

Receiving Your First Communion

Prayer Hands – Walk respectfully up to the altar with prayer hands.



Bow – When you are next in the communion line, with your prayer hands in front of your heart, bow to the altar.

Throne – When it is your turn to receive communion, make a throne with your hands.



Amen – When the priest says, “Body of Christ”, you say “Amen”.

Consume – After the consecrated host is placed in your hands, step to the side and place the consecrated host in your mouth.

Sign of the Cross. – While still facing the altar, make the sign of the cross and then return to your seat.

If you need help remembering the order, just think...
Peter Built The Awesome Catholic Church