

Mental Health Ministry



madisondiocese.org
/mentalwellness



madisondiocese.org
/referralnetwork

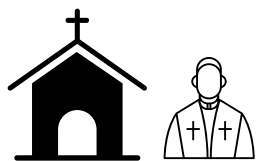
Tier 1

Awareness

How can parishioners become more **aware** of where they can access Catholic mental health support and resources?

Pastoral Staff focuses on :

- Sharing resources
- Promoting Apostolate mental health events and trainings



Pastor & Pastoral Staff

- Promotional posters for the Mental Wellness website
- Referral network cards
- Advertisements for Apostolate events

Tier 2

Advocacy

How can a mental health **advocate** work alongside the Apostolate to address the specific mental health needs in the pastorate?

Mental Health Advocate focuses on:

- Assessing mental health needs in the pastorate
- Promoting pastorate mental health events and trainings



Pastor & Pastoral Staff



Mental Health Advocate

- Support for the Mental Health Advocate
- St. Dymphna Grant
- Options for specific resources, trainings, and events for the pastorate

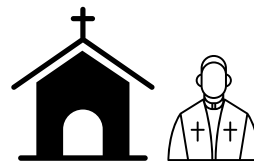
Tier 3

Accompaniment

How can a mental health ministry team **accompany** parishioners with mental health challenges?

Mental Health Ministry Team focuses on:

- Monthly mental health spiritual support groups
- Pastorate mental health events and trainings



Pastor & Pastoral Staff



Mental Health Advocate



Mental Health Ministry Team

- Support for the Mental Health Ministry Team
- Mental health spiritual support group guides
- Additional opportunities for mental health ministry events and resources



Apostolate for Persons with Disabilities