# St. Elizabeth Ann Seton

## Catholic Church



6646 Addicks Satsuma Road Houston, Texas 77084 281-463-7878

www.SeasCatholic.org

## Mass Schedule



St. Elizabeth Ann Seton Church 6646 Addicks Satsuma Road Houston, Texas 77084-1599

## 281-463-7878 www.SeasCatholic.org

For parish news and updates, text: SEAS777 to 84576.

## Anticipated Masses (Saturday)

5:00 p.m. English 6:30 p.m. Español 8:00 p.m. Tiếng Việt

#### **Sunday Masses**

7:00 a.m. English 8:30 a.m. English 10:30 a.m. English 12:15 p.m. English 2:00 p.m. Español 5:30 p.m. English 7:30 p.m. Español

#### Monday—Friday

6:30 a.m. English 9:00 a.m. English

#### Mon., Tues. & Thurs.

7:00 p.m. English
No evening Mass June 5-Aug. 18

#### Miércoles (Wednesday)

7:30 p.m. Español

#### Thứ sấu (Friday)

7:00 p.m. Tiếng Việt

#### Saturday

9:00 a.m. English

## Confession Schedule

#### Monday—Friday

7:10 a.m. 6:00 p.m.—6:45 p.m.

#### Saturday

3:00 p.m.—4:30 p.m.

#### First Friday

7:10 a.m. 8:00 a.m.—8:45 a.m. 5:45 p.m.—6:45 p.m.

## Altar Flowers

Call Patti at the parish office to sponsor flowers.

#### Summer Daily Mass Schedule

During the summer months, our parish staff will be reduced to just three priests, as they take their vacation time on a rotating basis.

Consequently, From **June 5-August 18**, the English evening Masses on Monday, Tuesday, and Thursday will not be celebrated.

The Spanish and Vietnamese Masses on Wednesdays and Fridays will continue. **The Sunday schedule remains the same**.

The Mass intentions for the cancelled Masses will be celebrated by one of our priests in their daily Mass while on vacation.

Thank you for your understanding.

## Month of the Sacred Heart

The Devotion to the Sacred Heart of Jesus is an expression of the Christian conviction that Jesus—true God and true man—loves the human race with an infinite love that is at once both divine and human.

Sixteenth century Calvinism and seventeenth century Jansenism preached a distorted Christianity that substituted for God's love and sacrifice of His Son for all people, the fearful idea that a whole section of humanity was inexorably damned.

The Church always countered this view with the infinite love of our Savior who died on the cross for all people. The institution of the feast of the Sacred Heart was soon to contribute to the creation among the faithful of a powerful current of devotion which since then has grown stronger.

Pope Benedict XVI spoke of the Solemnity of the Sacred Heart of Jesus, saying, "In biblical language, 'heart' indicates the center of the person where his sentiments and intentions dwell. In the Heart of the Redeemer we adore God's love for humanity, his will for universal salvation, his infinite mercy. Practicing devotion to the Sacred Heart of Christ therefore means adoring that Heart which, after having loved us to the end, was pierced by a spear and from high on the Cross poured out blood and water, an inexhaustible source of new life" (Benedict XVI, Angelus: June 5, 2005).

The call which comes from this important feast day is first of all a call to Eucharistic adoration, because in the Sacred Host the Lord Jesus is truly present and He offers each of us His Heart, His Merciful Love. To spend time in the Presence of the Eucharistic Lord, to adore Him, is the best expression of devotion to the Sacred Heart of Jesus.

Rev. Luciano Alimandi, Agenzia Fides 13/6/2007

#### Solemnity of the Sacred Heart: Friday, June 16

Holy Mass: 6:30 a.m. and 9:00 a.m. (English) 7:00 p.m. (Vietnamese)

Confession 7:10 a.m. and 6:00 p.m.—6:45 p.m.



Father's Day is June 18, the third Sunday of June. A special blessing will be extended to all the fathers present at Mass that day. In Italy, Father's Day is celebrated on March 19, the Solemnity of St. Joseph. This beautiful custom highlights the fatherly love that St. Joseph gave to Jesus throughout his life.

## Events



Youth Group
See page 10 for upcoming events and activities.



Podcast
Fr. Reynolds offers a daily podcast. See page 4.



Jóvenes El grupo juvenil tiene actividades por los jóvenesadultos, p.8.



Oktoberfest
Preparations are underway. See page 5.



Mom's Group FIAT meets on May 30. This group is for moms of all ages. See p.10.



St V dePaul
The April report is on page 13.



Women's Retreat
The next ACTS retreat is
in July. See page 4



Homeschool Co-op in the parish. See page 5.



Garage Sale
The annual garage sale
is in July. See page 9.

## Seminarian News



Wesley Henry has been assigned to our parish for the summer. He will arrive in the first week of June and will remain until the end of July.

Wesley was born to Sharon and David Henry in Orange, California. His family moved to Sugar Land, Texas in 1998. Prior to entering seminary, Wes-

ley received a master's degree in accountancy from the University of Oklahoma; he is a licensed Certified Public Accountant in the state of Texas and previously worked at a global accounting firm.

Wesley is the younger brother of Fr. Chad Henry.

## Daily Podcast

Fr. Reynolds records a podcast everyday, with a short meditation on the Gospel reading of the daily Mass. The message is between three-and-a-half and five minutes long, and may be downloaded from our parish website: **SeasCatholic.org**.

Simply go to the website, and scroll down to the icon "Pastor's Corner." Click on the icon, and you will be taken to the page with Fr Reynolds' Sunday homilies and daily podcasts.

Podcasts are available each day in both English and Spanish.

## Announcements

#### Women's English ACTS Retreat

Adoration / Community / Theology / Service

St. Elizabeth Ann Seton Catholic Church is holding an English ACTS Retreat for women on **July 20 – 23**. If you have been thinking about attending a spirit filled retreat that can bring more energy and excitement to your spiritual life, NOW is the time to sign up as spaces are limited. It is a perfect way to recharge your soul, to meet with other amazing women and become a part of a wonderful ACTS community.

This retreat will take place in Houston at the Mother of Perpetual Help Retreat Center. A registration fee or deposit is required to hold your spot. If this is on your heart, please do not delay, we don't want you to miss out on this wonderful opportunity.

You can register for this retreat on the St. Elizabeth Ann Seton Catholic Church Website under Ministries/ACTS. For more information, please feel free to call or email Denise Moore at: 832-867-1211 or ddmoore59@gmail.com.

#### Retrouvaille

The Retrouvaille program is for married couples who are struggling, not communicating well, and those who are considering separation or divorce. It is also for those who are already separated or divorced that want marriage help. The next retreat in Houston is on the weekend of July 14-16. Register now at www.helpourmarriage.org

#### **SEAS Bowling League**

We had a great time this season. The "Holy Splits" team: Chris Garcia, Caroline Champness, Nancy & Dan Daues, Maria Oeler and Mary Guerrero won the championship.

Award winners: Corky Freed, Ron Geyer, Bevin Covington, John Krenek, Hugo Pena, Mike Cook, Cheryl Torrez, Luisa Aparicio, Angie Alcorta and Caroline Champness. "Most Improved" were John Krenek and Maria Oeler.

The league resumes on Aug. 21 with a meeting, and on Aug. 28 with league play. Watch for more information in early August. If you are interested in bowling with us (at least 18 years old) or have any questions, please contact Sandy Janda at 281-463-1819 or e-mail:

sandyjanda@sbcglobal.net

## Stewardship

## Oktoberfest 2023

Preparation for SEAS Parish Festival: Oktoberfest 2023 begins this month.

We are looking forward to working with you again but mostly excited in meeting new volunteers!

We really appreciate sharing your talents in our biggest annual family event.

Oktoberfest is October 21, 10:00 a.m.—9:00 p.m.

Rosa R Rodriguez at rosa.salazar rdz@yahoo.com

#### April 30: Fourth Sunday of Easter

Regular offertory \$ 28,892Parish School \$ 6,947

#### May 7: Fifth Sunday of Easter

- Regular offertory \$ 31,911
- No second collection

#### May 14: Sixth Sunday of Easter

Regular offertory \$ 25,439Cath. Communications \$ 6,420

#### May 21: Ascension of the Lord

Regular offertory \$ 26,485St. Vincent dePaul \$ 10,028

## Announcements

#### **Encuentro Matrimonial**

El Encuentro Matrimonial Mundial invita a todas las parejas, Sacramentadas o en unión libre a vivir la Experiencia de un Fin de Semana del Encuentro Matrimonial Mundial. El próximo fin de semana será el 7, 8, y 9 de Julio, para mas información llamar a Raúl y Aracely Navarro, al 713-240-5259 o 832-467-3560.

#### Mother Seton Homeschool Co-op

A group in our parish is working to establish a homeschool co-op in the fall. It will meet on Thursdays during the school year, from 9:00 a.m.—2:30 p.m. For more information and registration, go to: www.mothersetoncooptx.com.

#### Men's Basketball

Young adult men of the parish are invited to join Millennial Men's Basketball. We play on Monday evenings from 7:00 p.m.—8:30 p.m. in the Cardinal DiNardo Hall (CDH) or in the Pavilion, and conclude with a group Rosary. You may contact Jimmy Ha at jimmyha@seascatholic.org or call him at the parish office (281) 463-7878. Please call or e-mail in advance for the latest schedule.

May 28: Pentecost Not available at the time of publication.

#### Monthly Faith Direct

The month of May \$ 48,242
 (Through May 24)

To give on-line go to: FaithDirect.net Parish code: TX417

#### 2023 Diocesan Services Fund

Goal \$ 227,000Paid \$ 98,588Participants 331

Go to www.Formed.org
Parish code for FREE access:
9466ca

## Parish Apostolates

#### American Heritage Girls

We are a ministry for girls that provides an alternative to traditional scouting programs. We are open to girls age 5-18. Girls earn badges, go camping, participate in service projects, learn servant leadership and have lots of fun all within a Christian framework. Email ahatx1283@gmail.com for specific location at SEAS or for more information. Visit our website at: www.americanheritagegirls.org.

#### **Blood Drive**

We host blood drives here at SEAS quarterly to help meet the critical needs for blood within our community. If you can volunteer for one hour or two once a quarter please contact Carmen Densing (832-654-3121) carmendensing@gmail.com or Aulie Johnson (281-855-8831) auljer@att.net.

#### CanaVox

Are you interested in the latest and greatest research (philosophical and sociological) regarding marriage and the family? Canavox, a reading group, discusses all topics of marriage and family, is coming to the Cypress area. Email Jennifer DellaCrosse at jdellacrosse@gmail.com for more information.

#### Formed.org

Free on-line faith resources are found at: Formed.org. Our parish code is: 9466ca. Log-on for free movies, ebooks, Lenten resources, and more.

#### Gabriel Project

Our mission is to assist women experiencing crisis pregnancies through spiritual and emotional support, practical advice and help with items for new baby. Expectant mothers in difficult circumstances should call the Pro Life Gabriel Project number: 713-225-5826. Since April 2019, SEAS GP Team has assisted over 40 little ones and their moms!

#### Grief Share Support Group

Join us in this Christ-centered support group for those grieving the loss of a loved one. We meet on the second and fourth Sundays of the month from 3:30 p.m. - 5:00 p.m. in FLC room 4-5.



Your loss may be very fresh, and you may be struggling with how

to get through each day, or your loss may have been years ago, but the grief is still there. Come for any number of meetings throughout the year. Use the QR code for more information or to register, or go to the web:

www.griefshare.org/gropups/156884.

#### Helping Hands Ministry

We assist families in pre-planning for funerals. To schedule an appointment, please call Beth Wood at 281-413-9682. Bereavement support in the form of printed care notes specific to a family's need is provided at the time of a Funeral or Memorial Mass.

#### Homeschooling

Consider joining the Holy Family Homeschool Support Group in west Houston: holyfamilyhomeschoolers.org

#### Knights of Columbus Council 8096

As a Knight, you have the opportunity to support your parish, give back to your community, grow in your faith plus many more benefits. We meet on the first and second Wednesdays at 7:00 p.m.

Grand Knight: Tom Theriot (tomtheriot.seas8096@gmail.com) Deputy GK Jorge Nevares: (nevaresi@gmail.com).

Visit us at KofC8096.org.

#### **Ladies Auxiliary**

We assist the Knights of Columbus and promote fellowship among KC families. We may also provide support to the parish and to other organizations. Members must be female (18 years or older), and a relative of a KC member and/or a member of SEAS. We meet on the second Tuesday of the month. Please contact: Jeanne Davis, President at 713-305-6560; Dolores Nevares, Membership Chair at 713-582-3100; or Sandy Janda, Treasurer at 281-463-1819.

#### Lay Carmelites

We seek to live the Gospel in our daily lives. We study and meet together once a month. For information, contact Yajaira Ayala at 832-330-6092 or Kathy Schutz at 936-203-7954.

#### Learn English

Free English Classes on Mondays from 9:00 a.m.—11:00 a.m. and on Tuesdays, from 7:00 p.m.—9:00 p.m. in the Family Life Center (FLC). Contact Jan Garza 832-443-4248, or by e-mail at: jan.garza@comcast.net. Participants must be 18 years of age or older. (No baby-sitting provided). Join us any week.

#### Nursing Ministry

The Parish Nursing ministry is comprised of health care professionals and others who have the health of our parishioners at heart. We are nurses, therapists and educators in the fields of health promotion. We work to coordinate care for parishioners in their time of need. Please call Kim (832-746-1135) for more information.

#### Prayer Blanket Ministry

We bring comfort to those in need of support and prayer. Small lap-sized blankets are crocheted, sewn, or knitted. The blankets are blessed by a priest, and given to those in need.

Crochet, knit, or sew a prayer blanket;

- Donate to help defray the cost of materials;
- Donate yarn or fleece for the blankets.
   For more information or to give or receive a prayer blanket, please contact Marian Salway: weare4mar@gmail.com

#### R.C.I.A.

The Rite of Christian Initiation for Adults (RCIA) is for people who are thinking about the possibility of becoming Catholic. It is for the un-baptized, people of other faiths or people who have been baptized Catholic but did not complete the sacraments of Initiation. We explore the beliefs of the Catholic Church and discern, over a period of many months, if they desire to become Catholic. If you are interested please call: Becky at 281-463-7878.

#### Respect Life Committee

For information about upcoming pro-life activities, you are invited to contact James Pinedo at his personal e-mail: jamespinedo@gmail.com or by phone at 281-912-4342.

#### St. Vincent de Paul Society

Thank you for your continued support of the SEAS St. Vincent de Paul Ministry (SVdP). Vincentians, direct your donations to our local community's needy. Vincentian's duties are office work- answering phone calls 1x/week on M-W-F and/or being a member of 2-person Home Visit team, who assesses individuals/family's needs. Additionally, SVdP hosts a monthly Food Drive at SEAS and partners with MESA Outreach, who distributes the food. Call our office at 281-463-4560 if you wish to volunteer.

#### That Man is You!

TMIY honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers.

## Apostolados Parroquiales

#### **AMSIF**

"Ven y transforma tu vida únete a las miles de mujeres que están siendo parte del cambio". Estamos aceptando nuevas participantes. Nuestro día de apertura Agosto 30, 2022 a las 9:00 am en salón FLC. Te esperamos! Para mas información contactar a Marcela Méndez (281)780-5921.

#### Estudio de Biblia

Esta cordialmente invitado a unirse a estudiar las Sagradas Escrituras y lo esencial de nuestra fe Católica de 12:00—2:00 p.m. en el FLC, salón: Prayer Room. Para mas información comunicarse con Guadalupe Ortiz, 281-620-8308

#### Grupo de Oración Carismático

Te invitamos al Grupo de Oración Carismático los viernes a partir de las 7:30 p.m. en el edificio Family Life Center (FLC) salón A&B. Compartimos la palabra de Dios, oramos y alabamos al Señor.

No importa dónde y cómo te encuentres en tu caminar con Dios, ven a crecer en Fe y a vivir la experiencia de una pequeña Comunidad Cristiana. Para más información contactar a Liby Alegria (713) 359-6443 o José López (832) 215-6895.

#### Legión de María

Contactos: Veronica Carbajal 281-302-8091; Luis Hernandez 832-533-0626; Patricia Luguenode Carrion 832-236-5291

## Movimiento Familiar Cristiano Católico – USA

Inscripciones abiertas, Únete a las más de 120 familias de esta comunidad que han descubierto como mejorar su vida familiar y de pareja. Romualdo y Narcedalia Sepúlveda, Presidentes. (832)368-5457 mfcc.hse@gmail.com

#### Planificación Familiar Natural

Aprenden como respetar el plan de Dios por el don de fertilidad. Contactar nuestros coordinadores a JessicaBromwell88@gmail.com

#### Jóvenes X Cristo

Somos un grupo de jóvenes adultos soltero(a)s entre 18-30 años que se reúnen los domingos a las 12:40 p.m. - 1:45 p.m. La reunión termina después de la misa de 2:00 p.m.



Compartimos temas bíblicos, catequísticas, y prácticas para los jóvenes. Lugar FLC: cuartos 4 y 5. Habrá un día de retiro 25 de junio, se requiere registración.

#### Sociedad de San Vicente de Paul

La Sociedad de St. Vincent de Paul (SVdP) sirve los pobres en nuestra comunidad. Los voluntarios usan sus donaciones para apoyar a los necesitados de nuestra comunidad local. Los deberes son trabajo en la oficina: contestar llamadas telefónicas 1 vez por semana los Lunes, Miércoles y Viernes, y/o ser miembro del equipo de visitas domiciliarias de 2 personas, que evalúa las necesidades de las personas / familias. Te invitamos a unirte a nuestra misión. Llame a nuestra oficina al 281-463-4560 si desea ser voluntario. Horas Oficina: Lun-Mierc-Vier 9 am- 12 Mediodía.

## El Kermés 2023

"Preparación para el Kermés de SEAS: Oktoberfest 2023. ¡Esperamos trabajar con ustedes nuevamente, pero sobre todo estamos emocionados de conocer nuevos voluntarios! Realmente apreciamos compartir sus talentos en nuestro mayor evento familiar anual.

Rosa R Rodriguez at rosa.salazar rdz@yahoo.com



## Annual Garage Sale

July 20-22

#### Thursday, July 20

8:00 a.m. – Noon (\$20 entry) 5:00 p.m. - 8:00 p.m. (\$5 entry, age 12+)

#### Friday, July 21

8:00 a.m. - 5:00 p.m. (No entry fee)

#### Saturday, July 22

8:00 a.m.—11:00 a.m. – 50% off sale Noon- 2:00 p.m. – Clearance sale \$1- Grocery Bag, \$5 Medium Box, \$10 Large Box

**Starting July 1, 2023, in the CDH we will be accepting:** working small appliances, furniture (no stains or tears please), arts & crafts, clothes (no undergarments please), toys, puzzles, bikes, books, DVDs (G and PG rated movies only), CDs, outdoor furniture, lawn equipment, baby items (cribs and car seats not accepted), home décor, jewelry, collectibles, dishes, vases, holiday décor, kitchens items, flat screen TV only.

**Also accepting supplies needed for garage sale:** Clothing hangers, black sharpies, Scotch packing tape, large trash bags.

**Items not accepted:** Car seats, baby cribs, large appliances, TV armoires, industrial metal cabinets, filing cabinets, office desks, mattress, box springs, tube box TV, computers, monitors, printers, stained or torn clothes, undergarments.

No Pg-13 or R rated DVDs, movies, or violent video games will be accepted (You shouldn't have most of those anyway. Throw them away!).

#### Donation drop-off in the CDH: July 1—July 17

Monday – Friday: 8:30 a.m. – 8:00 p.m. Weekend: 8:00 a.m. - 6:00 p.m. Large Furniture pick up please contact Liz Leal at 832-216-5723

#### **Volunteers Needed!**

Work two hour shifts and you will be allowed to shop early! Please email <a href="mailto:limorales@sbcglobal.net">limorales@sbcglobal.net</a> 713-410-3363 for details and hours.

Questions? Please contact Lisa Morales at 713-410-3363.



## Youth Apostolate

# Youth Groups Grupos Juveniles

#### Wednesdays at the Well (Grades 8-12)

- Youth Room in the CLC, 6:30 p.m. 8:30 p.m.
- Jun 7 (Volunteer Potluck)
- July 12, 19, 26

## Youth Ministry Events Eventos de Ministerio Juvenil

## Covecrest (High School Summer Camp) (Campamento de Verano de Secundaria)

- June 18 25, 2023 in Tiger, Georgia.
- Accepting waiting list applications in the church office

## Registration for 2023-2024 April 1—July 31

- RCIA: (Grades/ Grados 2-12)
- Sacramental Preparation and First Communion: (Grades 6-12)
- Cornerstone—High School: (Grades/ Grados 6-12)
- Confirmation I (Grades/ Grados 9-11)
- Confirmation II (Grades/ Grados 10-12)

#### Catholic Boot Camp

Required of Confirmation I & II and open to all high school students June 27—July 1

#### Questions? ¿Preguntas? (281) 463-7878

- Martina Gallagher (Español) mglalagher@seascatholic.org
- Justin Pybus (English)
   pybus@seascatholic.org





## Parish Apostolates

Continued from page 7...

The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive! We meet on Wednesday morning from 5:30 a.m.—7:00 a.m. in the Community Life Center (CLC). We don't meet during the summer. Contact: Carlos Alatorre at 832-265-7708.

#### Walking with Moms in Need

We provide information on area resources to parents experiencing domestic violence, housing/rent, eviction, food, clothing for adults and children, child care, healthcare, school supplies, and employment counseling. Contact James Pinedo at 281-912-4342, or Susie Schwartz 832-405-2554.

#### Parish Blood Drive Schedule

Save the following dates for the 2023 SEAS Blood Drives: June 11, September 3, December 3. The blood you donate gives someone another chance at life. Criteria for donating blood: Must be at least 17 years of age, weigh 110 lbs. or more. Or 16 years of age, weigh 122 lbs. or more and have a signed consent form from parent or guardian. All donors must be in good health. Other information can be found at giveblood.org.

Contact Carmen Densing at 832-654-3121 or Aulie Johnson at 281-855-8831 for appointments.

#### Rosary and Divine Mercy Prayer

Come and join SEAS parishioners after the 9:00 a.m. Mass, Monday thru Saturday, om praying the Rosary and the Divine Mercy chaplet. On Thursdays we pray with special meditations for vocations and for the priests of St Elizabeth's. For more information contact Suzanne Porter at: suzanneaporter@gmail.com, 281-855-7235.

#### Wednesday Morning English Bible Study

We meet most Wednesdays from September to May from 9:30 to 11:30 a.m. We study Sacred Scripture using Catholic Bible Studies from Ascension Press (Jeff Cavins), St. Paul's Center (Scott Hahn) and Liturgical Press (Little Rock).

There is a cost for the materials, but scholarships are available if needed.

If you would like to join, please contact Carmen Delgado at duane\_carmen@msn.com or leave your name and contact information at the SEAS Parish office. Materials for the September study are ordered in early August.

#### **English Ultreya**

Our English language Ultreya meets every third Saturday of the month at 9:45 a.m. in the Family Life Center. The Ultreya is a regular gathering of persons who have made a Cursillo retreat or who are in the Cursillo.



The following parishioners of SEAS have won accolades at St. John 23rd High School:

- Preston Nguyen: Dean's Award of Excellence English II; Principal's Award of Distinguished Achievement Latin II Honors
- Robert Ramirez: Dean's Award of Excellence 10th Grade Science; Math Scholar Award 10th Grade Mathematics
- Kylie Tran: Dean's Award of Excellence Spanish II

## How to go to Confession

Before confession we examine our conscience, asking God's help to know our sins and to be truly sorry for them.

#### Rite of Reconciliation

Priest: In the name of the Father and of

the Son and of the Holy Spirit.

Penitent: Amen.

Bless me, Father, for I have sinned. It has been (say how long) since

my last confession.

My sins are (confess your sins).

When you are done, the priest will give you spiritual advice and assign a penance. He will then ask you to pray an Act of Contrition, for example:

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

- or-

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they have offended Thee, my God, Who art all good and deserving of all my love. I firmly resolve wit the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

The Priest then says the Prayer of Absolution while the penitent listens. At the conclusion of the prayer, make the sign of the Cross and say, "Amen."

Priest: Go in peace
Penitent: **Thanks be to God** 

Complete your penance as soon as possible. If you were given prayers to say, try to pray them in church before departing.

#### How to Make a Good Confession

Confession is not difficult, but it does require preparation. We should begin with prayer, placing ourselves in the presence of God, our loving Father. We seek healing and forgiveness through repentance and a resolve to sin no more.

Then we review our lives since our last confession, searching our thoughts, words and actions for that which did not conform to God's command to love Him and one another through His laws and the laws of His Church. This is called an examination of conscience.

#### **Examination of Conscience**

Ask God to help you make a good confession. In quiet reflection ask yourself: Since my last confession...

- Did I pray to God, daily and from my heart?
- Did I live and witness to my Catholic faith, joyfully & courageously? Did I take God's name in vain? Did I curse anyone or make false oaths? Did I engage in superstitious or occult practices?
- Did I attend and participate actively at Mass on Sundays and holy days of obligation? Did I fast & abstain on prescribed days?
- Did I respect people in authority? My employer? Did I honor my parents?
- Was I violent or unnecessarily aggressive (e.g., physically, verbally, psychologically, etc.) with anyone?
- Was I prideful, stubborn, or rude with anyone? Did I hold a grudge?
- Did I abuse alcohol, prescription medications, or illegal drugs? Did I overindulge in food?
- Did I consent to, recommend, advise, or actively take part in an abortion? Did I use abortifacient drugs?
- Did I view pornography, entertain lustful thoughts, conversations or actions?
- Was I unloving to my spouse? Did I engage in adulterous activity (e.g., sexual, emotional, virtual, etc.)? Did I use contraceptives?
- Was I neglectful of the spiritual, intellectual, emotional, or physical needs of my spouse, children, or family?
- Did I steal or damage another's property? Was I honest and just in my business relations? Did I waste time at work?
- Did I contribute to the needs of the spiritually and materially poor with my time and resources?
- Did I engage in gossip? Did I lie? Did I speak poorly of others? Did I judge anyone unfairly?
- Did I envy anyone? Was I jealous of others or or covet another's belongings?

## Prayer Groups

#### Friday Charismatic Prayer Group

Looking for something to refresh your soul and reenergize your spirit after a long week? You are invited to stop by Prayer Group on **Friday nights from 7:30pm to 9pm** to worship in song, listen to God's word, connect His word to your life, learn about the Saints and enjoy fellowship. All, are welcome!

For more information or to be added to our weekly email invitation which provides the location of our meeting along with the topic that will be discussed.

- Samy Ghattas at: sbghattas@gmail.com or
- Joanna Porche at: joanaporche@gmail.com

## St. Vincent de Paul

We thank you for your continued support of our St. Vincent de Paul Ministry. Here is our April report.

Le agradecemos por su continuo apoyo a nuestro ministerio de San Vicente de Paúl. Aquí hay un resumen de abril:

Number of Visits/Número de Visitas: 25 Food Collected/Comida Recolectada: 2,397 lbs.

#### Assistance/Asistencia:

| Rent/Renta Utilities/Utilidades Miscellaneous/ Varios Twinning with St. Patrick Total Assistance/Total | \$<br>\$<br>\$<br>\$ | 8,192.02<br>2,466.47<br>.00<br>.00<br>10,658.49 |
|--|----------------------|---|
| SVDP Expenses/Gastos   | \$                   | 279.89  |
| Church Collection/Colección  | \$                   | 16,752  |

For questions, volunteering, or assistance please call . 281-463-4560 Hours: M-W-F 9 am – 12 noon Horas Oficina: Lun-Mierc-Vier 9 am- 12 Mediodía

#### Christ the King Catholic Charismatic Group

Christ the King Catholic Charismatic Prayer Group invites you to their weekly fellowship, prayer/Bible study, praise and worship every Friday from 7:00 p.m. – 9:00 p.m. in Temp 3 room 6. Vigil night is every last Friday of the month from 10:00 p.m. – 12 midnight. Contact: sister Ukay Nnagha (346-434-3191) or sister Evelyn Chukwu (832-212-8333).

Join us for an ongoing Life in the Spirit seminar every Friday at 7:00 p.m. on ZOOM. Meeting ID: 791 091 4311 Passcode: Godsgrace

#### Family Adoration

A special time of Eucharistic adoration set aside for families, especially those with young children. We meet every Friday from 4:00 p.m.—5:00 p.m. in the Family life Center (FLC). We pray the Rosary and other prayers and devotions that are geared towards children.

#### Perpetual Adoration

You are welcome to spend time before the Lord in prayer and silent adoration. The chapel is always open, twenty-four hours a day.

We are in need of adorers at the following hours:

Monday: 3:00 a.m.—4:00 a.m.
Tuesday: 2:00 p.m.—3:00 p.m.
Friday: Noon—1:00 p.m.;

 We always need temporary substitutes at various hours.

If you would like to make a weekly commitment for one of these hours or to be a substitute as needed, please contact: Suzanne Porter at 281-855-7235 or suzanneaporter@gmail.com or Claudia Garcia (español) 281-787-7235; claugarc383@hotmail.com

#### Women's Morning of Recollection

We meet every fourth Saturday of the month in the church. Mass is at 9:00 a.m., followed by a preached meditation, time for confession, time for silent prayer and reflection, and a talk on some Christian virtue. The next meeting is **June 24**.

## Prayer Requests

#### Army

Salvador E. Zapata, Christopher Porras, Kristin Baron, Juan Vega Jr. Jesse Sinfuentes, Henry García, Gilbert Álvarez, Michael Wright, Manny Hernández, Joshua A. Chavira, Antonio R. Delaado, Ky V. Truong, Juan Manuel, Matthew Soileau, Tony Thompson, Michael Carty, Jerry Morales, Michael Hori, Scott Pfirman, Timothy Soto, David Freeman, Cameron J, Saltus, Trevor Marshall, Daniel Pruitt, Joseph Nadasky, Roosevelt Harris, Christina González, Evan Adams. Janet González, Alberto Moreno, Victor Delgado, Luis Rosales, Sat. Christopher Farías, Louis Hendershot, Jr. Rudy Banda III, Elvia Ayala, Manuel James López, Andy Huayamave, Sgt. Epigmenio Gómez Jr., Alexis Roman, Hunter Thigpen, Marco Hernandez, Thomas Stovall, Jorge Rodolfo Cantu Darien Moore Sgt. Erich J. Frankiewicz Frank Gabriel Padilla Jr Andy Alvarado Michael McGeary Tristan Weston Alexander Fuentes Erika Jaramillo Nathaniel A. Padilla Camacho Garcia Arturo Paredes

#### Navy

Jessica López, Matthew Rodríguez, Christopher McMullin, Gabriela San Martin, Mark Riddle. Cristian Shirl Sean V. Saluzzi, Thomas Roche, Justin J. Trudeau, William Wilkerson, Candy Flores, Jonathan Hyacinth, Alejandro Alatorre, Jonathan Young, Sean G. McBeth, Justin Ryan Keyser, Patricia Meehan. Donovan Angevine Adrian Garganera Henry David Loredo Zachary Johnson Martin H. Campuzano

#### Marines

Kleber Villalva, Jimv Perafan Peter Tate Jr., Vincent Flores, Albert García, Jason Wood. Joseph Mooney, Hunter W. Moffitt, Anetor Asibor, Albert García, Sergio Perez, Keith Breeckner. Ricky Isaac Hernández, Vinny Escobar. Victor Carrión-Martínez, Christopher Unger, Kidany Vaquero, Ryan DeKay, Codie M. Barnett, Sherry L. Sola, Kevin Flores, Matthew Araiza, Jakob Murray Nathan Durling Ryan Durling Michael Longpre **Angel Flores** Christian Roaro Julian Soriano Alejandro Soto

Cristal Rodriguez Tony Rodriguez

#### Air Force

Coy Daniel Incaprera, Phillip M. Doria, David Nordel, Sean Huggins, Kenzie O'Leary, Tsa.Sra. Don Park, Nathalie Rodríguez, David Anthony, Nathalie Huayamave, Nelvin Rodríguez, Maurice James Hardy II, Ricardo Villalva Jr. Daniel Araiza Gabriel Ramirez **Briggith Linares** Andrew Johnson

#### National Guard

Ed Dextraze. Tony Nies, Jerry Torres, Kevin Westlund, Cynthia Tobon Augustine R. Padilla Collin Thigpien

#### Coast Guard

William Coulter

## Contact

#### Parish Office 281-463-7878

FAX: 281-463-4822

Mon-Fri 9:00 a.m.—8:00 p.m. Saturday 8:00 a.m.—2:00 p.m.

#### **Priests**

Rev. Stephen B. Reynolds, Pastor Rev. Innocent Okhifo

Rev. Thomas Luu Vu, C.R.M.

Rev. José Rodrigo Alonso

#### **Deacons**

Mr. Tom Jeffers Mr. Ed Gallagher Mr. German Godoy

Mr. Chuck Pennell

Mr. Francisco Rendon

#### Administration

Administrator: German Godoy Finance Director: Linh Nguyen Secretary: Patty Bergholtz Scheduling: Claudia Gomez

#### **Religious Education**

#### Elementary/RCIA

Becky Brumbaugh

#### **Adolescent Catechesis**

Martina Gallagher

#### Youth Apostolate

Justin Pybus

#### Doctrina en Español

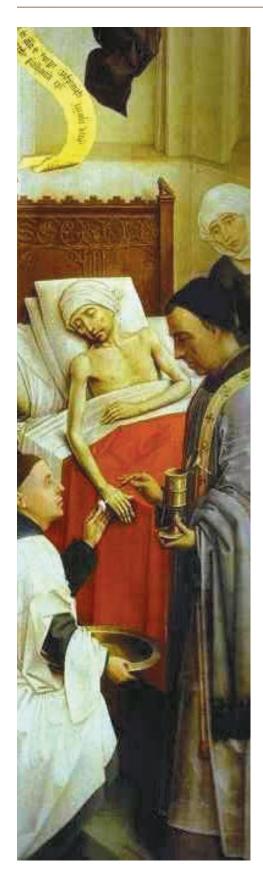
Lucia Rueda

#### **Vietnamese Community**

Rev. Thomas Luu Vu, C.R.M.

SeasOffice@SeasCatholic.org www.SeasCatholic.org

## Prayer for the Sick



Tony Attardo, Austin Aponte, Laura Aguayo, Alejandro Alejo, Roberto Azucera, Monica Alvarez, Kathryn Arnst, Ramon Arciniega, Catherine Bryant, Mary Brandon, Jackie Babaian, Lisa Britt, Virginia Book, Zachariah Bender, Ashley Boydan, Detra Broussard, Mrs. Balinni, Marisol Carbajal, Beatrice Cotton, Juana Alvarado de Camzalex, Angela, Christopher & Christian Carrasco, Sara Cabrera, Maria Campuzano, Angel Carbone, Tina Marie Colley, Sadot Cisneros, Victor H. Cisneros, Grace Day, Janie DeLaGarza, Kathy Dunlap, Diana Diaz, De Jesus, Andres Duran, Josefina Delarue, Jose Escalante, Elsie Estrella, Gene Eschenberg Sr, Bob Frasier, Lucy Fernandez, Carlos Figueroa, Leticia Fulshear, Julia Garcia;

Lauren Gomez, Monica Gomez, Rafael Gomez, Maria Gomez, Alfredo Gonzalez, Andrea Guardado, Ernesto Javier Gonzalez, Janeth Gonzalez, Rosemarie Gomez, Astrid, Stefany and Orlando Gomes, Abby Gonzalez, Tom & Joyce Hennessy, Lisa Hunt, Victor Huayamabe, Chris Johnson, Mario Jardin, Shauna Johnston, Jubilan & Madison, Elrose Kostak, Blanca Lucio, Roseann Lara, Czarina Lee, Teresa Lopez, Patricia Maner, Jesus & Susana Mayorga, Gabin & Pheove Marquez, Janie Mirales, Graciela Mora, Lenida Martinez, Henry Medlin, Serafin Mendoza, Juan Medlina, Austin Mckee, Maria del Retigio Martinez, Gaye McCellan, Ryan Medlin, Hubert Morrison, Butin Ngim, Sanh Nguyen;

Sandra Oravec, Emma E. Orellana, Noah Oliver, Dolores Petrich, Ashley Perelta & baby, Fernando Peralta, Mufide Rende & Family, Sam Romano, Flor Rodriguez, Ailed & Josue Romo, Anita Ruiz, Monique Ruiz, Priscilla Ruiz, Isabel Rodriguez, Maribel Ramirez, Erika Ruiz, Sherri Ruiz, Gisselle Rodriguez, Clyde Ridgeway, Elva Rivera, Steffani Reyna, Jeff Reyes, Maria Salinas Reyna, Gomez Padillo de Sanchez, Ralph Sparks, Katherine E. Servin, Esther D. Salazar, Kanishka De Silva, Octavio Sanchez, Tomas Santodomingo, Ted Steinkogler, Gabriela Ochoa Sanchez, Rand Scotka, Silvia Torres, Mary Turner, Sylvia Tellez, Alejandro Tamayo, Ruby Trevino, Ignacio Urvina, Angie Vazquez, Jesus David Vazquez, Juan Jose Vazquez, Tristan Weston, Dan Williamson, Nora Zetino, Santiago Zamora Jr and all others who need our prayers.

If you know anyone who is sick or in need of prayer support, please call 281-463-7878.

Comuníquese al teléfono anterior si conoce algún enfermo que necesita el apoyo de la oración de nuestra familia parroquial.

## Bulletin Information

The bulletin is published monthly. All submissions must be submitted in an MSWord document, using Century Gothic font, size nine. Please do not add any formatting to the document (bold, italics, text boxes, etc.). All submissions are subject to editing.

The next edition of the bulletin will be the Summer edition. **The deadline for the Summer edition is June15.** The current plan for publication is:

- Summer (July, August)
- September

#### Pasos básicos para confesarse

Antes de nuestra confesión, examinemos nuestra consciencia, pidiendo por la ayuda de Dios para conocer y arrepentir de nuestros pecados.

Penitente: Ave María Purísima.

Sacerdote: Sin pecado concebida.

Penitente: Bendígame padre porque

he pecado. Hace ... de mi

última confesión. Mis pecados son...

Confiesa todos los pecados desde tu última confesión.

#### No es necesario ilustrar detalles de lo ocurrido.

Por ejemplo: "Ofendí gravemente a mis padres de palabra" en vez de: "Íbamos en el carro y papa sacó una vieja conversación.... me habló de una novia... reaccioné....entonces..."

Confiesa tus propios pecados y no los ajenos. El confesionario no es para desahogarse contando lo que nos han hecho otros.

Sacerdote ofrece algún consejo e imparte la penitencia.

Penitente reza el Acto de Contrición, por ejemplo:

Pésame Dios mío y me arrepiento de todo corazón de haberte ofendido. Pésame por el infierno que merecí y por el cielo que perdí; pero mucho mas me pesa porque pecando ofendí un Dios tan bueno y tan grande como vos; antes querría haber muerto que haberle ofendido, y propongo firmemente ayudado por tu divina gracia, no pecar mas y evitar las ocasiones próximas de pecado. Amen

Sacerdote imparte la absolución con estas palabras: "Dios, Padre de misericordia..." y despide al penitente en paz.

#### Examen de Conciencia:

- ¿He rechazado o abandonado mi fe? ¿Me he preocupado por conocerla mejor? ¿La he defendido, o me he avergonzado de ella? ¿Hay algún aspecto de la fe que no acepto?
- ¿He tomado el nombre de Dios en vano? ¿He hecho espiritismo o he confiado en adivinos u horóscopos? ¿He mostrado falta de respeto por las personas, lugares o cosas santas?
- ¿He faltado voluntariamente a Misa los domingos o días de precepto?
- ¿He recibido al Señor en la Sagrada Comunión teniendo algún pecado grave en mi conciencia?
- ¿Le he recibido sin agradecimiento o sin la debida reverencia?
- ¿He sido impaciente, he tenido celos o me he enfadado?
- ¿He albergado rencores o he estado poco dispuesto a perdonar?
- ¿He sido violento con otras personas verbal o físicamente?
- ¿He cooperado o alentado a alguien a abortar, destruir embriones, a la eutanasia o a otro medio para acabar con la vida humana?
- ¿He tenido odio o he hecho juicios críticos de pensamiento o de obra? ¿He menospreciado a otros?
- ¿He hablado mal de otros?
- ¿He tomado alcohol en exceso? ¿He consumido droaas?
- ¿He mirado vídeos o páginas web pornográficas?
   ¿He cometido actos impuros conmigo mismo o con otras personas? ¿Vivo con alguien como si estuviéramos casados sin estarlo?
- Si estoy casado, ¿procuro amar a mi cónyuge por encima de cualquier otra persona? ¿Pongo mi matrimonio en primer lugar? ¿Y mis hijos? ¿Tengo una actitud abierta a nuevas vidas?
- ¿Permito que mi trabajo ocupe tiempo y energías que corresponden a mi familia o amigos?
- ¿He sido soberbio o egoísta de pensamiento o de obra? ¿He desatendido a los pobres o a los necesitados? ¿He gastado dinero para mi comodidad o lujo personal olvidando mis responsabilidades hacia otros y hacia la Iglesia?
- ¿He dicho mentiras? ¿He sido honesto y diligente en mi trabajo? ¿He robado o engañado a alguien en el trabajo?
- ¿Me he dejado llevar por la pereza? ¿He preferido mi comodidad personal al servicio a los demás? ¿He desatendido mi responsabilidad de acercar a los demás a Dios con mi ejemplo y mi palabra?



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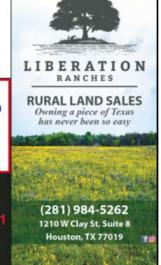
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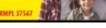
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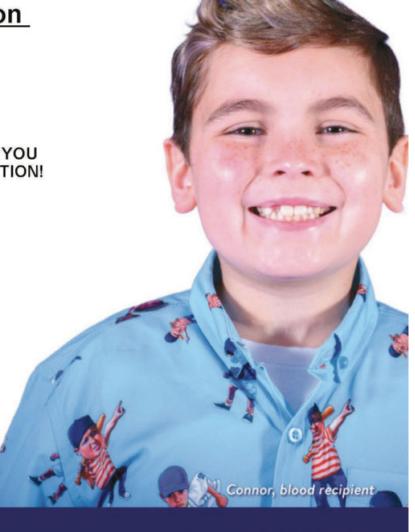
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