



Prayer after Suicide

Crucified Savior,
you know all things, and I do not.
Help me accept the reality
that I may never fully understand
why my loved one died by suicide.

You suffered on the Cross, and cried out,
“My God, my God why have you abandoned me?”
My loved one must have experienced
such intense, persistent psychological pain.
Remove his/her suffering
and bring him/her eternal peace.

I know that all things work
for the good of those who love you,
and that we are called according to your purpose.
Help me to remember what my loved one loved
and to bring that love into the world.
Help me take his/her suffering
and transform it into loving service to those who suffer.
Guide me to find ways to honor my loved one’s memory
and to live gratefully and as he/she would have hoped.
Give me hope and confidence in your loving mercy.
Help me to survive the trauma of this suicide
and be healed.

Deacon Ed Shoener
University of Notre Dame Book of Prayer
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