

CtR Men's Retreat

October 6 & 7, 2023

Abiding in Christ

"Keep on doing what you have learned and received and heard and seen in me. Then the God of peace will be with you." Phil 4:9

Friday:

5:00-6:00 pm	Registration & Social Time
6:00 pm	Welcome ~ Prayer & Praise
6:10 pm	Blessing of Food & Dinner
7:15 pm	Retreat Session I – <i>Integrated Spirituality</i>
7:35 pm	Small Group Sharing
8:00 pm	Break
8:15 pm	Prayer Service – <i>Entering In with Openness and Humility</i>
9:00 pm	Close the evening

Saturday:

8:00-9:00 am	Continental Breakfast (Optional)
9:00 am	Praise and Morning Prayer (Rosary for Memorial of Our Lady of the Rosary)
9:30 am	Retreat Session II – <i>Keys to Abiding</i>
9:45 am	Small Group Sharing
10:15 am	Break
10:30 am	Liturgy of the Word Service with Exposition
11:30 am	Retreat Session III
12:00 pm	Lunch
12:45 pm	Entering into the Silence
1:15 pm	Prayer Service – <i>Undoer of Knots</i>
1:35 pm	Silent Reflective Free Time (Prayer Spaces: Church, Chapel, Prayer Garden & Grounds, Parish Hall)
3:30 pm	Retreat Session IV – <i>Service as a way to remain in Christ</i>
3:45 pm	Small group sharing
4:15 pm	Sharing of Graces
4:45 pm	Leave for Closing Mass
5:00 pm	Closing Vigil Mass