

Please Pray For:



Ed & Margarite Woods, Hugh Hoganson, Eunice Tevlin, Rita Merchant, Anna La-Voie, Mark Olson, Wendell & Jeanne Anne Werner, Mary Ann Newville, Oliver Diaz, Julie and John Rollin, Dianna Kramer, Courtnee Creath, Mary Nelson, Britt Dwyer, Sue Beckham, Sharon Bjork, Tim Henson, Deacon Tom Altenhofen, Susan Altenhofen, Diane Watkins, Noel Smith, Ron Caputo, Jeannie Dolley, Jody Rannow, Jim Brennan, Michael J. Kello, Paulette Kalo, Alysia Ramirez

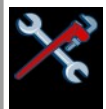
For the Repose of the Souls of: Keith Bowers, Beth Lints, John Rickaby; John "Kenney" Newville, Rose Marie Epple, Katherine Stark, Rose Arnhold, Margaret Hagle, Maria Pushpam, Larry LaVoie, Laura Escobar, Linda Renth, Cardinal Angelo Amato, Victor Cianci, Erik Larsen, Gerard Gibson, Pat Beckham, James Watkins, Cliff Rannow.

Please respect their privacy.

Upcoming Events:

Fri., Aug. 1: **KofC Bingo**, 2 PM
Thurs., Aug. 7: **COR Meeting**, 4 PM

The Women's Guild religious gift shop is open every weekend after mass.



There is a **2nd Collection next week** for **Maintenance**. Thank you for your generosity!



Come And Honor Our Mother

We would like to invite and encourage all parishioners to join in praying the Rosary to our Blessed Mother **every weekend before Mass**: on **Saturday at 5pm**, and on **Sunday at 10:30am**. Pray for our church, our world, and our own personal intentions. Come pray with us!

Thank you to everyone who have continued to contribute to the weekly offertory!



Join us in the Parish Hall after Sunday mass for donuts. Below are the groups who will be serving:

7/27 Women's Guild
8/3 Knights of Columbus
8/10 Men's Club



St. Mary, Our Lady of the Dunes, Knights of Columbus



St. Mary's Knights of Columbus, registered as a non-profit for the bottle and can recycling, are using the **BLUE** bags, available in the breezeway for you to take. **The Knights have a person stationed at the breezeway door if you would like them to take the bags out of your car before Masses.** Just pull up, and they will take it from you, starting at **5:00 on Saturday**, or **10:30 on Sundays**. **As always, we thank you very much for your donations and support.**

SAVE THE DATE!!

We are planning a **Jubilee Year Pilgrimage to Coos Bay, St. Monica's** on **Friday, September 26th!** We will give more information when we confirm the plans. There will be a sign-up sheet in the Vestibule soon. We will car-pool to St. Monica's, and have Mass there. **Details to follow.**



St. Mary's Knights Assembly Honor Guard

will be present on the 5th Sunday of August for the visit of Bishop Peter Smith for the **Dedication of the Monument to the Unborn** which was placed at the Church entrance. It will be blessed by Bishop Peter Smith at that time. **The annual Parish Feast** will be celebrated as well on that **Sunday, August 31st**. Once again, St. Mary's Knights extend sincere thanks to all who have helped support the completion of this project reflecting our respect for all life.



July 20, 2025

Regular Collection: \$3,217.00

Thank you for your Generosity

Knights of Columbus



BLACKOUT IS \$175

Friday, August 1, 2025

Doors Open at 1 PM

Games start at 2 PM

All are invited, bring a friend!

"Anxiety is the greatest evil that can befall a soul except sin. God commands you to pray, but He forbids you to worry."

—St. Francis de Sales



Let Us Give Thanks to our Lord God for all He does for us, and for the Miracles He Performs in our Lives every day. Let us Continue to Pray for Those in our Parish who are Sick, or are in Need of Healing in Body, Mind, or Spirit. Amen.

COR Meeting

Our Lady of the Dunes **COR Meeting** will be on **Thursday, August 7th at 4 PM**. Come join us. Any questions contact Richard Huff @ 541-999-2015.



HOW SHOULD WE PRAY?

"Starting with the opening line, "Our Father, who art in heaven," we can feel the warmth of connection. It's not just about recognizing God as a distant authority figure. No, it's so much more personal. By calling God "Father," we're stepping into a relationship filled with love and care. This simple title reminds us that we belong to something greater, that we are part of a divine family. In a world that often feels isolating, this line invites us to remember that we're never truly alone. We have a loving presence watching over us, guiding us through the maze of life."

A Message from Your Pastor:

Dear brothers and sisters in Jesus Christ,



Praise the Lord.

I would like to share with you some of the quotes taken from the lives of our saints on prayer. I am also sharing with you the insights from the Catechism of the Catholic Church on prayer. Here are a few practical guidelines for us to understand and appreciate the prayer in our life.

"To spend much time in prayer is to knock with a persistent and holy fervor at the door of the one whom we beseech" says St. Augustine.

"Prayer gives the armor of patience to those who suffer, who feel pain, who are distressed" says St. Augustine.

"My little children, your hearts, are small, but prayer stretches them and makes them capable of loving God" says St. Therese of Lisieux.

"When we pray, we talk to God: when we read, God talks to us" says St. Teresa of Avila.

"Prayer is the inner bath of love into which the soul plunges itself" says St. John of Vianney

"Prayer is honey that flows into the soul and makes all things sweet" says St. John Vianney.

Prayer is essential not an optional. Jesus has given the best prayer to His disciples in "Our Father". In that prayer we find the answers to how to pray, what to pray.

The Catechism of the Catholic Church highlights the five types of prayers. They are to be kept in mind while we pray.

1. Petition: asking God's help.
2. Intercession: asking God's blessings on oneself or on the others.
3. Thanksgiving: through which we express our gratitude to God for our blessings.
4. Praise: through which we acknowledge God's goodness and greatness.
5. Blessing: through which we continue to seek God's grace for ourselves and for others.

In order to make our prayer more effective, let us keep in mind the following steps: to be sincere, to be persistent, to be attentive, and praying with an open heart.

May this week help us to sit with our Lord some moments and inherit the gifts of prayer in our lives.

God bless you, Fr. Amir

