

WEEK THREE

Confident Faith

OPENING PRAYER

O God, who see how your people faithfully await the feast of the Lord's Nativity, enable us, we pray, to attain the joys of so great a salvation, and to celebrate them always with solemn worship and glad rejoicing. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

SESSION THREE VIDEO

Watch Video Three: Confident Faith. Use the space below to take notes. Videos can be found at MadisonDiocese.org/Joyful or at [YouTube.com/DioceseofMadison](https://www.youtube.com/DioceseofMadison) in the playlist called “Joyful Advent Study”



VIDEO REFLECTION

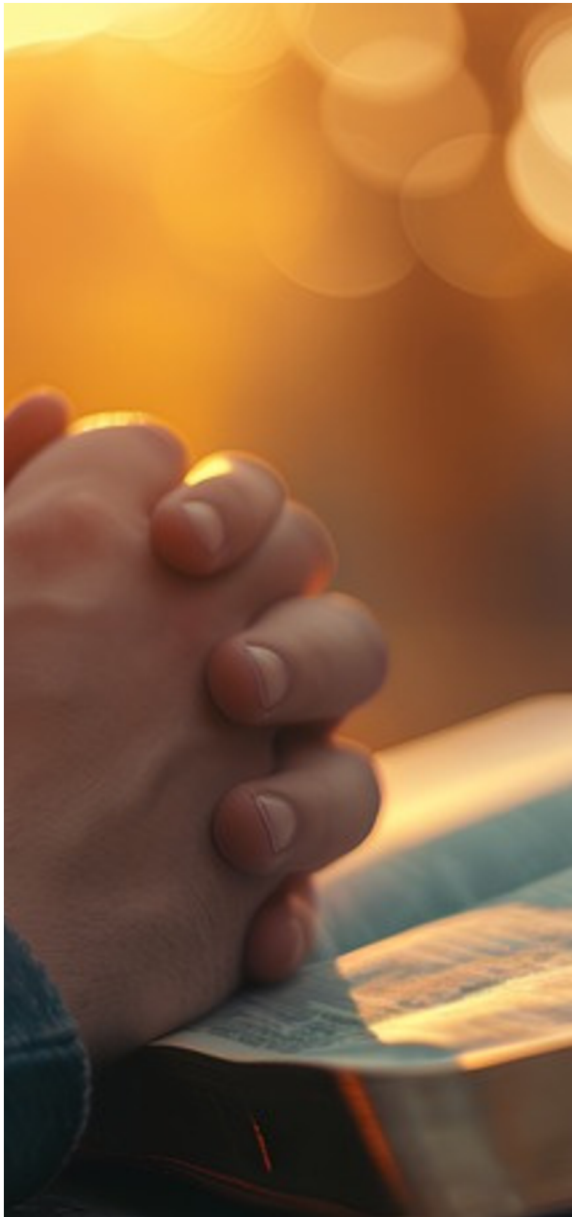
After watching the video, use the questions below for personal reflection and group discussion.

In the Gospel, John the Baptist, who is in prison, asks if Christ is “the one.” How would you respond to a friend or loved one who doubts God because something bad has happened in their life?

The truth of Jesus' identity is revealed in His actions. Despite the fact that Jesus gave everything for us, including His life, why is it so hard for us to follow Him today?

Faith gives us confidence to live a certain way, to trust God, and to love others. As our culture, and the people around us, move further away from God and faith, what are some of the negative consequences?

When we are grounded in faith, we are better able to bear suffering and trials. What are some spiritual practices that help you through difficult times? What tips or advice would you give to someone you love who is going through a difficult time?



SPIRITUAL PRACTICE

READING THE GOSPELS

A powerful path to growth in faith is to spend time every day reading and reflecting on Scripture.

One easy way to do this is to read from the Gospels each day. You could work your way through all four Gospels by reading a chapter each day or you could read the Gospel from each day's daily Mass readings. Visit bible.usccb.org for quick access to the daily readings.

CLOSING PRAYER

ROSARY

To conclude the session, pray the Joyful Mysteries of the Rosary. Use Bishop Hying's video found at MadisonDiocese.org/Joyful

If time does not permit a full Rosary, pray a decade together.