

## PRAYING THE HOLY ROSARY

1. Make the Sign of the Cross
2. Holding the Crucifix, pray the *Apostles' Creed*
3. On the first bead, pray the *Our Father*
4. Say one *Hail Mary* on each of the next three beads (virtues of Faith, Hope & Charity)
5. Pray *The Doxology (Glory Be)*
6. For each of the five decades (repeat 5 times):
  - a. Announce the Mystery then pray the *Our Father*
  - b. While holding each of the ten beads of the decade pray ten *Hail Marys*
  - c. Then pray *The Doxology (Glory Be)*
  - d. Pray the *Fatima Prayer*
7. After the five decades, pray the *Hail, Holy Queen*

## MYSTERIES OF THE ROSARY

### The Joyful Mysteries (Monday & Saturday)

1. The Annunciation of the Lord to Mary
2. The Visitation of Mary to Elizabeth
3. The Nativity of our Lord Jesus Christ
4. The Presentation of our Lord
5. Finding Jesus in the Temple

### The Sorrowful Mysteries (Tuesday & Friday)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

### The Glorious Mysteries (Wednesday & Sunday)

1. The Resurrection of Our Lord
2. The Ascension into Heaven
3. The Descent of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary

### The Luminous Mysteries (Thursday)

1. The Baptism of Jesus in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

### The Apostles' Creed:

I believe in God, the Father Almighty,  
Creator of Heaven and earth;  
and in Jesus Christ, His only Son Our Lord,  
Who was conceived by the Holy Spirit,  
born of the Virgin Mary, suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into Hell;  
the third day He rose again from the dead;  
He ascended into Heaven,  
and sitteth at the right hand of God, the Father almighty;  
from thence He shall come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body and life everlasting.  
Amen.

### The Our Father:

Our Father, Who art in heaven, Hallowed be Thy Name.  
Thy Kingdom come. Thy Will be done,  
on earth as it is in Heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
Amen.

### The Hail Mary:

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

### The Doxology (Glory Be):

Glory be to the Father, and to the Son, and to  
the Holy Spirit, as it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### Fatima Prayer:

O my Jesus, forgive us our sins, save us from the fires of  
hell, and lead all souls to heaven, especially those most in  
need of Thy mercy.

### Hail Holy Queen:

Hail, holy Queen, Mother of mercy, our life, our sweetness  
and our hope. To thee do we cry, poor banished children of  
Eve. To thee do we send up our sighs, mourning and  
weeping in this valley of tears. Turn, then, most gracious  
advocate, thine eyes of mercy toward us, and after this, our  
exile, show unto us the blessed fruit of thy womb, Jesus. O  
clement, O loving, O sweet Virgin Mary!

### We Fly to Thy Patronage:

We fly to your patronage, O holy Mother of God; despise  
not our petitions in our necessities, but deliver us always  
from all dangers, O ever glorious and blessed Virgin.