



DECEMBER 2023: Pre-K - 8 Breakfast Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)  Fresh New York Bagel Stick Assortment French Toast (VE) Cinnamon Raisin (VE) Plain (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN.			Assorted Fresh NY Bagels (VE) and Bagel Sticks (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
4	5	6	7	8	
Banana Muffin (V)  Yogurt Choice (V)  Assorted Granola (V)  Raisins (VE)  Seasonal Fresh Fruit (VE)	Tasty Waffles (V)  Seasonal Fresh Fruit (VE)	Sweet Potato Oatmeal Muffin (V)  Cheddar Cheese Stick (V)  Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (V)  Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) and Bagel Sticks (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
11	12	13	14	15	
Blueberry Muffin (V)  Yogurt Choice (V)  Assorted Granola (V)  Raisins (VE)  Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Seasonal Fresh Fruit (VE)	Apple Cinnamon Breakfast Bread (V)  Colby Cheese Stick (V)  Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Peach Topping (V)  Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) and Bagel Sticks (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
18	19	20	21	22	
Honey Corn Breakfast Bread (V) Yogurt Choice (V) Assorted Granola (V) Raisins (VE) Seasonal Fresh Fruit (VE)	Mini Blueberry Waffles (V) Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Whole Grain Croissant With Egg and Cheese (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) and Bagel Sticks (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
Winter Recess 25	Winter Recess 26	Winter Recess 27	Winter Recess 28	Winter Recess 29	
Banana Muffin (V)  Yogurt Choice (V)  Assorted Granola (V)  Raisins (VE)  Seasonal Fresh Fruit (VE)	Tasty Waffles (V) Seasonal Fresh Fruit (VE)	Sweet Potato Oatmeal Muffin (V)  Cheddar Cheese Stick (V)  Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (V)  Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) and Bagel Sticks (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)	
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	OFFERED DAILY  Options may vary by location  Cold Cereal Choices Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE)	Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Grapes, Grapefruit, Oranges, Pears, Bananas, Strawberries, and Watermelon (VE) Condiments	OFNS has an extensive Prohibitive Ingredients List available at:	

Oat Circles (VE)
Cinnamon Flakes (VE)

Syrup (VE)



## **ATTENTION:**

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK
• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products