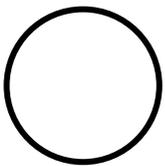


# When You Receive the Eucharist, You Receive...

## Jesus's Body, Blood, Soul, and Divinity



Jesus gave us an amazing gift during the Last Supper when he celebrated the first Eucharist. In remembrance of this, every time you receive communion, Jesus is wholly and truly present.

When you receive your first communion, and all communions after, remember what Jesus sacrificed for us. Remember that Jesus died to save us and give thanks to God for all that he does for you every day.

We eat food to nourish our bodies. Jesus gave us the Eucharist to nourish our souls and spirits, bringing us closer to him and the Father. No matter how small of a piece of the Body of Christ you receive, or, if you receive the Blood of Christ or not; you still receive the full presence of Jesus.

Always remember what an amazing gift it is that Jesus has given you. Your First Communion day is special because of that gift and the chance to grow even closer to God.