

Office of Food & Nutrition Services NYC Public Schools				
MAY 2025: Pre-K - 8 Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.			Lemon Pepper Chicken	Falafel (VE) With Tzatziki (V) Flat Bread (VE)
			Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)*	Greek Zucchini Salad (VE) Homemade Grilled Cheese (V)
			Salad Bar Leafy Green Bar	Salad Bar Mediterranean Bar
5	6	7	8	9
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Corn, Peas, Carrots (VE) Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)* Asian Cucumber Salad (VE)* Salad Bar Leafy Green Bar	Brunch For Lunch Fiesta Egg & Cheese Sandwich (V) Fajita Veggie Burger (VE)* Salsa (VE) Sweet Potato Waffle Fries (VE) Salad Bar Classic Toppings Bar	Caribbean Spiced Jerk Chicken* Dinner Roll (V) Cinnamon Plantains (VE)* Salad Bar Rainbow Bar	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V) Salad Bar Mediterranean Bar
12	13	14	15	16
Personal Pizza (V) Colorful Green Beans (V)* Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE) Salad Bar Rainbow Bar	Plastic Free Lunch Day Caribbean Style Beef Patty Fish and Cheese Sandwich with Tartar Sauce Parmesan Carrot Sticks (V)* Salad Bar Plastic Free Lunch Day Bar	Empanada (V) Turkey Quesadilla Salsa (VE) Sweet and Zesty Garden Greens (V)* Salad Bar Fiesta Bar	Veggie Nuggets (VE) Brown Rice (VE) Roasted Curried Cauliflower (VE) Hummus Grab & Go Salad (VE) Salad Bar Leafy Green Bar
19	20	21	22	23
Vegetable Pizza (V) French Bread Pizza (V) Rainbow Spinach (VE)* Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)	Guisado Black Beans (VE)* Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE) Salad Bar Fiesta Bar	Mozzarella Sticks (V) with Herbed Marinara (VE) Fish Sticks with Dipping Sauce Seasoned Wedge Fries (VE) Salad Bar Rainbow Bar	Lemon Pepper Chicken Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)* Salad Bar Leafy Green Bar	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V) Salad Bar Mediterranean Bar
Memorial Day 26	27	28	29	30
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Corn, Peas, Carrots (VE) Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)* Asian Cucumber Salad (VE)* Salad Bar Leafy Green Bar	Brunch For Lunch Fiesta Egg & Cheese Sandwich (V) Fajita Veggie Burger (VE)* Salsa (VE) Sweet Potato Waffle Fries (VE) Salad Bar Classic Toppings Bar	Caribbean Spiced Jerk Chicken* Dinner Roll (V) Cinnamon Plantains (VE)* Salad Bar Rainbow Bar	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V) Salad Bar Mediterranean Bar
DAILY OFFERINGS				
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Peaches, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
* Recipes created in collaboration with OFNS and Wellness In The Schools				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
O.F.N.S. Office of Food & Nutrition Services 				
Menu subject to change. Our menus are pork free.				