

## **CONVERSATION 2: THE HOLY SPIRIT IN OUR LIVES**



### **Materials Needed:**

- Paper for notes
- Pen or Pencil

### **Conversation Steps: Welcome & introduction**

1. Open with the prayer provided below or a prayer of your choice.
2. Check in and briefly visit with your candidate about how things are going since your last conversation.

### **Prayer**

Come, Holy Spirit, fill the hearts of your faithful.  
And kindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you will renew the face of the earth.

Lord, by the light of the Holy Spirit  
you have taught the hearts of your faithful.  
In the same Spirit help us to relish what is right  
and always rejoice in your consolation.  
We ask this through Christ our Lord.  
Amen.

### **The Word & Conversation**

Read aloud John 14:16-17

<sup>16</sup> And I will ask the Father, and he will give you another Advocate to be with you always,  
<sup>17</sup> the Spirit of truth, which the world cannot accept, because it neither sees nor knows it.  
But you know it, because it remains with you, and will be in you.

### **Sponsor Led Discussion:**

1. Talk about the different roles your young person has in his or her life: student, athlete, church member, son or daughter, brother, or sister; yet he or she is still one person. Point out to your candidate that all these roles say something about who he or she is. Explain how we can have a fuller understanding of the Holy Spirit if we understand some of the Holy Spirit's roles or ways of working in our lives.
2. Ask the candidate to tell you the difference between true friends who are always there for you and others who only hang around when it benefits them. Take this question a step further and challenge the candidate to come up with three differences between being loved by someone and being used by someone.

3. Talk about the Holy Spirit as one who encourages us. Ask when your candidate felt encouraged by someone and have him or her elaborate on that experience. What did that person do that was encouraging? Ask the candidate what insight this might offer about the Holy Spirit's presence and action in his or her life.
4. Share with your candidate that the Holy Spirit is also our comforter. Explain that the word *comfort* means "to give strength." Ask about historic figures or people the candidate knows who have given strength to those around them. Ask the candidate what insight this offers about the Holy Spirit's presence and action in his or her life.
5. Explain that John tells us that God is the source of love. In other words, he not only loves us but gives us the strength to love like a true friend. Discuss with your candidate ways we can find God's love. Some examples may include praying, attending Mass and receiving the Eucharist, providing service to others, listening to inspiring music, journal or creating sacred art.