

Mass Intentions

March 5 - March 11

Monday: 3/5	9:00 a.m. Thaddeus Bussard
Tuesday, 3/6	9:00 a.m. Deacon Kevin Butler, Sr.
Wednesday, 3/7	9:00 a.m. Paul Richard Hayes 7:30 p.m. John Kamuhanda
Thursday, 3/8	9:00 a.m. Paul Richard Hayes
Friday, 3/9	9:00 a.m. Sue Yesko
Saturday, 3/10	9:00 a.m. Joshua Scotto 5:00 p.m. Leo Demare
Sunday, 3/11	8:00 a.m. Guy Beaven 9:30 a.m. Agnes Angelova 11:15 a.m. Tom Mounce 5:00 p.m. <i>Pro populo</i>

+ In Memoriam Aeternam +

In your charity, please pray for the repose of the soul Joseph Thompson, cousin of John Talcott.

Please pray for the sick....Rocco Prologo, Terry Krafchik, Marge Locke, Ginger Biedron, Gladys Hummer, Joaquin Rosal, Ed Dudenhoeffer, Bob Coyne, Evelyn Haddad, Mark Trickett, Katrina Schmidt, Bienvenido Delrosario, Jackie Roebuck King, Jeni Stepanek.. *(Names will remain on this list for four consecutive weeks, but can be repeated by calling the Office.)*

Readings for the Week of March 4, 2018

Sunday:	Ex 20:1-17/Ps 19:8, 9, 10, 11 [Jn 6:68c]/ 1 Cor 1:22-25/Jn 2:13-25
Monday:	2 Kgs 5:1-15b/Ps 42:2, 3, 43:3, 4 [cf. 42:3]/ Lk 4:24-30 /Ps 95:1-2, 6-7, 7c-9 [8]/Jn 4:5-42
Tuesday:	Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9 [6a]/Mt 18:21-35 Ex 17:1-7/Ps 95:1-2, 6-7ab, 7c-9 [8]/Jn 4:5-42
Wednesday:	Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20 [12a]/ Mt 5:17-19/Ps 95:1-2, 6-7ab, 7c-9 [8]/Jn 4:5-42
Thursday:	Jer 7:23-28/Ps 95:1-2, 6-7, 8-9 [8]/Lk 11:14- 23 /Ps 95:1-2, 6-7ab, 7c-9 [8]/Jn 4:5-42
Friday:	Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 [cf. 11 and 9a]/Mk 12:28-34/Ps 95:1-2, 6-7ab, 7c-9 [8]/Jn 4:5-42
Saturday:	Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab [cf. Hos 6:6]/Lk 18:9-14/Ps 95:1-2, 6-7ab, 7c-9 [8]/Jn 4:5-42
Next Sunday:	2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6 [6ab]/Eph 2:4-10/Jn 3:14-21-

THE MUSINGS OF THE PASTOR

I have been reading and praying on the message of Pope Francis for Lent 2018. Last week I shared some thoughts on his message in this column. Today I want to continue and conclude these thoughts and reflections.

What are we to do? The Holy Father asks whether we see within ourselves and all about us signs that love is growing cold in our communities. These signs would include selfishness and spiritual sloth, sterile pessimism, the temptation to self-absorption, constant warring among ourselves, and a worldly mentality that makes us concerned only for appearances, and thus lessens our missionary zeal. He remarks that the Church, our Mother and Teacher, along with the often bitter medicine of the truth, offers us during the Lenten season the soothing remedy of **prayer, almsgiving, and fasting.**

The Holy Father encourages us to spend more time in **prayer** during Lent. By doing so, we enable our hearts to root out our secret lies and forms of self-deception, and then to find the consolation that God offers. God does this because He is our Father and he wants us to live well.

Almsgiving sets us free from greed and helps us to regard our neighbor as a brother or sister. What we possess is never ours alone. The Holy Father would like to see almsgiving become a genuine style of life for each of us. He would like to see us, as Christians, follow the example of the Apostles and see in the sharing of our possessions a tangible witness of the communion that is ours in the Church! For this reason, Pope Francis echoes Saint Paul's exhortation to the Corinthians to take up a collection for the community as something from which they themselves would benefit (cf. 2 Cor. 8:10). This is all the more fitting during Lent when so many groups take up collections to assist. Yet the Holy Father also hopes that, even in our daily encounters with those who beg for our assistance, we would see such requests as coming from God himself. When we give alms, we share in God's providential care for each of children. If through me God helps someone today, will he not tomorrow provide for my own needs? For no one is more generous than God.

Fasting weakens our tendency toward violence. Fasting disarms us and becomes an important opportunity for growth. On the one hand, it allows us to experience what the destitute and starving have to endure. On the other hand, it expresses our spiritual hunger and thirst for life in God. Fasting wakes us up. It makes us more attentive to God and our neighbor. It revives our desire to obey God, who alone is capable of satisfying our hunger.

The Holy Father would also like to extend his invitation beyond the bounds of the Catholic Church, and to reach all men and women of good will who are open to hearing God's voice. Perhaps they are disturbed by the spread of iniquity throughout the world. Perhaps they are concerned about the chill that paralyzes hearts and actions. Perhaps they see a weakening in our sense of being members of the one human family. Pope Francis hopes that we all could raise our plea to God in fasting and in offering whatever we can to our brothers and sisters in need!

Continued in the column to the right.....

Third Sunday in Lent

QUESTION OF THE WEEK

How can I take the mercy and wisdom of God and pass it along to others in my day-to-day life? Am I providing an example of God's mercy in my relationships with others? Am I providing an example of God's wisdom by valuing what the world ridicules?

RCIA--The Scrutinies

The first scrutiny will be celebrated today at the 11:15 a.m. Mass. The second scrutiny will take place at the 5:00 p.m. Mass on March 10th and the third scrutiny on Sunday, March 18th at the 5:00 p.m. Mass. The scrutinies are rites of self-searching and repentance for the elect who are seeking initiation into the Catholic faith at the Easter Vigil. They are meant to uncover, then heal all that is weak or sinful in the hearts of the elect; and to bring out, then strengthen all that is upright, strong, and good. Today's Gospel of the Samaritan woman at the well will fill the spirit of the elect with Christ the Redeemer, who is the living water. During our Lenten journey, we should use the scrutinies of the Elect to prepare ourselves for Easter. Please, continue to pray for our Elect, Sydnie Brown, Joshua Gardner, David O'Steen, Mateo Choza, Ayana Choza, our Candidates, Annalee Antalan and Jeremy Byamugisha.

THE MUSINGS OF THE PASTOR (continued)

The Fire of Easter

Pope Francis urges the members of the Church to take up the Lenten journey with enthusiasm, sustained by almsgiving, fasting, and prayer. He reminds us that if, at times, the flame of charity seems to die in our own hearts, we should know that this is never the case in the heart of God! God constantly gives us a chance to begin loving anew.

One such moment of grace will be, again this year, the "24 Hours with the Lord" initiative, which invites the entire Church community to celebrate the Sacrament of Reconciliation in the context of Eucharistic adoration. In 2018, inspired by the words of Psalm 130:4, "With you is forgiveness," this will take place from Friday, March 9 to Saturday, March 10. In each diocese, at least one church will remain open for twenty-four consecutive hours, offering an opportunity for both Eucharistic adoration and sacramental confession.

The Holy Father concludes with the reminder that during the Easter Vigil, we will celebrate once more the lighting of the Easter candle. Drawn from the "new fire," this light will slowly overcome the darkness and illuminate the assembly gathered for the sacred liturgy. We will hear the stirring words, "May the light of Christ rising in glory dispel the darkness of our hearts and minds." This will enable us to relive the experience of the disciples on the way to Emmaus. Pope Francis hopes that by our listening to God's word and drawing nourishment from the table of the Eucharist, our hearts may be ever more ardent in faith, hope, and love.

Until next week.

Fr. John



ARE YOU CELEBRATING A SPECIAL WEDDING ANNIVERSARY THIS YEAR? On Sunday, June 17, at 2:00 p.m. Cardinal Donald Wuerl will preside at the annual Mass honoring married couples celebrating **25, 30, 35, 40, 45, 50** and **50+** years of marriage. The Jubilarian Mass will be held at the Basilica of the National Shrine of the Immaculate Conception. Personalized scrolls signed by Cardinal Wuerl will be distributed to the couples following the ceremony, or mailed should they be unable to attend. If you are interested in attending or receiving a scroll, please call the Parish Office before **Monday, April 16th**.

HOLY THURSDAY-- WASHING OF THE FEET

We are looking for volunteers to have their feet washed at the Mass of the Lord's Supper on Holy Thursday at 7:30 p.m. If you would like to participate please call the Parish Office, (301) 840-1407, no later than Monday, March 19 or sign-up at the Information Desk in the Gathering space...



MARCH 2018 LUNCH – The St. Francis Lunch Bunch will meet on Wednesday, March 7 at 12:00 Noon at the Red Lobster Restaurant, 15700 Shady Grove Road, Gaithersburg. If you are planning to attend, please contact Mary Lou Habib and she will save a seat for you, (301) 417-0243.

CHILDREN NEEDED TO SING IN CHOIR FOR THE FAMILY STATIONS OF THE CROSS

All children ages 6 years and older are invited to sing in the Children's Choir for the Family Stations of the Cross on Good Friday, March 30, at 1 pm in the church. Rehearsals for the Children's Choir will be held 5 pm Friday, March 16, and Thursday, March 22. The choir will also practice at 12 noon on March 30 in the Youth Room, just before the Family Stations of the Cross. Even if you are reading one of the stations on Good Friday, you can still sing, as the songs are before and after the readings. If you are interested in having your child sing in the choir or if you want more information, please call Sue Madison at (301) 977-6854 or e-mail her at musikal76@msn.com. You can also sign up at the Information Desk.

LENTEN SCHEDULE

Daily Mass: Mon thru Sat 9:00 a.m.
Wed 7:30 p.m.
Our Lady of Perpetual Help Novena follows
Wednesday Evening Mass

Lenten Evening Prayer Friday Evenings 6:40 p.m.
Stations of the Cross Friday Evenings 7:00 p.m.

Confession: In addition to Saturday afternoon (3:30-4:30 p.m.), Confessions will be heard each Wednesday evening during Lent before Mass 6:00 – 7:30 p.m. **(The Light is ON for you.)**

Confession will also be heard 30 minutes before Daily Mass and Sunday Masses during Lent.

March 4, 2018

LAMB OF GOD PRAYER MEETING The Lamb of God Prayer Meeting will **NOT** meet on Tuesday, March 6. For details, please call Louise, (301) 977-5217.

POOR BOX DONATION – The donations for next week-end will go to the Shady Grove Pregnancy Center *Thank you for your generosity.*

ST. FRANCIS OF ASSISI PRAYER CHAIN If you have a prayer request, please contact Marianne Bullen, (301) 963-3420 or mariannebu@comcast.net with your requests.

ROSARY FOR PRIESTS

Every Wednesday evening at 6:45 p.m. we pray the rosary for our priests before the 7:30 p.m. Mass.

HOLY HOUR FOR THE DYING

On Thursday evenings in the St. Clare's Chapel in the Rectory, a prayer group meets at 7:00 p.m. to pray for the dying. This is a Holy Hour Devotion for the Dying. As a central work of our Catholic faith, we are called to pray for the dying, especially for those who may die suddenly, unprepared to face God. For additional information, please call the Parish Office, (301) 840-1407.

ROSARY CENACLE OF OUR LADY, QUEEN OF PEACE Cenacle of Our Lady, Queen of Peace to pray for priests and vocations, 2:00 p.m. in the St. Clare's Chapel (Rectory) every Sunday. Please join us.

KNIGHTS OF COLUMBUS - COUNCIL 2323

The Knights of Columbus are actively pursuing new members. Our council incorporates members from St. Francis, St. Mary's and St. Martin's. Though best known for our many charitable projects, we also have a lot of fun with dinners, fund raisers, family nights, and many other fraternal social occasions. If interested in learning more, please contact Gary Palmer, (301) 948-6494 or e-mail gtdbpalmer@verizon.net.

KOC COUNCIL #2323 GOLF EVENT

Council 2323 is sponsoring a golf event/scramble on Friday April 27 at Laytonsville Golf Course to support seminarians in our Archdiocese. We invite members of the parish to join us and enjoy a recreation day with the parishioners of St. Francis, St. Mary and St. Martin and other local Councils. Registration will be after 7:30 a.m. and four person scramble play will start at 8:30 a.m.. Prizes will be awarded at an after-play lunch. We welcome anyone from singles to groups of four, both ladies and men. To register, call or e-mail Gary Palmer at 301-948-6494 or gtdbpalmer@verizon.net. Cost per person is \$125; non-player sponsorships are available for \$50. Payment can be made ahead by credit card or PayPal at the Council 6793 web site: www.kofc6793.org. Payment the day of the event will be by check or cash. This is a fun event, not a PGA championship, and all players are welcome.



**SUNDAY MARCH 11
SET YOUR CLOCKS ONE HOUR AHEAD**

LENTEN FOOD DRIVE TO RESTOCK

ST. MARTIN'S FOOD PANTRY ON MARCH 17/18

If you're planning for your grocery shopping this month, then consider buying some extra foods for the Lenten Food Drive taking place March 17/18 at St. Francis.

Co-sponsored by Catholic Charities and the Archdiocese of Washington, the Lenten Food Drive is an annual event designed to replenish supplies at area food pantries. Bags will be distributed after Mass the weekend of March 10/11 and parishioners are asked to return the food bags with the requested donations the following weekend. Donations will go to the St. Martin's Food Pantry. For more information, contact Food Pantry Ministry Coordinators Carolyn Brauer, Carolynbrauer@yahoo.com or Christine Young, youngbodywork@hotmail.com

LENTEN DAY OF REFLECTION OFFERS TIME TO QUIET OUR SOULS

On Saturday, March 24, *behold and ponder* the seven sorrows of Mary to prepare for Holy Week. During the Lenten Day of Reflection from 10:30 a.m.-6:00 p.m. in the church, we will cultivate silence as a form of prayer. We will learn how to quiet our souls so that we may hear and see the Lord.

Come listen to mini-talks by Fr. John, Fr. Jack and fellow parishioners, meditate, be lifted through music and take time over which to be prayed. The day will end with the celebration of the 5 pm Vigil Mass, but you are welcome to come for all or part of the day.

Please bring a bag lunch. Cookies and water will be provided. For more information, contact Medy DeAussen at medy-deausen@comcast.net. Organized by *Couples for Christ (CFC)* at St. Francis.

HOOPS FOR HAITI FUNDRAISER COMING UP SATURDAY, APRIL 14

It's just around the corner – the sixth annual Hoops for Haiti basketball fundraiser happening Saturday, April 14, at Our Lady of Good Counsel High School in Olney. But this year, we'll give you several reasons to come early and stay late.

1. A new 3-on-3 basketball tournament will be held before the basketball game between the Old Saints and the Swole Saints. St. Francis ministries are invited to field a three- or four-person team, register for \$30 and play for fun against other St. Francis ministries. No basketball playing experience necessary!
2. Great family-friendly event featuring food, face painting, music, Bible trivia and halftime games.
3. Proceeds from the event will help fund the cost of a new roof for the church at St. Francis' sister parish in Leon, Haiti, Conversion of St. Paul's.

If you are interested in taking part in this very fun event – either to participate in the 3-on-3 tournament, play in the main game or to simply attend and enjoy – then contact Haiti Ministry Coordinator Dan Cardile at dancardile@yahoo.com or Wendel Hall at wendel@halllawoffice.net.

RELIGIOUS EDUCATION NEWS/EVENTS

SAVE THE DATE FOR VACATION BIBLE CAMP!

St. Francis of Assisi Church invites children from age 4 to those who will complete the 5th Grade in June 2018 to join us at Vacation Bible Camp, June 25-29 from 9:00 a.m. to 12:15 p.m.. Look for camper registration information, as well as information about volunteer opportunities for adults and teens, in the Spring!

CONFIRMATION RETREAT: SATURDAY, MARCH 10

Confirmation Candidates are reminded that our Confirmation Retreat will be on Saturday, March 10, beginning in the Parish Center at 10:00 a.m. and concluding with 5:00 p.m. Mass. Parents are asked to attend the 5:00 p.m. Mass with the Confirmation Candidates.

CATECHESIS FOR CHILDREN AND YOUTH WITH SPECIAL NEEDS

Our parish offers monthly catechetical sessions specifically designed for children and youth with special needs and their families. Our next session will be on Sunday, March 11 from 3:30-4:30 pm. in the St. Clare Room. If you would like to learn more about these sessions, or if you are interested in serving as a catechist or aide for children with special needs, please call Susan Anderson, Director of Religious Education, at 301-258-9193.

FIRST EUCHARIST PARENT MEETING

A reminder to families of children preparing to celebrate First Eucharist this year: the next First Eucharist Parent Meetings will be held on Wednesday, March 14 or Thursday, March 15 at 7:30 p.m. in the Parish Center. Parents are asked to attend one of these meetings. If you have questions, please call the Religious Education Office, 301-258-9193.

RELIGIOUS EDUCATION SNOW CANCELLATION POLICY

If Montgomery County Public Schools are closed, and if schools are dismissed early, Religious Education classes, including FRED, are also cancelled. This applies to Sunday classes as well if Montgomery County Public Schools announces cancellation of weekend school activities.

Cancellation announcements will be recorded on the Religious Education Office phone (301-258-9193) and posted on the St. Francis Parish Facebook page ("St. Francis of Assisi Catholic Church") and website.

Whenever in doubt, please use your own judgment about local weather and driving conditions, and err on the side of safety when making decisions about bringing your child to class.



ENCOUNTER SAFIATA

In Burkina Faso, we encounter Safiata, a mother, grandmother and farmer who relies on the money she makes from her crops to put her children through school. How can our purchases this Lent support farmers and artisans? How can you support those, worldwide, who are forced to flee their homes to find safety or better opportunities? Visit crsricebowl.org for more. Please plan to turn in your CRS Rice Bowl to Religious Education Classes or to the Church Gathering Space no later than **Sunday, March 25.**

YOUTH MINISTRY NEWS/EVENTS

ST. FRANCIS YOUTH MINISTRY *Upcoming Events*

FRED

MARCH

- 4 Be Generous - Luke 6:38
- 11 Be Contrite - Psalm 51:17
- 18 Be Prayerful - Panel on Prayer
- 23 CRS Food Fast - 6p.m. to 9 p.m. (Youth Room)
- 25 Be Real - Romans 12:9
- 30 Family Stations of the Cross @ 1 p.m.

APRIL

- 1 No FRED - **Happy Easter!**
- 20-22 FRED Retreat: "What Do YOU Stand For?"

GET SOCIAL

JOIN TEENS @ ENCOUNTER THE GOSPEL OF LIFE WORK CAMP THIS SUMMER!

Encounter is a work camp that helps serves the poor and vulnerable in the DC area. They seek to "build friendships and really get to know each other and the people we serve. We are growing as the "Body of Christ." We see that the people we hope to serve, are serving us too. We encounter Christ, in His distressing disguise, among the poor, elderly, marginalized and sick... and in each other." This overnight camp will be held at University of Maryland in College Park from July 8-13. It is open to all rising 9th graders through graduating Seniors! The work is SSL hour eligible. For additional information and details contact Fr. Jack jberard@sfadw.org.

FAMILY STATIONS OF THE CROSS VOLUNTEER TO READ OR ACT

A special Stations of the Cross for children and families will be held on Good Friday, March 30 at 1:00 p.m.. *The stations are an excellent way for families to honor Jesus on this special and solemn day in a way that children of all ages can understand.*

- **Children (Grades 1-5) read the stations:** No rehearsal required for readers. Instructions and material are provided ahead of time so children can practice reading at home. *To volunteer as a reader, please contact the Religious Education Office at sfareligioused@sfadw.org, or 301-258-9193.*
- **Teens (Grades 6 through 12) act in the silent tableau:** There are FOUR rehearsals for teens: Sundays, March 11, 18 and 25 from 2:30-4:00 p.m. in the Church AND Good Friday, March 30, starting at 10:00 a.m. in the Church. *To volunteer as an actor, please contact Pam Kelley at pammy-cats@msn.com, or 301-807-3146.*

For more information, please contact Susan Anderson at sander-son@sfadw.org, or 301-258-9193.

BOY SCOUTS ANNUAL MULCH SALE

March 17th, **Saint Mary's Boy Scout Troop 472** will hold their annual fund-raising mulch sale. Look for the flyer/order form in the Church gathering space. If you would like details on pricing, delivery, and ordering, or to receive an order form, reach out to Assistant Scoutmaster Bruce Baldwin, (301) 922-9725 or brb408wpb@gmail.com.

HAND PAINTED EASTER EGGS

Hand painted Easter eggs from the Sisters Congregation of Divine Mercy in Poland will be available next Sunday after the 9:30 and 11:15 Masses for purchase in the Gathering Space. Divine Mercy religious items will also be available. All proceeds benefit the Sisters in Poland.

JANUARY PASTORAL COUNCIL MEETING INTRODUCES THE INDICATORS OF VITALITY PROCESS

On Jan. 18, Deborah McDonald, executive director of Parish Pastoral Planning for the Archdiocese of Washington, addressed the St. Francis Pastoral Council on the Indicators of Vitality process, a tool to assess and increase planning and evangelization for local parishes. The process is designed to measure a parish's strengths and weaknesses in the five following areas – liturgy and worship; education formation; community; service and administration. At its conclusion, It should accomplish the five following touchstones:

- Increase the evangelization capacity of parishes
- Examine where parish life and ministries are strongest
- Find opportunity for new growth and a stronger evangelization effort
- Flexibility to meet the needs of individual parishioners
- Provide opportunity for parishioners' voices to be heard in a non-threatening fashion.

The St. Francis Pastoral Council will lead the parish through this process, to be conducted by survey and town hall meeting, this spring. For a more detailed account of the Pastoral Council's January meeting, see the parish web site at <http://www.sfadw.org/pastoral-council-meeting-minutes>.

PASTORAL COUNCIL DISCUSSES PROJECT PLAN FOR INDICATORS OF VITALITY PROCESS AT FEBRUARY MEETING - At its meeting on February 15, the Pastoral Council delved into a project plan to conduct the Indicators of Vitality process this spring at St. Francis of Assisi Parish, a process that should begin right after Easter. The Indicators of Vitality is an archdiocesan tool to assess and increase planning and evangelization for local parishes. It was created in 2005 by Cardinal Donald Wuerl, then Bishop of Pittsburgh (PA). Christine King, a member of the St. Francis Pastoral council, discussed the project plan for the Indicators of Vitality process, which is intended to be kicked off in April through a survey. In May, archdiocesan staff will present the results at the Pastoral Council's May 17 meeting. The Pastoral Council also heard updates on a meeting held recently with Spanish speaking parishioners and an update on an architectural feasibility study taking place at the parish to determine facility needs. For a more detailed account of the February 15 Pastoral Council meeting, see the parish web site <http://www.sfadw.org/pastoral-council-meeting-minutes>

SFA Health Ministry

Encouraging health and wellness in body, mind and spirit

A New Kind of Fast

There is a long tradition of fasting as a Lenten discipline. When a person takes on the practice of fasting it is not to experience pain, but rather to practice the discipline of delaying gratification, which is an essential factor in all dimensions of wellness. Fasting heightens the awareness of the nature of one's true hunger, helping to clarify our need or hunger for spiritual, emotional, and relational wellness.

The word fast, being a verb, adjective, and noun, has several meanings including "to move quickly" and "to be firmly fixed." Combine these two definitions as they relate to the season of Lent. Amid our fast moving lives, Lent is a time to remember and reconnect with that to which we hold fast, that which grounds and firmly fixes our lives.

Fasting from food or drink during Lent is a spiritual practice common to Catholic tradition. Recently though, many people have been trying a new kind of fasting for Lent. Pope Francis recommends these new ways:

Fast from hurting words. Say kind words.

Fast from anger. Be filled with patience.

Fast from pessimism. Be filled with hope.

Fast from worries. Have trust in God.

Fast from complaints. Contemplate simplicity.

Fast from pressures. Be prayerful.

Fast from bitterness. Fill your hearts with joy.

Fast from selfishness. Be compassionate to others.

Fast from grudges. Be reconciled.

Fast from words. Be silent so you can listen.

Fasting from certain foods or drink may impact our physical wellbeing, but by following this list from Pope Francis we will enhance our spiritual, emotional, and relational wellness as well.

Lent is a perfect time to slow down our fast lives to become more intentional about holding fast to the habits, beliefs, and practices that ground and secure our lives.

Spotlight on St. Jude Regional Catholic School

Catch our Spirit

www.StJudeRockville.org

Aloha!

ST. JUDE'S GALA AND BENEFIT AUCTION

Please join us March 10, 2018, 6:00 p.m.

Support our STEM initiative!

Register online at www.StJudeRockville.org

GIRLS ON THE RUN

Join the Fun! Girls in 3rd through 5th grade are invited. You don't even have to love running. Learn about yourself! Explore who you are and build your confidence. Hang out with friends! Dance! Get moving! Play games that get you energized and build your fitness! Learn how nutrition impacts how you feel. Help your community! Create a service project with your friends and coaches. Share with your family! Run, walk, skip or hop the Girls on the Run 5k together with your team at the end of the season. Spring Girls on the Run registration is now opened. Register online www.girlsontherunofmoco.org. Spring Season begins Tuesday, March 13. Practices are every Tuesday and Thursday from 3:30- 4:45 pm. The season ends Thursday, May 24th.