

Dear parishioners,

Today the church invites us to celebrate the Solemnity of the Most Holy Trinity. On this Solemnity we reflect on the central mystery of our Christian faith. It is a profound celebration of the Christian faith, reflecting on the mystery of God as Father, Son, and Holy Spirit.

Today's readings offer profound insights into the mystery of the **Holy Trinity**:

- **Proverbs 8:22-31** speaks of **Wisdom**, often understood as a personification of Christ. It describes Wisdom as present before creation, rejoicing in God's work. This passage highlights the **eternal nature of the Son** and His role in creation.
- **Romans 5:1-5** emphasizes **justification through faith** and the peace believers receive through Christ. It also speaks of the **Holy Spirit**, who pours God's love into our hearts, showing the Spirit's active presence in our lives.
- **John 16:12-15** records Jesus' words about the **Spirit of Truth**, who will guide believers into all truth. The passage reveals the unity between the Father, Son, and Holy Spirit, as the Spirit speaks what He hears from the Son, who receives from the Father.

The Trinity is not just a doctrine – it is an invitation into relationship. God is not distant but intimately involved in our lives.

1. The Shamrock and St. Patrick

St. Patrick, the patron saint of Ireland, used a simple shamrock to explain the Trinity. He pointed out that the shamrock has three leaves but remains one plant—just as God is three persons in one divine being. This analogy helps us understand that the Father, Son, and Holy Spirit are distinct yet united in perfect love.

2. St. Augustine and the Boy at the Beach

St. Augustine, one of the greatest theologians, was once walking along the shore, contemplating the mystery of the Trinity. He saw a young boy repeatedly carrying water from the ocean and pouring it into a small hole in the sand. Augustine asked what he was doing, and the boy replied, “I am trying to fit the entire ocean into this hole.” Augustine smiled and said, “That is impossible!” The boy then responded, “And so it is impossible for you to fully comprehend the mystery of the Trinity.” The story reminds us that while we may never fully grasp Trinity, we can still embrace its truth with faith.

3. The Family as a Reflection of the Trinity

The Trinity is often compared to a loving family. Just as a family consists of different individuals united by love, the Father, Son, and Holy Spirit exist in perfect communion. A husband and wife share love, and from their love, new life is created—just as the Holy Spirit proceeds from the love between the Father and the Son. This example helps us see how the Trinity is not just a theological concept but a model for relationships.

4. The Sun as an Analogy

Some theologians use the sun to illustrate the Trinity. The sun itself represents God the Father, the light it gives represents Jesus Christ, and the warmth we feel represents the Holy Spirit. Though distinct, all three are inseparable and work together to bring life and energy to the world.

As we make the sign of the cross, let us remember that we are marked by the Holy Trinity – Father, son and Holy Spirit. May we live in the love and unity of God, bringing His presence into the world.

Happy Father's Day!

To all the fathers out there—today is a day to celebrate you, but the truth is, your impact lasts far beyond just one day. Being a father is more than a title; it's a calling. Your presence matters, your words shape lives, and your support creates a foundation that lasts for generations. Whether you're teaching life lessons, providing for your family, offering a listening ear, it all counts. So, keep going. Keep leading with kindness, keep embracing the journey, and keep being the example that your children look up to.

July 4th Parade

This year our parish will participate in the 4th of July parade. I want to draw your attention to page 4 of the bulletin where you will find information on how to sign up. Come and march with your parish.

Fr. Edmond