

SACRED HEART & OUR LADY'S COLLABORATIVE NEWTON, MA

~ All Are Welcome ~

5TH

SUNDAY OF LENT

THE COMING OF
JESUS' HOUR

"But it was for this
purpose that I came
to this hour. Father,
glorify your name."

John 12:27-28



March 17, 2024

Sacred Heart Church
1321 Centre Street, Newton, MA 02459
617-969-2248

sholnewton.org

Our Lady Help of Christians Church
573 Washington Street, Newton, MA 02458
617-527-7560

Instagram @sholnewton

From Fr. Dan, Pastor

Dear Friends,

Welcome, Benvenuto, Bienvenido, Bienvenue, Bem-vindo, fáilte, Hoan nghênh, *Witaj*, Tuloy po kayo, Willkommen, Byenveni. We are glad you are here! (Happy to add other languages.)

Palm Sunday in one week and Easter in two! Let us remind folks we know and warmly invite them to join us for the most important events in human history and our lives. The beautiful liturgies will bring us closer to Jesus our brother, friend, savior and God.

Pope Francis: “Jesus wants this: not to have the idea of serving a God who is master, but Father; and this is why it is necessary to go beyond the letter. God does not reason with calculations and tables; he loves us as one who is enamored: not to the minimum, but to the maximum! He does not say, ‘I love you up to a certain point.’ No, true love is never up to a certain point, and is never satisfied; love always goes beyond, it cannot do otherwise. The Lord showed us this by giving his life on the cross and forgiving his murderers. And he entrusted to us the commandment most dear to him: that we love one another *like he* loved us. This is the love that gives fulfilment to the Law, to

faith, to true life!”

A St. Patrick Hymn/Prayer: VERSE ONE: This day God gives me, Strength of high heaven, Sun and moon shining, Flame in my hearth. Flashing of lightning, Wind in its swiftness, Deep of the ocean, Firmness of earth. VERSE TWO: This day God sends me, Strength as my steersman, Might to uphold me, Wisdom as guide. Your eyes are watchful, Your ears are listening, Your lips are speaking, Friend at my side. VERSE THREE: God's way is my way, God's shield is round me, God's host defends me, Saving from ill. Angels of heaven, Drive from me always, All that would harm me, Stand by me still. VERSE FOUR: Rising, I thank you, Mighty and strong one, King of creation, Giver of rest. Firmly confessing, Threeness of persons, Oneness of Godhead, Trinity blest.

Thank you for the many 68th birthday wishes last week. I was touched and grateful!

Sports: I am sad the Sox pitcher Giolitto got hurt. Who did the Pats get in free agency?

Love & God bless you,
Fr. Dan

New & Ongoing in Our Community

Please Pray for Our Catechumens and Candidates

In this season of Lent, please keep in your prayers all those who will be joining the Catholic Church this year at the Easter Vigil, most especially those who will do so in our community: Scott Johnson, Alex Johnson, Jackson Achttien, Jasmine Achttien, Kaylee Scott-Pennington, Melanie Keane, Theodore Johnson, Julie Crantz, Blair Baker, Simon Baker, Kevin To, Michael Palkiwhala, Melanie Estrada, Brandon Estrada, Aaron Yung, Brendan Yung, Luca Nicola, Naomi Huang, and Liam Vitti

In addition, please pray for Valencia DiTomasso, Nia Nicola, Maggie Elliott, and Almendra Carbajal, who will be deepening their relationship to Christ and His Church through Confirmation and/or First Communion.

This Sunday, those who are preparing for baptism will celebrate the Third (and final) Scrutiny at Mass. The Scrutinies are special rites that help prepare the Elect (those who are unbaptized) to enter the Church. The purpose of the Scrutinies is to “uncover, then heal all that is weak, defective, or sinful...” and ... “to strengthen all that is upright, strong, and good”.

The season of Lent involves a more intense period of examination and preparation for these people, and hopefully for all of us who are living our Catholic faith!

The Real Presence of Christ in the Eucharist

You come to me as early morning's meal each daybreak.
Your flesh and blood become food and drink for me
And something wonderful happens.

Your body mysteriously permeates mine
And your soul unites with mine:
I am no longer what once I was.

You come and go, but the seed
That you sowed for future glory, remains behind
Buried in this body of dust.

—from “I will Remain with You”
by Edith Stein (St. Teresa Benedicta of the Cross)

Thank You to Fr. Vaclav and Fr. James

Thank You coffee hours for Fr. Vaclav and Fr. James will be held at both parishes. As you may know, they are successfully finishing their advanced degrees at Boston College this spring are being sent on to their next mission as Jesuit priests. I am going to miss them so much – both in terms of their marvelous ministry here and their companionship. They are both wonderful. We all are so grateful to them.

—Sacred Heart, on Sunday, April 7, coffee hour after the 9:30am Mass will give us a chance to thank each of them in person. (That morning, Fr. James will celebrate the 9:30am Mass with a children's homily, and Fr. Vaclav will celebrate the 11:30am Mass).

—Our Lady's, on Sunday, April 14, coffee hour after the 10am Mass will give us a chance to thank each of them in person. (That morning, Fr. James will celebrate the 8am Mass, and Fr. Vaclav will celebrate the 10am Mass).

What a blessing to have had them with us for multiple years! A piece of our heart goes with them as do God's blessings.

March 17 - Fifth Sunday of Lent

Jesus presents us with an amazing paradox in today's Gospel. He tells us that only by death comes life; only by spending our life do we preserve it; and only through service will come greatness. In this Gospel, Jesus calls us to live in a way that goes counter to what the world preaches. We will find life if we live by his word. In the remaining days of Lent, pray for the grace to make the necessary changes in your life to live in imitation of Christ.

Easter Flower Donations

If you would like to make a donation toward the cost of the flowers that will decorate the altar for Easter, in memory of a deceased loved one, please print the names clearly and bring them to the parish office with your donation or place them in the collection basket. All names will be remembered and printed in a booklet to be distributed on Easter Sunday. Donations will be accepted through 12:00pm on Tuesday, March 26. Donations received after March 26 will be acknowledged at a later date.

Lent in the Collaborative

Savoring the Cross of Christ

Collaborative Lenten Retreat with Fr. Bart Geger

Saturday, March 23, 8:30am-3:30pm at Our Lady's

The Christian Cross is a paradox. Jesus warns us that we must be prepared to follow his example of suffering and sacrifice in service to the Father. And yet, at the same time, Jesus assures us that His yoke is easy and His burden is light. In this one-day retreat, we will prayerfully contemplate the paradox through the eyes of St. Ignatius Loyola, who had pleaded with the Blessed Mother that she place Ignatius with her Son in His one great act of carrying His cross.

All are welcome, age 16 and older. Retreat facilitated by Fr. Bart Geger, S.J., and sponsored by the WWP Women's Bible Study. Email retreat@sholnewton.org or call 617-527-7560 ext. 221 to register. Deadline: Tuesday, March 19

Soup & Stations

Please mark your calendars for the free Friday night Soup & Stations of the Cross on March 22 at Our Lady's. A simple meal 6:00-7:00pm, followed by Stations of the Cross 7:00-7:30pm. To RSVP or find out more, email kpreman@sholnewton.org.

What about Fasting and Abstinence?

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of our Roman Catholic Church, the norms on fasting are obligatory from age 18 until age 59, with exceptions for reasons of illness, pregnancy, and breastfeeding. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of our Roman Catholic Church from age 14 onwards, with exceptions as stated above.

Palm Sunday Processions

Next weekend is Palm Sunday already! As usual, we will have special processions at the beginning of Mass. At Sacred Heart, children are invited to take part at the 9:30 Mass. At Our Lady's, weather-permitting, there will be an outdoor procession at the 10:00am Mass. Please join us as we shout "Hosanna!" and begin Holy Week.

Welcome Fr. John Geaney, C.S.P.!

Fr. Geaney, who goes by "Father G." is a senior Paulist Priest residing at the Paulist Center in Boston. Beginning this weekend, he will be commuting to our collaborative most weekends to help us with a Sunday Mass. I am so happy to have him with us. Father G. was born in Malden to Irish immigrant parents. He was ordained a priest on May 11, 1964. His history of important ministries is quite impressive! —Fr. Dan

New Refugee Ministry—Can You Help?

We are thrilled to announce that our collaborative is partnering with the Sisters of Saint Joseph and Catholic Charities to welcome a refugee family! We expect the family will arrive in the next 4-8 weeks. At this point, we don't know any details other than it will be a family.

This is an exciting opportunity to work collaboratively, and there are numerous volunteer opportunities. Here is a sample list:

Welcoming – meet the family at the airport and arrange for food and meals for the first week post-arrival.

Housing – set up the house and source furniture, household goods, etc. Note that several pieces have already been secured.

Education – coordinate school sign-up.

Medical – sign the family up for medical care and help them understand how medical care works.

Job Sourcing – understand the family's skill sets and help them find employment.

Social – welcome them and show them around the neighborhood.

Please note that the family is coming to the US via a federally-funded program that has been in place for over 40 years. They will have had background and medical checks. They will arrive as lawful permanent residents and should be able to work right away (provided their Social Security cards are in hand).

Interested in Putting Your Faith into Action? Please reach out to Gina Chaimanis at gchaimanis@sholnewton.org or Andy Majewski at majorfiftytwo@gmail.com.

Help a Neighbor in Need at Easter

As we prepare for our most holy day, we are planning to offer Easter outreach to our neighbors in need once again, this time by providing grocery gift cards.

Please consider helping us support approximately 90 families in need by donating food cards. Donors are asked to purchase **Stop & Shop food cards**, depending on how large a family they'd like to support, and to return them to one of the parish offices no later than **Monday, March 18**.



If you are willing to assist, please visit our Sign-Up Genius page by scanning the QR code, or email kpreman@sholnewton.org for the link to be sent to you directly. If you have any questions or need help, please contact Kristina by phone at 617-527-7560 ext.216.

We are grateful for your help in making life a bit easier for families as we celebrate our greatest feast at Easter. Thank you for your willingness to share your resources with our neighbors in need!

This outreach is being coordinated and provided by the parishes, in conjunction with the St. Vincent de Paul Society.

St. Patrick's Day Coffee Hours

Please join us to celebrate St. Patrick's Day with special festive coffee hours this Sunday, March 17:

—At Sacred Heart: in the MacKenzie Center after 9:30am Mass

—At Our Lady's: in the Lower Hall after 10:00am Mass

Men's Group: Welcoming New Members

This group of men comes together to explore ways of finding and making the Lord more present in their lives. They share their Catholic faith and their struggles, and they discuss matters of faith focused on developing and strengthening their spirituality as Christian men. A confidential and supportive environment is fostered. Coming together is supportive, as there are areas in our lives where each would like to be more Christlike and ponder what that would look like. Readings, reflections and sharing of life's experiences make up the meeting format. Each meeting has a topic for reflection and discussion format. The Men's Group meets on the first and third Wednesdays of each month in Our Lady's Parish Office at 7:00 pm. If you are interested in checking out the group or getting more information, please contact David Poles at 617-981-1186. New members are welcome!



Fr. John Sassani Homily Given on March 25, 2012 Fifth Sunday of Lent—Liturgical Year B

Some of you may be part of a family business, but probably most of us are not. If there was anything that could be considered a family business in my family, it would be medicine. Two uncles, an aunt, and my sister were all in medical fields. My uncle in Swampscott tried to lure me in. He gave me a job cleaning his office. He even had me observe the lab tech, hoping it would hook me. Obviously it didn't!

Jesus, on the other hand, joined the family business – not the carpentry that Joseph taught Him, but the work of salvation that He learned from His Father.

God the Father labored to bring about creation and to sustain it at every moment. Christ is at work to bring about salvation. Creation is beautiful, and yet it is flawed and, at times, dark. So are we. We are made in the image of God, and yet we are flawed.

The work of salvation is accomplished at a great cost. The Gospel compares it to a grain of wheat that, only after it falls to the ground and dies, can it bear great fruit. St. Paul in the second reading tells us that Jesus offered prayers and supplications with loud cries and tears to God. Jesus was not stoic – but He was obedient through it all.

We are His brothers and sisters. He has drawn us to Himself. May we do the same for others, so that they experience His selfless love...that we and they may experience the blessings that selfless love offers.



Collaborative Photo Album

Follow along on Instagram @sholnewton
Scan the QR code at left to get started!



Left: fist bumps to celebrate Fr. Dan's 68th birthday last Saturday



Celebrating the First Anointing of Baptism for a large group of babies and children last Sunday



Members of our youngest Religious Ed classes bringing forward the gifts



Bottom row: scenes from last weekend's Confirmation Retreat to Cape Cod. We had a wonderful day exploring faith—and a rather beautiful day for March, too!

Beyond Our Walls

Emmaus Ministry for Grieving Parents

Losing a child under any circumstance is horrific. Focusing on the spirituality of the grieving process can help tremendously. Just as He comforted his grieving disciples on the road to Emmaus, Jesus comforts us and we comfort each other in this very special ministry. There are several upcoming one-day retreats in our area. They are open to parents who have experienced the death of a child of any age, by any cause, no matter how long ago. Upcoming options are: Saturday 4/20 in Carver; Saturday 4/27 in Stoneham; Saturday 6/1 in Salem. Visit <https://www.emfgp.org/program-schedule/> as preregistration is required. There are also monthly online gatherings.

Project Rachel Post-Abortion Healing Retreats

Are you – or someone you know – seeking peace after an abortion? The Project Rachel ministry of the Archdiocese of Boston extends a special invitation to women experiencing regret from a past abortion to attend a Come to the Waters of Healing one-day retreat. Spring dates are Saturday, March 23, and Saturday, May 11. Locations are confidential. For more information on the retreats or other services, contact Project Rachel at 508-651-3100 or help@projectrachelboston.com.

Fiat for Discerning Women

Fiat, a gathering of women interested in learning more about religious life, cordially invites you to the next meeting on Wednesday, March 20, at 7:00pm on Zoom. The topic will be "A Lenten Reflection on Religious Life." If you are interested in attending, please contact Sr. Marian Batho, CSJ at marian.batho@csjboston.org or 617-746-2025 for more information and the link to the meeting.

SHOL Pax Christi News

A special thank you to Irish Actor Cillian Murphy, winning Best Actor Award for the film *Oppenheimer* and stating in his acceptance speech: "We made a film about the man who created the atomic bomb. And for better or worse, we are living in

Oppenheimer's world. I'd like to dedicate this to the peacemakers everywhere."

The latest Pax Christi Mass Newsletter is now available online at paxchristma.org, and hard copies will soon be at our parishes. Many wonderful and informative articles are in this edition. Pope Francis' quote in the newsletter: "A culture of nonviolence is not an unsustainable dream but a path that has produced decisive results. The consistent practice of nonviolence has broken barriers, bound wounds and healed nations." 2019, Hiroshima, Japan.

Save the Date for the afternoon of April 28 for a discussion led by Peter Metz from Our Lady's, detailing action steps from the January Forum "Building A World Without Nuclear Weapons: An Urgent Imperative". And follow Peter's itinerary and journey in Japan with a group from Pax Christi International on paxchristiusa.org.

Let us continue to pray, educate and act throughout this Lenten season by registering for the Saving the Cross of Christ Lenten Retreat with Fr. Bart Geger at Our Lady's on March 23 (see previous page).

—Ann Capoccia, SHOL Pax Christi Coordinator and MA Pax Christi Board Member

Ignatian Volunteer Corps

Do you want to use your skills and experiences to make a positive impact in your community? Are you looking to deepen your faith and find more meaning in life? Consider the Ignatian Volunteer Corps (IVC). IVC connects adults (50+) with opportunities for flexible volunteer service in their communities while offering support in the spirit of St. Ignatius of Loyola.

IVC will be hosting a virtual information session with a special appearance of Sister Jean Dolores Schmidt, BVM, of Loyola University basketball fame: Thursday, March 21, at 3:30pm. To register or learn more, visit www.ivcusa.org or email newengland@ivcusa.org.

Kids' Corner

Psalm: Trace the words and learn to pray like Jesus!

Create a
clean heart,
in me,
O God.

Learn at Mass

If you have struggled with your Lenten commitments, it's always a good time to start trying again!

Gospel: Jesus knows that He will die on the cross. He tells his disciples that He will die soon.



Religious Education News

A Note regarding the Confirmation Age Change

Dear Families,

Over the weekend of January 20 & 21, Cardinal Seán O'Malley announced a major change to the Archdiocesan policy - moving the typical age of Confirmation from 15/16 to 13/14 (Grade 10 to Grade 8) over the course of the next several years.

As a staff, we look forward to participating in many meetings and conversations in the months ahead, both on the archdiocesan level and the parish/collaborative level. We

Confirmation: We are getting closer and closer to May 5—please keep our Confirmation Candidates in your prayers as they wrap up their classes in the next few weeks.

Religious Ed Toiletry & Sock Drive: Our Collaborative Religious Ed program is sponsoring a Lenten toiletry and sock drive, benefiting St. Ambrose Family Shelter. St. Ambrose serves families who are experiencing homelessness and is sponsored by Catholic Charities.

We are collecting NEW shampoo, lotion, body wash, soap, toothpaste, toothbrushes, deodorant, etc. and NEW socks for men, women, and children of all ages and sizes.

—At Sacred Heart: drop off in the upper church entrance or to the rectory/office back porch

—At Our Lady's: drop in the bin outside the McPherson Room of the church (students can bring items to class)
Thank you for your support of this drive!

First Penance and First Communion: Our student celebrated First Penance back in December. What a good and loving God we have! Now we are in the classroom, preparing for First Communion, which will be celebrated in late April and early May. We are so looking forward to it!

thank you in advance for your patience, and we humbly ask for your prayers. Above all, we trust that the Holy Spirit is leading and guiding us.

For now, please know that the Spring 2024 Confirmation Mass will be for those in 10th grade and above, as previously planned.

In peace, Kristina Preman
Senior Pastoral Associate & Director of Religious Ed.
with Fr. Dan Riley, Pastor, and the Pastoral Staff

Living Lent: During this Lenten season, our Religious Education families have been invited to take practice almsgiving through the Catholic Relief Services Rice Bowl program. This year, CRS Rice Bowl invites us to meet people in Uganda, El Salvador, and Indonesia who are working hard to overcome the challenges of hunger and the impact of climate change. If you are not involved in RE but would like to take part, please contact one of the staff, listed below, to get your own Rice Bowl. Let's reflect on our connectedness as one family in Christ and work together to ensure our sisters and brothers worldwide can thrive. Visit crsricebowl.org to learn more.

Contact:

Kristina Preman, DRE and Coord. for Grades K-5

617-527-7560 ext. 216, kpreman@sholnewton.org

Marissa Browne, Coord. for Grades 6-10

617-527-7560 ext. 213, mbrowne@sholnewton.org

Ginny Arpino, Religious Ed. Support

617-527-7560 ext. 221, garpino@sholnewton.org

Gina Chaimanis, Religious Ed. Support

617-527-7560 ext. 219, gchaimanis@sholnewton.org

<https://sholnewton.org/religious-education>

Youth Ministry News

Contact Jared Blake, Youth Minister—jblake@sholnewton.org, ext. 126

Middle School Drop-In Center: Middle School Drop-In Centers are held twice a month for those in middle school. Featuring open gym, plus board games and seasonal activities. Save the date for our next Drop-In Center on **Friday, March 22**. Drop-In Centers are held 6:30-9:30pm at the MacKenzie Center at Sacred Heart. They are for students in Grades 6-8, and they are FREE! Please join us; friends from outside the parishes are welcome too!

High School Youth Group: The High School Youth Group



meets on certain Sundays, 5-5:50pm, before the 6pm Mass and then attends Mass together. The Youth Group

meets in the Youth Center at Our Lady's and is open to all high schoolers.

Our next meeting is March 17.

Catholic Heart Workcamp Summer 2024: We'll be traveling to Knoxville, TN, to serve in June 2024. The Workcamp roster is FULL as of January 2024. Please contact Jared if you'd like to hop on the wait list.

Cor Unum Meal Center in Lawrence: We bring a group of students (and often parents too!) each month on the fourth Saturday of the month to prepare and serve dinner in Lawrence. Can you help out? Scan the QR code here to join us!



Chaperones & Volunteers Needed: Please be in touch with Jared if you're an adult who's interested in helping out with any of these activities.

Sacred Heart News

Save the Date—Bake and Bloom!

On Sunday, March 24, following the 9:30am Mass, the Guild of St. Francis will host their annual Bake and Bloom Sale. This is a festive sale of Easter baked goods and spring blooming flowers, as well as a myriad of wonderful Easter trinkets! Stop by and shop!



CORI Background Check Renewals

All volunteers at Sacred Heart Parish are required to submit a CORI form each year. If you are in ministry here at Sacred Heart, please complete a copy of the FY2024 form. Please pick one up in the sacristy or the Parish Office, and have it verified by someone on staff (by showing your driver's license). Thank you for your cooperation in helping us to comply with this important requirement.

Kids Club Donations—Canned Tuna

Your very generous donations of cereal last month allowed us to deliver over 60 boxes (111 pounds, the way the Pantry records donations). Let's keep up the good work. This month we are collecting canned tuna. Donations should be left in the bins in the upper church foyer, the lower elevator lobby, and the Religious Ed area.

Coffee Hour Is So Much Fun!

Can You Help?

Coffee hour is an important community event, and we are SO grateful for all those who have hosted and helped at coffee hour thus far this school year. Now, we're hoping to get the rest of the school year covered—can you help by hosting coffee hour one or more Sunday mornings?

Coffee hour hosts are responsible for setting up tables and chairs, brewing coffee, putting out and keeping an eye on food supplies, cleaning up, and breaking down tables and chairs.

Please visit <https://www.signupgenius.com/go/70A0948A8AE2CA4FA7-coffee7>, scan the QR code here, or contact Nick Frega to sign up. Thank you for all you do!



Our Lady's News

March Freeidge Collection

In March, we are collecting rice (boxed or bagged) and beans (dry or canned). Donations can be dropped in the bin by the St. Patrick statue in the church (this is on the parking lot side of the church building, under the stairs that go up to the main church). Thanks for your amazing generosity!

Inviting All Musicians & Singers!

Do you love to sing or have a musical gift to share? Our Lady's music ministry is in full swing, and new members are always welcome! The parish website lists all the choirs and rehearsal times, or for more information email Anne Marie at amdavid@sholnewton.org

Scholarships for Children in San Marcos

Our Lady's has had a sister parish relationship with San Marcos, a parish in San Marcos Ocotepique, Honduras, for almost 25 years. In the early years, we supported the parish by helping fund some building projects, and the people of the parish supported us with their amazing faith and their prayers for us. When we decided, at the San Marcos parishioners' request, about 13 years ago to fund scholarships for elementary and high school children, we became aware of the beautiful souls of these children, as they sent us messages of gratitude and love and trust in God each year. In the back of church this weekend, you can see many of their cards and messages from over the years. One scholarship is an average of \$300 per school year, used for necessities such as shoes, books and supplies, transportation, uniforms, even food or medicine if a child needs it.

Elkin Natanael, age 16 and in Grade 9, is the grateful recipient of a scholarship this year. He lives with his mother, younger brother, and grandparents. His father abandoned them after his mother was diagnosed with epilepsy, and she is unable to work because of her condition. So most of the family's support came from his

uncle, who had gone North to support them and others in his family, but he died in a work accident in the U.S. Elkin's grandfather, at 76, is the main support of the family now, helping pick the coffee harvest from November to January, and doing some farming work. Since money is scarce for them, a scholarship helps fill their great need so that Elkin can go to high school in San Marcos.

We are hoping to fund 60 children with scholarships this year. We are so thankful for donations in any amount, or perhaps you may wish to give the amount of a scholarship, \$300. Every bit of support is an expression of love for these children and their parents, who want education above all for them. To donate, please fill out the form below, make checks out to Our Lady's with "Honduras" in the memo line, and bring or mail them to the parish office, 573 Washington St., Newton, MA 02458, or put them in the collection basket.



Name _____ Amount _____
Email _____ Phone _____
Street address _____ City _____ State _____ Zip _____

Our Collaborative



Sacred Heart

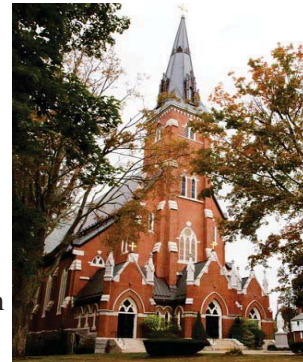
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Our Lady Help of Christians

573 Washington Street
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617-527-7560

Office: Mon-Fri 7:00am-3:00pm
ourladys@sholnewton.org



Mass Times

Saturday Vigil

4:00pm Our Lady's
4:00pm Sacred Heart

Sunday

8:00am Our Lady's
9:30am Sacred Heart (livestreamed at sholnewton.org)
10:00am Our Lady's
11:30am Sacred Heart
6:00pm Our Lady's

Weekdays except for Legal Holidays

Mon & Tue: 7:00am Our Lady's
Fri & Sat: 9:00am Sacred Heart

Holy Days of Obligation

7:00am Our Lady's
9:00am Sacred Heart
12:00pm Our Lady's
7:00pm Sacred Heart

Sacrament of Reconciliation

Saturdays, 2:45-3:30pm

Month of March: Our Lady's Lower Church
Month of April: Sacred Heart Lower Church

and alternating months

Collaborative Staff

Pastoral Staff

Fr. Dan Riley, Pastor
driley@sholnewton.org, ext. 229

Kristina Preman, Senior Pastoral Associate
and Director of Religious Education
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Sioux Mont, Admin. Assistant (SH)
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David Nahabedian, Facilities (SH)
dnahabedian@sholnewton.org, ext. 127

Clergy Assisting with Liturgies

Fr. James Antonio, S.J.

Fr. John Geaney, C.S.P.

Fr. Bart Geger, S.J.

Fr. Vaclav Novotny, S.J.

New to our Collaborative? Welcome! Please introduce yourself after Mass or at the parish offices. We want to know and serve you! We hope you will participate in our parishes with your prayers, presence, talents, and stewardship according to your means.

Pastoral Care of the Sick: We are most eager to help anyone who cannot celebrate Mass with us in church. If you or a loved one wishes to receive the Sacraments of the Anointing of the Sick, Eucharist, or Reconciliation, please call the parish offices. Please also notify us of hospitalizations, so that we may be of help.

Sacrament of Marriage: Please contact the parish offices at least 6 months in advance. A preparation program is offered to all couples. For more information, please visit our website.

Sacraments of Initiation: For adults interested in Baptism, Confirmation, or joining the Catholic Church, please contact Nick Frega; for high school Confirmation or for older children (7+) to be baptized or to receive Holy Communion, contact Kristina Preman.

Infant Baptisms: Infant Baptisms (those under age 7) are celebrated at Mass or in group celebrations on special Sundays throughout the year. Parents are asked to call the parish office to begin the process; a program of preparation is offered to all parents. For Sacred Heart, contact Nick Frega. For Our Lady's, contact Gina Chaimanis.

Are You in Need? If you need assistance with housing, clothing or food, please contact our Saint Vincent de Paul Conference, at svdp@sholnewton.org or 617-527-7560 ext. 255. All calls are confidential.

Mass Schedule and Intentions

Priests' schedule is subject to change

Saturday, March 16

9:00am - Sacred Heart - For All Parishioners

4:00pm - Our Lady's (Fr. Vaclav Novotny, S.J.)

Daniel & Catherine Shea

4:00pm - Sacred Heart (Fr. Dan Riley)

Greg Davis

Sunday, March 17—Fifth Sunday of Lent

8:00am - Our Lady's (Fr. James Antonio, S.J.)

For All Parishioners

9:30am - Sacred Heart (Fr. Dan Riley)

For All Parishioners

10:00am - Our Lady's (Fr. James Antonio, S.J.)

Ita & Doug Bridges

11:30am - Sacred Heart (Fr. John Geaney, C.S.P.)

For All Parishioners

6:00pm - Our Lady's (Fr. Dan Riley)

Martin & Mary Griffin

Monday, March 18

7:00am - Our Lady's - For the Poor of the Parishes

Tuesday, March 19

7:00am - Our Lady's - For the Sick of the Parishes

Wednesday, March 20

No Daily Mass on Wednesdays

Thursday, March 21

No Daily Mass on Thursdays

Friday, March 22

9:00am - Sacred Heart - For All Military Personnel

Saturday, March 23

9:00am - Sacred Heart - For All Parishioners

4:00pm - Our Lady's (Fr. Dan Riley)

Paula Flaherty, Patrick McCrea

Thomas & Mary Flaherty

William & Jean Donalds

Lorraine Byrne

Richard Sementelli, Jr.—4th Anniversary

4:00pm - Sacred Heart (Fr. James Antonio, S.J.)

Marguerite & Tony Libernini

Sunday, March 24—Palm Sunday of the Lord's Passion

8:00am - Our Lady's (Fr. John Geaney, C.S.P.)

For All Parishioners

9:30am - Sacred Heart (Fr. Bart Geger, S.J.)

For All Parishioners

10:00am - Our Lady's (Fr. Vaclav Novotny, S.J.)

For All Parishioners

11:30am - Sacred Heart (Fr. Bart Geger, S.J.)

For All Parishioners

6:00pm - Our Lady's (Fr. Dan Riley)

Joseph & Mary Proia

Larry, Rocco, and Joseph Proia Jr.

Christopher Groshek



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In your prayers, please remember

Marion Vitti

James "Ted" Sullivan, Jr.

Ronald G. Gigliotti, Sr.

and all who have died.

*May they experience the new life
promised by Christ's Paschal victory.*



SCRIPTURE READINGS 2024 YEAR B

SUNDAY Mar 17	Jer 31:31-34/Ps 51:3-4, 12-13, 14-15/Heb 5:7-9/ Jn 12:20-33
MONDAY Mar 18	Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/ Ps 23:1-3a, 3b-4, 5, 6/Jn 8:1-11
TUESDAY Mar 19	2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27+29/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24 or Lk 2:41-51
WEDNESDAY Mar 20	Dn 3:14-20, 91-92, 95/Dn 3:52, 53, 54, 55, 56/ Jn 8:31-42
THURSDAY Mar 21	Gn 17:3-9/Ps 105:4-5, 6-7, 8-9/Jn 8:51-59
FRIDAY Mar 22	Jer 20:10-13/Ps 18:2-3a, 3bc-4, 5-6, 7/Jn 10:31-42
SATURDAY Mar 23	Ez 37:21-28/Jer 31:10, 11-12abcd, 13/Jn 11:45-56
SUNDAY Mar 24	Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-20, 23-24/Phil 2:6-11/Mk 14:1—15:47 or 15:1-39

Pilot Bulletins



“ HER TREATMENTS GOT ME BACK ON THE GOLF COURSE

Local clinic uses modern medical solutions to treat chronic pain and get patients back to doing the things they love with the people they love.

“I hurt my back playing golf. I went to the chiropractor. I went to the pain institute. I went to the spine institute. Nothing helped. The pain was debilitating, I went six or seven months without playing.” ~ Rod O. (Peabody)

Chronic pain makes everyday life incredibly difficult. It prevents you from participating in activities you once loved, even simple daily tasks like grocery shopping become nearly impossible.

This was the case for Rod O. of Peabody, MA.

Rod would go on to explain that on a scale of one to ten his pain was well over a nine, every single day. Regardless of your age, back pain, whether caused by a sports injury, longstanding arthritis, or even specific conditions like scoliosis, can severely impact the quality of your life. In short, it stops you from doing the things you love with the people you love and that's not a great way to live.

On top of that, general practitioners, specialists, and surgeons are all too eager to prescribe medications whose side effects are often detrimental to your recovery or recommend invasive surgeries that often have less than desirable outcomes.

Fortunately for the people of the North Shore of Boston, Acupuncturist Min and her team at AWC|Acupuncture & Wellness Clinic have pioneered non-pharmaceutical, non-surgical innovative medical solutions that actually treat your pain!

“My patients are also people who would normally require surgery but would either have a difficult time going under the knife or have simply decided that they would rather explore other options. There is more to healthcare than prescription pills, elimination diets, and scalpels,” shares Acupuncturist Min. “By offering several integrative therapies, we are able to combat your pain from several angles ensuring the best possible outcome.”

This approach makes AWC an authority in treating seemingly hopeless cases of chronic pain.

Rod easily attested to this claim, “I highly recommend her to anybody. I thank the Lord today that I met Acupuncturist Min and she was able to help me because I can play golf again!”

Each new patient that comes to AWC receives a comprehensive consultation and then is prescribed a personalized treatment program that is tailored to their specific needs and goals. “While every treatment I perform is based on a framework cultivated from decades of

education and experience, no two cases are the same and so every person under my care is treated that way,” tells Acupuncturist Min.

“Unlike other solutions to chronic pain, O3 Therapy™ corrects the pathology of the problem, allowing the body to heal itself naturally. This is a wonderful alternative to more traditional methods and incredibly safe and highly successful.”

Acupuncturist Min and the team at AWC are using O3 Therapy™ to treat a myriad of chronic pain issues including neck pain, arthritis, knee pain, plantar fasciitis, chronic injuries, and so much more!

To schedule a consultation and complete evaluation call (781)221-0162 and do so quickly because AWC is only taking a limited number of new patients. For more information on O3 Therapy and to take advantage of their new patient offer visit Awclinic.com.

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"Jesus Wept." John 11:35

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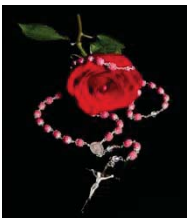
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LIVING LIFE AFTER COVID



“I have two words for Long Covid – the worst,” shares Eric T. of Burlington, MA.

While the initial alarm of the Covid-19 outbreak has subsided, the pandemic is ongoing. The spread may have slowed but we continue to feel the long-term impacts. Nearly 23 million Americans (100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months, or even years. In a number of cases, these symptoms worsen with time, even turning deadly.

“I got Covid early last year, and it was pretty bad,” shares Eric. “I was hospitalized for 9 days, and there was a point where I wasn’t sure I would make it. I’m still here, so I guess God had other plans but months passed, and I was still gasping for air. I couldn’t do everyday tasks like cutting the grass or working in the yard, much less enjoy a quick bike ride. And then there was what my doctor called ‘brain fog.’ I’d lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I’d had a stroke more than it did a virus.”

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported, including shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions.

These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited.

“I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me ‘this is the best we can do for you, it’s time you start thinking about how you’re going to live with Long Covid.’ Apparently, their best was letting me live what felt like half a life.”

Eric wasn’t satisfied with that and resigned to doing his own research, which is how he ended up here at AWC Acupuncture & Wellness Clinic. “I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I’ve used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Acupuncturist, Min Jeon D.Ac. Lic.Ac.”

You might think that a novel virus needs a novel solution, but you’d only be half right. While we are using innovative solutions like ATP Resonance BioTherapy® to combat Long Covid because it aids in the healing and repair of specific cells and tissues, it’s a much more time-tested science that’s getting our patients back to living their lives.

AWC Acupuncture is the premier provider of ozone therapy in the state.

“Our O3 ReBoot Therapy® has all-encompassing and powerful healing capabilities,” shares Clinical Director Rebecca Rinn. “Ozone therapy has been used since the 1800s and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral and anti-inflammatory properties. We use it today to inactivate residual Covid virus, stimulate oxygen metabolism and activate the immune system. And the whole treatment takes about 15 minutes and is completely noninvasive.” As with our other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and long-lasting results.

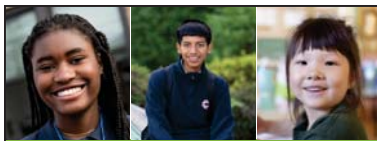
“I’m in my second month of treatment and back to riding my bike and maybe breathing better than before I even had Covid. Everyone [at AWC] has been amazing! I feel cared for every time I walk in the door.”

Acupuncturist Min Jeon D.Ac. Lic.Ac. has successfully treated chronic pain and complicated conditions for over two decades. When Covid-19 emerged three years ago, we researched and developed therapies to address the complex virus effectively. Based on the testimony of patients like Eric, our efforts are a smashing success.



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