

Elementary School Hot Lunch

SEPTEMBER 2026

"Keep shining with veggies and fruits!" - Skylar A. 5th Grade @ Ad Prima School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
31 PRE K & KINDERGARTEN PLEASE RETURN BY SEPTEMBER 14!	1	2 WELCOME BACK!!!!!!	3	4 National Doodle Day
7 	8 NAME _____	9 _____	V GRADE _____	11 
14	15 National Hoagie Day	16 	17	18
21 295 Meatloaf & Gravy w/ Mashed Potatoes 633 Sunset Sip Veggie Juice 670 Fresh Fruit 909 Dinner Rolls	22 208 Mini Corn Dogs 623 Tater Tots 634 Ruby Rusher Veggie Juice 752 Fruit Punch Juice	23 215 Taco Stick 620 Salsa 140 Fiesta Bean Dip 697 Bagged Apple Slices 941 Tostitos Scoops	24 204 Chicken Nuggets 708 Spinach Salad w. Chickpeas 641 Tropical Raisels 931 Bug Bites	25  HALF DAY NO LUNCH National Teddy Bear Day
28 256 Cheese Stuffed Breadsticks 622 Marinara Sauce 631 Cherry Star Veggie Juice 668 Orange Mango Applesauce	29 263 5" Round Cheese Pizza 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 670 Fresh Fruit	30 222 Sloppy Joe 620 Salsa Cup 140 Fiesta Bean Dip 645 Dole Pineapple Cup 941 Tostitos Scoops	1 268 French Bread Pizza 706 Spinach Salad w. Tomatoes 648 Strawberry Gello Cup	2 V 257 Mozzarella Sticks 622 Marinara Sauce 632 Wango Mango Veggie Juice 659 Watermelon Craisins

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with

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Dear Parents, Caregivers, & Students,

We hope your summer was filled with fun, rest, and unforgettable memories. As we kick off a brand-new school year, NDS is thrilled to welcome back all staff, students, and families!

A healthy mind starts with a healthy meal, so be sure to fuel your success with a nutritious start! Stop by your lunchroom each morning for a nutritious and delicious breakfast that helps support focus, energy, and academic success. Then join us again at lunchtime for a well-balanced meal to keep you energized throughout the day.

Let's make this school year one to remember, filled with learning, growth, achievement, and great experiences. Here's to a happy, healthy, and successful start to the year!

Why did the pencil go to school?

To become a little sharper!

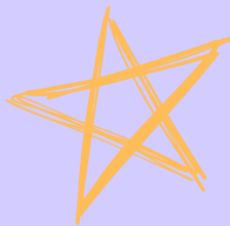


Set a Goal and Shine!

As we start a new school year, it's the perfect time to set some goals! Draw a star, because that's what you are! In the middle of your star, write something you'd like to achieve this school year.

Your goal could be:

- Reading more books 
- Trying new foods 
- Eating more vegetables 
- Making a new friend 
- Learning a new skill 



Once you've finished decorating your star, share it with your friends and talk about your goals together. Let's encourage each other and make this our best year yet!

All About ME

The start of a new school year is the perfect time to share a little about yourself! Fill in the blanks below and let your classmates get to know the amazing person you are:

My name is: _____

I am _____ years old.

My favorite food is: _____

My favorite book is: _____

This school year, I want to learn: _____

My favorite NDS lunch is: _____

One thing I'm really good at is: _____

My favorite NDS breakfast is: _____

Something that makes me unique is: _____

My favorite Month is: _____



School Supplies Word Search

PENCIL
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RULER
MARKERS
GLUESTICK

S	P	S	E	G	R	R	A	R	R	E	S	S	E
I	P	K	N	R	C	O	A	R	P	C	C	P	K
K	E	A	O	O	C	I	E	R	A	S	E	R	L
R	K	P	T	M	A	R	K	E	R	S	S	R	K
U	S	C	E	I	S	N	R	S	A	R	S	B	A
C	S	A	B	A	N	R	R	C	R	E	C	A	S
R	P	R	O	M	S	E	A	I	U	L	A	C	M
R	R	E	O	E	R	S	R	S	O	U	S	K	T
C	A	P	K	S	K	T	P	S	I	R	N	P	P
L	I	C	N	E	P	N	R	O	R	E	P	A	P
O	A	E	A	R	N	S	R	R	U	S	R	C	E
E	O	B	G	A	S	S	E	S	R	B	E	K	B
A	R	N	E	G	L	U	E	S	T	I	C	K	S
P	C	R	A	Y	O	N	S	C	I	A	O	O	K

Back to School Trivia!

Erasers were first made out of?

Bread!

