



# Mass Intentions

**January 31 - February 6, 2022**

<b>Monday, 1/31</b>	9:00 a.m.	Claire Wright
<b>Tuesday, 2/1</b>	9:00 a.m.	Reverend G. Paul Herbert
<b>Wednesday, 2/2</b>	9:00 a.m.	John Coady Dillon, Jr.
	7:30 p.m.	Ann Dillon Carlin
<b>Thursday, 2/3</b>	9:00 a.m.	Joseph Thomas Stehle, Sr.
<b>Friday, 2/4</b>	9:00 a.m.	Barbara Lynn Beall
	7:30 p.m.	Joseph De Sanctis
<b>Saturday, 2/5</b>	5:00 p.m.	Diane Comly (L)
<b>Sunday, 2/6</b>	8:00 a.m.	David O'Connor
	9:30 a.m.	Brother of Agnes Nagadya
	11:15 a.m.	James Swandic
	5:00 p.m.	<i>Pro populo</i>

**+ In Memoriam Aeternam +**

In your charity, please pray for the repose of the soul of Alice Garvey, Fung Chin, grandmother of Susan Scaltrito, Cam McCarthy, sister-in-law of Michael Thomas.

**Please pray for the sick...** Lorri, Kyle & Madelyn Anessi, Debra Price, Barbara Schmidt, Mary Cutting, Angelica Santos, Allison Brauer, Frank Knorr, Allan Degen, Bob Jones, William Komlo, Sandra Kimball, Ed Dudenhoeffer, Jackie Roebuck King, Jeni Stepanek. *(Names will remain on this list for four consecutive weeks, but can be repeated by calling the Office.)*

## Readings for the Week of January 30, 2022

<b>Sunday:</b>	Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/ 1 Cor 12:12-30 or 12:12-14, 27/ Lk 1:1-4; 4:14-21
<b>Monday:</b>	2 Sm 5:1-7, 10/Ps 89:20, 21-22, 25-26/ Mk 3:22-30
<b>Tuesday:</b>	Acts 22:3-16 or Acts 9:1-22/Ps 117: 1bc, 2/ Mk 16:15-18
<b>Wednesday:</b>	2 Tm 1:1-8 or Ti 1:1-5/Ps 89:4-5, 27-28, 29-30/ Mk 4:1-20
<b>Thursday:</b>	2 Sm 7:18-19, 24-29/Ps 132:1-2, 3-5, 11, 12, 13-14/Mk 4:21-25
<b>Friday:</b>	2 Sm 11:1-4a, 5-10a, 13-17/Ps 51:3-4, 5-6a, 6bcd-7, 10-11/Mk 4:26-34
<b>Saturday:</b>	2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15, 16- 17/Mk 4:35-41
<b>Next Sunday:</b>	Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/1 Cor 12:31—13:13 or 13:4-13/ Lk 4:21-30

## THE MUSINGS OF THE PASTOR

On Friday, January 21, 2022, a seventeen year old student shot a fifteen year old student at Colonel Zadok Magruder High School. This has been a very traumatic event for the Magruder community of which includes many families from this parish. I was reading through guidelines produced by the National Child Traumatic Stress Network and thought that I would share a few of their tips of things that we can do for ourselves and things that we can do for our children after experiencing a school shooting.

First let's talk about things that we can do for ourselves:

- **Taking care of ourselves.** You should do our best to drink plenty of water, eat regularly, and get enough sleep and exercise.
- **Helping each other.** You should take time with our adult relatives, friends or members of the community to talk or support each other.
- **Putting off major decisions.** You should avoid making any unnecessary life-altering decisions during this time.
- **Giving ourselves a break.** You should take time to rest and do things that we like to do.

Now, let's talk about things we can do for our children:

- **Spending time taking with your children.** Let them know that they are welcome to ask questions and express their concerns and feelings. You should remain open to answering new questions and providing helpful information and support. You might not know all the answers and it is OK to say that. At the same time, don't push them to talk if they don't want to. Let them know that you are available when they are ready.
- **Finding time to have these conversations.** Use time such as when you eat together or sit together in the evening to talk about what is happening in the family as well as in the community. Try not to have the conversations close to bedtime, as this is the time for resting.
- **Promoting your children's self-care.** Help children by encouraging them to drink enough water, eat regularly, and get enough rest and exercise. Let them know it is OK to take a break from talking with others about the recent attacks or from participating in any of the memorial events.
- **Helping children feel safe.** Talk with children about their concerns over safety and discuss changes that are occurring in the community to promote safety. Encourage your child to voice their concerns to you or to teachers at school.
- **Maintaining expectations or "rules."** Stick with family rules, such as curfews, checking in with you while you are with friends, and keeping up with homework and chores. On a time-limited basis, keep a closer watch on where teens are going and what they are planning to do to monitor how they are doing. Assure them that the extra check-in is temporary, until things stabilize.

*Continued in the column to the right.....*

## QUESTION OF THE WEEK

*Whom have I chosen to treat as an outsider, unworthy of my mercy and compassion? How can I change that?*

## CONSIDER HOSTING, LEADING OR PARTICIPATING IN A LENTEN SMALL GROUP

The parish's Adult Faith Formation Ministry is beginning to compile opportunities for Lenten Small Groups. Small groups would have the opportunity to read the following texts:

- Dante's *The Divine Comedy* (at the recommendation of Pope Francis)
- "Living as Missionary Disciples" (reflecting our parish 50<sup>th</sup> anniversary focus)
- A small group booklet from either RENEW, International or Little Rock.

In order to offer several choices, we invite people who would be interested in leading, hosting and participating in a Lenten Small Group to contact Tony Bosnick, director of Adult Faith Formation and Social Concerns, at [abosnick@sfadw.org](mailto:abosnick@sfadw.org). The discussion groups would likely meet over Zoom and could use one of the parish's Zoom accounts to convene their small group.

## THE MUSINGS OF THE PASTOR (continued)

- **Addressing acting out behaviors.** Help children/teens understand that "acting out" behaviors are a dangerous way to express strong feelings over what happened. Examples of "acting out" include intentionally cutting oneself, driving recklessly, engaging in sexual behavior, and abusing drugs or alcohol. You can say something like, "Many children and adults feel out of control and angry right now. They might even think drinking or taking drugs will help somehow. It's very normal to feel that way—but it is not a good idea to act on it." Talk with children about other ways of coping with these feelings (distraction, exercise, writing in a journal, spending time with others).
- **Limiting media exposure.** Protect your child from too much media coverage about the attacks, including on the internet, radio, television, or other technologies (e.g., texting, Facebook, Twitter). Explain to them that media coverage and social media can trigger fears of the attacks happening again and also spread rumors. Let them know they can distract themselves with another activity or that they can talk to you about how they are feeling.

You can check the website of the National Child Traumatic Stress Network for these points and additional information: [www.NCTSN.org](http://www.NCTSN.org).

Until next week,  
**Fr. John**

## LAST PARISH LISTENING SESSION TO TAKE PLACE ON FEBRUARY 5 ON ZOOM

Our last Parish Listening Session for the archdiocesan synod will take place from 10-11:30 am Saturday, February 5, on the Zoom platform. Through these listening sessions, we respond to Pope Francis' universal call to journey together as a local church in advance of the Synod of Bishops in 2023. We invite you all to take part in this final listening session, during which we will reflect on questions on *Discerning and Deciding, Celebration, and the Holy Spirit*.

Please sign up for the parish listening session at <https://sfaderwood.flocknote.com/signup/77992>. We have also placed copies of the questions that we will reflect on during the parish listening sessions in the Gathering Space for those of you who choose to participate this way. There is no need to sign your name. These forms can be returned to the Parish Office for inclusion to the Parish Report to the archdiocese.

## PARISH PASTORAL COUNCIL HEARS NUMBER OF COMMITTEE REPORTS

At its meeting on January 20, the Parish Pastoral Council heard several committee reports, including one on the parish's 50<sup>th</sup> anniversary that will take place in June 2022. Fiftieth Anniversary Co-Chair Linda Foster reported that several commemorative activities, such as a raffle and beautification initiative to replace some of the dying ornamental trees on the parish grounds, are being considered by the committee.

Under other business, the council also:

- Heard the parish's current financial report.
- Heard reports from the parish's Social Concerns, Communications, Religious Education, and Music ministries. It also heard reports from St. Jude Regional School, the New Neighbor Interfaith Alliance, the Ad-hoc Committee on Racism, and the Knights of Columbus.
- Learned more than 15 faith communities are now actively participating in the New Neighbor Interfaith Alliance, with St. Francis of Assisi Church and St. Rose of Lima Church among the members.
- Learned the Ad-Hoc Committee on Racism will host a Diversity event in June as part of the parish's 50<sup>th</sup> anniversary.

Read past minutes of the Parish Pastoral Council at <https://www.sfadw.org/pastoral-council-meeting-minutes>. For more information, please contact the Parish Office at (301) 840-1407.

## 2022 PARISH PICTORIAL DIRECTORY

We will be compiling a parish directory of our families and parish events. Picture taking will take place in March. There will be opportunities for families to purchase their family photos. Please watch the bulletin for additional details and important dates.



## RELIGIOUS EDUCATION PROGRAM NEWS

**SUNDAY GROUP A ELEMENTARY CLASSES  
MEET NEXT ON JANUARY 30 & 31**

**MONDAY & TUESDAY MIDDLE SCHOOL  
CLASSES MEET JANUARY 31  
& FEBRUARY 1**

### CATECHESIS FOR CHILDREN AND YOUTH WITH SPECIAL NEEDS

Our parish offers catechetical sessions specifically designed for children and youth with special needs and their families. Our class meets online today Sunday, January 30 from 3:30-4:30 pm. If you would like to learn more about these sessions, please call Susan Anderson, Director of Religious Education, at 301-258-9193.

### SNOW/EMERGENCY CANCELLATION POLICY

If Montgomery County Public Schools are closed, and if schools are dismissed early, Religious Education classes are also cancelled. This applies to Sunday classes as well if Montgomery County Public Schools announces cancellation of weekend school activities. Cancellation announcements will be posted:

- On the parish website: [www.sfadw.org](http://www.sfadw.org)
- On the St. Francis Parish Facebook page: "St. Francis of Assisi Catholic Church"
- On the Religious Education Office phone voicemail: 301-258-9193.

Whenever in doubt, please use your own judgment about local weather and driving conditions, and err on the side of safety when making decisions about bringing your child to class

### 2022 VOLUNTEER APPRECIATION DINNER DANCE CANCELLED

Unfortunately we will not be having this wonderful event due to the increase in COVID cases. We are hopeful come 2023 we will all be gathering to enjoy a meal together and dance the night away.

### Spotlight on St. Jude Regional Catholic School

**We are...St. Jude**

[www.StJudeRockville.org](http://www.StJudeRockville.org)

<http://www.facebook.com/stjuderockvillemd>

**Instagram: [stjuderockville](https://www.instagram.com/stjuderockville)**

**ST JUDE**  
*Regional Catholic School*  
**OPEN HOUSE**  
February 2nd, 6:30-8:30pm

Rigorous, traditional academic education in a strong, faith based environment where the Catholic faith is taught every day.

- 100% acceptance to high school of choice
- Fall/Spring soccer, basketball, baseball and softball
- Drama club
- Student Government
- Many community service opportunities

4820 Walbridge St  
Rockville, MD, 20853

**We are...  
St Jude!**

- Active member of the Catholic Church grant
- Alumni grant
- Sibling grant
- St. Jude scholarship opportunity
- Bowman Scholarship
- McDonald Scholarship
- Naughton Scholarship
- Pastor Scholarship

### TAIZE PRAYER WITH FLOWER OF CARMEL LAY CARMELITE COMMUNITY

This prayer service is held 1st Wednesday of each month at St. Rose of Lima Historic Chapel, Clopper Road, Gaithersburg, 7:00-7:30 pm. Next date is February 2nd. Prayer in the spirit of the Taizé Community is a meditative form of common prayer. Gathered in the presence of Christ we sing uncomplicated, repetitive songs, uncluttered by too many words, allowing the mystery of God to become tangible through the beauty of simplicity. This service includes scripture, song, silence, and intercessory prayer. You can participate as much as you feel moved to, allowing the text of the songs and scripture to "sink in". If you are interested in helping to set-up, have an icon to display or are willing to be a reader for this service, please arrive early (6:45pm). Questions - Beth Fisher: [ljfisher57@gmail.com](mailto:ljfisher57@gmail.com)

**A REMINDER FROM FR. JOHN ...** If anyone is living in a marriage that has not been recognized by the Catholic Church, it would be wise to consult with a priest to see whether that situation might be rectified. It could be as simple as repeating your marriage vows quietly in front of a priest and receiving the Church's blessing. In that way, one would become eligible to receive the Sacraments of the Church, especially the Eucharist



## DRIVE-THROUGH SPAGHETTI DINNER



Spaghetti and meatballs! On Sunday, February 6<sup>th</sup>, Montgomery Council 2323 of the Knights of Columbus will host a drive-through spaghetti dinner to benefit St. Francis of Assisi's Medical Mission to Haiti. The dinner includes spaghetti with sauce and meatballs; garden salad, and garlic bread; *or* buttered spaghetti, with garden salad and garlic bread. Pickup times for the dinner will be in 15-minute slots from 1:00 to 6:00 pm at the Knights of Columbus' Father Cuddy Hall, 17001 Overhill Road, Derwood. The cost is \$10.00 per meal. There are a limited number of time slots, **so reservations for pickup are requested**. Contact Mike Thomas at [cinnabar-mike@verizon.net](mailto:cinnabar-mike@verizon.net) or (301) 330-5970. We will also have a 50/50 raffle, and you do not have to be present to win.

### KOC 2323 PRESENTS SHADY GROVE PREGNANCY CENTER NIGHT FEBRUARY 15 - 8:00 PM

Meet the Ladies who save lives and help women in a time of need. Ms. Maggie Downing will present an informative program about the work and care they provide for Women. She will speak about the good works and day to day operation of this wonderful organization. Everyone is invited to attend this program. There will be volunteer opportunities available. Refreshment provided. Knights of Columbus Father Cuddy Hall, 17001 Overhill Road, Derwood. Families and Friends are all welcome!

### KNIGHTS OF COLUMBUS - COUNCIL 2323

The Knights of Columbus are looking for new, transferring or readmitted members to share in their Charity, Fraternity, Unity and Patriotism activities. Council 2323 supports many St. Francis activities and has many social events. The KofC offers life and long term care insurance opportunities as well as annuities. A new opportunity: join as an Online Member for \$30 per year; go to [www.kofc.org](http://www.kofc.org) and click on "Join Us". If you wish you can join the Council later. If interested in learning more, contact Gary Palmer (301-948-6494 or email [gtdbpalmer@verizon.net](mailto:gtdbpalmer@verizon.net)).

### PRAYERS FOR OUR SERVICE MEN/WOMEN

Please continue to pray for all those parishioners, family members and friends who are serving in the military services. We have a prayer list posted in the Gathering Space for those who are serving in these areas. Please help us to keep it current by letting us know of any parishioner who is currently deployed so we can add them, and also those who have returned so that we can remove their names. Please continue to keep all of our military personnel in your prayers.

## BOOK DISCUSSION ON IGNATIAN MEDITATIONS BEGINS FEBRUARY 9

Join Mary Jordan and other members of the Ad Hoc Racism Committee for a discussion about Week 1: Days 1-4 of "The Spiritual Work of Racial Justice: A Month of Meditations with Ignatius of Loyola" by Patrick Saint-Jean, S.J. As noted in the title, the book contains a month of meditations with Ignatius Loyola, which are broken down into four weeks.

**Why only part of the book?** Each day (chapter) contains content from Fr. Patrick followed by several journal prompts, a "for further reflection" commentary, and closes with a prayer. The journal prompts spur readers to think and challenge themselves. Our goal is to talk to each other and encourage and support one another to dig deeply into the content. Hence, the book discussion will cover just four days from Week 1: Sin of Division. Those are:

- Day 1: Time Out: Finding a Space to See from a New Perspective
- Day 2: Our Broken World: Systemic Racism
- Day 3: The Divine Image: Seeing God in All Humanity
- Day 4: Our Disordered Hearts: Racism as a Barrier to God's Love

**What's the format for the book discussion?** At 7 pm, we will open with a prayer (invoking the intercession of Servant of God Thea Bowman) and will then spend 10-12 minutes discussing our responses to the journal prompts. We'll close with a prayer. If it's helpful for us to meet again, then Mary will host again on Wednesday, February 23, to continue our discussion.

**Interested?** Please e-mail Mary Jordan at [marywjordan17@gmail.com](mailto:marywjordan17@gmail.com) to get the Zoom link.

**Need the book?** There is one parish copy available to lend out (contact Mary Jordan at e-mail address above) or go to [Amazon](https://www.amazon.com/spiritual-work-racial-justice-meditations/dp/1625248369) at <https://www.amazon.com/spiritual-work-racial-justice-meditations/dp/1625248369>. The book costs approximately \$28 for a new copy, \$9.99 for the Kindle version, and is free for those with Kindle Unlimited.

### ARCHDIOCESAN WOMEN'S RETREAT FOR SURVIVORS

As the Church continues to minister to all survivors of abuse, the Archdiocese of Washington is sponsored a retreat for survivors. The Archdiocese will offer a women's retreat on February 18-20, 2022. This retreat is an occasion for survivors to reflect on God's plan for their lives and for healing through prayer and the sacraments. For more information go to <https://adw.org/the-way-retreat/>. To register email [mcdonald@adw.org](mailto:mcdonald@adw.org) or call Deborah McDonald at 301-853-4466.

### **THE JUSTICE THOUGHT**

As we celebrate Dr. Martin Luther King Jr. this month, we remember his message:

*"People fail to get along because they fear each other; they fear each other because they don't know each other; they don't know each other because they have not communicated with each other."*

Scripture reminds us that we are one in Christ and nothing should separate us. "There is neither Jew nor Greek, there is neither slave nor free person, there is not male and female; for you are all one in Christ Jesus." Galatians 3:28.

Let us pray that we have the courage to get to know all of God's children and replace our fear with love.

### **YOU DON'T DESERVE TO BE ABUSED**

Domestic violence refers to a pattern of violent and coercive behavior by one adult over another in an intimate relationship. It can consist of repeated severe beatings or subtle forms of abuse, including threats and control. If you experience any form of abuse, please know that there is help. Call the National Domestic Violence Hotline at 1-800-799-7233. For additional information or to learn more about domestic violence, please visit [www.catholiccharitiesdc.org/familypeace](http://www.catholiccharitiesdc.org/familypeace).

### **THE NATIONAL SHRINE OF SAINT ELIZABETH ANN SETON**

Book your FREE Live! Virtual Tour of the Stone Farmhouse Gather your family, friends, religious communities, students and Church groups for this unique event to celebrate the World Day of Prayer for Consecrated Life! "Walk and talk" with a personal tour guide on these 30 minute tours through Mother Seton's Stone Farmhouse, where she established the first religious order of women in America. Virtual tours will be held on Feb 1st and Feb 2nd and will be available for groups or individuals. Reserve your spot by visiting [setonshrine.org/virtual-tours](http://setonshrine.org/virtual-tours) or to talk with our Groups Coordinator, Kelly

### **DONATE YOUR USED CLOTHING**

If you are sorting through gently used clothing to give away, remember that there is a St. Vincent de Paul clothing collection bin in the lower parking lot. Donations of clean clothing in good repair is greatly appreciated. Please put clothing in a plastic bag and deposit in the slot at the top of the bin. Collections are made weekly and will be a great blessing to those in need in the region.

### **ENCOURAGE MINISTRY**

EnCourage is a ministry dedicated to the spiritual needs of parents, siblings, children, and other relatives and friends of persons who have same-sex attractions. Standing by the true teaching of the Catholic Church, EnCourage members support one another and their loved ones through discussion, prayer, and fellowship. Please contact Fr. John for more information at 301-840-1407 or email him at [jdillon@sfadw.org](mailto:jdillon@sfadw.org).

### **UPCOMING RETREATS**

#### **OUR LADY OF BETHESDA RETREAT CENTER 7007 BRADLEY**

#### **Take a Personal "Retreat" Day: Feb 18 / Mar 11**

Are your days overcrowded, jam-packed, and busy, busy, busy? Jesus tells you to "Come away with me..." to Our Lady of Bethesda Retreat Center where your very own personal retreat awaits. During your personal retreat, from 8:30am-4pm, an experienced retreat director will guide you to a place of rest with Christ. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus continental breakfast and lunch, so you will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$120 per person. Advance Registration is required, and registrations will be limited to facilitate appropriate social distancing. Visit our website to register and to find more dates [ourladyofbethesda.org](http://ourladyofbethesda.org). Or call 301-365-0612.

#### **Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop: Feb 26-27**

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! The expert speaker team includes Catholic psychologists, therapists, and priests who will offer their expertise and experience, plus they will be on hand the entire weekend to offer individual consultation, upon request. Please note: This is NOT an overnight program. Cost: \$400 per couple. Seating will be limited to facilitate social distancing. See our website for more details about measures to limit exposure to illness, details about the program and links to register: [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org).

#### **Leading With the Heart of a Man, Men's Evenings of Reflections: Feb 3**

Join us for a new series of Monthly Reflections for Men that will highlight everyday tips for transforming your relationship with God and your Family. Each evening includes: Mass, dinner, directed meditation, a practical talk, and time for personal reflection plus the opportunity for Confession. Cost is \$20 per person, per session. Advance Registration is required. SERIES REGISTRATION: For a limited time, register for all 3 reflections for only \$45 per person. Visit our website for more details and to register [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org).

### **TEAMS OF OUR LADY**

Teams of Our Lady is a movement of Christian Marriage Spirituality that brings together couples united by the Sacrament of Matrimony and who wish, together, to deepen the graces of their Sacrament. It offers married couples a pathway toward love, happiness, and holiness. The movement's aim is to help couples live fully their Sacrament of Marriage. Interested in learning more, contact Fr. John at 301-840-1407 or email him at [jdillon@sfadw.org](mailto:jdillon@sfadw.org).