Registration

For further information, and to sign up for any of these series, please contact your local parish.

Blessed Sacrament Parish

Maria Habib 608-238-3471 maria@blsacrament.org

Good Shepherd Church

Cynthia Schoettler 608-445-8295 Cynthia.schoettler@ssmhc.com

Our Lady Queen of Peace Parish

Cheryl Horne 608-231-4616 cheryl.horne@qopc.org

Crystal Nemeth 608-231-4614
crystal.nemeth@qopc.org

St. Bernard Church

Kevin Laufenberg 608-831-6531 Kevin.laufenberg@holycrosswi.org

St. Andrew Church

Audrey Janssen 608-225-1465 ajanssen@tds.net

St. Thomas Aquinas Parish

Erik Gyr 608-833-2600 erik@stamadison.org

St. Francis Xavier Church

Cheryl Chamberlain 608-815-3022 cheryl.chamberlain@ holycrosswi.org

Regardless of your parish affiliation you are most welcome to join one of our series when the time is right for you. As you plan, please keep in mind that we recommend attending all the sessions in a series. If your loss was very recent, you may need time before attending such a group. We encourage you to call to discuss this if you are uncertain.

God comforts us in all our troubles so that we, in turn, may comfort others.

II Corinthians 1:4

Our faith can play an important role following the death of a loved one. Being with others who share the experience of losing someone close to them also helps ease the feelings of loneliness.



Westside Catholic Bereavement Ministry Series 2024 -2025

For Those Seeking Bereavement Support in a Spiritual Setting



Sponsored by the churches of:

Blessed Sacrament
Our Lady Queen of Peace
St. Bernard, Middleton
St. Andrew, Verona
St. Francis Xavier
St. James & St. Joseph
St. Thomas Aquinas

Come, all you who are weary and burdened, and I will give you rest. Matthew 11.28

The Westside Catholic churches sponsor Bereavement Ministry at various times throughout the year for anyone who has suffered the loss of a loved one.

Varying in length and in topics covered, each series offers a supportive and faith-filled setting in which to learn about the grief process and to share your experience of grief with others. The facilitators of this peer ministry are parish staff and/or trained parish members who have also experienced the pain of the loss of a loved one.

If you are feeling the loneliness of grief, we invite you to consider participating in any of these opportunities. This overview offers you a picture of what will be available through the coming months, so that whenever you feel ready, you can take a new step on your journey to renewed hope.

Area Parish Bereavement Ministry Series 2024 – 2025

Sept 18 – Oct 23, 2024

Wednesday evenings (6) 6:30 – 8:00 PM

Our Lady Queen of Peace

Nov 6 & Nov 20, 2024

Wednesdays (2) 9:00/AM – 2:00PM

St. Francis Xavier, Cross Plains

Nov 18, 2024 - Jan 6, 2025

Monday evenings (6) 6:30 – 8:00 PM

St. Thomas Aquinas

March 19 - April 16, 2025

Wednesday mornings (5) 10:00AM – Noon

St. Andrew Church, Verona

Spring 2025

Wednesdays in Lent

Our Lady Queen of Peace

Emmaus Ministry for Grieving Parents

Online support and regional retreats offered throughout the year.

www.emfgp.org

Diocesan Resources madisondiocese.org/mentalwellness

Other series may be offered in the later spring.
Please contact your parish for updates.

Topics may include:

- ❖ The Process of Grieving
- Understanding the Emotions of Grief
- ❖ Feeling Crazy is Normal
- Finding the Hope of Our Catholic Faith
- Surviving Stress, Loneliness and Guilt
- Special Kinds of Grief / Handling Holidays
- Children and Grief
- ❖ Our Faith and the Spiritual Elements of Grief
- ❖ The Communion of Saints
- Making Memories...
 Keeping Memories



It is possible to create, out of this void, a new life.