

St. Cyril of Alexandria

CATHOLIC CHURCH

10503 Westheimer ♦ Houston, Texas, 77042-3502
713-789-1250 ♦ Fax: 713-554-1555 ♦ www.stcyrilhouston.org
Archdiocese of Galveston-Houston

Transforming Cultural Catholics Into Intentional Disciples
Transformando Católicos por Tradición en Discípulos con Intención

April / Abril 19, 2020

Cycle/Ciclo II ♦ Year/Año A

Second Sunday of Easter (Divine Mercy)
Segundo Domingo de Pascua
(Domingo de la Divina Misericordia)

Mass Schedule / Horario de Misas

Sunday / Domingo 11:00 am (English)
1:00 pm (Español)

Daily Mass—Mon-Thurs / Lunes-Jue 11:30 am

All Masses Streamed Live on Facebook

Las misas se transmiten en vivo en nuestra página de Facebook.

Facebook <https://www.facebook.com/stcyrilhouston>

Pastoral Staff / Equipo Pastoral 713-789-1250

Rev. Mario J. Arroyo, Pastor (Contact Sandra Russell)

Fr. Scott Blick..... Ext. 260

Eduardo M. Dolpher..... Ext. 229

Deacon; Pastoral Associate; Annulments
Adult Sac. & RCIA (Español), Kairos Retreat Coord.

Bob Angelich, Deacon..... 713-789-1250

Arturo Mendoza, Deacon; Funerals .. 713-789-1250

Sr. Rosalie Karstedt, CDP..... 713-554-1556

Pastoral Associate
Adult Sacraments & RCIA (English)

Sandra Russell 713-554-1562

Business Manager

Anne Bennett 713-554-1552

Pastoral Support Services

Fred Clay 713-554-1555

Coord. of Liturgical & Support Ministries

Meegan Dunlap..... 713-554-1551

Mother's Day Out

Jeanette Granados..... 713-554-1560

Bookkeeper; Marriage—English/Spanish

Beatriz Green..... 713-554-1553

Coord. of Youth Ministry
Coord. Del Ministerio Hispano
Quinceañeros Coordinator

Aida Silva 713-554-1563

Coord. of Children's Religious Education

John Wincelowicz 713-554-1559

Coord. of Adult Formation—English

Rejoice Counseling Apostolate..... 844-295-3167

St. Cyril of Alexandria Catholic Church, Chapel and Parish Offices are closed until further notice.

Many of our dedicated staff will be working from home and will be able to answer your emails and if necessary, return your calls.

Remember, the presence of the Lord is not bound within the walls of the Chapel.

Las oficinas, Capilla y Parroquia de San Cirilo de Alejandría estarán cerradas hasta nuevo aviso.

Gran parte de nuestro personal trabajará desde su casa y podrá contestar correos electrónicos y, si es necesario, regresar llamadas.

Recuerde, la presencia del Señor no está limitada dentro de los muros de la Capilla.

Confession / Confesiones

In the Garden / en el Jardín

Tuesday, Thursday 12:15 pm-1:00 pm

Martes, Jueves 12:15 pm-1:00 pm

Anointing of the Sick / Unción para los Enfermos
(English and Spanish / Inglés y Español)

Please call Office / Favor de llamar a la Oficina

Mass Intentions Intenciones de la Misa

Sun., April 19 / Dom., Abril 19

11:00 am † Donato Tolentino
Janith Johnson

1:00 pm † Miguel Martinez Huerta
† Miguel Angel Martinez Hermosillo
† Alba Rosa Linares
Andrea Milena Rios

Mon., April 20 / Lun., Abril 20

11:30 am † Joseph Lombard
Maria Auxiliadora Caldena

Tue., April 21 / Mar., Abril 21

11:30 am Parishioners of St. Cyril of
Alexandria

Wed., April 22 / Miér., Abril 22

11:30 am For All / Para Todos

Thur., April 23 / Jue., Abril 23

11:30 am Andrea Milena Rios

Reflecting on God's Word

YOU SHOULD'VE BEEN THERE! Most of us have had the misfortune of missing something important simply by being absent, and then hearing about what happened. In today's reading, unique to John's Gospel, Thomas is the only apostle who was not around when Jesus appeared to his friends for the first time after his death and resurrection. They were frightened and grieving, not knowing what would happen to them. Remember, they found themselves to be fugitives, seemingly guilty by association with a criminal executed by government officials. Suddenly, Jesus was with them, beaming peace and mercy to his fragile followers. What joy! What a shock, too!

We will never know why Thomas had left their hiding place. All we know is that he returned to wild stories about Jesus being alive after dying a brutal death. He must have thought that the other apostles in their grief had a shared delusion of what they wished were true. When Thomas finally saw Jesus, he gave what is considered the most profound profession of faith: "My Lord and my God!" In his tender mercy, Jesus ministered to Thomas by helping him to see for himself.

WE WALK BY FAITH But what of us? The early Christian community could only trust the words of these same apostles, the ones Thomas couldn't believe, when they preached Jesus Christ risen from the dead. Who could believe what they said? The Holy Spirit, breathed upon the disciples in that first encounter, emanated so powerfully from them that they were able to convene seemingly utopian communities of faith. Filled with "divine mercy," their lives became an evangelization to the world.

And this is how we too are sent out, like the disciples, filled with the Holy Spirit and bearing the Lord's peace and mercy to a troubled, suffering world. The wounds of Jesus are very real today in the needy and broken. May we always work to bind up those wounds wherever we find them.

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Reflexionemos sobre la Palabra de Dios

¡DEBISTE HABER ESTADO AHÍ! Muchos de nosotros hemos tenido la desdicha de habernos perdido algo importante simplemente por haber estado ausente y luego escuchar acerca de lo que pasó. En las lecturas de hoy, solo lo menciona el Evangelio de Juan, Tomás es el único apóstol que no estuvo en el lugar cuando Jesús se les apareció a sus amigos la primera vez después de su muerte y resurrección. Tenían miedo y estaban de luto, sin saber que les pasaría. Recuerda, se sabían que eran fugitivos, aparentemente culpables por estar asociados con un criminal ejecutado por oficiales del gobierno romano. De repente, Jesús estaba con ellos, irradiando paz y misericordia a sus seguidores frágiles. ¡Qué alegría! ¡Qué asombro!

Nunca sabremos por qué Tomás había salido de ese escondite. Todo lo que sabemos es que regresó para escuchar una historia disparatada acerca de Jesús, que estaba vivo después de una muerte brutal. Debió de haber pensado que los otros apóstoles en su duelo tuvieron un delirio colectivo de lo que ellos deseaban fuera verdad. Cuando Tomás finalmente vio a Jesús, él da lo que es considerado la profesión más profunda de fe: "¡Señor mío y Dios mío!" En su tierna misericordia, Jesús sirvió a Tomás al ayudarlo a verlo por él mismo.

CAMINAR CON FE ¿Pero qué hay de nosotros? La comunidad cristiana primitiva pudo solamente confiar en las palabras de estos mismos apóstoles, aquellos a quienes Tomás no podría creerles, cuando ellos predicaron a un Jesús resucitado de la muerte. ¿Quién podría creer lo que ellos decían? El Espíritu Santo sopló sobre los discípulos en ese primer encuentro, emanado tan poderosamente de ellos que pudieron reunir aparentemente comunidades utópicas de fe. Llenos con "la divina misericordia" sus vidas se hicieron una evangelización al mundo. Y así es cómo nosotros también somos enviados, como los discípulos, llenos con el Espíritu Santo y llevando la paz del Señor y misericordia a un mundo que sufre y que tiene dificultades. Las heridas de Jesús son tan reales hoy con los necesitados y rotos. Que nosotros siempre trabajemos para unir esas heridas donde quiera que nos encontremos.

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INTENTIONAL DISCIPLES - ICONS OF GOD

"Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.'" (JOHN 20:21)

Peace – the first gift of the risen Lord. Just as Jesus sent the apostles out into the world, so too, He sends us. As disciples of Jesus, we are called to be grateful and generous. Look for opportunities to share His peace, not only within our local parish boundaries, but outside of them as well. In giving, we receive the peace of Jesus Christ.

DISCÍPULOS INTENCIONALES – ICONOS DE DIOS

"Jesús les dijo otra vez: 'La paz esté con ustedes. Como el Padre me envió, también yo los envío a ustedes.'" (JUAN 20:21)

Paz - el primer regalo del Señor resucitado. Así como Jesús envió a los apóstoles al mundo, Él también nos envía a nosotros. Como discípulos de Jesús, estamos llamados a ser agradecidos y generosos. Busca oportunidades para compartir su paz, no solo dentro de los límites de nuestra parroquia, sino también fuera de ella. Al dar, recibimos la paz de Jesucristo.



Folks, This is Fr. Mario.

We really need your help in order to continue the ministry that we do here at St. Cyril's.

I know for some of you financial circumstances are tough, this appeal is not meant for you. Hang in there, trusting that God will help us get through this mess.

However, if you're at all able, we would deeply appreciate your support. We are striving to get as much and as many of the church services that we provide go online. But we need your support. If you can give at all please consider doing that.

Below, you will see a very easy way to give a recurring or a one time gift to the church so that we may continue ministry during these trying times.

Thank you in advance for whatever you can do. Blessings, Fr. Mario



Amigos, soy el Padre Mario.

Realmente necesitamos su ayuda para continuar con el ministerio que llevamos a cabo en San Cirilo.

Esta petición no es para los que se que las circunstancias financieras son difíciles. Paciencia, confiemos en Dios que nos ayudará a superar este desastre.

Sin embargo, si usted puede, le agradeceríamos profundamente su apoyo. Nos esforzamos por obtener la mayor cantidad posible de los servicios de la iglesia que brindamos en línea. Pero necesitamos su apoyo y si usted puede, considere hacerlo.

A continuación, verá una manera muy fácil de dar su donación a la iglesia, para que podamos continuar con el ministerio durante estos tiempos difíciles. Puede hacerlo periódicamente o solo una vez.

Gracias de antemano por su apoyo! Bendiciones, Padre Mario

Daily Mass Readings

Lecturas Diarias para la Misa

- Mon.** Acts 4:23-31; Ps 2:1-9; Jn 3:1-8
- Lun.** Hch 4:23-31; Sal 2:1-9; Jn 3:1-8
- Tue.** Acts 4:32-37; Ps 93:1-2, 5; Jn 3:7b-15
- Mar.** Hch 4:32-37; Sal 93 (92):1-2, 5; Jn 3:7b-15
- Wed.** Acts 5:17-26; Ps 34:2-9; Jn 3:16-21
- Miér.** Hch 5:17-26; Sal 34 (33):2-9; Jn 3:16-21
- Thu.** Acts 5:27-33; Ps 34:2, 9, 17-20; Jn 3:31-36
- Jue.** Hch 5:27-33; Sal 34 (33):2, 9, 17-20; Jn 3:31-36
- Fri.** Acts 5:34-42; Ps 27:1, 4, 13-14; Jn 6:1-15
- Vie.** Hch 5:34-42; Sal 27 (26):1, 4, 13-14; Jn 6:1-15
- Sat.** 1 Pt 5:5b-14; Ps 89:2-3, 6-7, 16-17; Mk 16:15-20
- Sáb.** 1 Pe 5:5b-14; Sal 89 (88):2-3, 6-7, 16-17; Mc 16:15-20

This Week's Second Offering La Segunda Ofrenda de esta Semana:

Capital Repairs
Fondo de Reparaciones

Giving From Home is Easy ...

Giving to St. Cyril is easy with
"Faith Direct Text-to-Give"!



Contribuir Desde Casa es Fácil....

¡Donar es fácil con
"Donación por Texto con Faith Direct"!

To give via text, follow these steps:

1. **Text a dollar amount to (832) 753-5887**
You'll receive a Text Back to help you complete your gift with your credit/debit card (you will only need to do this once)
2. **Save the number:** It Makes Future Giving faster and easier.

For more information call toll free:
1-866-507-8757

St. Cyril Website: <https://stcyrilhouston.org/faithdirect>

Para donar por texto, siga los siguientes pasos:

1. **Envíe un mensaje de texto con la cantidad que desea donar al (832) 753-5887**
Recibirá un mensaje por texto para ayudarle a finalizar su tramite de donación. Usted solo necesitara hacer este tramite una vez con su tarjeta de crédito / débito
2. **Guarde** este número en sus contactos para que pueda donar fácil y rápido.

Para mas información:
1-866-507-8757 (gratis)

Mass Schedule / Horario de Misas

Sunday / Domingo

11:00 am (English) — 1:00 pm (Español)

Monday - Thursday / Lunes-Jueves

11:30 am

All Masses Streamed Live on Facebook

Las misas se transmiten en vivo en nuestra página de Facebook.

Facebook:

<https://www.facebook.com/stcyrilhouston>

Children's Content on FORMED®

Children's Books & Audios



Dozens of Award-Winning Movies in English and Spanish



Resources for Parents



FORMED®

St. Cyril of Alexandria

Has Purchased a Gift For You

Enjoy a free subscription to formed.org — an incredible online gateway to the best Catholic content, all in one place!

With FORMED, you can:

- Prepare for Sunday Mass by watching an insightful five-minute video by renowned Catholic teachers
- Enjoy a movie with your family that is both nourishing and entertaining
- Enrich your marriage with the award-winning video series *Beloved: Finding Happiness in Marriage*
- Help your children grow in character and embrace the beauty and wonder of the faith

FORMED provides amazing content 24/7 for you to grow in your faith.

It's EASY and FREE to Register!

- Go to <https://stcyrilhouston.formed.org>
- Click "Register"
- Enter your name, email, and desired password
- You're all set to enjoy the engaging and inspiring content on FORMED!

YOU DO NOT NEED TO WORRY

A message inspired by Matthew 6

You do not need to worry.
Do not be afraid.

Worry will not add
a single second to your day.

The lilies do not worry.
They look up to the sky.

The sparrows do not worry.
They spread their wings and fly.

Sometimes there is sunshine.
Sometimes there is rain.

Be at peace, my little friend.
The sun will rise again.

Like lilies, you will grow.
Like sparrows, you will soar.

God loves the earth and animals,
And loves you even more.

*Saint Kateri traveled across rivers and mountains to find a place where she could live her faith.
The trip was scary, but Jesus loves us more than anything in the world!
We can breathe and be at peace because, no matter what, He's with us every step of the way.*



Dear Teens (and families) in the St. Cyril Youth Ministry,

Happy Easter! I hope this message finds you well. I can't imagine how you are feeling having to stay at home, missing out on life events, missing your friends, missing out on activities, but all the while still doing your schoolwork. (I have especially been thinking about the seniors missing out on prom and graduation. I have been working on a plan to hold something special for you at the church when we can all gather together once again.)

I have also been learning how to use different platforms to stay connected with you and share with you content you can access from home. I'm not trying to give you more work, but rather help you stay connected to your faith. If there is anything I can do for you to help you with this, please let me know. Even if there isn't anything I can do to help you with your faith life, I would love to hear from you! Please send me an email (bgreen@stcyrilhouston.org) or call/text my office number (713-554-1553). Let me know how you're doing and what you've been up to. Share with me ways you've been coping through this pandemic. I'll put them all together and share them on Facebook and Flocknote!



Please know you have been in my thoughts and prayers through all this and will continue to be. May the Lord continue to be with us and give us strength to get through this most difficult time.

In Him, Ms. Bea

FORMED[®]
THE CATHOLIC FAITH.
ON DEMAND.

One resource available to you now is FORMED. There is awesome content for all ages. Also, it's FREE! Check it out at

<https://stcyrilhouston.formed.org>

We  love
having you as part of our flock



Keep in touch
with us via
email & text

Manténgase Conectado!
Manténgase Informado!
Inscríbese Hoy para Recibir
Email y Texto!



<https://StCyrilHouston.flocknote.com/Youth>

W.H.A.M. Is Here to Help Families Affected by the Corona Virus Crisis

Due to the Corona Virus challenges we are all experiencing, and to comply with the Shelter at Home directive by the county and city of Houston, our Resale Store, which provides over 40% of our revenue is currently closed. We have also been forced to postpone 3 fundraising events this spring.

We need your help to be able to continue operating our facility, paying our staff and our own bills, purchasing items for our food pantry that are not being donated, etc. so we can continue offering the life-line services that families and the homeless need during this unprecedented crisis which is particularly affecting those who were already struggling.

Please consider making a donation anytime by going to:

<https://www.whaministries.org/donate>

Donations can be dropped off at our food pantry from 10:00 am—2:00 pm, Monday thru Friday at 10501 Meadowglen Lane

Items Needed:

Most Needed:

Dry Beans	Canned Soups, beans, and meats
Rice	Small & Med. sized boxes (to pack these things for handout)
Peanut butter & jelly	Plastic bags (Medium & small for packing)
Mac and cheese	Diapers
Pasta	Hygiene Products
Cereal	Baby Formula
Cleaning supplies	Toilet Paper
Masks	Medicines (Tylenol, Ibuprofen & cough medicines)

Also Needed

Gloves	Diapers
Spaghetti	Hygiene Products
Sauce	Baby Formula
Shelf stable milk	Toilet Paper
Water	Medicines (Tylenol, Ibuprofen & cough medicines)
Boxed juices	
Hand Sanitizer	
Paper Towels	



Did you know that Catholics can make an Act of Spiritual Communion?

It has long been a Catholic understanding that when circumstances prevent one from receiving Holy Communion, it is possible to make an **Act of Spiritual Communion** which is a source of grace. Spiritual Communion means uniting one's self in prayer with Christ's sacrifice and worshipping Him in His Body and Blood.

The most common reason for making an Act of Spiritual Communion is when a person cannot attend Mass. Acts of Spiritual Communion increase our desire to receive sacramental Communion and help us avoid the sins that would make us unable to receive Holy Communion worthily.

When unable to receive Holy Communion, pray the prayer below:

A prayer for Spiritual Communion

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things and I desire to receive you in my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.



Archdiocese of Galveston-Houston Prayer in the Time of the Coronavirus

Comfort us, O Lord, for we are like your disciples on the storm tossed seas, unsettled by what lies ahead. We turn to You, our Healer and Guide, to still our hearts in our time of need and hear our prayer: Heal those who are sick with the coronavirus and protect the elderly and most vulnerable.

Give strength to all who tend to our health and wisdom to researchers who work toward a cure. Open our eyes and hearts, as you did during Hurricane Harvey, that we may look beyond our immediate needs to care for others who need help.

Through the Holy Spirit, guide our leaders to make wise decisions for the welfare of all the people they serve. Grant eternal rest to those who have died from the virus.

May Mary, Our Mother, who has heard our pleas in the storms of our lives, intercede to her Son, that we may find healing and a prompt end to this illness.

*Mary, Star of the Sea, pray for us.
Jesus Christ, Our Lord and Savior, heal us. Amen.*

Access the Catholic Faith at Home & On the Go Get FORMED™



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Content for Adults, Youth, Children
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Audio Books, eBooks

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Adult Ministry

St. Cyril of Alexandria Mission Statement
Transforming Cultural Catholics Into Intentional Disciples

FORMED - Bring Your Faith Into Your Home

Now that all classes, events and meetings have been suspended, what do we do to continue deepening our relationship with God through Jesus Christ? I want to encourage everyone on their downtime to go online and **bring your faith into you home** with all of the great resources on [FORMED.org](https://stcyrilhouston.org).

Register for Free At: <https://stcyrilhouston.formed.org>

There are selections for: Faith at Home; School at Home; Pray at Home; English & Spanish Content; Content for Adults, Youth, Children!
There is a wide selection of Catholic Studies, Movies, Audio Books, eBooks

Online Classes Start Now!

Wednesday Night Online - with Fr. Scott Blick

7:30 pm - 8:30 pm on ZOOM - Beginning April 22



Our Story:

A Basic Introduction to the Bible for Catholics

With Videos from Mark Hart and Kevin Saunders

Get the Bible's big picture, along with a uniquely Catholic approach to the Scriptures, with short videos you can view on FORMED.org and led by Fr. Scott Blick.

Contact John Wincelowicz

Text or Call: 713-554-1559 — Email: jwincelowicz@stcyrilhouston.org

We are initially rolling these programs out on ZOOM.

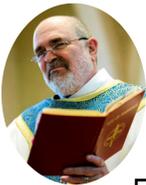
Tuesday Night Online with Fr. Mario Arroyo

The Initiative is Going Live!

For Young Adults: 18 to 25

7:30 pm to 8:30 pm on ZOOM

Beginning April 21



Fr. Mario will take you Online beginning April 21
Are you a Young Adults seeking a greater depth of understanding of your faith! Then Join us!

Contact: Eric Diaz at: ediaz@stcyrilhouston.org

OR

Contact John Wincelowicz

Text or Call: 713-554-1559 — Email: jwincelowicz@stcyrilhouston.org



For more information contact: John Wincelowicz
713-554-1559 or jwincelowicz@stcyrilhouston.org



Follow Us on Facebook or on Our Website:

<https://www.facebook.com/stcyrilhouston/>
<https://stcyrilhouston.org/>



Interested in Becoming Catholic?
In need of the Sacraments?

Contact For Adult Sacraments and RCIA in English

Sr. Rosalie Karstedt, C.D.P.

713-554-1556

rkarstedt@stcyrilhouston.org

Contact For All Other Adult Programs in English:

John Wincelowicz - 713-554-1559

jwincelowicz@stcyrilhouston.org

Amended Office Hours

New hours are on the front page
of the bulletin.

Most of our dedicated staff will
continue working from home.
You can reach us by email or
phone.

Please leave a detailed message
if we can't get to the phone
when you call.

News From St. Cyril



Get parish updates
Via Flocknote

Text: Cyril to 84576

Or, Signup Online for News at:

<https://StCyrilHouston.flocknote.com>



*We put our trust and faith in
God the Father and our Lord
Jesus Christ. With Jesus with
us, we are not afraid, even in danger.*

*I want us to pray for each other and
the whole community of Galveston-
Houston to do our part to be good
agents and citizens and may the
prayers of Our Lady of Guadalupe
support us.*

Cardinal DiNardo

Ministerios en Español

Para más información acerca de los programas para adultos comuníquese con Beatriz Green al (713) 554-1553 o bgreen@stcyrilhouston.org

Oración Durante el Tiempo del Coronavirus

Consuélanos, Señor, pues somos como tus discípulos en la tormenta que sacudió los mares, inquietos por lo que se avecina. Nos dirigimos a Ti, nuestro Guía y Salvador, para que calmes nuestros corazones en nuestros momentos de necesidad y escuches nuestra oración: Sana a todos quienes están enfermos con el coronavirus y protege a las personas mayores y a los más vulnerables. Dale fuerza a todos quienes cuidan de nuestra salud y sabiduría a quienes buscan y luchan por encontrar una cura. Abre nuestros ojos y nuestros corazones, como lo hiciste durante el Huracán Harvey, para que podamos ver más allá de nuestras necesidades inmediatas y ayudar a aquellos que necesiten ayuda. Por medio del Espíritu Santo, guía a los líderes a tomar decisiones sabias por el bienestar de todas las personas a las que sirven. Concede el descanso eterno a todos quienes han muerto por el virus. Que María, nuestra Madre, que ha escuchado nuestras suplicas en las tormentas de nuestras vidas, interceda ante su Hijo, para que encontremos la sanación y un pronto final para esta enfermedad. María, Estrella del Mar, ruega por nosotros. Jesucristo, nuestro Señor y Salvador, sananos. Amen.



¿Sabías que los católicos pueden hacer un acto de comunión espiritual?

(Fuente: Arquidiócesis de Detroit) - Durante mucho tiempo ha sido un entendimiento católico que cuando las circunstancias impiden que uno reciba la Sagrada Comunión, es posible realizar un Acto de Comunión Espiritual que es una fuente de gracia. La comunión espiritual significa unirnos en oración con el sacrificio de Cristo y adorarlo en su cuerpo y sangre.

La razón más común para hacer un Acto de Comunión Espiritual es cuando una persona no puede asistir a la Misa. Los Actos de Comunión Espiritual aumentan nuestro deseo de recibir la Comunión sacramental y nos ayudan a evitar los pecados que nos harían incapaces de recibir la Sagrada Comunión dignamente.

Cuando no pueda recibir la Sagrada Comunión, haga la siguiente oración:

Una oración por la comunión espiritual

Jesús mío, creo que estás presente en el Santísimo Sacramento.

Te amo sobre todas las cosas y deseo recibirte en mi alma. Como en este momento no puedo recibirte sacramentalmente, entra al menos espiritualmente en mi corazón. Te abrazo como si ya estuvieras allí y me uno completamente a ti.

Nunca permitas que me separe de ti. Amén.

FORMED

Obtenga acceso en línea las 24 horas, los 7 días de la semana a:

- Programas en inglés y español
- Programas para niños, adolescentes y adultos.
- Grandes programas de estudio
- Programas de preparación sacramental
- Programas de estudio bíblico
- Temas especiales

También tendrá acceso ilimitado en línea a:

Presentaciones de audio de Lighthouse Catholic Media
Películas sobre: Juan Pablo II, Padre Pío, Madre Teresa y más
Libros electrónicos para: Kindle, iBook, Android, Nook

¡Y mucho más!

Todo en FORMED. Todo a pedido. Un regalo gratis para usted de nuestra parroquia.

<https://stcyrilhouston.formed.org>

Les pedimos y rezamos para que continúe apoyando a su comunidad parroquial a través de donaciones en línea o por correo para garantizar que su parroquia pueda pagar salarios y las facturas mensuales. Como siempre, todavía estamos aquí para servirle.



Si actualmente no está haciendo sus donaciones en línea por favor considere hacerlo ahora.

¡Donar es fácil con
"Donación por Texto con Faith Direct"!

Para donar por texto, siga los siguientes pasos:

1. Envíe un mensaje de texto con la cantidad que desea donar al (832) 753-5887
2. Recibirá un mensaje por texto para ayudarlo a finalizar su trámite de donación.

Usted solo necesitara hacer este trámite una vez con su tarjeta de crédito / débito

Guarde este número en sus contactos para que pueda donar fácil y rápido.

PARA MAS INFORMACIÓN: 1-866-507-8757 (GRATIS)

Si lo prefiere, también puede enviar su ofrenda por correo a St. Cyril of Alexandria, 10503 Westheimer Rd, Houston, TX 77042

Virgen Santísima de Guadalupe, Reina de los Ángeles y Madre de las Américas. Acudimos a ti hoy como tus amados hijos. Te pedimos que intercedas por nosotros con tu Hijo, como lo hiciste en las bodas de Caná.

Ruega por nosotros, Madre amorosa, y obtén para nuestra nación, nuestro mundo, y para todas nuestras familias y seres queridos, la protección de tus santos ángeles, para que podamos salvarnos de lo peor de esta enfermedad. Para aquellos que ya están afectados, te pedimos que les concedas la gracia de la sanación y la liberación. Escucha los gritos de aquellos que son vulnerables y temerosos, seca sus lágrimas y ayúdalos a confiar.

En este tiempo de dificultad y prueba, enseñanos a todos en la Iglesia a amarnos los unos a los otros y a ser pacientes y amables.

Ayúdanos a llevar la paz de Jesús a nuestra tierra y a nuestros corazones.

Acudimos a ti con confianza, sabiendo que realmente eres nuestra madre compasiva, la salud de los enfermos y la causa de nuestra alegría. Refúgianos bajo el manto de tu protección, manténnos en el abrazo de tus brazos, ayúdanos a conocer siempre el amor de tu Hijo, Jesús. Amén.

<http://www.usccb.org/news/2020/20-44sp.cfm>

El estrés y cómo sobrellevarlo

El brote de la enfermedad del coronavirus 2019 (COVID-19) podría ser estresante para las personas. El temor y la ansiedad acerca de una enfermedad pueden ser abrumadores y causar emociones fuertes en los adultos y los niños. Sobrellevar el estrés hará que usted, las personas que usted quiere y su comunidad sean más fuertes.

Si usted o alguien a quien usted quiere se sienten abrumados con emociones como tristeza, depresión o ansiedad, o sienten que quieren hacerse daño a sí mismos o a los demás, llame:

al 911

a la línea telefónica de ayuda para sobrellevar la angustia provocada por desastres de la Administración de Salud Mental y Abuso de Sustancias (SAMHSA):

1-800-985-5990 o envíe un mensaje de texto que diga TalkWithUs al 66746. (Línea TTY: 1-800-846-8517)

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety-sp.html>

La Misa se transmitirá en vivo en Facebook los domingos a la 1 pm en español y bilingüe los miércoles y jueves a las 11:30 am.



Manténganse informados y conectados:

1. <https://stcyrilhouston.org/>
2. <https://www.facebook.com/stcyrilhouston>
3. <https://StCyrilHouston.flocknote.com/HispanicM>

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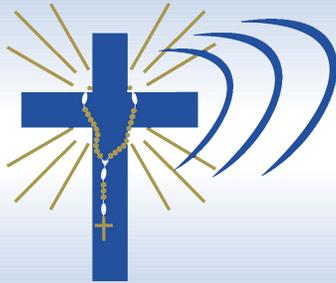
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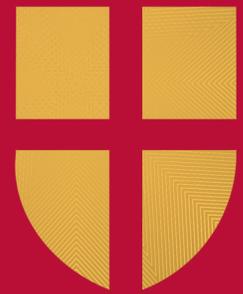
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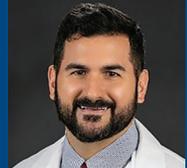
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