

**ROSEAU CATHOLIC COMMUNITIES**

**St. Mary's, Badger Sacred Heart, Roseau St. Philip's, Falun**

**Office:** 403 Main Ave. N, Roseau, MN 56751 **Email:** shcroseaucatholic@outlook.com

**Phone:** #218-463-2441 **website:** www.roseaucatholic.org **FaceBook:** @RoseauCatholicCommunity

**Pastor:** Fr. James Khembo **Email:** Jkhembo@crookston.org

# Lent



**Sunday 3rd Sunday of Lent**

**March 8 to March 15th**

⇒ Day Light Savings

• Women's Group– SH 9:15 am

⇒ Mercy Hour- St. Rose of Lima Catholic Church  
Argyle, MN 3 pm

**Monday St. Frances of Rome**

⇒ Stations of the Cross– St. Philip's  
6:00 pm

**Tuesday**

• Men's Group– Sacred Heart 5:00  
-6:00 pm

**Wednesday**

† Confessions– St. Mary's 8:30 am

† Confessions– Sacred Heart 11:00-12:00 pm

⇒ Soup Supper & Stations– St. Mary's 5:30 pm



⇒ Soup Supper & Stations– Sacred Heart 5:45 pm

• Religious Ed Class- (gr. 6-11) Sacred Heart

**Thursday**

† Adoration– Sacred Heart 4:00-7:30 pm

• Rosary– Sacred Heart 6:30 pm

**Friday Abstinence**

† Confessions– Sacred Heart 6:30-8:00 am

† Confessions & Adoration– St. Mary's 6-7:30 pm

**Saturday — 4th Sunday of Lent**

⇒ Special Collection: Catholic Relief Services

• Religious Ed Class  
- (gr. K-5) Sacred  
Heart

• Women's Group–  
Sacred Heart  
9:15am



**“Everyone who drinks this water will be thirsty again.” JOHN 4:13**

Jesus reminds us that material things, even something as basic as water, can never satisfy us over the long run. When we build our lives around material possessions we will always want more, and no amount will ever satisfy our desire. True joy and peace only come when we follow Jesus - when we become more “God-centered” and less “self-centered.”

*“The whole course of human history may depend on a change of heart in one solitary and even humble individual—for it is in the solitary mind and soul of the individual that the battle between good and evil is waged and ultimately won or lost.” —M. Scott Peck*

**Mass Intentions — March 10th through March 15th**

<b>Tuesday:</b>	Sacred Heart: 9:00 am	+Austin Crawford / J. Quirarte
<b>Wednesday:</b>	St. Mary's 9:00 am	For Kathy Dostal / J. Dostal
<b>Thursday:</b>	Sacred Heart: 6:00 pm	+Darlene Alger / J. Quirarte
<b>Saturday:</b>	Sacred Heart: 5:00 pm	+Louise & L.A. Ross / D & M Ross
<b>Sunday:</b>	St. Philip's: 7:15 am	All Parishioners
	St. Mary's: 9:00 am	+Wayne Lemmel / J. & J. Moser
	Sacred Heart: 10:30 am	Deceased family members / J & S Hulst



**Mass Intentions** can be said in memory of someone who has passed or in honor of someone living. It can also be for intentions that are weighing on you like for world peace, poor souls, & mental health.



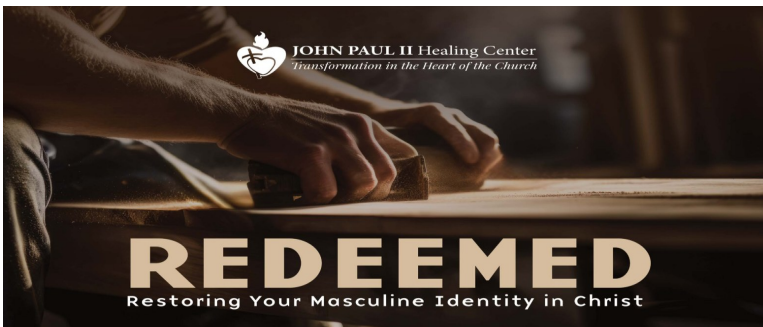
## SACRAMENTS

If you would like to inquire or receive a Sacrament, please contact **Fr. James 218.463.2441**.

- **Baptism:** Beginning of spiritual life, freed from original sin and any personal sin. (John 3:5)
- **Matrimony:** **Contact Fr. James 6 mos. prior to prepare.** Priest unites man and woman together (Matthew 19:6)
- **Anointing of the Sick:** Call for the priests of the Church and have them pray and anoint them with the oil in the name of the Lord. Prayers of the faithful will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven." The Church has the great challenge of continuing the work of Jesus' healing in the world. Please know of the Church's prayers for you and the one you love who is ill.
- **Holy Communion:** Receiving the body & blood of Jesus allows us to grow closer to him. (John 6:56)
- **Reconciliation:** God forgives and fills us with grace and joy that help to lead us away from sin. (Mark 2:5)
- **Confirmation:** Bishop anoints using "chrism" oil while the gifts of the Holy Spirit are received. (John 20:22)
- **Holy Orders:** Men are ordained (Bishop, Priest, Deacon) and receive grace and power to serve God.

GROW IN YOUR FAITH & YOUR RELATIONSHIP WITH GOD

WELCOME: NEW MEMBERS



## WELCOME: Newcomers & OCIA

Contact the Office: 218.463.2441

- ♦ **Newcomers:** register with the Church.
- ♦ **Order of Christian Initiation of Adults (OCIA):** to become members of the Catholic Church through the Sacraments.

**Redeemed: A Call to Catholic Men MEN** — It is time to reconnect with your purpose and identity.

Every man needs the opportunity to step away from the noise, busyness, and relentless expectations of daily life and be reminded of his purpose & identity. This 3-day retreat is that opportunity. Come receive authentic & relatable testimonies from men who found strength, direction, and freedom by surrendering their lives to God. Enter into personal reflections, good discussions, and fraternal community with men seeking virtue & restoration. Rediscover your identity as a son of God and walk back into your life with clarity, peace, and purpose. Come as you are. Leave as who you were created to be. **March 19-21, St. Joseph's, Moorehead (218 100th St. S, Moorehead)**

**Cursillos** Would you like to deepen your faith and let Jesus become more involved in your life? Let the Spirit lead you on a Cursillo. The Diocese of Crookston is offering a Women's Cursillo on the weekend of March 19-22 at the Nazareth Retreat House in Crookston. Applications: Diocese website

**FORMED®**  
THE CATHOLIC FAITH.  
ON DEMAND.

## FORMED.org Pick of the Week:

- How to Lent
- St. Frances & Liturgical Living
- The Passion of Christ

DIOCESE OF CROOKSTON  
**SAINT JOHN PAUL 2 CAMP**  
NAZARETH RETREAT HOUSE | CROOKSTON, MN  
For youth entering grades 7 & 8

Registration Opens  
February 10  
Session 1  
July 19-23, 2026  
Session 2  
July 26-30, 2026

Scan the QR Code for information and registration details.

DIOCESE OF CROOKSTON  
**SAINT TERESA of CALCUTTA CAMP**  
Missionary Discipleship | Servant Leadership  
For youth entering grades 9 & 10

WWW.CROOKSTON.ORG/TOCCAMP

June 21-25, 2026  
Nazareth Retreat House  
Crookston, MN

Registration Opens  
FEBRUARY 10TH

Scan the QR Code for information and registration details.

## Source of Strength

- **Key Passage:** Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." -John 4:13-14
- **Adults:** where have you found a source of "living water" for your own journey of faith?
- **Children:** name some times when your belief in Jesus helped make you stronger.



## ST. MARY'S, BADGER

**Coffee & Fellowship** Due to Easter, our April gathering will be on **April 12th**.



**St. Mary's Men's Group** meet's **1st Saturday** of every month at **8:00 am**. Mass to follow at 9:30 am. All are welcome to join and grow in their faith!

## PARISH PLANNING FOR MISSION

**Prayer to Our Lady of Guadalupe** Dearest Mother, Our Lady of Guadalupe, you came to our world at a time of great difficulty and darkness, when the people of the Americas needed to know the love and mercy of your Son. You revealed his love and compassion for all peoples. You called them out of darkness into his own wonderful light. You showed us your compassion when you said to Saint Juan Diego, "Am I not here, I, who am your Mother? Let nothing else worry you, disturb you."

We know you desire that all people come to know the saving love of your Son Jesus Christ, and all that would enter his Church and live as his Children. Inspire us, confident in your intercession, to find ways to reveal his love to those most in need in our communities. Through your intercession and with you as our strength and guide, make us also true missionary disciples.

May we invite everyone to new life through the tender compassion of our God. -Our Lady of Guadalupe, pray for us!

## SACRED HEART, ROSEAU

### Sacred Heart FlockNote:

Our parish now has Flocknote. We encourage all of you to get it. The easiest way to do this, is to open up your text messaging app, type the word GOPHERS and send it to this phone number 84576. It should take you to a screen where you can fill in your information.

You can also go to the URL page and follow the steps, using this link: [www.sacredheartroseau.flocknote.com](http://www.sacredheartroseau.flocknote.com)  
If you have any questions, please contact Terrie Lynn or Tracy in the office.

### Sacred Heart Ladies Guild \*Prayer Blanket Project

- Next mtg: 4/15/26 @ 5:15pm  
Liz 218.469.1068 or Kristi 218.242.1186

**Sacred Heart Cookbooks** The Ladies Guild has Centennial Cookbooks left for sale. They are \$20 each. Please continue your efforts to get them sold. This is a joint effort by everyone. Committee Members: Judy Hanson, Amanda Kvien, Kristina Hahn, Kristi Dahl



## Discernment Meetings

- **St. Philip's** March 17 @ 6:pm
- **Grygla** - March 19 @ 6:00 pm
- **Sacred Heart** - March 24 @ 6:00 pm

## LENTEN SOUP SUPPER & STATIONS OF THE CROSS



### St. Philip's Stations of the Cross

Mondays at 6:00 pm

### St. Mary's Lenten Schedule

**Wednesdays** we will have **5:30 pm Soup Supper**, followed by **Stations of the Cross at 6:00 pm**. A signup sheet will be posted for supper volunteers.

**Sacred Heart Lenten Soup/Stations on Wednesdays** Sign up in gathering area. Please sign up for a week if making soup or leading stations or both. **Soup 5:45 pm Stations 6:30 pm.**

**Women's Bible Study** bring a journal.  
Sundays 9:15-10:15 am at Sacred Heart Church  
Coffee & Fellowship in the Church basement.

### Sacred Heart Men's Spirituality Group

meets every **Tues. at 5-6 pm at SH**  
Come for the fellowship, prayer, and to grow in your faith! **Ques:** Lynn Kartes 218.469.1979.



**Upcoming RE dates:**

- March 8- NO class  
(Spring Break)
- March 11- Class (6-11)
- March 15- Class (K-5)
- March 18- Class (6-11)
- March 22- Class (K-5)
- March 25- Class (6-11)

**FROM THE DIOCESE OF CROOKSTON**

Mass Times	<p><b>Tuesdays:</b> 9:00 am at Sacred Heart  <b>Wednesdays:</b> 9:00 am at St. Mary's  <b>Thursdays:</b> 6:00 pm at Sacred Heart  <b>1st Friday of the Month:</b> 9:00 am at Sacred Heart  <b>Saturdays:</b> 5:00 pm  <b>Sundays:</b></p> <ul style="list-style-type: none"> <li>7:15 am at St. Philip's</li> <li>9:00 am at St. Mary's</li> <li>10:30 am at Sacred Heart</li> </ul>
	<p><b>Confessions</b></p> <p><b>Wednesdays:</b></p> <ul style="list-style-type: none"> <li>8:30 am at St. Mary's</li> <li>11:00-12:00 pm at Sacred Heart</li> </ul> <p><b>Fridays:</b> 6:30-8:00 am at Sacred Heart  <b>Saturdays:</b> 4:00-4:45 pm at Sacred Heart</p>
Adoration	<p><b>Thursdays:</b> 6:00-7:00 pm at Sacred Heart  <b>Fridays:</b> 6:00-7:30 pm at St. Mary's</p>

**2026 Diocesan Annual Appeal  
*In Christ, we are One!***

	Sacred Heart	St. Mary's	St. Philip's
<b>Goal</b>	\$13,389	\$4,417	\$2,439
<b>Committed/ Received</b>	\$3,447	\$125	\$453

**FASTING** teaches us to stay when we would rather turn away. It trains our hearts not to run from discomfort, but to unite it with Christ's suffering. It is a small way of kneeling beside him and saying, "I will remain."

**ALMSGIVING** is love made visible. It is bending down to care for what others might overlook: the poor, the lonely, the struggling. Like Mary gathering blood from the stones and pressing it into pure white cloths, we gather what the world often discards and treat it with dignity.

**PRAYER** keeps us close to the scene. It anchors us near the heart of Jesus. When we pray, especially in silence before him, we learn to see as Mary sees — that nothing offered in love is wasted.

**Lent** is not about punishing ourselves; it is about learning how to love more faithfully. It is about allowing our hearts to be formed in the school of the Cross.

This Lent, may we ask for that same grace — to kneel where we are, to honor what is sacred, and to trust that even our smallest acts of sacrifice, united to Christ, participate in redemption.

*Read more on your Northland Catholic e-News*

**TRI-PARISH WEEKLY OFFERINGS**

March 1, 2026	St. Mary's	Sacred Heart	St. Philip's
<b>Adults</b>	780.00	1950.00	See next week's bulletin.
<b>Bldg. Maint.</b>	-	290.00	
<b>Youth</b>	-	14.00	
<b>Loose Plate</b>	135.00	233.00	
<b>Black/Nat. Am.</b>	5.00	-	
<b>Online Giving</b>	-	165.00	
<b>Totals</b>	920.00	2652.00	



**Mercy Hours: Eucharistic Healing Services**  
 March 11 @ St. Joseph's Moorhead 7:00 pm  
 for Middle & High School Students

**All are invited to the 2026**

**Chrism Mass** Bishop Cozzens invites all the faithful of the Diocese of Crookston to the Chrism Mass. The Mass will be held at the **Cathedral of the Immaculate Conception on March 30th @ 6:30 pm.** We look forward to seeing all who can make it!



**Sacred Heart February Income to Expense 2026**  
**Income:** \$19,377 **Expense:** \$13,138  
 Our parish also made a \$40,000 payment to the principal of our Capital Loan, this is not included in the numbers above.

**ROSEAU CATHOLIC COMMUNITY SUPPORT STAFF**

**Parish Coordinator:** Sarah Jack email: sajack21@outlook.com **Religious Ed Coordinator (gr. 7-11):** Erin (K-5) 218-242-0221  
**Secretary / Religious Ed Coordinator (gr. 6-11):** Tracy Borowicz Phone: #218-242-4053 email: tracy@sacredheartroseau.org  
If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24-hour confidential number).