SACRED HEART & OUR LADY'S COLLABORATIVE NEWTON, MA

~ All Are Welcome ~



THE EPIPHANY OF THE LORD

"Where is the newborn king of the Jews?
We saw his star at its rising and have come to do him homage."

Matthew 2:2

January 7, 2024

Sacred Heart Church
1321 Centre Street, Newton, MA 02459
617-969-2248
sholnewton.org

Our Lady Help of Christians Church 573 Washington Street, Newton, MA 02458 617-527-7560

Instagram @sholnewton

From Fr. Dan, Pastor

Dear Friends,

So happy you are here. Welcome! "Let the Church always be a place of mercy and hope, where everyone is welcomed, loved and forgiven." —Pope Francis

Baptism: I very warmly welcome with delight those celebrating baptism in recent years. So happy for you!

Happy Epiphany! May you and your loved ones share the joy of the wisemen and all of us who worship, love and follow Jesus!

The Christmas liturgies, helping the poor, the kindness of parishioners – all brought great joy. Thank you so much!

"Peace on Earth," especially in Ukraine, Sudan, the Middle East and all places hurt by violence.

"A Singular Word: It may seem strange to celebrate the feast of the Apostle John during the Christmas season on December 27th. Wouldn't Easter be a better fit? Yet the message of the incarnation and the resurrection is singular: love always wins. The devil does not have the last word, and death is not the last word. God has the last word, and it is the same word God spoke in the beginning: *love*. Our world needs that love more than ever.

What are we to do in the midst of racism, of war, of bigotry? What are we to do when people are unjust and unkind? We are called to love. As St. John of the Cross says: "Where you do not find love, put love; and you will draw out love." As Christians, we put love where we have not received it. And we will ultimately draw out love, if not in this life then in eternal life. Love does not die. Love is the last word. We will continue to live forever with that in our minds and in our hearts. When we experience bitterness, anger, unforgiveness, or hatred, we are called to absorb it, transform it, and give back kindness, gentleness, forgiveness, and love. That is how we live the incarnation and resurrection. That is why we celebrate Eucharist at least weekly—to receive Christ in the consecrated bread and wine so that we can have the strength to love in all the little moments, even when we experience pain or betrayal. We celebrate the incarnation and the resurrection messages with a singular word: *love*. And God has the last word."

Sports: I predict: Pats 21—Jets 7. Who will be next year's coach?

Love & Happy Epiphany Sunday! ~Fr. Dan

New & Ongoing in Our Community

January 7 - The Epiphany of the Lord

On this feast of Epiphany, be open to hear anew the familiar story of the Magi. What lessons will we take from this gospel for our spiritual lives? Notice the persistence of the Magi to keep looking for Christ. See how reverent they were upon finding Him. As often happen, having encountered Christ, we like the Magi, are urged to take a different route to return to home. The Magi didn't find Christ in Herod's palace, rather they found him in a stable. Where are we being invited to see Christ today? What "route" - what "new way" might God be inviting us to embark on as his followers? Hopefully, the story's familiarity will not cause us to overlook what we are to discover anew, and what Christ desires to reveal!

Sensory-Friendly Mass

Aware of the needs of many of our parishioners, Sacred Heart and Our Lady's will be celebrating a sensory-friendly Mass on January 21, 2024, at 1pm. It will be in the Lower Church at Sacred Heart. We will have reduced lighting and volume, and we will not have music. We can also provide low-gluten hosts with advance notice.

Please contact Nick Frega at nfrega@sholnewton.org with any questions.

Listening Devices Available

Each parish is equipped with listening devices to enhance the sound in the church. If you would like to borrow a device during the Mass, please see Nick at Sacred Heart or the Mass coordinator or a staff member at Our Lady's.

Let us Rejoice at the Feast of the Baptism of the Lord!



All those baptized in 2022-2023 are joyfully invited to attend a special Mass and coffee hour celebration at the Feast of the Baptism of the Lord on Sunday, January 7, 2024. 9:30am Mass at Sacred Heart, 10:00am Mass at Our Lady's. Blessings for all

the newly baptized will be celebrated at Mass, and a family -friendly coffee hour celebrating the Sacrament will immediately follow Mass.

Please see the boxes on page 7 for all the names of those who were baptized in our parishes!

Pray & Play Group

We meet in the McPherson Room in Our Lady's Church building on Wednesdays 10-11am. Please email Gina Chaimanis at gchaimanis@sholnewton.org if you are interested in connecting with others in the collaborative who are immersed in the work of growing families of faith. We will gather in prayerfulness and playfulness to lift each other up in the Spirit as we undertake this most important work: raising Catholic children!

Next Racial Justice Ministry Meeting: Monday, January 8

The Sacred Heart & Our Lady's Racial Justice Ministry is devoted to enhancing the dignity of all human beings within the Catholic Church and our greater community by learning about and advocating for fairness in education, housing, healthcare, employment, and criminal justice. Please join us on Zoom on Monday, January 8, at 7:30pm as we discuss housing (Drexel Village) and education (current proposals) with the ramifications from Brown vs. Board of Education (Chapter 3 in *White Rage: The Unspoken Truth of Our Racial Divide*).

Please contact Lija at lijioseph@gmail.com with any questions or to receive the email list of events, such as the upcoming MLK Breakfast at St. Katharine Drexel Church.

Interested in Becoming Catholic?

If you are interested in becoming Catholic or even just learning about the Church, you are welcome to **come and see** our RCIA classes. They meet Mondays at 7pm, at the Youth Center at Our Lady's. We've just gotten started, so it's not too late! If you would like more information, you want to know more about what we'll do in the class, you have any questions, or you decide to join the process, get in touch with Nick Frega at nfrega@sholnewton.org or 617-969-2248 ext. 111.

Single Parents' Support Group

Are you a single adult raising children in the church? Would you like to connect with others in similar situations? We are blessed to serve a diverse community with households that have many unique circumstances (single parents, divorced or widowed parents, single grandparents acting as the faith leaders of the home, parents raising children in the church alone due to spouses who are not Catholic or not present due to military or work obligations). We want to

support you! Please email Gina

(gchaimanis@sholnewton.org) if you are interested in hearing more about this group.

Pick-Up Basketball for Adults

We host a pickup basketball game for adults (18+ only) of the parish, men and women,

held on Friday nights, about once a month, in the MacKenzie Center at Sacred Heart. The games are played 7-9:00pm; the next date is Friday, January 12. All participants must complete a waiver form, which will be available on the Friday nights. Contact Mike Keohane at mike.keohane@gmail.com to learn more.

Confirmation Preparation for Adults

If you have been baptized and received your First Communion but never received Confirmation, please consider preparing! Perhaps you've been asked to be a godparent to someone in Baptism or a sponsor in Confirmation? Get in touch with Nick Frega at nfrega@sholnewton.org or 617-969-2248 ext. 111 to discuss. Your first contact is not a commitment; it is an opportunity to share your interest and ask whatever questions you have. Confirmation for adults is usually sometime in the spring, and preparation will be completed by then. Please also share this message with any loved ones who might be interested!



sholnewton.org

Declaration Fiducia supplicans on the Pastoral Meaning of Blessings

Pope Francis' December 18, 2023, Declaration on Blessings: "With the Declaration "Fiducia supplicans" issued by the Dicastery for the Doctrine of the Faith, approved by Pope Francis, it will be possible to bless same-sex couples but without any type of ritualization or offering the impression of a marriage. The doctrine regarding marriage does not change, and the blessing does not signify approval of the union." (From official Vatican News Website).

The document can be found at https://press.vatican.va/content/salastampa/it/bollettino/pubblico/2023/12/18/0901/01963.html#en

Cardinal Sean's Statement of the same day says: "We thank the Holy Father for his love and care of all the people in the flock. We caution and make clear that the Holy Father has not endorsed gay marriage, but has recognized all Catholics, including those whose unions are not recognized by the Church, as equally in need of God's grace and love. It is the Church's mission to share God's blessings.

Fiducia Supplicans, issued by the Dicastery for the Doc-

trine of the Faith and approved by Pope Francis, has brought clarity to how to impart those blessings. Pope Francis indicates that he is recognizing 'non-ritualized blessings' that are spontaneous and for those who ask for them. Priests imparting these blessings need to be careful that it should not become a liturgical or semi-liturgical act, similar to a sacrament. The text stresses that Catholics should 'neither provide for nor promote a ritual for the blessings of couples in an irregular situation,' but at the same time, 'not prevent or prohibit' the Church from responding to people seeking God's help through 'a simple blessing'.

The document, therefore, offers a type of blessing that can be conferred on anyone to invoke God's help and mercy in their lives. It is the Church reaching out a hand of affection to all Catholics in the hope that these simple gestures provide an effective means of increasing trust in God on the part of the people who seek to be guided by a greater understanding of God's plan for love and truth."



Msgr. Dennis Sheehan Homily Given on January 4, 2009 Epiphany of the Lord—Liturgical Year B

Today's Gospel is a favorite part of the Christmas story. That's easy to figure out. The Christ-child receives Christmas presents. These wise men – Magi – are extra colorful characters. Our own nativity set has its camels and Magi with gifts. We love to sing "We Three Kings" even the though the Gospel doesn't say how many there were.

This year, let's focus on the part of the story after the Magi visit Jerusalem and King Herod. You recall Herod's words to them: "When you have found the child, bring me word".

So our Magi – wise men – set out from Jerusalem. The story reads: "They set out, and there ahead of them went the star they had seen at its rising, until it stopped over the place where the child was."

What kind of place was it? It wasn't, in all probability, the stable where Jesus was born. Keep in mind that Joseph and Mary had travelled to Bethlehem only for a census. Some students of the Gospel tell us that by now Mary and Joseph are back in Nazareth. The star comes to rest over a house. It's probably Joseph's house in Nazareth. That's fascinating. The wise men had come to find a child who was born a king. So logically they went first to a capital city – Jerusalem – to the palace. But Jesus, we're told, wasn't in a capital or a palace. He was in a small remote village in a carpenter's house. By today's standards, we couldn't get an occupancy permit. No electricity. Outdoor plumbing. A dirt floor. No glass in the few windows. Surely not the place to look for a king. Were the wise men disappointed?

There's something here about your life and mine. Most of us have followed one star or another in life. Maybe we thought our star would stop over a palace...only to have it stop over a very ordinary house. As a wry friend of mine once reflected: "When my ship came in, I was at the railroad station."

I've talked to friends who followed the retirement star. "Won't it be great when I'm retired!" In fact, most retired people are happy. But it's not in a palace – not today. Most retirees have to pinch a penny. Some have to go back to work.

Remember the stars we followed when we were twenty or thirty? We'd set the world on fire. But even the most successful people's stars settle in places that leave them incomplete and wondering. A very successful writer, four million copies sold, told us: "After the initial excitement passes, life goes on, just as bewildering as it was before. The great problems of life and death are there, just as they were before."

So what to do when the star settles in unexpected places? We can learn from the Magi. They could have looked at Joseph's house and said, "This can't be it," but they didn't. The Gospel says they were filled with joy.

They understood. They were willing to assume that God had a plan. So might we. Look at where the star rests for you. There's probably a lot waiting for you even if it's not where you planned to be.

For those who trust God, the star won't likely lead to a palace. It will always, however, lead to a place where we can love God, find Christ, and receive love in return. For that today, let us give thanks to the Lord our God.



Collaborative Photo Album

Follow along on Instagram @sholnewton Scan the QR code at left to get started!



Left: Our Lady's Handbell Choir played at Sunrise of Newton before Christmas





Center and right: thanks to all who so lovingly decorated the churches for Christmas!

Beyond Our Walls

New Year's Resolution Idea: Faith Apps

As the New Year dawns, we invite all parishioners to consider new ways of exploring and engaging with faith.

Relevant Radio App is the #1 free Catholic app and is sure to bring a smile to your face! Scan the QR code below to download and begin listening to different programs like "Morning Air" and "The Faith Explained".

Ascension Press has two daily offerings: Bible in a Year and Catechism in a Year, both hosted by Fr. Mike Schmitz. Each involves a daily 15-25 minute podcast that will go through the entire Bible and the entire Catechism in the year ahead.







Relevant Radio

Bible in a Year

Catechism in a Year

FIAT for Discerning Women

Fiat is a discernment group for single women considering a vocation to religious life in the Catholic Church. For information, contact Sr. Marian Batho, CSJ at marian.batho@csjboston.org. Check out their Facebook page at www.facebook.com/FiatForDiscerningWomen.

Pax Christi Christmas Message

SHOL Pax Christi invites you to join in sharing a few words from the Latin Patriarch of Jerusalem, Cardinal Pizzaballa, from his Christmas Mass homily in Bethlehem: "May Christ be born anew in this land, His and ours, and may the way of the Gospel of peace for the whole world begin again from here! May He be reborn in the hearts of those who believe in Him, moving them to witness and mission, without the fear of night and death. May He also be reborn as a desire for peace and goodness, truth and justice, in the hearts of those who do not believe! Finally, may Christ be reborn in everyone's heart so that for everyone it may still be Christmas. "

Pope St. John XXII Seminary First Friday Visits

Consider a Priestly Call...Take a risk for God! Enter the mission field where bold action meets lasting outcomes. Over 750 priest alumni discerned a sacred call later in life. Maturity with God's grace can move mountains. Can you leave it all to follow Christ? Pope St. John XXIII National Seminary in Weston is offering the latest in its "First Friday Visits" program on January 12, 2024, at 5:00pm. Holy Hour and Evening Prayer. Option to attend in person or virtually. In person includes dinner with the seminarians and a tour. Virtual includes a Zoom visit following Holy Hour. Make a resolution to be courageous. Consider a priestly call.

Contact msgr.fay@psjs.edu or 781-899-5500 ext. 134. www.psjs.edu

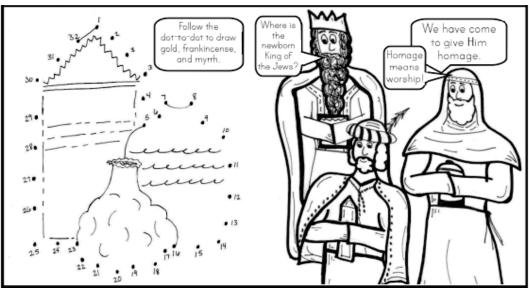
Kids' Corner

Psalm: Trace the words and learn to pray like Je-

Lord, every nation on earth will adore you.

Learn at Mass

What color is the priest wearing? We are still celebrating Christmas, so he is wearing white!



GOSPE! The Magi saw a star rise over Bethlehem and followed it to visit the baby Jesus. They brought him gifts of gold, frankincense, and myrrh.

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Sacred Heart and Our Lady's Collaborative

Religious Education News

We are so excited to be back in the classroom!

Registration Continues! We welcome additional registrations for the 2023-2024 school year; please note that some grades in some sessions are full. All information can be found online at https://sholnewton.org/religious-education The registration form is online at https://forms.office.com/r/XLSf6zik0Y, and this is one common form for all grades and both parishes.

Welcome Back! Finally, we know that the pandemic upended so much of what was normal, including faith formation and sacramental preparation. We are eager to hear from any families who may have been away from Religious Education for the last few years—you are so very welcome to come back! It is always a good time to draw closer to Jesus and His Church!

November Overview

In Grades K-1 and 3-8, our students are using the Pflaum Gospel Weekly program to meet Jesus in the Gospel and to learn about the beauty of our Catholic faith. What we hear in Mass on Sundays we then learn about in class on Sundays, Mondays, and Tuesdays! Every student, no matter the grade, hears the same Gospel.

That means, in November, we've heard Jesus warn his disciples about the Pharisees who did not practice what they preached, tell the parable of the five wise young women and the five foolish women, and tell the parable of the talents.

Then the lessons dive into a topic of faith based on gradelevel. On November 19, when the Gospel was the parable of the talents, Grades K and 1 identified things that they are good at and things they like to do, while learning that

friends need to help one another. Grade 3 students learned that every person has talents and that God wants us to use our talents to do good in the world. Those in Grades 4-6 talked about the seven themes of Catholic Social Teaching and thought about how their own gifts can make the world better. Grades 7 and 8 explored the value of work and how work and responsibility are part of Catholic Social Teaching; we have to practice our talents so we can use them!

First Penance: Twelve students at Sacred Heart celebrated this sacrament of God's mercy on December 3 (see photo). Our Lady's students celebrated on December 10 and December 15.

Confirmation classes: we're currently on holiday hiatus until early January!



Contact:

Kristina Preman, DRE and Coord. for Grades K-5 617-527-7560 ext. 216 kpreman@sholnewton.org Marissa Browne, Coord. for Grades 6-10 617-527-7560 ext. 213 mbrowne@sholnewton.org

Ginny Arpino, Religious Ed. Support 617-527-7560 ext. 221 garpino@sholnewton.org

Gina Chaimanis, Religious Ed. Support 617-527-7560 ext. 219 gchaimanis@sholnewton.org

Youth Ministry News—Upcoming Christmas Party!

Contact Jared Blake, Youth Minister—jblake@sholnewton.org, ext. 126

Middle School Drop-In Center: Middle School Drop-In Centers are held twice a month for those in middle school. Featuring open gym, plus board games and seasonal activities. Save the date for our next Drop-In Center on Friday, December 15. Drop-In Centers are held 6:30-9:30pm at the MacKenzie Center at Sacred Heart. They are for students in Grades 6-8, and they are FREE! Please join us; friends from outside the parishes are welcome too!

High School Youth Group: The High School Youth



Group meets on certain Sundays, 5-5:50pm, before the 6pm Mass and then attends Mass together. The Youth Group meets in the Youth Center at Our Lady's and is open to all high schoolers.

Workcamp Christmas Party: Youth Ministry from our SHOL Collaborative and St. Eulalia Parish in Winchester are teaming up to throw a Workcamp Christmas Party this Sunday, December 17. Join us at St. Eulalia (50 Ridge St in Winchester) for Mass at 5:00pm, followed by a Christmas Party with food, fun, games, and wonderful people. Whether you've been to Workcamp, or you're interested in going

for your first time, this is a great opportunity to learn more about the trip and meet others that will be traveling to Knoxville with us next year. Please RSVP to Jared at jblake@sholnewton.org. We will be carpooling together for anyone who needs a ride! Parents and siblings are welcome to join us!

Catholic Heart Workcamp Summer 2024: We'll be traveling to Knoxville, TN, to serve in June 2024. The trip is open to those who are currently in Grade 7 and older. Contact Jared to learn more. ONLY FOUR SPOTS LEFT AS OF DECEMBER 20! Contact Jared today!

Cor Unum Meal Center in Lawrence: We bring a group of students (and often parents too!) each month on the fourth Saturday of the month to prepare and serve dinner in Lawrence. Can you help out? Visit https://www.signupgenius.com/

go/70A0948A8AE2CA4FA7corunum#/ to join us!

Chaperones & Volunteers Needed: Please be in touch with Jared if you're an adult who's interested in helping out with any of these activities.

Sacred Heart News

Christmas Flower Donations

In addition to those listed in the special Christmas Flower Memorial booklet, we prayerfully remember the following during this holy season: Anna Braman, The Higgins Family, Teresa M. O'Connor, The Segien Family, Jean F. Streitmater

Coffee Hour to Return Sunday, January 7—Happy New Year!

Join Janet and Kathie and the whole community for the first coffee hour of 2024! Bring a food to share that is known to bring luck and love to friends and family in the new year! Maybe lentils, round sweets, pretzels, New Year's bread, oranges, blackeyed peas, cornbread - whatever you enjoy! Let's spread love and good luck to each other!

Coffee Hour Is So Much Fun! Can You Help?

Coffee hour is an important community event, and we are SO grateful for all those who have hosted and helped at coffee hour this fall. Now, we're hoping to get the first few weeks of 2024 covered—can you help by hosting coffee hour one or more Sunday mornings in the year? Coffee hour hosts are responsible for setting up tables and chairs, brewing coffee, putting out and keeping an eye on food supplies, cleaning up, and breaking down tables and chairs. Please visit https://www.signupgenius.com/go/70A0948A8AE2CA4FA7-coffee7 or contact Nick Frega to sign up. Thank you for all you do!

Welcoming Our Newly Baptized

Congratulations and welcome to the following new members of our Catholic family, who were baptized at Sacred Heart in 2022 and 2023.

Mila Bartlett
McKinley Best
Waylon Best
Raelynn Bourgeois
Isla Churnside
Edgar Johnson
Matteo Kulpa
Vivian Lynch
Christopher Merida
Charles Moran

Thomas Moran
Alice Neal
Colt Ostrikis
Arthur Potts
Freidric Raphael
Emma Sanroma
Alexander Sferra
Luisa Stenquist
Harrison Sullivan

Would you like to inquire about scheduling a baptism? Nick will be happy to talk with you! nfrega@sholnewton.org or 617-969-2248 ext. 111

Kids Club January Collection

This month we are asking for soups - something warm for the cold weather! Please drop off your donations of tomato or any variety of chicken soup in the bins located in the upper church foyer, the lower elevator lobby, and by the statue in the Religious Ed area. Thank you!

Our Lady's News

Welcoming Our Newly Baptized

Congratulations and welcome to the following new members of our Catholic family, who were baptized at Our Lady's between July 2022 and December 2023.

Eloise Agnew Ximena Alvarado Emma Alves Adrian Askew Nora Barnica Antonio Bauters Wade Beatrice Maximus Benoit Charles Bianchi Gianna Bianchi Siena Bianchi Domenic Boccia Carmella Bognanno Mia Borghesani Carolina Bracamonte Michael Breidenstine Violet Bruce Callie Burd **Emily Caira** Italia Calderone Luca Calderone Nicholas Chalmers

Evelyn Chao Eleanor Chevarley Leonardo Cimino Samuele Civetti Ryan Cloonan Serafina Connor Evelyn Conran Lyla Cosgrove Cameron Culici Celina Culici Olivia DeAngelis Michael Distaso Drew Elias Harrison Feldman Laia Figuerola Josephine FitzGerald Bryanna Fuerte Matteo Gargaro Carmen Gatta Jr. Leonidas Gautreau Adeline Gilbert Stella Giusti

Zuri Gonzalez Rachel Hecht Eitan Hernandez Skylar Howard Noa Howdy Madeleine Hunter Santiago Jackson Jesse Johnstone Sienna Johnstone Agatha Jordan Alba Jordan Caroline Kessel Nico LaPosta George Laylavida Jiana Leone Elena LiDonni Eduardo Lopez Isabelle MacDonough Yetsye Machuca Viviana MacKay Juliana MacLean Mac Maillet

Bowen McDonald Madeline McInerney Grayson McLaughlin Shane Munley Blake Munson Nora Nair Dvlan Nickl Lincoln Pellegrine Gavin Phinney Leo Phung Walter Piatelli Mia Piscitello Angie Polanco Kayden Prive Pablo Ramirez Callum Robinson Catherine Rodriguez Liana Rodriguez Lizeth Rodriguez Luis Rodriguez Zoe Saavedra Marina San Martin-Torres

Emersyn Stake Alvise Starr Lila Sullivan Lorenzo Tedeschi Eliott Tellez Mericantante Emerix Tellez Mericantante Vivian Teng Brooklyn Tocci Dominic Tramontozzi Charlie Traugott Giuliano Vachon Olivia Vaglica Leona Vescio Hazel Walker Phoebe Welch Zachariah Zegarelli Nicole Zidouemba

Would you like to inquire about scheduling a baptism? Gina will be happy to talk with you! gchaimanis@sholnewton.org or 617-527-7560 ext. 219

January Freedge Collection: In January, we are collecting peanut butter and jelly (strong preference plastic jars, please). Donations can be dropped in the bin by the St. Patrick statue in the church (this is on the parking lot side of the church building, under the stairs that go up to the main church). Thanks for your amazing generosity!

Our Collaborative



Sacred Heart

1321 Centre Street Newton Centre 02459

617-969-2248

Office: Mon-Fri 9:30am-2:30pm sacredheart@sholnewton.org

Our Lady Help of Christians

573 Washington Street Newton 02458

617-527-7560

Office: Mon-Fri 7:00am-3:00pm ourladys@sholnewton.org



Mass Times

Saturday Vigil 4:00pm Our Lady's 4:00pm Sacred Heart

Sunday

8:00am Our Lady's 9:30am Sacred Heart (livestreamed at sholnewton.org) 10:00am Our Lady's 11:30am Sacred Heart 6:00pm Our Lady's

Weekdays except for Legal Holidays Mon & Tue: 7:00am Our Lady's Fri & Sat: 9:00am Sacred Heart

Holy Days of Obligation 7:00am Our Lady's 9:00am Sacred Heart 12:00pm Our Lady's 7:00pm Sacred Heart

Sacrament of Reconciliation

Saturdays, 2:45-3:30pm

Month of January: Our Lady's Lower Church Month of February: Sacred Heart Lower Church

and alternating months

Pastoral Staff

Fr. Dan Riley, Pastor driley@sholnewton.org, ext. 229

Kristina Preman, Senior Pastoral Associate and Director of Religious Education kpreman@sholnewton.org, ext. 216

Ginny Arpino, Coord. of Pastoral Care garpino@sholnewton.org, ext.221

Jared Blake, Youth Minister jblake@sholnewton.org, ext. 126

Marissa Browne, Religious Ed. 6-10 mbrowne@sholnewton.org, ext. 213

Gina Chaimanis, Pastoral Minister gchaimanis@sholnewton.org, ext. 219

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Erica Johnson, Liturgy & Music Dir. (SH) ejohnson@sholnewton.org, ext. 120

Deacon Bill Koffel, Deacon bkoffel@sholnewton.org

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Sioux Mont, Admin. Assistant (SH) smont@sholnewton.org, ext.110

David Nahabedian, Facilities (SH) dnahabedian@sholnewton.org, ext. 127

Clergy Assisting with Liturgies

Fr. James Antonio, S.J.

Fr. Bart Geger, S.J.

Fr. Vaclav Novotny, S.J.

Fr. Guy Sciacca

New to our Collaborative? Welcome! Please introduce yourself after Mass or at the parish offices. We want to know and serve you! We hope you will participate in our parishes with your prayers, presence, talents, and stewardship according to your means.

Pastoral Care of the Sick: We are most eager to help anyone who cannot celebrate Mass with us in church. If you or a loved one wishes to receive the Sacraments of the Anointing of the Sick, Eucharist, or Reconciliation, please call the parish offices. Please also notify us of hospitalizations, so that we may be of help.

Sacrament of Marriage: Please contact the parish offices at least 6 months in advance. A preparation program is offered to all couples. For more information, please visit our website.

Sacraments of Initiation: For adults interested in Baptism, Confirmation, or joining the Catholic Church, please contact Nick Frega; for high school Confirmation or for older children (7+) to be baptized or to receive Holy Communion, contact Kristina Preman.

Infant Baptisms: Infant Baptisms (those under age 7) are celebrated at Mass or in group celebrations on special Sundays throughout the year. Parents are asked to call the parish office to begin the process; a program of preparation is offered to all parents. For Sacred Heart, contact Nick Frega. For Our Lady's, contact Gina Chaimanis.

Are You in Need? If you need assistance with housing, clothing or food, please contact our Saint Vincent de Paul Conference, at svdp@sholnewton.org or 617-527-7560 ext. 255. All calls are confidential.

Mass Schedule and Intentions

Priests' schedule is subject to change

Saturday, January 6

9:00am - Sacred Heart - For All Parishioners

4:00pm - Our Lady's (Fr. Dan Riley)

Barbara DeRubeis Beatrice Gargaro Enzo & Alfred Gargaro Carmine John D'Amore Edith & Louis Marino

Matilde Zubillaga 4:00pm - Sacred Heart (Fr. Guy Sciacca)

For All Parishioners

Sunday, January 7—The Epiphany of the Lord

8:00am - Our Lady's (Fr. Dan Riley)

Jack & Mary Bradley James Crowley

James Gorgone, Harold & Helen Curtis Rose Curtis McBee, Marcie Porcaro

Madeline Rose Desmond—14th Anniversary

9:30am - Sacred Heart (Fr. Guy Sciacca)

For All Parishioners

10:00am - Our Lady's (Fr. Dan Riley)

Alfredo & Melanina Greco Bertha G. Beltran

Delfino Pellegrino George & Marianne Foley

Gloria Putnam

11:30am - Sacred Heart (Fr. Dan Riley)

For All Parishioners

6:00pm - Our Lady's (Fr. Dan Riley)

Evelyn Billings

Monday, January 8

7:00am - Our Lady's - For the Sick of the Parishes

Tuesday, January 9

7:00am - Our Lady's - Giovanni Mucci— 1 Month Anniversary Wednesday, January 10

No Daily Mass on Wednesdays

Thursday, January 11

No Daily Mass on Thursdays

Friday, January 12

9:00am - Sacred Heart - Catherine Morrison

Saturday, January 13

9:00am - Sacred Heart - For All Parishioners

4:00pm - Our Lady's (Fr. Bart Geger, S.J.)

Anthony F. Casieri

John Bianchi

4:00pm - Sacred Heart (Fr. James Antonio, S.J.)

Donald J. Burke

Sunday, January 14—Second Sunday in Ordinary Time

8:00am - Our Lady's (Fr. Vaclav Novotny, S.J.)

Natalino Cellucci

9:30am - Sacred Heart (Fr. Dan Riley)

Catherine Morrison

10:00am - Our Lady's (Fr. Vaclav Novotny, S.J.)

Carmela & Antonio Pellegrini and Family

11:30am - Sacred Heart (Fr. Dan Riley)

For All Parishioners

6:00pm - Our Lady's (Fr. Dan Riley)

For All Parishioners

In your prayers, please remember



Jean M. MacKinnon Petronilla Mercuri

Yvette T. Hanley

and all who have died.

May they experience the new life promised by Christ's Paschal victory.

SCRIPTURE READINGS 2024 YEAR B

SUNDAY Is 60:1-6/Ps 72:1-2,7-8,10-11,12-13/Eph 3:2-3,5-6/ Jan 7 Mt 2:1-12

Is 42:1-4,6-7 or Acts 10:34-38/Ps 29:1-2,3-4,3,9-10/ MONDAY

Mk 1:7-11 or Is 55:1-11 or 1 Jn 5:1-9/Is 12:2-3, Jan 8 4bcd, 5-6/Mk 1:7-11

1 Sm 1:9-20/Mk 1:21-28 or 1 Sm 1:1-8+1:9-20/ TUESDAY 1 Samuel 2:1, 4-5, 6-7, 8abcd/Mk 1:14-20+1:21-28 Jan 9

WEDNESDAY 1 Sm 3:1-10, 19-20/Ps 40:2+5, 7-8a, 8b-9, 10/

Jan 10 Mk 1:29-39

THURSDAY 1 Sm 4:1-11/Ps 44:10-11, 14-15, 24-25/Mk 1:40-45 Jan 11

FRIDAY 1 Sm 8:4-7, 10-22a/Ps 89:16-17, 18-19/Mk 2:1-12 Jan 12

1 Sm 9:1-4, 17-19; 10:1a/Ps 21:2-3, 4-5, 6-7/ SATURDAY Mk 2:13-17 Jan 13

1 Sm 3:3b-10, 19/Ps 40:2, 4, 7-8, 8-9, 10/ SUNDAY Jan 14 1 Cor 6:13c-15a, 17-20/Jn 1:35-42



"I hurt my back playing golf. I went to the chiropractor. I went to the pain institute. I went to the spine institute. Nothing helped. The pain was debilitating, I went six or seven months without playing." ~ Rod O. (Peabody)

Chronic pain makes everyday life incredibly difficult. It prevents you from participating in activities you once loved, even simple daily tasks like grocery shopping become nearly impossible.

This was the case for Rod O. of Peabody, MA.

Rod would go on to explain that on a scale of one to ten his pain was well over a nine, every single day. Regardless of your age, back pain, whether caused by a sports injury, longstanding arthritis, or even specific conditions like scoliosis, can severely impact the quality of your life. In short, it stops you from doing the things you love with the people you love and that's not a great way to live.

On top of that, general practitioners, specialists, and surgeons are all too eager to prescribe medications whose side effects are often detrimental to your recovery or recommend invasive surgeries that often have less than desirable outcomes.

Fortunately for the people of the North Shore of Boston, Acupuncturist Min and her team at AWC|Acupuncture & Wellness Clinic have pioneered non-pharmaceutical, non-surgical innovative medical solutions that actually treat your pain!

"My patients are also people who would normally require surgery but would either have a difficult time going under the knife or have simply decided that they would rather explore other options. There is more to healthcare than prescription pills, elimination diets, and scalpels," shares Acupuncturist Min. "By offering several integrative therapies, we are able to combat your pain from several angles ensuring the best possible outcome."

This approach makes AWC an authority in treating seemingly hopeless cases of chronic pain.

Rod easily attested to this claim, "I highly recommend her to anybody. I thank the Lord today that I met Acupuncturist Min and she was able to help me because I can play golf again!"

Each new patient that comes to AWC receives a comprehensive consultation and then is prescribed a personalized treatment program that is tailored to their specific needs and goals. "While every treatment I perform is based on a framework cultivated from decades of

education and experience, no two cases are the same and so every person under my care is treated that way," tells Acupuncturist Min.

"Unlike other solutions to chronic pain, O3 Therapy™ corrects the pathology of the problem, allowing the body to heal itself naturally. This is a wonderful alternative to more traditional methods and incredibly safe and highly successful."

Acupuncturist Min and the team at AWC are using O3 Therapy™ to treat a myriad of chronic pain issues including neck pain, arthritis, knee pain, plantar fasciitis, chronic injuries, and so much more!

To schedule a consultation and complete evaluation call (781)221-0162 and do so quickly because AWC is only taking a limited number of new patients. For more information on O3 Therapy and to take advantage of their new patient offer visit Awclinic.com.

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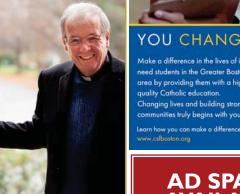
Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

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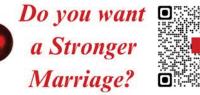
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"I have two words for Long Covid – the worst," shares Eric T. of Burlington, MA.

While the initial alarm of the Covid-19 outbreak has subsided, the pandemic is ongoing. The spread may have slowed but we continue to feel the long-term impacts. Nearly 23 million Americans (100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months, or even years. In a number of cases, these symptoms worsen with time, even turning deadly.

"I got Covid early last year, and it was pretty bad," shares Eric. "I was hospitalized for 9 days, and there was a point where I wasn't sure I would make it. I'm still here, so I guess God had other plans but months passed, and I was still gasping for air. I couldn't do everyday tasks like cutting the grass or working in the yard, much less enjoy a quick bike ride. And then there was what my doctor called 'brain fog.' I'd lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I'd had a stroke more than it did a virus."

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported, including shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions.

These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited.

"I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me 'this is the best we can do for you, it's time you start thinking about how you're going to live with Long Covid.' Apparently, their best was letting me live what felt like half a life."

Eric wasn't satisfied with that and resigned to doing his own research, which is how he ended up here at AWC Acupuncture & Wellness Clinic. "I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I've used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Acupuncturist, Min Jeon D.Ac. Lic.Ac."

You might think that a novel virus needs a novel solution, but you'd only be half right. While we are using innovative solutions like ATP Resonance BioTherapy® to combat Long Covid because it aids in the healing and repair of specific cells and tissues, it's a much more time-tested science that's getting our patients back to living their lives.

AWC Acupuncture is the premier provider of ozone therapy in the state.

"Our O3 ReBoot Therapy® has allencompassing and powerful healing capabilities," shares Clinical Director Rebecca Rinn. "Ozone therapy has been used since the 1800s and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral and anti-inflammatory properties. We use it today to inactivate residual Covid virus, stimulate oxygen metabolism and activate the immune system. And the whole treatment takes about 15 minutes and is completely noninvasive." As with our other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and longlasting results.

"I'm in my second month of treatment and back to riding my bike and maybe breathing better than before I even had Covid. Everyone [at AWC] has been amazing! I feel cared for every time I walk in the door."

Acupuncturist Min Jeon D.Ac. Lic.Ac.has successfully treated chronic pain and complicated conditions for over two decades. When Covid-19 emerged three years ago, we researched and developed therapies to address the complex virus effectively. Based on the testimony of patients like Eric, our efforts are a smashing success.



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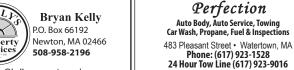
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