is not to be forced or controlled.

Finally, Satan offered to surrender all the kingdoms of the world if Jesus would worship him. That would save Jesus from the Cross. Instead, Jesus chose the Cross because it was the only way to save us. When tempted to do what's "easy" versus what's morally right, ask for the strength to choose what's right.

## Q & A

### What's a simple way to explain the Faith, if asked?

St. Peter says to be ready to *"account for the hope that is in you"* (1 Peter 3:15). Consider using this simple, five-point explanation, inspired by Bishop Michael Jackels:

**Pinky:** The smallest finger recalls our weakness and need for a Savior.

Although Jesus redeemed us, we're still weak and must pray for God's graces daily.

**Ring finger:** To save us, Jesus took on our human nature, "wedding"

Himself to us. At Sunday Mass, we worship God and become one with Him in Holy Communion.

**Middle finger:** Jesus was raised up on the Cross for sins, then raised from the dead. We attend Confession monthly and receive the saving graces. We hope to be raised to eternal life.

**Pointer:** Jesus' call is universal, yet personal. He singled you out and chose you to follow Him; only you can give Jesus your "Yes" – in word and deed.

**Thumb:** Lastly, hitchhikers point their thumbs to ask, "Are you on my way?" Likewise, we're called to ask, "Are you going His Way?" (John 14:6).



## Feasts & Celebrations

Lent begins February 22, and is devoted to the Passion of Our Lord. One form of observance is to pray the Stations of the Cross and meditate on Jesus' walk to Calvary.

**February 1 – St. Brigid of Ireland (525).** Born to an Irish chieftain and an enslaved mother in Ireland, St. Brigid founded a monastery for monks and nuns at Kildare and served as abbess until her death.

**February 11 – Our Lady of Lourdes (1858).** A heavenly "lady" appeared to St. Bernadette Soubirous, a poor girl

from a village in France and a miraculous spring emerged from a nearby cave. The "lady" revealed herself as the "Immaculate Conception," the Blessed Virgin Mary.

**February 22 – Ash Wednesday.** The first day of Lent. Ashes are placed on the foreheads as a sign of penance.

**February 27 – St. Gregory of Narek (1003).** Born in Armenia to a devout Christian family, St. Gregory entered the Narek Monastery and was ordained in 977. He wrote treatises, letters, mystical poems, and Scripture commentaries.



## Our Mission

To provide practical ideas that promote faithful Catholic living.

Success Publishing & Media, LLC  
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<http://www.growinginfaith.com>

(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)





# CARNIVAL

February 3-4-5

Traditional Carnival Location  
St. Mary's Academy  
1025 N 2nd Street - Bismarck

**PLEASE VOLUNTEER AT THE CARNIVAL -  
WE NEED ALL TIME SLOTS FILLED!**

*Scan the QR code or sign up online at:*  
**lightofchristschools.org/carnival-volunteers**



**BUY & SELL  
THE \$5 RAFFLE  
TICKETS!**

**Grand Prize:**  
2022 Toyota  
Corolla Cross AWD



**Raffle Drawing:**  
Sunday, Feb. 5 at 2pm

*Other ways to help the Carnival:*

**DONATE LIVE & SILENT AUCTION ITEMS:** New silent and live auction items can be donated. Contact John Herold at 751-8719 or email [jherold@lightofchristschools.org](mailto:jherold@lightofchristschools.org) for more details.

**BAKED GOODS:** Can be dropped off throughout the weekend in Academy Room 201. Someone will be available at the NE door (off Boulevard - Door #4) beginning at noon on Friday, Feb. 3 and throughout the weekend.

**CAKE WALK:** Cakes and cupcakes can be dropped off in the Cake Walk Room (Academy Room 202) starting at noon on Friday, Feb. 3 & all weekend.

**USED BOOKS:** Beginning Sunday, Jan. 29, there will be a trailer in the Academy parking lot for the drop-off of books for the Book Room.

## MIDWAY

**Friday: 5:30pm - 9:30pm**

Kiddie Carnival Games: 5:30pm - 8pm  
Shuttle Service: 4pm - 10pm

**Saturday: Noon - 9:30pm**

2-for-1 Tickets on select games\*: Noon - 2:30pm  
\*Ages 10 & Under

Kiddie Carnival Games: Noon - 8pm  
Shuttle Service: Noon - 10pm

**Sunday: 9am - 2pm**

Kiddie Carnival Games: 9am - 2pm  
Shuttle Service: 9am - 2pm

**BINGO** (Friday & Saturday)

**Pull-Tabs**

**Cake Walk**

**Silent Auction**

**Book Room**

**Concessions**

*Try to win  
a goldfish -  
it is a Carnival  
tradition!*



## MEALS

To-go meals  
also available

**Friday - Classic Carnival Dinner**

Pork Roast, Mashed Potatoes, Coleslaw, Corn  
4:30pm - 7pm

Sponsored by:



all smiles  
DENTAL

**Saturday - Chick-fil-A Dinner**

Regular or Spicy Chicken Sandwich, Chips, Cookie  
4:30pm - 7pm

Catered by:



**Sunday - Brunch**

Pancakes, Eggs, Sausage  
9am - 1pm





# SM CARNIVAL

**Saturday Night - February 4**  
**SOCIAL & LIVE AUCTION!**

Social at 7pm - Live auction at 7:30pm  
 Live music by "The Rule" before & after the auction

**BID ON THESE LIVE AUCTION ITEMS!**

**3-Nights - 7th Heaven Lodge**  
**Black Hills, SD (Sleeps 15 People)**  
 Casey Jacobson & Chad Kuntz



**Our Lady**  
**of Lourdes**  
**Statue**



FRONT STREET LIGHTING

**Samsung 70" TV**  
**Sound Bar**  
**I. Keating Gift Card**



ASPEN  
 CREDIT UNION

**Woodland Resort**  
**Ice Fishing Package**  
**Devils Lake, ND -**

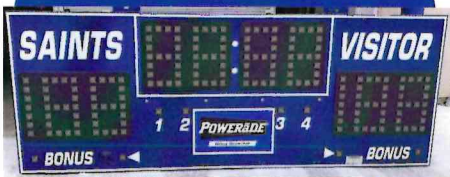


**Countertop Steam Oven**  
**& Grocery Gift Card**



Heck's  
 CROCKERY & APPLIANCE  
 Dakota  
 COMMUNITY BANK & TRUST

**SAINTS Scoreboard**  
**from the Academy -**  
**(1025 N 2nd Street Gym) PRICELESS!**



**Benelli Nova Shotgun**  
**& Membership**  
**at Shooting Range**



SCHEELS

**Weber Grill &**  
**Meat Bundle**



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 Kirkwood ACE Hardware

**Christmas Tree**  
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**Decorating**



**Comprehensive**  
**Orthodontic Treatment**



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 ORTHODONTICS

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**Motorized Truck**  
**SAINTS Edition**



puklich

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**Bourbon & Appetizers Social with Gerald Vetter, Light of Christ Catholic Schools**