

OFFICES AND MAILING ADDRESS
510 Manley Street • Navasota, TX 77868

Phone: 936-825-3920 • Fax: 936-825-7612 Religious Education: 936-825-1869 After hour emergencies: 936-825-3920 PARISH OFFICE HOURS
Monday-Thursday

9:15am - noon & 1:00pm - 5:00pm Friday 9:15am - noon Other times by appointment

Website: www.christourlight.org

PASTORAL STAFF Pastor Rev. Elias Lopéz Grant Holt, Permanent Deacon

Garry Janota, Permanent Deacon Gregory Jelinek, MD, Permanent Deacon (Retired)

ADMINISTRATION & BOOKKEEPER Nelda Kurten

COORDINATOR OF RELIGIOUS EDUCATION Carolyn Katkoski

DIRECTOR OF LITURGY AND MUSIC Susan Russell

SACRISTAN Samuel Pry

PASTORAL LEADERSHIP TEAM
Michael Culver (Chairperson), Teresa Morales, Jason Katkoski, Laura Quirino, and Sam Pry

FINANCE COUNCIL Teresa Morales, Carolynn Katkoski

DISASTER RECOVERY PLAN
Deacon Grant Holt, Jason Katkoski, Mitch Kroll, Gregorio Gonzalez

RE BOARD

President: Brandi Tejeda , Vice President: Jessica Herrera Secretary: Teresa Morales, Board Members: Lucy Coronilla, Jason Katkoski, Allyson Sweeney, Den Grant Holt

BUILDING COMMITTEE

Deacon Grant Holt, Danny Clark, Richard Krolczyk, and Joe Rangel

YOUTH MINISTER COORDINATOR
Jessica Herrera

SUNDAY EUCHARIST Saturday Vigil: 6:00pm Sunday: (English) 8:00am Sunday: (Spanish) 1:00pm

WEEKDAY EUCHARIST First Saturday 9am Wednesday, Thursday & Friday 8:30am Tuesday 6:00pm (English) Thursday 6:00pm (Spanish)

> ROSARY PRAYED IN COMMON Tuesday & Thursday: 5:40pm Wednesday & Friday: 8:10am Saturday: 5:15pm Sunday: 7:15am & 12:15pm

RECONCILIATION/CONFESSION Tuesday, Thursday and 2nd & 4th Saturdays 5:00-5:45pm and by appointment 936-825-3920

RECONCILIACION/CONFESIONES Los Martes, jueves y el segundo y cuarto sábado a las 5:00-5:45pm y por cita 936-825-3920

Christ Our Light Catholic Church • Navasota, Texas

July 03 & 04, 2021

Under the Patronage of St. Patrick and Our Lady of Guadalupe

Mass Schedule & intention

MONDAY, JULY 05

No Mass

TUESDAY, JULY 06

6:00 PM Elois † and Henry † Rosanky

WEDNESDAY, JULY 07

8:30 AM Larry Wisnoski †

THURSDAY, JULY 08

8:30 AM Souls In Purgatory 6:00 PM* Jesus Nava Chavez †

FRIDAY, JULY 09

8:30 AM David Kulhanek †

SATURDAY, JULY 10

6:00 PM D. B. † and Mary † Mauro

SUNDAY, JULY 11

8:00 AM Torrs, Rangel and Baldobino Families

1:00 PM* People of the Parish

*Spanish

THIS WEEK IN OUR PARISH

MONDAY, JULY 05

5:00 PM Spanish, Legion of Mary, CH Cry room

TUESDAY, JULÝ 06

5:00 PM 7:00 PM to 5:45 PM Confession, CH English Choir Practice, CH

WEDNESDAY, JULY 07

6:30 PM Summer Youth Night Grades 9-12th, SPH

THURSDAY, JULY 08

12:00 PM English, Legion Mary, Cry room CH

5:00 PM to 5:45 PM Confession, CH 7:00 PM Spanish Choir Practice, CH

SATURDAY, JULY 10

8:30 AM English Baptism Class, CH
9:00 AM Confirmation Class, SPH

5:00 PM to 5:4

to 5:45 PM Confession, CH

Christ Our Light Catholic Church



The Archdiocese of Galveston - Houston

The Church is open every day from 7:30 a.m. to 9:00 p.m. for people to come stop by and Pray.



The parish thanks the Barbara
Thane Family for the Altar
Flowers this past weekend.



The Sanctuary Candle will burn July 4th through July 10th in Memory of Mary Ann Kimmey.

E-Mail Addresses for the Parish

To e-mail Fr. Elias...fr.eli@christourlight.org
To e-mail Nelda: nelda@christourlight.org
To e-mail RE Board: reboard@christourlight.org
Christ Our Light web-site: www.christourlight.org

BULLETIN DEADLINE TUESDAY 12:00 NOON

Announcements and <u>or articles are to be submitted in writing</u> to the Parish Office, or faxed to 825-7612 or emailed nelda@christourlight.org.

Events, meeting etc. for the Parish Calendar are to be submitted in writing to the Parish Office in advance.

AFTER MASS WEEKLY PULPIT ANNOUNCEMENTS

Deadline Tuesday, 12:00 Noon. Announcements are to be submitted in writing to the Parish Office. The Pastor reserves the right to pick and choose which announcements are made in this forum as there is a need to keep these to a minimum.

Todos los anuncios deben ser presentados por escrito en la oficina de la parroquia no mas tarde que los martes al mediodía. El Pastor decidirá si las noticias son de importancia para ser pronuncia das.

PARISH REGISTRATION

To our new parishioner, we welcome you to Christ Our Light Parish. Please register at the parish office or ask one of the Hospitality Ministers to help you. For parishioners moving out of the parish or changing your address or phone number, **please** notify the parish office, 825-3920.



Sacrament of Baptism Schedule

English Baptism Class Schedule for 2021: 8:30 AM to 10:30 AM, July 10th, & October 9th PARTICIPANTS MUST REGISTER AT LEAST 1 WEEK PRIOR TO CLASS. To register please contact Deacon Grant Holt at 936-825-6448 or Lucy Coronilla at 936-419-9296.

Spanish Baptism Class Schedule for 2021: 3:30 PM to 5:30 PM, July 25th, & October 24th. For Information, call Rosa Torres at 936-419-8974

ALL DOCUMENTS AND FORMS must be completed and turned in before Baptism Date. SCHEDULED Baptism will be celebrated once a month at 11:30 AM in English every 3rd Saturday and every 4th Saturday at 11:30 AM in Spanish following completion of the baptismal classes the prior month and Fr. Eli has been informed in advance. The Sacrament of Baptism is a communal celebration. Therefore, private baptisms are not celebrated here.



PRAY for THE CONTINUING RECOVERY OR COMFORT OF

the infirmed and homebound members of our community. Saraf-

ina Alo, Andrew Castillo, Charles Cavanaugh, II, Jo Ann Clepper, Frank Crouch, Elizabeth Culmer, Herman Culmer, Eva Estrada, Liz Estrada, Lois Finke, Liz Johnson, Rachel Kammel, Mary Ann Knowles, Liz Kubricht, Glenda Lawrence, John Lawrence, Christian Mills, Leslie Mills, France Munoz, Delia Nunez, Anita Olguin, Leona Pasket, Cecelia Pearson, Angelina Peterson, Wallace Peterson, Irene Ramirez, Lucila Rivera, Zek Rueda, Rosalinda Salazar, Josh Sechelski, Sherrie Shiflett, Dana Sowell, Jessie Valadez, III, Crystal Winkler.

<u>Call the parish office</u> when a member of our community has a need to be remembered in prayer, 825-3920.

Also, if you have added a name to the prayer list, <u>please call to let us know when to remove the name from the list.</u>

Thank you.



New Memorial Candles

The new Candle Stands are electrical. Anyone wanting to light a candle may do so by pressing the red button and give an offering.

The candle will burn for 12 hours. Memorial Candles burning for one year are \$150.00 each. Come by the parish office to schedule and pay your offering of \$150.00 for your Memorial candle.



YOUR PARISH SUPPORT SU APOYO PARROQUIAL

TRESASURE YOU HAVE SHARED:

GIFTS FOR GOD — YOUR TITHE RESPONDS

June 26 & 27, 2021

(68) Offertory Envelopes/Loose Checks, On LineGiving, Mail Ins, Drop Ins3,749.50Children Offering65.00II Collection, Peter's Pence695.00Maintenance Fund145.00

Thank you thank you for Mailing, Bringing in, and On Line Giving your Offertory. Baskets will be passed during the Offertory. Baskets will also be passed when we have a II Collection.

SECOND COLLECTION

July 03 & 04—St. Vincent de Paul Society Annual Black Bag

July 10 & 11—Maintenance Fund

July 24 & 25—DSF Shortfall of our Assigned

Goal

July 31 & August 01—Infirm Priest

In Our Prayers

We remember in prayer our friends and loved ones in active military duty, both in and out of harms way, in the service of their our country. Pray for peace in the world and for our leaders.

SSG Jorge Aguilar, Jr., Alexander Cortez, Jesus Cortez, Spec. SFC Antinia Franco, 1SG, Jason Malek, Antonio Magallon, Jose Rene Milan, Christopher Munoz, Javier Salinas, SSgt Allen Thane

OUR HOLY FATHER'S PRAYER INTENTIONS FOR JULY

Universal Intention — Social friendship. We pray that, in social economic and political situations of conflict, e may be courageous and passionate architects of dialogue and friendship.



P.E.R.A. (Perpetual Eucharistic Reparative Adoration)

Adoration of the Blessed Sacrament has resumed on Wednesdays, Thursdays and Fridays. following the 8:30 AM Masses and will be reposed at 9:00 PM on Wednesdays and Friday and Thursdays at 5:45 PM before the 6:00 PM Spanish Mass.

The "Church and the world have a great need for Eucharistic worship. Jesus awaits us in this sacrament of love. Let us not refuse the time to go to meet him in adoration, in contemplation full of faith, and open to make amends for the serious offenses and crimes of the world. Let our adoration never cease."

Please call Mary Rangel @ 936-419-9024 to sign up for a time slot on Thursdays.

THE CATHOLIC FAITH ON DEMAND Web site is FORMED.ORG

The Parish Code to access the website is MVMZKF

Then register to create an account.

There are 2 easy ways to connect to FLOCKNOTE (pick one):

NOTE: Do not use Mozilla Firefox browser.

- Visit our church at: www.flocknote.com/ christourlightchurch
- 2. Text SPOLG to 84576 from your phone to subscribe to updates.



BIRTHDAYS AND ANNIVERSARIES

Every 1st weekend of the month (Saturday Vigil and Sunday Masses) blessing of all who have a birthday or Wedding Anniversary during the month.



PLEASE PRAY FOR VOCA-TIONS

to the Priesthood and Religious Life especially in our

Archdiocese.

If you are interested in memorializing the Sanctuary candle, in memory of, in personal reverence and petition or Special Intention for the week, stop by the parish office for more information.

ParishSOFT Giving

SIGN UP NOW

Sign Up for Christ Our Light Online Giving Now

Christ Our Light now accepts online giving. Parish Soft is out parish's online giving program. Enroll at the link the below. It is secure and easy to use. You will be able to use Parish Soft for normal tithing and special collections throughout the year. Apps are available, so your cell phones/tablets can be used for online giving.

https://giving.parishsoft.com/dl?uid=chri510191

CELEBREMOS/LET US CELEBRATE MISSALETTES

Missalette's starting April 11 to July 31, 2021 are available to purchase for \$5.00. Do not leave them in Church. Take them home with you, bring with you each weekday or weekend Masses you will be attending. Stop by the parish office at 510 Manley Street.

Fourteenth Sunday In Ordinary Time July 04, 2021

My grace is sufficient for you, for power is made perfect in weakness.

— 2 Corinthians 12:9

MONTHLY REFRESHMENTS AFTER MASSES

Refreshment will be served after Masses the first Sunday of each month. The refreshments and service will be provided by the following:

Altar Society—January and July
Pastoral Council—February and October
Finance Council—March and September
R.E. Board—April and August
Stewardship—May and November
Choir—June and December

STEWARDSHIP REFLECTIONS

14th Sunday in Ordinary Time — "As the Lord spoke to me, the spirit entered me and set me on my feet, and I heard the one who was speaking say to me, 'Son of Man, I am sending you..." Ezekiel 2:2-3 God has a plan for each of us. He calls us to do something for Him. But, He doesn't leave us on our own to figure it out. He gives us the resources we need to do His work. Are you listening for God's call? When you hear it, do you get on your feet and do the work He asks of you? Do not be afraid. God doesn't call the equipped, he equips the called. Answer His call.

"Boletín de Mayordomía—Reflexiones

Domingo 14° Domingo del Tiempo Ordinario — "Cuando El Señor me habló, el Espíritu entró en mí y me mantuvo de pie para que pudiera escuchar al que me hablaba, y oí al que me hablaba que me dijo: Hijo de hombre, te envío..." Ezequiel 2:2-3 Dios tiene un plan para cada uno de nosotros. Él nos llama a cada uno para hacer algo por Él. Sin embargo Él no nos deja de nuestra cuenta para que lo descubramos. Él nos da los recursos necesarios para hacer Su trabajo. ¿Cuándo usted lo oye, se mantiene de pie y hace le trabajo que Él le pide a usted? No tenga miedo. Dios no llama a los equipados, El equipa a los llamados. Responda a su llamado.

<u>WAITING</u> Our Lord prefers to wait for the sinner for years rather then keep the sinner waiting one instant. — St. Peter Julian Eymard

<u>LA ESPERA</u> Nuestro Señor prefiere esperar al picador durante años que dejar al pecado esperando por un instante.

— San pedro Julián Eymund

DIOCESAN SERVICES FUND 2021

DSF Goal \$25,000.00 Gifts Received \$11,198.00 46 Donors

Foreign Missions — This fund provides financial grants to religious orders and congregations which have a representation in the Archdiocese and are engaged in missionary activity in other countries.

IGNITE

Ignite Parish Goal \$208,632.00 Gifts Amount Received \$67,067.00 38 Donors

ARCHDIOCESAN YOUTH CONFERENCE

In July Christ Our Light will be taking a group of teens to the archdiocesan youth conference. If you are going into your freshman year or not yet graduated from High school you are eligible to attend. Please see any RE board member, Kathryn Kehlenbeck, or Jessica Herrera for details.

Online Registration for the 2021-2022 CCE Classes

Is now available on the church's website and will remain open to August 31st. Please register your children as soon as possible. If you have any questions please contact Carolynn Katkoski at the RE Office.

English — https://forms.ministryforms.net/embed.aspx?formId=9cb90ca0-1f33-4b99-b9e7-6cd62044074f

Spanish — https://forms.ministryforms.net/embed.aspx?formId=e17e6f70-8550-4003-bf9f-d5d38efa56df

SIGN UP TODAY!

If you would like to volunteer to help teach CCE or be a teacher's assistant, Please email Carolynn Katkoski @ reboard@christourlight.org or contact her at 936 825-1869. We are looking for more volunteers to assist with this important ministry to our children.

Our current Nativity Scene is getting very fragile and some pieces are broken. Fr. Eli has chosen a

ne is getting very fragile and some pieces are broken. Fr. Eli has chosen a Nativity. Each piece stands 24' high and made of fiberglass. We will be purchasing the Holy Family and 3 Wisemen this year. We will try to add

other pieces in the future. It will take all of us to pay for it. Please consider making a donation to help defray the cost. You can place your donation in the collection in an envelope or bring by the office. We will need to order it in July to have it delivered by Christmas.

Written by THE FAITHFUL DISCIPLE

Ez 2:2-5 | 2 Cor 12:7-10 | Mk 6:1-6

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

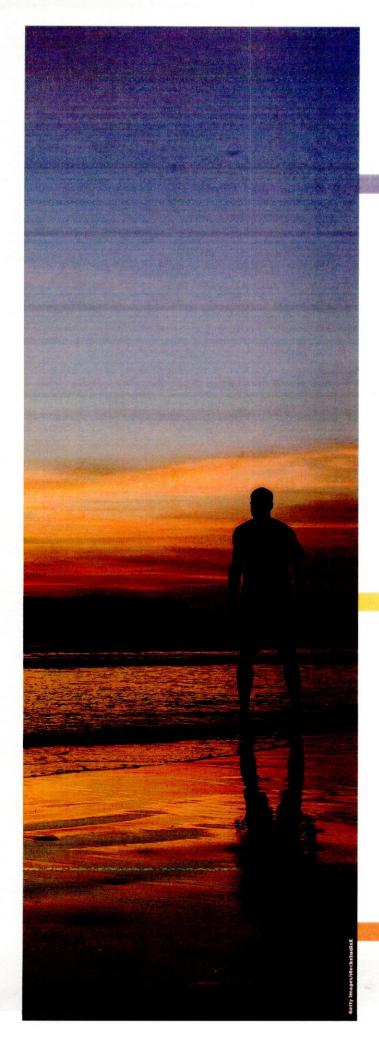
I'm struck by phrases in today's first and second readings: The prophet Ezekiel is told that those to whom he will be sent are "hard of face and obstinate of heart"; and Saint Paul aptly describes a "thorn in the flesh" as having been given to him. He even refers to this thorn as "an angel of Satan." These are descriptive images! So, I wondered, What do these images look like in practice? The Gospel gives us a clear example: those who grew up with Jesus refuse to see him as a prophet. At one time in my life, I might have said to myself: "Wow, I can't believe people of his own time would reject Jesus!" However, as I grow older, I'm conscious not only of more physical aches and pains, but the "thorn in the flesh" of patterns I'm not particularly proud of - cynicism, pessimism, even hard-heartedness and a closed mind. The "they" in today's readings hits closer to home and strikes me more as "we" than it used to. And yet, as Saint Paul reminds us, we can bring our imperfections to God and pray for grace to give us strength in our weakness, hearts open to God's love, and ears ready to hear the Gospel and be transformed by Jesus.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

When Jesus returned to his hometown, he was not exactly greeted like a "hometown hero." His contemporaries could see him only as a carpenter, and not the Messiah: "So he was not able to perform any mighty deed there, apart from curing a few sick people by laying his hands on them. He was amazed at their lack of faith." We know that Jesus went on to perform the mightiest of deeds – dying and rising from the dead. And yet, even today, he would be "amazed at our lack of faith." Today's Gospel and the other readings encourage us to do a check-up of our spiritual health and pray for the grace to continue to grow in faith. We can also pray for others who may be questioning or have lost their faith, inviting them to consider coming to church with us or simply offering to pray with and for them.

REFLECT For a more intentional look at whatever thorns might be in your side, and what weaknesses those contribute to, consider doing a retreat. Attend an in-person retreat at a local retreat house, or look into online options for a guided retreat at home.



Discovering hope and joy in the Catholic faith.

July 2021

Christ Our Light Catholic Church and St. Stanislaus Church Rev. Elias Lopez, Pastor

One Minute Meditations

God is the current of life

"Each one of us is merely a small instrument. When you look at

the inner workings of electrical things, often you see small

and big wires, new and old, cheap and expensive lined up. Until the current passes through them there will be no light. That wire is you and me. The current is God."

Saying "no" is not a sin

Saying "no" is hard for many of us. Not wanting to let anyone down, we say "yes" until we are overburdened, frustrated, and unhappy. Remember it is not a sin to say "no." God needs workers, but He wants the willing, joyful kind. Our "yes" should come from a heart enthusiastic about doing His work.

"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the great and first commandment."

Matthew
22:37-40

Love one another, especially those who are different

In a time of widening political and cultural divides, it can be easy

to lose sight of the dignity of people different from ourselves. Yet, as Catholic Christians, we know that Jesus asks that we see everyone as family. "Love one another with brotherly affection; outdo one another in showing honor" (Romans 12:10).

Treat others with kindness, not because they are kind, but because you are. It's easy to be kind to those we love and respect. It's critical to be kind to people we don't like or don't know. Kindness is best offered when nothing is expected in return.

Don't build yourself up by making others look small. No one is

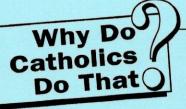
impressed by a bully. Treat all of God's children with honor, love, and respect.

Practice empathy.
People's reactions tend
to reflect their
circumstances. Avoid
judging and instead offer
the consideration
you'd like to receive.

When possible, meet in person instead of online. Social media makes it easy to stay in touch but it's also the quickest way to damage relationships. In person

or online, we must be wise in the words we use.

Forgive those who have hurt you, help those who need you. Treat all people – including yourself – with love and compassion. When we treat people the way we want to be treated, life will instantly get better.



Why do Catholics pray?

Prayer is our response to God's invitation: "Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him" (Catechism of the Catholic Church

(CCC), #2560). That encounter is our connection to God, who created us and wants to have a close, personal relationship with us.

Our relationship with Him is nurtured and strengthened through prayer. It is through prayer that we come to know and love Him best.

Welcome back to Mass!

Now that many dioceses across the country have reinstated the obligation to attend Mass, we once again honor Sunday as a celebration of the living presence of Jesus in the midst of His people.

Meet Him in the flesh. The Eucharist is the body, blood, soul and divinity of Jesus Christ. There is no substitute for taking Him into our bodies to feed our souls.

Receive His protection. Divine love and protection are showered on God's children through the supernatural gift of grace. The more open we are to it – by actively

participating in Mass – the more we enjoy the benefits.

Love Him back. The Third Commandment requires that we designate Sunday as our day to honor God. Mass is the most important way we fulfill our obligation to show gratitude to God. "If you love me you will keep my commandments" (John 15:15).

If you are worried about your exposure to disease in church, consult your physician and your pastor for advice on extra protections you can take.

from Scripture

John 6:1-15; Loaves and fishes.

This Gospel passage records the miracle of the multiplication of the loaves and the fishes. The crowds following Jesus were hungry, so Jesus asked Philip where they could get enough food. Philip calculated that two hundred days' wages still wouldn't buy enough food for them. Like Philip, we face problems that seem too big for us and can be intimidating.

The apostle Andrew went a step further than Philip; he found the boy with five loaves of barley bread and two fish. The boy, in turn, offered to Jesus what little he brought – all of it.

What a surprise when Jesus fed the five thousand "as much...as they wanted." Even after they'd had their fill of bread, there were still twelve wicker baskets left over! God can't be outdone in generosity.

When we are faced with many problems at once, it can be overwhelming. It's easy to react like Philip and

give up hope. While on our own, we may not have much to offer, if we offer what we have to God, He can do something amazing with it.

Feasts & ***** © Celebrations

July 16 – Our Lady of Mount Carmel (1251). Carmelite tradition holds that Our Lady appeared to St. Simon on Mount Carmel and gave him a scapular. Wearing one has become a popular way to honor the Blessed Mother.

July 22 – St. Mary Magdalene (1st century). Mary Magdalene was the woman from whom Jesus expelled seven demons in St. Luke's gospel (Luke 8:2). She helped to support Jesus' ministry out of her own money and stood by the Cross of Jesus with his mother. Known as the "Apostle to the

Apostles," Mary was the one who first informed the Apostles of Jesus' Resurrection.

July 25 – St. James (1st Century). When Jesus called St. James and his brother, John, to become apostles, they left their father in a fishing boat on the Sea of Galilee. St. James was one of three apostles to witness Jesus' transfiguration,

transinguration, the raising of Jairus' daughter, and the agony in Gethsemane. St. James was the first of the apostles to be martyred.



What is expected of Catholics?

Every household has basic ground rules: "Be respectful," "Clean up your messes," etc. This way, everybody benefits. Like every family, the Catholic Church has "house rules" as well:



Come home every weekend: "You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor." God wants to see us back in person – often!

Take responsibility: "You shall confess your sins at least once a year." Since we are prone to sin, we're obligated to reconcile with God at least once a year.

Reconnect: "You shall receive the sacrament of the Eucharist at least during the Easter season." In the Eucharist, Jesus nourishes us with his Body and Blood at every Mass!

Practice detachment: "You shall observe the days of fasting and abstinence established by the Church." Fasting helps us free our hearts for God's love.

Help around the house: "You shall help to provide for the needs of the Church." Whether we donate money, time or resources, every little bit helps. (CCC, #2042-2043)

Our Mission

To provide practical ideas that promote faithful Catholic living.

Success Publishing & Media, LLC
Publishers of Growing in Faith™ and Partners in Faith™ (540)662-7847 fax

http://www.growinginfaith.com
(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)

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Descubriendo esperanza y gozo en la fe católica.

Julio de 2021

Christ Our Light Catholic Church and St. Stanislaus Church Rev. Elias Lopez, Pastor

Meditaciones breves

Dios es la corriente de la vida

"Cada uno de nosotros es simplemente una pequeña herramienta. Cuando se observa el mecanismo interno de los aparatos eléctricos, a menudo se ven alineados cables pequeños y grandes, nuevos y viejos, baratos y caros. No habrá luz hasta que la corriente pase por ellos. Usted y yo somos esos cables. La corriente es Dios". Madre Teresa

Decir "no" no es pecado

A muchos de nosotros nos resulta difícil decir "no".
Como no queremos decepcionar a nadie, decimos "sí" hasta que terminamos abrumados, desencantados e insatisfechos. Recuerde que no es pecado decir "no". Dios necesita obreros, pero los quiere dispuestos y alegres. Nuestro "sí" debería proceder de un corazón entusiasta por hacer su obra.

"Amarás al Señor tu Dios con todo tu corazón, con toda tu alma y con toda tu mente. Éste es el gran mandamiento, el primero".

Mateo
22:37-40

Ámense unos a otros, especialmente a quienes son distintos

En un tiempo de divisiones políticas y culturales cada vez más amplias, es

culturales cada vez mas arr fácil perder de vista la dignidad de la gente que es distinta a nosotros. Pero como cristianos católicos, sabemos que Jesús nos pide que consideremos a todos como una familia. "Ámense cordialmente con amor fraterno, estimando a los otros como más dignos" (Romanos 12:10).

Traten a los demás con bondad, no porque ellos sean bondadosos, sino porque ustedes lo son. Es fácil ser bondadoso con quienes amamos y respetamos. Es crucial ser bondadoso con la gente que no nos gusta o que no conocemos. La mejor forma de ofrecer bondad es cuando no se espera nada a cambio.

No se crezcan empequeñeciendo a los demás. A nadie le impresiona un

bravucón. Traten a los hijos de Dios con honor, amor y respeto.

Practiquen la empatía. Las reacciones de la gente suelen reflejar sus circunstancias. Eviten juzgar y ofrezcan en cambio la consideración que a ustedes les gustaría recibir.

Cuando sea posible, encuéntrense en persona en lugar de en la red. Las redes sociales facilitan que estemos en contacto, pero son también el modo más rápido de dañar las relaciones. Debemos ser prudentes con las palabras que usamos, tanto en persona

como en la red. Perdonen a quienes les han ofendido, ayuden a quienes los necesiten. Traten a

todo el mundo—ustedes mismos incluidos—con amor y compasión.
Cuando tratemos a la gente como queremos ser tratados, la vida mejorará en el acto.

¿Por qué hacen eso los católicos?

¿Por qué rezan los católicos?

La oración es nuestra respuesta a la invitación de Dios: "La oración, sepámoslo o no, es el encuentro de la sed de Dios y de la sed del hombre. Dios tiene sed de que el hombre tenga sed de

él" (CIC, #2560). Ese encuentro es nuestra conexión con Dios que nos creó y que quiere una relación cercana y personal con nosotros.

Nuestra relación con él se nutre y se fortalece mediante la oración. Mediante la oración llegamos a conocerlo y a amarlo mejor.

¡Bienvenidos de nuevo a misa!

Ahora que muchas diócesis por todo el país han restablecido la obligación de asistir a misa, honramos de nuevo el domingo como la celebración de la presencia viva de Jesús en medio de su pueblo.

Encuéntrense con él en persona. La Eucaristía es el cuerpo, la sangre, el alma y la divinidad de Jesucristo. Nada suple el tomarlo en nuestros cuerpos para alimentar nuestras almas.

Reciban su protección. El amor y la protección divina llegan a los hijos de Dios mediante el don sobrenatural de la gracia. Cuanto más receptivos

seamos-participando activamente en la misa-más disfrutaremos de los beneficios.

Correspondan a su amor. El tercer mandamiento exige que dediquemos el domingo como el día para honrar a Dios. La misa es el modo más importante de cumplir

nuestra obligación de mostrar gratitud a Dios. "Ustedes son mis amigos si hacen lo que yo les mando" (Juan 15:14).

Si les preocupa el riesgo de contagio en el templo, pidan consejo a su médico y a su párroco y pregunten qué otras precauciones pueden tomar.

de las Hscrituras Juan 6:1-15;

Los panes y los peces

Este pasaje evangélico nos recuerda el milagro de la multiplicación de los panes y los peces. La multitud que seguía a Jesús tenía hambre, así que Jesús le preguntó a Felipe dónde podrían conseguir suficiente comida. Felipe calculó que ni siquiera el salario de doscientos días de trabajo bastaría para comprar suficiente comida para todos. Al igual que Felipe, nosotros nos enfrentamos a problemas que pueden parecernos enormes y que nos intimidan.

El apóstol Andrés fue más allá; encontró a un niño con cinco panes de cebada y dos

peces. El niño ofreció a Jesús todo lo poco que había traído. Qué sorpresa cuando Jesús dio de comer a cinco mil, "dándoles todo lo que quisieron". Cuando quedaron satisfechos de pan, jaún sobraron doce canastas Ilenas! Nadie supera a Dios en generosidad. Al enfrentarnos con muchos problemas a la vez podemos sentirnos abrumados. Es fácil reaccionar como Felipe y perder la esperanza. Cuando

estamos solos, quizá no tengamos mucho que ofrecer, pero si ofrecemos lo que tenemos a Dios, él puede hacer algo asombroso con ello.

P ¿Qué se & espera de R los católicos?

Cada hogar tiene unas normas básicas: "Sean respetuosos", "Limpien lo que ensucien", etc. Así se beneficia todo el mundo. Lo mismo que cada familia, la Iglesia católica tiene también "normas

domésticas":



Vuelvan al hogar cada fin de semana: "Oír misa entera los domingos y demás fiestas de precepto y no realizar trabajos serviles". ¡Dios quiere vernos en persona a menudo!

Responsabilícense:

"Confesar los pecados al menos una vez al año". Como somos propensos al pecado estamos obligados a reconciliarnos con Dios por lo menos una vez al año.

Reconecten: "Recibir el sacramento de la Eucaristía al menos por Pascua". En la Eucaristía, Jesús nos nutre con su Cuerpo y su Sangre ¡en cada misa!

Practiquen el desapego: El ayuno deja libres nuestros corazones para el amor de

Ayuden en casa: "Ayudar a la Iglesia en sus necesidades". Todo ayuda, tanto si donamos dinero, tiempo o recursos. (CIC, #2042-2043)

Fiestas y ***** celebraciones

16 de julio - Nuestra Señora del Carmen (1251). La tradición carmelita sostiene que Nuestra Señora se le apareció a san Simón en el Monte Carmelo y que le dio un escapulario. Llevar uno puesto se ha convertido en una popular forma de honrar a la Bendita Madre.

22 de julio - Santa María Magdalena (siglo I). María Magdalena era la mujer de la que Jesús expulsó seis demonios en el evangelio de san Lucas (Lucas 8:2). Apoyó la misión de Jesús con su propio dinero y estuvo al lado de la Cruz de Jesús junto con su madre. Conocida como el "Apóstol de los Apóstoles", María quien primero

anunció la Resurrección de Cristo a los apóstoles.

25 de julio - Santiago (siglo I). Cuando Jesús llamó a Santiago y a su hermano Juan a que fueran sus apóstoles, los dos abandonaron a su padre en un barco pesquero en el Mar de Galilea. Santiago fue uno de los tres apóstoles que presenciaron la transfiguración de Jesús, la resurrección de la hija de Jairo

y la agonía en Getsemaní. Santiago fue el primer apóstol martirizado.



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