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St. Elizabeth Ann Seton Catholic Church

Reverend Jeff Meeuwsen, Pastor

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For Sacramental Emergencies call (971)998-5841

Office Hours

Monday & Friday 9:00am-2:00pm

Tuesday, Wednesday, Thursday 9:00am-4:00pm.

Horario de Oficina

Lunes y Viernes 9:00am-2:00pm

Martes, Miércoles y Jueves 9:00am-4:00pm.

Mass Schedule /Horario de Misas:

Saturday/Sábado

Spanish/Español 5:30pm

Sunday/Domingo

English/Inglés 8:00am & 11:00am

Spanish/Español 1:00pm

Daily Mass/Misa entre semana

Monday-Friday 8:00am

Holy Days/ Días Santos

Usually /Usualmente 8:00am & 7:00pm

(Watch Bulletin for updates)

Eucharistic Adoration/Adoración al Santísimo

Friday/Viernes 9:00am-9:00pm

Confessions/Confesiones

Saturdays/Sábados 4:00pm-5:00pm

Jóvenes Para Cristo

Martes 7:00pm

Grupo de Oración Carismática

Jueves 7:00pm

Parish Mission Statement

"As a diverse and welcoming Catholic community, we are dedicated to continue the mission of Jesus Christ through sincere worship, service and education."

"Como una comunidad diversa y acogedora que somos estamos dedicados a continuar la misión de Jesucristo por medio del culto sincero, servicio y educación."

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Finance Committee Chair

Jim Rossetti (971)777-1208 djimrossetti@gmail.com

Liturgy Committee Chair

Chris Elford (503) 610-8224 elfordOR@gmail.com

The hand of the Lord feeds us



Seventeenth Sunday in Ordinary Time

July 29, 2018

Décimo Séptimo Domingo en Tiempo Ordinario

WELCOME TO/ Bienvenidos a

ST. ELIZABETH ANN SETON CATHOLIC CHURCH

Registration forms are in the back of Church or available from the office.



Weekly Notes



Cultivating the Fruit of Gentleness

This summer we continue cultivating the garden of our souls so that they might produce the fruits of the Holy Spirit. If we are not willing to do the work and believe there will be no fruit. This week let's take a look at the spiritual fruit of known as gentleness. We get the fruit of gentleness from St. Paul's list of the fruits of the Holy Spirit in his letter to Galatians (5:22-23).

What does this fruit mean? It takes on the taste of a mild and gentle friendliness. Not spicy! This fruit was held in high in Greek culture as a social virtue in human relationships. The gentle person remains calm even in the face of abuse. In the Old Testament this word is a characteristic of the expected Messiah. In the book of Sirach gentleness adorns women, wins the love of others, and benefits the beggar. This is also a characteristic of God's divine and final judgment.

For St. Paul, gentleness is listed among the fruits that the Holy Spirit nurtures in the human heart. Based in agape/love, Paul, shows that gentleness enables the Christian to correct the erring brother without arrogance, impatience, or anger because those attitudes are the weed that choke out the fruit of gentleness. Paul of course gets his example of gentleness from Jesus who in all things and in perfect Love even from the cross is gentle, mild, and meek rather than rough, angry and brusque.

Some other weed that choke gentleness are roughness, bad temper, sudden anger and brusqueness. I have to admit I have been working on cultivating this fruit for a long time and am happy to say it is getting better. It's easier and faster for me to be rough and brusque with people, especially if I am in a hurry. The shovel I use to pull up these weeds is breathing. Breathing helps me slow down and ask God to fill me with what I need to be gentle.

Use the breathing technique to slow down your sudden weeds of anger, roughness, bad temper and brusqueness this week so that the fruit of gentleness might grow more profound in your heart. When that happens you will be able to not only taste this sweet fruit in your life, but share it with others around you praising God for this social virtue in our human relationships and in our relationship with God.

Fr. Jeff

DAILY SCRIPTURE READINGS

Mon.	July	30	Jer 13:1-11; (Ps) Dt 32:18-21; Mt 13:31-35
Tue.	July	31	Jer 14:17-22; Ps 79:8-9,11,13; Mt 13:36-43
Wed.	Aug	01	Jer 15:10,16-21; Ps 59:2-4,10-11,17-18; Mt 13:44-46
Thu.	Aug	02	Jer 18:1-6; Ps 146:1-6; Mt 13:47-53
Fri.	Aug	03	Jer 26:1-9; Ps 69:5,8-10,14; Mt 13:54-58
Sat.	Aug	04	Jer 26:11-16,24; Ps 69:15-16,20-21; Mt 14:1-12
Sun.	Aug	05	Ex 16:2-4,12-15; Ps 78:3-4,23-25,54; Eph 4:17,20-24; Jn 6:24-35





Cultivando el Fruto de la Gentileza

Este verano continuamos cultivando el jardín de nuestras almas para que puedan producir los frutos del Espíritu Santo. Si no estamos dispuestos a hacer el trabajo y creemos que no habrá fruto. Esta semana echemos un vistazo a la fruta espiritual conocida como dulzura. Obtenemos el fruto de la dulzura de la lista de San Pablo de los frutos del Espíritu Santo en su carta a Gálatas (5: 22-23).

¿Qué significa esta fruta? Toma el sabor de una amabilidad suave y amable. ¡Sin picante! Esta fruta se llevó a cabo en alto en la cultura griega como una virtud social en las relaciones humanas. La persona amable permanece calmada incluso ante el abuso. En el Antiguo Testamento, esta palabra es una característica del Mesías esperado. En el libro de Eclesiastes la gentileza adorna a las mujeres, gana el amor de los demás y beneficia al mendigo. Esto también es una característica del juicio divino y final de Dios.

Para San Pablo, la gentileza se encuentra entre los frutos que el Espíritu Santo nutre el corazón humano. Basado en ágape / amor, Pablo, muestra que la dulzura le permite al cristiano corregir al hermano que comete el error sin arrogancia, impaciencia o enojo porque esas actitudes son la hierba que bloquea el fruto de la dulzura. Pablo, por supuesto, obtiene su ejemplo de dulzura de parte de Jesús, quien en todas las cosas y en perfecto amor, incluso desde la cruz, es gentil, suave y manso en lugar de rudo, enojado y brusco.

Algunas otras hierbas que ahogan la gentileza son la rudeza, el mal genio, la ira repentina y la brusquedad. Tengo que admitir que he estado trabajando en el cultivo de esta fruta durante mucho tiempo y estoy feliz de decir que está mejorando. Para mí es más fácil y más rápido ser rudo y brusco con la gente, especialmente si tengo prisa. La pala que uso para levantar estas hierbas es respirar. La respiración me ayuda a reducir la velocidad y pedirle a Dios que me llene con lo que necesito para ser amable.

Usa la técnica de respiración para desacelerar tus hierbas repentinas de ira, aspereza, mal genio y brusquedad esta semana para que el fruto de la dulzura se vuelva más profundo en tu corazón. Cuando eso suceda, podrás no solo saborear esta dulce fruta en tu vida, sino compartirla con los que te rodean alabando a Dios por esta virtud social en nuestras relaciones humanas y en nuestra relación con Dios.

Fr. Jeff

St. Matthew School News

St. Matthew Catholic School has openings Pre-K through 8th Grade. At St. Matthew, our students are challenged to use their God-given talents to fulfill their potential as they learn and grow closer to Christ each day. As a STEM-focused school, we encourage students to ask deep real-world questions, collaborate with their peers, and arrive at meaningful conclusions. In addition, we recognize the need for a comprehensive, well-rounded curriculum to guide each child to live out their potential and develop the whole child.

The faculty and staff of St. Matthew are caring individuals who strive to be the best at their craft. All staff are invested in the success of each student according to their individual talents, interests, needs, and gifts.

Visit our website (www.stmatthewschoolhillsboro.org) to find applications, tuition rates, and more information. Please call ([503-648-2512](tel:503-648-2512)) or email us (info@stmatthewschoolhillsboro.org) today to schedule a tour. We look forward to showing you the St. Matthew difference!

Growing in FAITH™

Discovering hope and joy in the Catholic faith.

July 2018

St. Elizabeth Ann Seton Faith Formation

One Minute Meditations

Bl. Pier Giorgio Frassati

Pier Giorgio was born in 1901, in Turin, Italy.

From a young age, he had a deep love for the Holy Eucharist and the Blessed Virgin and had a rich spiritual life. Pier used what resources he had to help the poor. He was devoted to serving the sick, caring for orphans and helping the servicemen returning from war. He studied engineering to better serve Christ among the miners, but died before completing his degree.



Discipleship

Disciples aren't just 12 men chosen by Christ long ago. A disciple is one who makes Christ the center of his or her life. "Make room therefore for Christ, and refuse entrance to all others. When you have Christ, you are rich and have need of (nothing) else." Thomas À Kempis

"Much will be required of the person entrusted with much, and still more will be demanded of the person entrusted with more" (Luke 12:48)



Forgive yourself first

Forgiveness can be a gift we easily offer to others but deny ourselves. Yet, learning to forgive ourselves is a critical ingredient in the ability to forgive others. Consider offering yourself the loving gift of forgiveness:

Release the emotion.

A well-formed conscience feels guilt for sin. A mistake triggers sadness and regret. Holding on to these negative feelings makes them patterns that become part of who we are. Instead, attack the emotion associated with the transgression and release it. Go to Confession, perform acts of kindness, make amends to change the way you look at yourself.

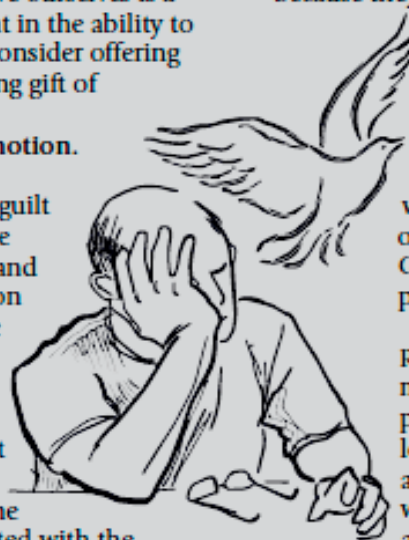
Clarify morals. The reason most of us feel ashamed of our wrongdoings is because they are out of line with our faith and morals.

Fortunately, examining our actions can actually clue us into what we really feel is important. Bringing our actions in line with our beliefs is a positive outcome from transgressions. Growth makes forgiveness possible.

Give yourself a do over.

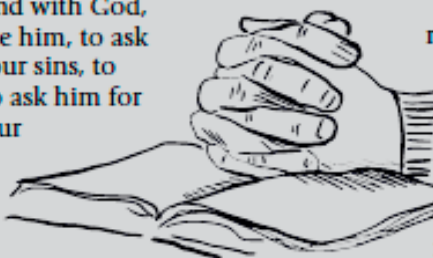
Refusing to forgive ourselves means we are locked in the past. Instead, the goal is to learn from the experience to avoid repetition. To help, write down how you would act differently if you had the

chance to do it again. You will see the skills you have acquired as a result and be able to move on to a better future.



Why Do Catholics Do That?

We pray to bond with God, whether to praise him, to ask forgiveness for our sins, to thank him, or to ask him for help. Prayer is our connection to God, who created us and wants to have a relationship with us.



Why do Catholics pray?

Our prayer is always a response to God's invitation: "Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him" (*Catechism of the Catholic Church*, #2560).

Use the Bible well

There's an old saying, "Bibles that are falling apart usually belong to people who aren't." Try these tips to get the most out of your reading:

Choose a Catholic version. The New American Bible is read during Mass but there are other Catholic translations. Most important is having an edition you enjoy that contains all the Catholic books. (Here is a list: usccb.org/bible/approved-translations/index.cfm.)

Use the aids. The Bible contains customs and terms that are foreign to us. Read the introductions and footnotes for helpful explanations.



Focus on passages. The Bible will make more sense if you read the sections that are grouped together rather than sentence by sentence.

Mark it up. Underline and make notes in the margins as you read to make your book more useful.

Read aloud. The Bible began as an oral tradition. Hearing the passages read may help them become clearer.

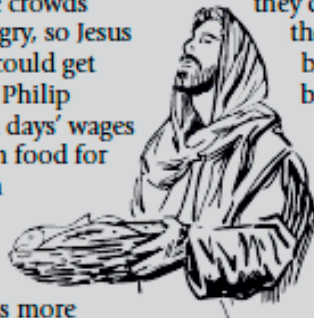
Live it. What you read in the Bible will help you find strength to meet the challenges of life. Don't just read it. Live it.

from Scripture

John 6:1-15; Loaves and fishes.

This Gospel passage records the miracle of the multiplication of the loaves and the fishes. The crowds following Jesus were hungry, so Jesus asked Philip where they could get enough food. Dismayed, Philip figured that two hundred days' wages still wouldn't buy enough food for them. Like Philip, we can face problems that seem too big for us and get dismayed.

The apostle Andrew was more industrious; he found a boy with five loaves of barley bread and two fish. The boy willingly offered to Jesus all he had, meager though it was. What a surprise



when Jesus fed the five thousand "as much...as they wanted." Even after they'd had their fill of bread, there were still twelve wicker baskets left over. God can't be outdone in generosity.

Being faced with problems that appear beyond our ability to solve can feel overwhelming. It's easy to react like Philip and give up hope. On our own, we may not have much to offer. By offering what we have to God, meager though it may be, he can accomplish amazing feats through us.

Q & A What is expected of Catholics?

Successful families have guidelines that help each member grow in love and virtue. Also a family, the Catholic Church recommends basic guidelines so that her children, too, can grow in love and virtue:



Come home every weekend: "You shall attend Mass on Sundays and on Holy days of Obligation and rest from

servile labor." God *wants* to see us – often!

Take responsibility: "You shall confess your sins at least once a year." Since we are prone to sin, it's important to repair our relationship with Our Lord.

Proper nourishment: "You shall receive the sacrament of the Eucharist at least during the Easter season." In the Eucharist, Jesus nourishes us with his Body and Blood – at every Mass!

Make room for love: "You shall observe the days of fasting and abstinence established by the Church." Fasting helps us free our hearts for God's love.

Contribute to the family: "You shall help to provide for the needs of the Church." Whether we donate money, time or resources, our help matters (CCC #2042-2043).

Feasts & Celebrations

July 3 – St. Thomas (1st Century). Known as "doubting Thomas" for requesting proof of the Resurrection, he made a beautiful profession of faith when he received proof, "My Lord and My God" (John 20:28). Tradition says that Thomas evangelized the Parthians, Medes, and Persians, and ultimately reached India. He was martyred near Mylapore.

July 9 – St. Veronica Giuliani (1727). Born in Italy, in 1660, St. Veronica entered the Capuchin order as soon as she was old enough to marry. Soon after, she began receiving

visions of Christ's Passion and, by a special grace, received the marks of Christ's wounds on her body.

July 25 – St. James (1st Century). When Jesus called St. James and his brother, John, to become apostles, they left their father in a fishing boat on the Sea of Galilee. St. James was one of three apostles to witness Jesus' transfiguration, the raising of Jairus' daughter, and the agony in Gethsemane. St. James was the first of the apostles to be martyred.



Our Mission

To provide practical ideas that promote faithful Catholic living.

Success Publishing & Media, LLC
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(540)662-7844 (540)662-7847 fax
<http://www.growinginfaith.com>
(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)

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Eyeglass Collection

Northwest Parish Nurses are collecting eyeglasses for distribution by the Lions Club. If you have old glasses, either prescription glasses or drugstore readers, that you no longer use, we would love to have them. Beginning this week you will find a basket on the table at the back of the church. It will be clearly marked for eyeglass collection. Please deposit your used glasses in the basket. They will be collected every week and given to the Lions Club. From there, they will be checked by professionals and marked for distribution to people who otherwise could not afford to have a pair of glasses.

Thank you for your contributions.

Coleccion de Lentes

Las enfermeras de la Iglesia del Noroeste están recogiendo anteojos para su distribución por el Club de Leones. Si tiene anteojos viejos, ya sea anteojos recetados o lectores de farmacias, que ya no usa, nos encantaría tenerlos. A partir de esta semana, encontrarás una canasta sobre la mesa en la parte posterior de la iglesia. Estará claramente marcado para la colección de gafas. Por favor deposite sus lentes usados en la canasta. Se recolectarán todas las semanas y se entregarán al Club de Leones. A partir de ahí, serán revisados por profesionales y marcados para su distribución a personas que de otra manera no podrían permitirse tener un par de anteojos.

Gracias por sus contribuciones.

Enamórate de nuevo ...con tu pareja.

El Fin de Semana del Encuentro Matrimonial puede hacer la diferencia. En solo 44 horas lejos de la rutina diaria, de los niños, las preocupaciones del trabajo, el teléfono y las tareas de la casa, para enfocarse el uno en el otro. Si desean profundizar y enriquecerse en su relación. Únanse a millones de parejas que han asistido al Fin de Semana del Encuentro Matrimonial y gracias a eso mantienen su sacramento vivo y vibrante. Para más información sobre los Fines de Semana favor

Comuníquese con nosotros

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Mundial*

Agosto 17, 18 & 19, 2018

**"Giving Our First Fruits to God"
"Dando Nuestros Primeros Frutos a Dios"**

**Total Contribution for the Week of
7/22/2018**

\$5,840

Last year, same week
Año Pasado, misma semana

\$5,339

**Property Development—Capital
Campaign Fund account balance as
of 5/20/2018**

\$362,472

Balance de cuenta del Fondo de
Desarrollo al día de 5/20/2018

**Thank you for your generosity!
Gracias por su generosidad!**

MASS INTENTIONS/Intenciones de la Misa

Mon	July	30	8:00am +Souls in Purgatory
Tue	July	31	8:00am +Souls in Purgatory
Wed	Aug	01	8:00am Poor Souls
Thu	Aug	02	8:00am Poor Souls
Fri	Aug	03	8:00am +Michael Tran
Sat	Aug	04	5:30pm Poor Souls
Sun	Aug	05	8:00am +Vincent Tran
			11:00am Holy Father Francis
			1:00pm People of the Parish



**Please remember in your prayers those who are ill:
Por favor recuerde en sus oraciones a los enfermos:**

Deena Creamer, Vincent & Mario, Kathleen Casey, Tim Niver, Marie Tran, Laurie Barlean, Angela, Crisman, Jacob Benedict, Francis Tu Ngo, Qui Nguyen, Jerry, Sharon Clifton, Dave Mitchell, Ben Petrick, Mary Gillilan, Bernadette Taylor, Al Denfeld, Monica & Jean, Sher Bauman, Noe Orozco, Romesh Jinadasa, John McDonald, Kim Fitzgerald, Louise Stangel, Mary Graves, James Waylen, Jose Pinto, Fred Lau IV, Sandra McPeak, David Dooley, Jaime Maguire, Layne Chesney, Brady, Matilda Burgard, Kendal Wheeler, Molly Bitter, Taylor E. Jennie Blake, Mary Jo Hopkins, Diane Matson, Yvonne Morgan, John Zuercher, Miguel Reyes, Daniel Callaghan, Caleb Bailie, Fortunato Sanchez, Fabiola Contreras, Anna Nguyen, Thanh Ha, Isis and Family, Kurt Kaul, John Landstrom, Anne Cummings, Vinny Castro, Miranda Castro, Romero Estrella, Daniel Estrella, Tayanna Estrella, Clark Smith, Susan Cook, Gaby Contreras, Ivan Loock, Olivia Melgar, Joel Rivera, Margie Herron, Mariano Vargas Martinez, Andrea Christina Martinez, Zhane Knight, Amelia Contreras Jackson, Eleonor Kaul, Devinder Khalsa Bonsquet, Lynn & Whitney Symingto, Jenny Jonson, Leroy Nuckles, Cheri Erdkanp, Betty BVanderkn, José Antonio Enciso, Bill Diss and Family, Karen Sofia Peralta, Shauri Lamkin.

Please let us know when a person's circumstance has changed and they need to be removed from the prayer list.

Por favor dejenos saber cuando las circunstancias cambian y necesitan ser removidos de la lista de oraciones.

Baptisms and Classes



English Baptisms are every Sunday during the 8:00 and 11:00am Masses. Classes are by appointment only. Please call the church office for more information 503-649-9044.

Bautizos en Español



Sacramento del Bautismo Las fechas siguientes están programadas para celebración de el Sacramento del Bautismo en sábados.

Es necesario tener todos los documentos requeridos 30 días antes de que se le pueda dar fecha por concreto.

Agosto	4,11,18,25	10:00am
Septiembre	1,8,15,22,29	10:00am
Octubre	6,13,20,27	10:00am

**Tengan en cuenta que también pueden ser celebrados el día domingo durante la misa de la 1:00pm:*

Las platicas para Bautismo son las siguientes fechas:

Agosto	5	2:30pm
Septiembre	2	2:30pm
Octubre	7	2:30pm

**Para mas información favor de llamar a la oficina parroquial.*

MILITARY PRAYER LIST

Please remember in your prayers, those who are serving our country, and their families.

Por favor recuerden en sus oraciones, a los que sirven a nuestro país, y a sus familias.

• Randon Berg	Army	Iraq
• Matt Tardio	Army	United States
• Robert DeLeon	Army	Iraq
• David Green	Army	Afghanistan
• Xavier Martian	Coast Guard	United States
• Leonardo Gonzalez III	Marines	USA
• Danielle Clevidence	Navy	USA
• Michael Purcell	Navy	USA
• Mario Ortiz	USAF	Belgium
• Ryan Brace	USAF	USA
• Paulo David	Army	Afghanistan
• Boris Raykhel	USAF	South Korea
• Taylor Matteson	Army	USA
• Chris Singleton	Army	USA
• Thomas Baker	Marines	Japan
• Jose Roberto Contreras Jr.	Marines	USA
• Nicolas Vaughn	Army	USA
• Camillo Loyuk	Army	USA

If you have a family member or loved one to add to our military prayer list, please call the office.

Si tiene a un miembro de su familia para agregar en la lista de oraciones militar, por favor llame a la oficina.

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