



A newsletter from  
**ST. MARY'S ABBEY**

230 MENDHAM ROAD MORRISTOWN, NJ 07960-4899  
P: 973.538.3235 W: WWW.STMARYSABBHEY.ORG



## March 2019

### 3. VIII Sunday (Father Hilary)

4. Matins @ 7:30 a.m., M-F thru 3/15

6. Ash Wednesday

⊕ Blessing & Imposition of Ashes, 5 p.m.

8. Second Friday

⊕ Adoration + Reconciliation

⊕ Abbey Church

⊕ 2:30 – 4:30 p.m.

### 10. I Sunday of Lent (Father Hilary)

⊕ Daylight Savings Time begins (-1 hr.)

12. Novena to SPNB begins

### 17. II Sunday of Lent (Abbot Elias)

⊕ Oblate Sunday

### 19. St. Joseph, solemnity

### 21. Transitus of SPNB, solemnity

⊕ Mass & 1<sup>st</sup> Profession w/ School, 9:50 a.m.

### 24. III Sunday of Lent (Abbot Richard)

### 25. Annunciation of the Lord, solemnity

### 31. IV Sunday of Lent (Prior Edward Seton)

This calendar follows the *Order of Worship* as approved by the Congregation for Divine Worship on 22 June 1972 in Rome for the American Cassinese Congregation of Benedictine Monasteries.

**LECTIO DIVINA:** Here are the readings for Sunday Masses in March.

⊕ **March 3:** Sir 27: 4-7; 1Cor 15: 54-58; Lk 6: 39-45

⊕ **March 10:** Dt 26: 4-10; Rom 10: 8-13; Lk 4: 1-13

⊕ **March 17:** Gn 15: 5-12, 17-18; Phil 3: 17 to 4:1; Lk9: 28b-36

⊕ **March 24:** Ex 3: 1-8a, 13-15; 1Cor 10: 1-6, 10-12; Lk 13: 1-9

⊕ **March 31:** Jos 5: 9a, 10-12; 2Cor 5: 17-21; Lk 15: 1-3, 11-32

**PRAYER SCHEDULE:** Feel free to join us!

Let all guests be received as Christ (RB 53).

#### ⊕ Sunday:

- ♦ Matins, 7:30 a.m.
- ♦ Mass, 11:00 a.m.
- ♦ Vespers, 5 p.m.

#### ⊕ Monday-Friday

- ♦ Matins, 6:30 a.m. (non-school days, 7:30 a.m.)
- ♦ Midday Prayer, 11:50 a.m. (Chapter Room)
- ♦ Vespers with Mass, 5 p.m.
- ♦ Compline, 6:45 p.m. (Chapter Room)

#### ⊕ Saturday:

- ♦ Matins, 7:30 a.m., followed by Mass (ca. 8 a.m.)
- ♦ Midday Prayer, 11:50 a.m. (Chapter Room)
- ♦ Vespers, 5 p.m.
- ♦ Compline, 6:45 p.m. (Chapter Room)

### **THE FIRST PROFESSION OF BR. JAVIER**

Novice Br. Javier Brion will make his first profession during Mass with Delbarton School in the Abbey Church at 9:50 a.m. on Thursday, March 21<sup>st</sup>, The Transitus of St. Benedict. Feel free to join us!

### **THE TRANSITUS OF ST. BENEDICT**

The word “transitus” (latin for “passing”) is used to mark the death of saints. Since Vatican II and the reform of the Calendar of Saints, most monastic communities celebrate July 11<sup>th</sup> as the solemnity of St. Benedict. Before that time, 21 March was celebrated, commemorating the presumed day in 547 AD when St. Benedict died. Why was the date changed? The celebration in July removes the solemnity from the restraints of Lent and respects the primary importance of Lent as a liturgical season. [virginiatrappists.org](http://virginiatrappists.org).

### **HAPPY ST. PATRICK'S DAY**

St. Patrick's Day is celebrated annually on March 17<sup>th</sup>, the anniversary of St. Patrick's Death in the 5<sup>th</sup> century. The Irish have observed this day as a religious holiday for over 1,000 years. Happy St. Patrick's Day from St. Mary's Abbey!

**MARCH SAINT:** St. Joseph, (flourished 1st century CE, Nazareth, Galilee, region of Palestine; principal feast day March 19, Feast of St. Joseph the Worker May 1), in the New Testament, Jesus' earthly father and the Virgin Mary's husband. St. Joseph is the patron of the universal church in Roman Catholicism, and his life is recorded in the Gospels, particularly Matthew and Luke.

Joseph was a descendant of the house of King David. After marrying Mary, he found her already pregnant and, "being a righteous man and unwilling to expose her to public disgrace" (Matthew 1:19), decided to divorce her quietly, but an angel told him that the child was the Son of God and was conceived by the Holy Spirit. Obeying the angel, Joseph took Mary as his wife. After Jesus' birth at Bethlehem in Judaea, where the Holy Family received the Magi, an angel warned Joseph and Mary about the impending violence against the child by King Herod the Great of Judaea, whereupon they fled to Egypt. There the angel again appeared to Joseph, informing him of Herod's death and instructing him to return to the Holy Land.



Avoiding Bethlehem out of fear of Herod's successor, Joseph, Mary, and Jesus settled in Nazareth (Matthew 2:22–23) in Galilee, where Joseph taught his craft of carpentry to Jesus. Joseph is last mentioned in the Gospels when he and Mary frantically searched for the lost young Jesus in Jerusalem, where they found him in the Temple (Luke 2:41–49). Like Mary, Joseph failed to comprehend Jesus' ironic question, " 'Why were you searching for me? Did you not know that I must be in my Father's house?' " The circumstances of Joseph's death are unknown, except that he probably died before Jesus' public ministry began and was certainly dead before the Crucifixion (John 19:26–27).

Although the veneration of Joseph seems to have begun in Egypt, the earliest Western devotion to him dates from the early 14th century, when the Servites, an order of mendicant friars, observed his feast on March 19, the traditional day of his death. Among the subsequent promoters of the devotion were Pope Sixtus IV, who introduced it at Rome about 1479, and the celebrated 16th-century mystic St. Teresa of Ávila. Already patron of Mexico, Canada, and Belgium, Joseph was declared patron of the universal church by Pope Pius IX in 1870. In 1955 Pope Pius XII established the Feast of St. Joseph the Worker on May 1 as a counter-celebration to the communists' May Day. *Source: Britannica.com*

**FEBRUARY COLLECTION:** The February Mass collection was \$3,835. Thank you for your generosity!

**WEBSITE:** Please visit [saintmarysabbey.org](http://saintmarysabbey.org) for this newsletter and more up-to-date information about the Abbey. You can also visit [delbarton.org](http://delbarton.org) for more information about Delbarton School.

### Retreat Center News - March 2019

#### *You're Invited!*

*Join the Community of St. Mary's Abbey for the celebration of the Sacred Triduum, the pinnacle of the Church's liturgical year, by attending our Triduum Retreat. The retreat begins on Holy Thursday (April 18, 2019) with the Mass of the Lord's Supper and ends with the Mass of the Resurrection of the Lord either at the Vigil on Holy Saturday evening or on Easter Sunday Morning (April 21, 2019). Sleeping accommodations and meals provided for by St. Mary's Abbey Retreat Center.*

*For more information, call Paul Cocco at (973) 409-3499.*

In March, the Retreat Center welcomes the following overnight retreat groups:

- Saint Peter's Prep "Road to Emmaus" Retreat
- Delbarton Campus Ministry Sophomores
- Resurrection Parish (Randolph NJ) Youth Ministry

Please join us in praying that these groups have a powerful retreat experience with while they are [here.](#)

#### Spiritual Direction -

In the busyness of our everyday lives, it is often difficult to recognize the sacred story of our relationship with God. In our increasingly secular world, it is difficult to even talk about our faith with someone, much less discuss our struggles with it. Spiritual Direction gives us the opportunity to have such conversations on a regular basis with someone who is committed to our spiritual growth.

#### Personal Retreats -

The Retreat Center also welcomes men and women of all faiths for Private or Directed Retreats.

For more information on these programs or other Retreat Center questions, contact Paul Cocco at (973) 538-3235 x 2100, (973) 409-3499 (Direct Line or Text Messages) or via e-mail at

[retreatcenter@delbarton.org](mailto:retreatcenter@delbarton.org).

Visit our Web Page and/or our Facebook page at <https://www.saintmarysabbey.org/retreat-center> <https://www.facebook.com/St-Marys-Abbey-Retreat-Center-1529297930701260/>

**Blessings & Peace...**