



walking with purpose

COURSE NAME: GROUNDED IN HOPE (AS OF 6/25/25)

LOCATION: OUR LADY OF BETHESDA RETREAT CENTER

TIME: WEDNESDAY, MORNINGS 9:15-11:00 AM OR EVENINGS 7:30-9:00 PM

Welcome Talk	Sept. 24th	Connect. Coffee:
Session One	Oct. 1st	Lesson #1: Connect Coffee Talk 1: The Radiance
Session Two	Oct. 8th	Lesson #2a: Greater than the Angels (Introduction - Day 3)
Session Three	Oct. 15th	Lesson #2b: Greater than the Angels (Day 4 - Conclusion)
Session Four	Oct. 22nd	Lesson #3a: Our Superhero Brother (Introduction - Day 3)
Session Five	Oct. 29th	Lesson #3b: Our Superhero Brother (Day 4 - Conclusion)
Session Six	Nov. 5th	Lesson #4a: Harden Not Your Hearts (Introduction - Day 3)
Session Seven	Nov. 12th	Lesson #4b: Harden Not Your Hearts (Day 4 - Conclusion)
Session Eight	Nov. 21st	Lesson #5: Connect Coffee Talk 2: The Unwinding/Advent Talk
No Class	Nov. 26th	Thanksgiving Week
Session Nine	Dec. 3rd	Lesson #6a: Rest at the Throne (Introduction - Day 3)
Session Ten	Dec. 10th	Lesson #6b: Rest at the Throne (Day 4 - Conclusion)
No Class	Dec. 17th, 24th, 31st	Christmas Week & New Years Weeks
Session Eleven	Jan. 7th	Lesson #7a: Carried on His Heart (Introduction - Day 3)
Session Twelve	Jan. 14th	Lesson #7b: Carried on His Heart (Day 4 - Conclusion)
Session Thirteen	Jan. 21st	Lesson #8a: Anchor for our Soul (Introduction - Day 3)
Session Fourteen	Jan. 28th	Lesson #8b: Anchor for our Soul (Day 4 - Conclusion)
Session Fifteen	Feb. 4th	Lesson #9: Connect Coffee Talk 3: The Anchor
Session Sixteen	Feb. 11th	Lesson #10a: Our Intercessor and Advocate (Introduction - Day 3)
Session Seventeen	Feb. 18th	Lesson #10b: Our Intercessor and Advocate (Day 4 - Conclusion)
Session Eighteen	Feb. 25th	Lesson #11a: Taken by the Hand (Introduction - Day 3)
Session Nineteen	Mar. 4th	Lesson #11b: Taken by the Hand (Day 4 - Conclusion)
Session Twenty	Mar. 11th	Lesson #12a: A Perfect Sacrifice (Introduction - Day 3)
Session Twenty-one	Mar. 18th	Lesson #12b: A Perfect Sacrifice (Day 4 - Conclusion)
Session Twenty-two	Mar. 25th	Lesson #13: Connect Coffee Talk 4: The Sacred
No Class	Apr. 1st, Apr. 8th	Easter weeks
Session Twenty-three	Apr. 15th	Lesson #14: Remaining Confident (Entire Lesson)
Session Twenty-four	Apr. 22nd	Lesson #15: Being Resilient (Entire Lesson)
Session Twenty-five	Apr. 29th	Lesson #16: Fix your Eyes on Jesus (Entire Lesson)
Session Twenty-six	May 6th	Lesson #17: Connect Coffee Talk 5: The Race