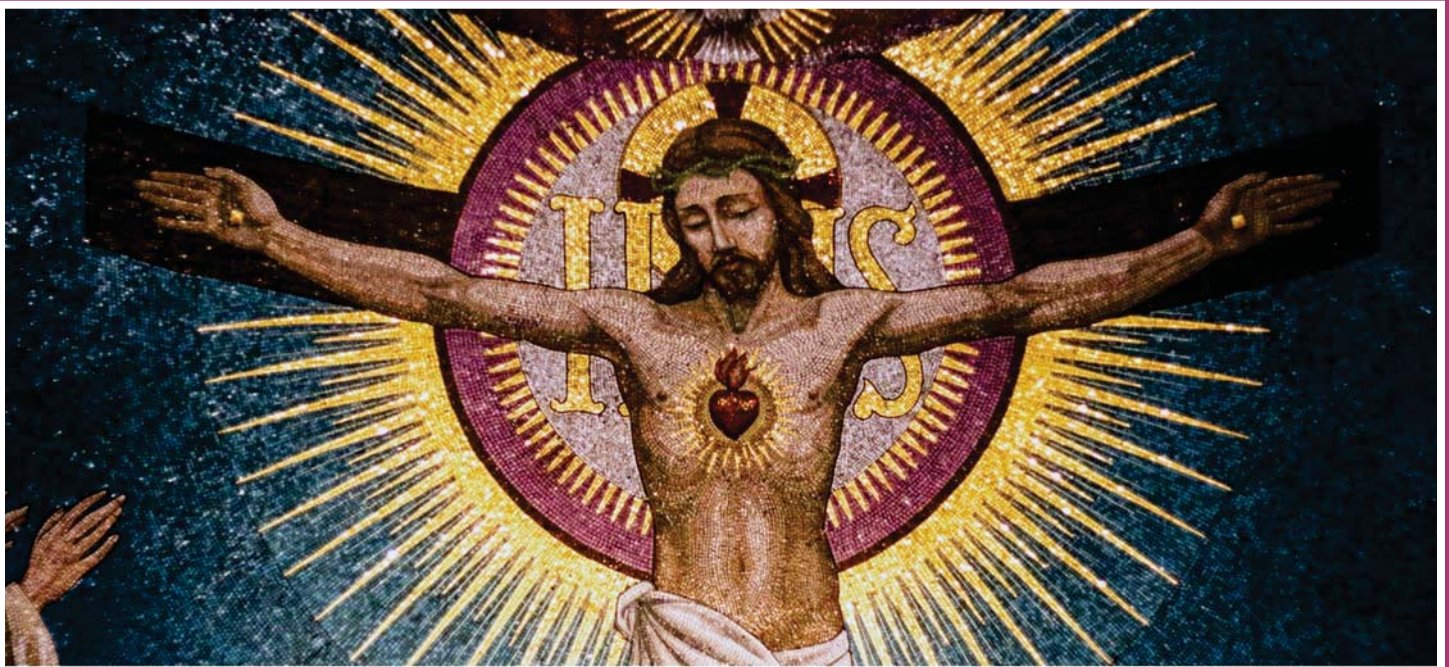


SACRED HEART & OUR LADY'S COLLABORATIVE
NEWTON, MA

~ All Are Welcome ~



LAETARE SUNDAY

4TH

SUNDAY OF LENT

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.

John 3:16

Photo: Fr. Lawrence Lew, O.P.

March 10, 2024

Sacred Heart Church
1321 Centre Street, Newton, MA 02459
617-969-2248

sholnewton.org

Our Lady Help of Christians Church
573 Washington Street, Newton, MA 02458
617-527-7560

Instagram @sholnewton

From Fr. Dan, Pastor

Dear Friends,

You are so welcomed in this place. We hope you'll come again. It is an honor to have you with us. Jesus smiles upon you. You are family. Welcome, Welcome!

Three weeks until Easter and only two weeks until Holy Week starts. Please spread the word.

A proposal of love: What "is new and original about the Christian faith? It is not so much the sum of precepts and moral norms but rather, it is first and foremost a proposal of love which God makes through Jesus and continues to make with humanity. It is an invitation to enter into this love story." — Pope Francis.

"What Thing?" Several years ago, I was pondering a fall from grace in my past and was fretting about it. I turned to God in prayer and asked, "You remember that THING I did back then?" God's response was, "What THING?" And I replied, "You know...*that* THING! Of course you remember. You're God." And God said, "Ummm, actually I don't remember. You see, as soon as you ask for forgiveness, I forget it. So, no, I don't remember." This experience came to mind as I reflected

on the promises in today's reading from Ezekiel. His prophecy reveals such a compassionate side of God, who is so much freer and more flexible than we humans are. There is no malice in God. We may stew over injuries or mistakes, but God's energy is not spent there. God clears the slate. Could we possibly believe in such benevolence, especially if we do not see it modeled in the human community? God does not persevere over our failings and fallings. God wants only the good and recognizes it when it is chosen. How lucky are we?! God's memory is long, but only for the good and for the Love to which we come running back. As a vulnerable human being, I wish my memory and that of others was calibrated like that. Lent is a good time to recalibrate our efforts. Breathe a huge sigh of relief. We are saved. We are healed. We are forgiven. Aren't they all maybe the same thing? Love looks like this." —Nicki Verploegen

Sports: As I write this my computer tells me the highly-regarded Warriors are trailing the Celtics by 44 points at halftime! Watch out for our Celtics!

Love, God bless you, & have a great Lent!
Fr. Dan

New & Ongoing in Our Community

Please Pray for Our Catechumens and Candidates

In this season of Lent, please keep in your prayers all those who will be joining the Catholic Church this year at the Easter Vigil, most especially those who will do so in our community: Scott Johnson, Alex Johnson, Jackson Achttien, Jasmine Achttien, Kaylee Scott-Pennington, Melanie Keane, Theodore Johnson, Julie Crantz, Blair Baker, Simon Baker, Kevin To, Michael Palkiwhala, Melanie Estrada, Brandon Estrada, Aaron Yung, Brendan Yung, Luca Nicola, Naomi Huang, and Liam Vitti

In addition, please pray for Valencia DiTomasso, Nia Nicola, Maggie Elliott, and Almendra Carbajal, who will be deepening their relationship to Christ and His Church through Confirmation and/or First Communion.

On the Third, Fourth, and Fifth Sundays of Lent (March 3-10-17), those who are preparing for baptism will be celebrating the Scrutinies at Mass. The Scrutinies are special rites that help prepare the Elect (those who are unbaptized) to enter the Church. The purpose of the Scrutinies is to "uncover, then heal all that is weak, defective, or sinful..." and ... "to strengthen all that is upright, strong, and good".

The season of Lent involves a more intense period of examination and preparation for these people, and hopefully for all of us who are living our Catholic faith!

2024 Catholic Appeal

We're very excited to launch the Catholic Appeal this weekend. Thank you to those who have already responded generously to the Cardinal Seán's invitation! Because of your early support, we are on our way to reaching our goal. As Catholics, each of us shares the responsibility of the Church community – both directly within our parishes and to the greater Church. Thank you for responding in faith, hope, and charity by making a gift to the 2024 Catholic Appeal. We are stronger together, and your generous participation is greatly appreciated!

New Refugee Ministry—Can You Help?

We are thrilled to announce that our collaborative is partnering with the Sisters of Saint Joseph and Catholic Charities to welcome a refugee family! We expect the family will arrive in the next 4-8 weeks. At this point, we don't know any details other than it will be a family.

This is an exciting opportunity to work collaboratively, and there are numerous volunteer opportunities. Here is a sample list:

Welcoming – meet the family at the airport and arrange for food and meals for the first week post-arrival.

Housing – set up the house and source furniture, household goods, etc. Note that several pieces have already been secured.

Education – coordinate school sign-up.

Medical – sign the family up for medical care and help them understand how medical care works.

Job Sourcing – understand the family's skill sets and help them find employment.

Social – welcome them and show them around the neighborhood.

Please note that the family is coming to the US via a federally-funded program that has been in place for over 40 years. They will have had background and medical checks. They will arrive as lawful permanent residents and should be able to work right away (provided their Social Security cards are in hand).

Interested in Putting Your Faith into Action? Please reach out to Gina Chaimanis at gchaimanis@sholnewton.org or Andy Majewski at majorfiftytwo@gmail.com. There will also be a Zoom Presentation on Monday, March 11, at 7pm to provide additional information. <https://us02web.zoom.us/j/82538171292?pwd=VHhYN2ZuOFJ0d3JBRUZ4M1U5UFJkUT09>
Meeting ID: 825 3817 1292, Passcode: 481083

The Real Presence of Christ in the Eucharist

Our Lord might say to you: "Why do you neglect my presence here? Do you think it is of no importance and that you can do without it? In heaven I am the God of glory for the elect; in my Sacrament I am the God of grace for them that struggle." In all your actions, then, draw your inspiration from his Eucharistic Presence.

—St. Peter Julian Eymard

Lent in the Collaborative

Friday Night

Lenten



Friday, March 15, 5:30-8:30pm,
Sacred Heart MacKenzie Center (1337 Centre St)

Cost: \$15 for Adults and \$5 for Kids (12 and under)

Menu: Homemade Fish 'n' Chips, Hushpuppies,
Grilled Cheese option for kids. Cash Bar.
Free games with prizes!

Please feel free to bring a finger-food dessert to share!

Questions? Contact Gina at gchaimanis@sholnewton.org,
617-969-2248 ext.112, or 617-527-7560 ext.219

Savoring the Cross of Christ Collaborative Lenten Retreat with Fr. Bart Geger

Saturday, March 23, 8:30am-3:30pm at Our Lady's

The Christian Cross is a paradox. Jesus warns us that we must be prepared to follow his example of suffering and sacrifice in service to the Father. And yet, at the same time, Jesus assures us

that His yoke is easy and His burden is light. In this one-day retreat, we will prayerfully contemplate the paradox through the eyes of St. Ignatius Loyola, who had pleaded with the Blessed Mother that she place Ignatius with her Son in His one great act of carrying His cross.

All are welcome, age 16 and older. Retreat facilitated by Fr. Bart Geger, S.J., and sponsored by the WWP Women's Bible Study. Email retreat@sholnewton.org or call 617-527-7560 ext. 221 to register. Deadline: Tuesday, March 19

Soup & Stations

Please mark your calendars for the free Friday night Soup & Stations of the Cross on March 22 at Our Lady's. A simple meal 6:00-7:00pm, followed by Stations of the Cross 7:00-7:30pm. To RSVP or find out more, email kpreman@sholnewton.org.

What about Fasting and Abstinence?

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of our Roman Catholic Church, the norms on fasting are obligatory from age 18 until age 59, with exceptions for reasons of illness, pregnancy, and breastfeeding. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of our Roman Catholic Church from age 14 onwards, with exceptions as stated above.

Help a Neighbor in Need at Easter

As we prepare for our most holy day, we are planning to offer Easter outreach to our neighbors in need once again, this time by providing grocery gift cards,

Please consider helping us support approximately 90 families in need by donating food cards. Donors are asked to purchase **Stop & Shop food cards**, depending on how large a family they'd like to support, and to return them to one of the parish offices no later than **Monday, March 18**.



If you are willing to assist, please visit our Sign-Up Genius page by scanning the QR code, or email kpreman@sholnewton.org for the link to be sent to you directly. If you have any questions or need help, please contact Kristina by phone at 617-527-7560 ext.216.

We are grateful for your help in making life a bit easier for families as we celebrate our greatest feast at Easter. Thank you for your willingness to share your resources with our neighbors in need!

This outreach is being coordinated and provided by the parishes, in conjunction with the St. Vincent de Paul Society.

Easter Flower Donations

If you would like to make a donation toward the cost of the flowers that will decorate the altar for Easter, in memory of a deceased relative or friend, please print the names clearly and bring them to the parish office with your donation or place them in the collection basket. All names will be remembered and printed in a booklet to be distributed on Easter Sunday. Donations will be accepted through 12:00pm on Tuesday, March 26. Donations received after March 26 will be acknowledged at a later date.

Welcome Fr. John Geaney, C.S.P.!

Fr. Geaney, who goes by "Father G." is a senior Paulist Priest residing at the Paulist Center in Boston. Beginning on March 17, he will be commuting to our collaborative most weekends to help us with a Sunday Mass. I am so happy to have him with us. Father G. was born in Malden to Irish immigrant parents. He was ordained a priest on May 11, 1964. His history of important ministries is quite impressive! —Fr. Dan

March 10 - Fourth Sunday of Lent

Oftentimes at sports events, people hold up a sign "John 3:16" to be shown on a jumbotron! It's likely that many people do not know what John 3:16 is, let alone what the text says! We're given that text in today's Gospel. This text is given to us to remind us of the extent of God's love, the length to which our God went to convince us of his love. All are included in God's vast inclusive love. God loves each one of us as if we were the only one in the world to be loved. As Lent continues take a few minutes to ponder God's all-inclusive love for you. How will you respond to that love?

St. Patrick's Day Coffee Hours Next Sunday

Please join us to celebrate St. Patrick's Day with special festive coffee hours next Sunday, March 17:
—At Sacred Heart: in the MacKenzie Center following 9:30am Mass
—At Our Lady's: in the Lower Hall following 10:00am Mass



St. Patrick, pray for us!

Update! Single Parents' Support Group

Are you a single adult raising children in the Church? Would you like to connect with others in similar situations? We meet the second and fourth Tuesday of each month in the evenings, alternating between in-person and Zoom. We would love to have more single parents join us! If you would like to learn more, please email Gina at gchaimanis@sholnewton.org.



Fr. John Sassani

Homily Given on March 22, 2009

Fourth Sunday of Lent—Liturgical Year B

I served at St. John's in Winthrop for seven years. I had been there a couple of years when, on Saturday as I was preparing my homily, a man called. He said his niece had been in an accident and was seriously injured – would I come – and of course I did. His niece Kirsten was 17 years old. She had been out jogging and was hit by a drunken driver. She was in the hospital all summer for surgery and rehabilitation. Two years later, she was a student at Brown University, living in a dorm – and permanently confined to a wheelchair. Kirsten's parents were heartbroken, experiencing a chronic sorrow. Then they went on a pilgrimage to Medjugorje in Yugoslavia to pray for a cure. Kirsten was not cured, but her parents were.

St. Paul says that God is rich in mercy. Where we were dead, He brought us back to life in Christ. This is what happened to my friends – not the healing of their daughter's paralysis, but the restoration of their hope.

Jesus says that God sent Him into the world not to condemn the world but that we might be saved. Salvation doesn't always look the way we think it should. The Risen Christ on Easter is still wounded.

It's how His disciples know He is not a ghost.

Often salvation is the gift of hope in the face of despair. This hope is not only hope for me or for you or for us, but our Christian protest against suffering and despair. My friends began a Christmas ministry where they and their family and friends befriended poorer families for Christmas in a sustained way. This gave them a chance to protest against suffering in a tangible way.

People who are given hope and can offer hope are needed in a world marked by starvation, exploitation, addiction, disease, growing poverty and homelessness.

Today is Laetare Sunday. We are called to Rejoice! Lent is half over. That may be no big deal. But suffering is half over – not just political or economic or medical, but by the death and Resurrection of Christ. It includes our living new lives, not only lives marked by hope for ourselves but by the good works that protest against despair and sorrow. It is lives marked by hope and good works that gather more and more people into the hope that Christ offers.



Collaborative Photo Album

Follow along on Instagram @sholnewton
Scan the QR code at left to get started!



Left: an incredible response to the call for cereal for the Centre Street Food Pantry Kids Club in February. Thanks all!

Center and right: Soup and Stations of the Cross, held at Sacred Heart on Friday, March 1.

(Please join us for our second Soup & Stations event, at Our Lady's on March 22)

Beyond Our Walls

Emmaus Ministry for Grieving Parents

Losing a child under any circumstance is horrific. Focusing on the spirituality of the grieving process can help tremendously. Just as He comforted his grieving disciples on the road to Emmaus, Jesus comforts us and we comfort each other in this very special ministry. There are several upcoming one-day retreats in our area. They are open to parents who have experienced the death of a child of any age, by any cause, no matter how long ago. Upcoming options are: Saturday 4/20 in Carver; Saturday 4/27 in Stoneham; Saturday 6/1 in Salem. Visit <https://www.emfgp.org/program-schedule/> as preregistration is required. There are also monthly online gatherings.

Healing Mass for those Impacted by Divorce & Separation

The Archdiocesan Family Life team invites you to an evening of healing: "Let Anyone who Thirsts Come to Me: A Healing Mass for those Impacted by Divorce & Separation" on Tuesday night, April 30, at the Pastoral Center in Braintree.

The evening begins at 6:30pm with Confession and Adoration offered, followed by a witness talk from Mark Gioia, a divorced Catholic, followed by the Healing Mass with prayers over all who would like to receive them. All are welcome. We will also be providing resources and information on support available. <https://www.evangelizeboston.com/event/let-anyone-who-thirsts-come-to-me-a-healing-mass-for-those-impacted-by-divorce-or-separation/>

Project Rachel Post-Abortion Healing Retreats

Are you – or someone you know – seeking peace after an abortion? The Project Rachel ministry of the Archdiocese of Boston extends a special invitation to women experiencing regret from a past abortion to attend a Come to the Waters of Healing one-day retreat. Spring dates are Saturday, March 23, and Saturday, May 11. Locations are confidential. For more information on the retreats or other services, contact Project Rachel at 508-651-3100 or help@projectrachelboston.com.

Fiat for Discerning Women

Fiat, a gathering of women interested in learning more about religious life, cordially invites you to the next meeting on Wednesday, March 20, at 7:00pm on Zoom. The topic will be "A Lenten Reflection on Religious Life." If you are interested in attending, please contact Sr. Marian Batho, CSJ at marian.batho@csjboston.org or 617-746-2025 for more information and the link to the meeting.

Corpus Christi-St. Bernard Guild

Please join us for a wonderful afternoon on Sunday, March 10, at 2pm in the St. Bernard's downstairs chapel in West Newton. Betty Bruhmuller and Maureen Connell will present a photographic narrative of their Alpine Tour of Switzerland, Austria, and Germany. It will highlight the famous Passion Play that dates back to 1634 and is only performed one season per decade in Oberammergau, Germany. Refreshments will follow in Fr. Moore Hall. Everyone is most welcome! Please consider bringing a nonperishable food donation for Bristol Lodge.

SHOL Pax Christi News

All are encouraged to view the webinar "Warheads to Windmills", featuring powerful presentations by Dr. Ivana Hughes of Nuclear Age Peace Foundation and Dr. Timmon Wallis of Nuclear Ban US. <https://bit.ly/VFP-w2w> (1 hr. 40 min.) Sponsored by the Nuclear Abolition Working Group of Veterans for Peace.

Pax Christi USA's Lenten Prayer and Reflections continue on Mondays through March 25, 8:30-9:00pm. Join us if you can for this spiritual journey during Lent on paxchristiusa.org

And Save the Date - for a spring event on the afternoon of April 28 at Our Lady's with Peace Ministries in the Collaborative as well as other organizations and interfaith communities.

—Ann Capoccia, SHOL Pax Christi Coordinator
and MA Pax Christi Board Member

Kids' Corner

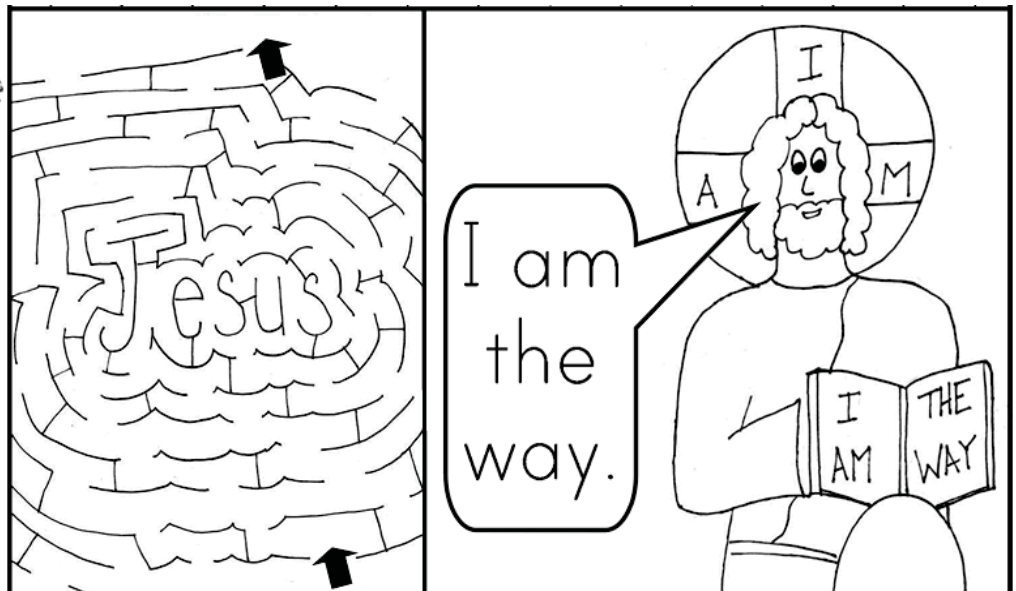
Gospel: God loves us all so much that God sent Jesus to earth to help us!
Jesus died for our sins so we can live with God in Heaven.

Psalms: Trace the words
and learn to pray like Jesus!

Let my tongue
be silenced,
if I ever
forget you!

Learn at Mass

Are there pictures of statues of the Stations of the Cross in your church? Ask a loved one to help you find them.



Religious Education News

A Note regarding the Confirmation Age Change

Dear Families,

Over the weekend of January 20 & 21, Cardinal Seán O'Malley announced a major change to the Archdiocesan policy - moving the typical age of Confirmation from 15/16 to 13/14 (Grade 10 to Grade 8) over the course of the next several years.

As a staff, we look forward to participating in many meetings and conversations in the months ahead, both on the archdiocesan level and the parish/collaborative level. We

Confirmation: Please pray for our 10th Graders on retreat on Cape Cod TODAY—Sunday, March 10. And please pray for them as they get closer to Confirmation Day: May 5.

Religious Ed Toiletry & Sock Drive: Our Collaborative Religious Ed program is sponsoring a Lenten toiletry and sock drive, benefiting St. Ambrose Family Shelter. St. Ambrose serves families who are experiencing homelessness and is sponsored by Catholic Charities.

We are collecting NEW shampoo, lotion, body wash, soap, toothpaste, toothbrushes, deodorant, etc. and NEW socks for men, women, and children of all ages and sizes.

—At Sacred Heart: drop off in the upper church entrance or to the rectory/office back porch

—At Our Lady's: drop in the bin outside the McPherson Room of the church (students can bring items to class)

Thank you for your support of this drive!

First Penance and First Communion: Our student celebrated First Penance back in December. What a good and loving God we have! Now we are in the classroom, preparing for First Communion, which will be celebrated in late April and early May. We are so looking forward to it!

thank you in advance for your patience, and we humbly ask for your prayers. Above all, we trust that the Holy Spirit is leading and guiding us.

For now, please know that the Spring 2024 Confirmation Mass will be for those in 10th grade and above, as previously planned.

In peace, Kristina Preman
Senior Pastoral Associate & Director of Religious Ed.
with Fr. Dan Riley, Pastor, and the Pastoral Staff

Living Lent: During this Lenten season, our Religious Education families have been invited to take practice almsgiving through the Catholic Relief Services Rice Bowl program. This year, CRS Rice Bowl invites us to meet people in Uganda, El Salvador, and Indonesia who are working hard to overcome the challenges of hunger and the impact of climate change. If you are not involved in RE but would like to take part, please contact one of the staff, listed below, to get your own Rice Bowl. Let's reflect on our connectedness as one family in Christ and work together to ensure our sisters and brothers worldwide can thrive. Visit crsricebowl.org to learn more.

Contact:

Kristina Preman, DRE and Coord. for Grades K-5

617-527-7560 ext. 216, kpreman@sholnewton.org

Marissa Browne, Coord. for Grades 6-10

617-527-7560 ext. 213, mbrowne@sholnewton.org

Ginny Arpino, Religious Ed. Support

617-527-7560 ext. 221, garpino@sholnewton.org

Gina Chaimanis, Religious Ed. Support

617-527-7560 ext. 219, gchaimanis@sholnewton.org

<https://sholnewton.org/religious-education>

Youth Ministry News

Contact Jared Blake, Youth Minister—jblake@sholnewton.org, ext. 126

Middle School Drop-In Center: Middle School Drop-In Centers are held twice a month for those in middle school. Featuring open gym, plus board games and seasonal activities. Save the date for our next Drop-In Center on **Friday, March 22**. Drop-In Centers are held 6:30-9:30pm at the MacKenzie Center at Sacred Heart. They are for students in Grades 6-8, and they are FREE! Please join us; friends from outside the parishes are welcome too!

High School Youth Group: The High School Youth Group



meets on certain Sundays, 5-5:50pm, before the 6pm Mass and then attends Mass together. The Youth Group

meets in the Youth Center at Our Lady's and is open to all high schoolers.

Our next meeting is March 17.

Catholic Heart Workcamp Summer 2024: We'll be traveling to Knoxville, TN, to serve in June 2024. The Workcamp roster is FULL as of January 2024. Please contact Jared if you'd like to hop on the wait list.

Cor Unum Meal Center in Lawrence: We bring a group of students (and often parents too!) each month on the fourth Saturday of the month to prepare and serve dinner in Lawrence. Can you help out? Scan the QR code here to join us!



Chaperones & Volunteers Needed: Please be in touch with Jared if you're an adult who's interested in helping out with any of these activities.

Sacred Heart News

Save the Date—Bake and Bloom!

On Sunday, March 24, following the 9:30am Mass, the Guild of St. Francis will host their annual Bake and Bloom Sale. This is a festive sale of Easter baked goods and spring blooming flowers, as well as a myriad of wonderful Easter trinkets! Stop by and shop!



CORI Background Check Renewals

All volunteers at Sacred Heart Parish are required to submit a CORI form each year. If you are in ministry here at Sacred Heart, please complete a copy of the FY2024 form. Please pick one up in the sacristy or the Parish Office, and have it verified by someone on staff (by showing your driver's license). Thank you for your cooperation in helping us to comply with this important requirement.

Kids Club Donations—Canned Tuna

Your very generous donations of cereal last month allowed us to deliver over 60 boxes (111 pounds, the way the Pantry records donations) - see the photo on the previous page! Let's keep up the good work. This month we are collecting canned tuna. Donations should be left in the bins in the upper church foyer, the lower elevator lobby, and the Religious Ed area.

Coffee Hour Is So Much Fun!

Can You Help?

Coffee hour is an important community event, and we are SO grateful for all those who have hosted and helped at coffee hour thus far this school year. Now, we're hoping to get the rest of the school year covered—can you help by hosting coffee hour one or more Sunday mornings?

Coffee hour hosts are responsible for setting up tables and chairs, brewing coffee, putting out and keeping an eye on food supplies, cleaning up, and breaking down tables and chairs.

Please visit <https://www.signupgenius.com/go/70A0948A8AE2CA4FA7-coffee7>, scan the QR code here, or contact Nick Frega to sign up. Thank you for all you do!



Our Lady's News

Thank You from Shattuck Shelter/Holy Family

We would like to send our warmest gratitude for all that you and the entire church does for our programs. The food donation that we received last week was a blessing and our guests have expressed their appreciation. Your contributions have made a difference in lives who have experienced many challenges. This is truly God's work and we can't thank you enough for keeping our population in mind.

—Raymond Murray, Director, Shattuck Shelter & Holy Family

March Freedge Collection

In March, we are collecting rice (boxed or bagged) and beans (dry or canned). Donations can be dropped in the bin by the St. Patrick statue in the church (this is on the parking lot side of the church building, under the stairs that go up to the main church). Thanks for your amazing generosity!

Scholarships for Children in San Marcos

As we have done in previous Lents, Our Lady's is raising funds for scholarships to help poor families of our sister parish, San Marcos, Honduras, send their children to school. Due to a lot of transition in San Marcos this past year, we are late starting our campaign, but the committee there is eager to assist 60 children in getting an education with our help. Scholarships are an average of \$300/year and cover necessities for school like shoes, supplies, uniforms, transportation, even food and medicine for children if needed. Next weekend, we'll describe the newly structured parish of San Marcos in a flyer, and there will be information tables at the back of church about the scholarship program.

In the meantime, we want to introduce you to a dear little girl who is one of the 60 recipients of a scholarship: Dayani Gloribel Rodriguez Ramos. At age 8, Dayani has seen a lot of struggle in her life. Her parents have worked hard and have moved from place to place so her father could get seasonal farm and day jobs. They have lived with her grandmother, her aunt, and a cousin, making fiber-woven mats to support themselves. As Dayani got

to be school age, they moved to a place that had a school, but they found that no teacher was assigned. So, after a year, they had to move on. They finally settled in the village of La Ascension within the San Marcos parish territory. Dayani missed out on Grades K & 1 (except for learning numbers and letters from her grandmother), but she finally started school in Grade 2. Once settled in Ascension, the family got very involved in the parish, and her father is now a volunteer catechist (pastoral leader of the village Base Ecclesial Community). She and her family are a story of love, overcoming obstacles, and faith. Today Dayani is in Grade 3, and a scholarship gives her and her family hope for her future.



Would you like to be part of the community of Our Lady's that supports children and families like Dayani's with scholarships? We welcome your help in any amount, or perhaps you may wish to donate the amount of a scholarship, \$300. To donate, please fill in below and return in the collection or to the parish office.

Name _____ Amount _____
Email _____ Phone _____
Street address _____ City _____ State _____ Zip _____

Our Collaborative



Sacred Heart

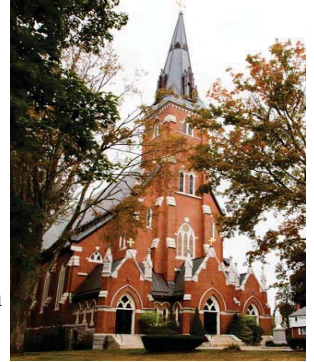
1321 Centre Street
Newton Centre 02459
617-969-2248

Office: Mon-Fri 9:30am-2:30pm
sacredheart@sholnewton.org

Our Lady Help of Christians

573 Washington Street
Newton 02458
617-527-7560

Office: Mon-Fri 7:00am-3:00pm
ourladys@sholnewton.org



Mass Times

Saturday Vigil

4:00pm Our Lady's
4:00pm Sacred Heart

Sunday

8:00am Our Lady's
9:30am Sacred Heart (livestreamed at sholnewton.org)
10:00am Our Lady's
11:30am Sacred Heart
6:00pm Our Lady's

Weekdays except for Legal Holidays

Mon & Tue: 7:00am Our Lady's
Fri & Sat: 9:00am Sacred Heart

Holy Days of Obligation

7:00am Our Lady's
9:00am Sacred Heart
12:00pm Our Lady's
7:00pm Sacred Heart

Sacrament of Reconciliation

Saturdays, 2:45-3:30pm

Month of February: Sacred Heart Lower Church

Month of March: Our Lady's Lower Church

and alternating months

Collaborative Staff

Pastoral Staff

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Jared Blake, Youth Minister
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Marissa Browne, Religious Ed. 6-10
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Gina Chaimanis, Pastoral Minister
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Gerry McGrath, Facilities (OL)
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Sioux Mont, Admin. Assistant (SH)
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David Nahabedian, Facilities (SH)
dnahabedian@sholnewton.org, ext. 127

Clergy Assisting with Liturgies

Fr. James Antonio, S.J.

Fr. John Geaney, C.S.P.

Fr. Bart Geger, S.J.

Fr. Vaclav Novotny, S.J.

New to our Collaborative? Welcome! Please introduce yourself after Mass or at the parish offices. We want to know and serve you! We hope you will participate in our parishes with your prayers, presence, talents, and stewardship according to your means.

Pastoral Care of the Sick: We are most eager to help anyone who cannot celebrate Mass with us in church. If you or a loved one wishes to receive the Sacraments of the Anointing of the Sick, Eucharist, or Reconciliation, please call the parish offices. Please also notify us of hospitalizations, so that we may be of help.

Sacrament of Marriage: Please contact the parish offices at least 6 months in advance. A preparation program is offered to all couples. For more information, please visit our website.

Sacraments of Initiation: For adults interested in Baptism, Confirmation, or joining the Catholic Church, please contact Nick Frega; for high school Confirmation or for older children (7+) to be baptized or to receive Holy Communion, contact Kristina Preman.

Infant Baptisms: Infant Baptisms (those under age 7) are celebrated at Mass or in group celebrations on special Sundays throughout the year. Parents are asked to call the parish office to begin the process; a program of preparation is offered to all parents. For Sacred Heart, contact Nick Frega. For Our Lady's, contact Gina Chaimanis.

Are You in Need? If you need assistance with housing, clothing or food, please contact our Saint Vincent de Paul Conference, at svdp@sholnewton.org or 617-527-7560 ext. 255. All calls are confidential.

Mass Schedule and Intentions

Priests' schedule is subject to change

Saturday, March 9

9:00am - Sacred Heart - For All Parishioners

4:00pm - Our Lady's (Fr. Dan Riley)

Joseph, Carmen & Antonetta D'Agostino...
...and Family
Rose & William Dezotell—65th Anniversary
The Fardelli Family
The Nardone Family
The Vecchio Family
The Nardone & Gargaro Families
John, Maria & Tony Pettiglio and Family

4:00pm - Sacred Heart (Fr. Vaclav Novotny, S.J.)
For All Parishioners

Sunday, March 10—Fourth Sunday of Lent

8:00am - Our Lady's (Fr. Dan Riley)

Giacomo "Jack" Farina

9:30am - Sacred Heart (Fr. Vaclav Novotny, S.J.)

Romilda D'Innocenzo—8th Anniversary

10:00am - Our Lady's (Fr. Dan Riley)

Mary McCabe
Loreto & Maria Venditti
Charles F. Pearson, Maryanne Pearson
Luigia Todino

11:30am - Sacred Heart (Fr. Dan Riley)

For All Parishioners

6:00pm - Our Lady's (Fr. Dan Riley)

Roy & Phyllis Bettano

Monday, March 11

7:00am - Our Lady's - For the Poor of the Parishes

Tuesday, March 12

7:00am - Our Lady's - For the Sick of the Parishes

Wednesday, March 13

No Daily Mass on Wednesdays

Thursday, March 14

No Daily Mass on Thursdays

Friday, March 15

9:00am - Sacred Heart - For All Military Personnel

Saturday, March 16

9:00am - Sacred Heart - For All Parishioners

4:00pm - Our Lady's (Fr. Vaclav Novotny, S.J.)
Daniel & Catherine Shea

4:00pm - Sacred Heart (Fr. Dan Riley)
For All Parishioners

Sunday, March 17—Fifth Sunday of Lent

8:00am - Our Lady's (Fr. James Antonio, S.J.)
For All Parishioners

9:30am - Sacred Heart (Fr. Dan Riley)
For All Parishioners

10:00am - Our Lady's (Fr. James Antonio, S.J.)
Ita & Doug Bridges

11:30am - Sacred Heart (Fr. John Geaney, C.S.P.)
For All Parishioners

6:00pm - Our Lady's (Fr. Dan Riley)
For All Parishioners



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In your prayers, please remember

all who have died.

*May they experience the new life
promised by Christ's Paschal victory.*

SCRIPTURE READINGS 2024 YEAR B

SUNDAY Mar 10	Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11/ 1 Cor 1:22-25/Jn 2:13-25
MONDAY Mar 11	Is 65:17-21/Ps 30:2+4, 5-6, 11-12a+13b/Jn 4:43-54
TUESDAY Mar 12	Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9/Jn 5:1-16
WEDNESDAY Mar 13	Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18/Jn 5:17-30
THURSDAY Mar 14	Ex 32:7-14/Ps 106:19-20, 21-22, 23/Jn 5:31-47
FRIDAY Mar 15	Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21+23/Jn 7:1-2, 10, 25-30
SATURDAY Mar 16	Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12/Jn 7:40-53
SUNDAY Mar 17	Jer 31:31-34/Ps 51:3-4, 12-13, 14-15/Heb 5:7-9/ Jn 12:20-33

Pilot Bulletins

"SHE SAVED MY LIFE"

Burlington, MA resident Dawn R. had been experiencing the painful side effects of Peripheral Neuropathy, "my feet and legs were extremely painful and my doctor told me there was nothing they could do. That I would have to take Gabapentin for the rest of my life." Then she met Burlington's very own Acupuncturist Min Jeon Lic.Ac. D.Ac.

Peripheral Neuropathy is the pain, discomfort, and numbness caused by nerve damage of the peripheral nervous system. Dawn explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. "How can you live for the next 30 years when you don't even want to get out of bed to do simple things?"

She was experiencing the burning, numbness, tingling, and sharp pains that those suffering with neuropathy often describe. "The way that I would describe it, it's equivalent to walking on glass." Dawn hadn't worn socks in five years and was wearing shoes two sizes too big so that nothing would 'touch' her feet.

Unfortunately Dawn's story is all too familiar for the over 3 million people in the U.S. suffering from Peripheral Neuropathy.

If you're unfortunate enough to be facing the same disheartening prognosis- you're not sleeping at night because of the burning in your feet. You have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain. You're struggling with balance and living in fear that you might fall. Your doctor told you to 'just live with the pain' and you're taking medications that aren't working or have uncomfortable side effects.

Fortunately, four months ago Dawn read an article about Acupuncturist Min Jeon Lic.Ac. and the work she was doing to treat those

suffering from Peripheral Neuropathy, without invasive surgeries or medications

Acupuncturist Min Jeon Lic.Ac. founder of AWC | Acupuncture & Wellness Clinic in Burlington, MA, is using the time-tested science of Acupuncture and technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

"Now when I go to bed at night I don't have those shooting pains. I don't have that burning sensation. I don't have pain coming up my legs," Dawn enthusiastically describes life after receiving Min Jeon's treatments. "I can wear socks and shoes!"

Dawn and her sister now operate a successful dog walking business, sometimes covering up to 5 miles a day.

"It's life-altering. As far as I'm concerned Acupuncturist Min saved my life!"

Acupuncturist Min Jeon Lic. Ac. D.Ac has been helping the senior community for over 20 years using the most cutting-edge and innovative integrative medicine. Specializing in chronic pain cases, specifically those that have been deemed 'hopeless' or 'untreatable', she consistently generates unparalleled results.

What was once a missing link in senior healthcare is now easily accessible to the residents of Greater Boston

If you've missed too many tee times because of pain or you've passed on dancing because you're afraid of falling, it's time to call Acupuncturist Min Jeon Lic. Ac. and the staff at AWC.

It's time you let your golden years BE GOLDEN!

AWC is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Call (781)221-0162 now to schedule a consultation.



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"Jesus Wept." John 11:35

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Event Chairs: Renee and Mike Minogue

April 11th - Marriott Copley Place, Boston.

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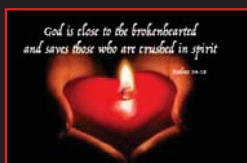
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LIVING LIFE AFTER COVID



“I have two words for Long Covid – the worst,” shares Eric T. of Burlington, MA.

While the initial alarm of the Covid-19 outbreak has subsided, the pandemic is ongoing. The spread may have slowed but we continue to feel the long-term impacts. Nearly 23 million Americans (100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months, or even years. In a number of cases, these symptoms worsen with time, even turning deadly.

“I got Covid early last year, and it was pretty bad,” shares Eric. “I was hospitalized for 9 days, and there was a point where I wasn’t sure I would make it. I’m still here, so I guess God had other plans but months passed, and I was still gasping for air. I couldn’t do everyday tasks like cutting the grass or working in the yard, much less enjoy a quick bike ride. And then there was what my doctor called ‘brain fog.’ I’d lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I’d had a stroke more than it did a virus.”

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported, including shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions.

These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited.

“I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me ‘this is the best we can do for you, it’s time you start thinking about how you’re going to live with Long Covid.’ Apparently, their best was letting me live what felt like half a life.”

Eric wasn’t satisfied with that and resigned to doing his own research, which is how he ended up here at AWC Acupuncture & Wellness Clinic. “I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I’ve used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Acupuncturist, Min Jeon D.Ac. Lic.Ac.”

You might think that a novel virus needs a novel solution, but you’d only be half right. While we are using innovative solutions like ATP Resonance BioTherapy® to combat Long Covid because it aids in the healing and repair of specific cells and tissues, it’s a much more time-tested science that’s getting our patients back to living their lives.

AWC Acupuncture is the premier provider of ozone therapy in the state.

“Our O3 ReBoot Therapy® has all-encompassing and powerful healing capabilities,” shares Clinical Director Rebecca Rinn. “Ozone therapy has been used since the 1800s and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral and anti-inflammatory properties. We use it today to inactivate residual Covid virus, stimulate oxygen metabolism and activate the immune system. And the whole treatment takes about 15 minutes and is completely noninvasive.” As with our other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and long-lasting results.

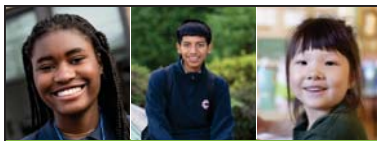
“I’m in my second month of treatment and back to riding my bike and maybe breathing better than before I even had Covid. Everyone [at AWC] has been amazing! I feel cared for every time I walk in the door.”

Acupuncturist Min Jeon D.Ac. Lic.Ac. has successfully treated chronic pain and complicated conditions for over two decades. When Covid-19 emerged three years ago, we researched and developed therapies to address the complex virus effectively. Based on the testimony of patients like Eric, our efforts are a smashing success.



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