



4TH SUNDAY IN ORDINARY TIME



In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" - Mk 1:23-25

Había en la sinagoga un hombre poseído por un espíritu inmundo, que se puso a gritar: "¿Qué quieres tú con nosotros, Jesús de Nazaret? ¿Has venido a acabar con nosotros? Ya sé quién eres: el Santo de Dios". Jesús le ordenó: "¡Cállate y sal de él!" - Mc 1, 23-25



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www.seas-aloha.org

St. Elizabeth Ann Seton Catholic Church

Reverend Jeff Meeuwsen, Pastor

fjmeeuwsen@seas-aloha.org

Your Parish Staff:

Pastoral Assoc. Deacon Jesús Espinoza
Bookkeeper/Office Administrator: Carmen Orozco
Parish Secretary/Secretaria Parroquial: Lorena Serrano
RE Admin Assistant/RE Asistente Administrativo: Pati Izquierdo

503-330-0576 jespinoza@archdpdx.org
503-649-9044 admin@seas-aloha.org
parishsecretary@seas-aloha.org
503-649-9044 re@seas-aloha.org

Office Hours

Monday & Friday 9:00am-2:00pm
Tuesday, Wednesday, Thursday 9:00am-4:00pm.

Horario de Oficina

Lunes y Viernes 9:00am-2:00pm
Martes, Miércoles y Jueves 9:00am-4:00pm.

Mass Schedule /Horario de Misas:

Saturday/Sábado

Spanish/Español 5:30pm

Sunday/Domingo

English/Inglés 8:00am & 11:00am
Spanish/Español 1:00pm

Daily Mass/Misa entre semana

Monday-Friday 8:00am

Holy Days/ Días Santos

Usually /Usualmente 8:00am & 7:00pm
(Watch Bulletin for updates)

Eucharistic Adoration/Adoración al Santísimo

Friday/Viernes 9:00am-9:00pm

Confessions/Confesiones

Saturdays/Sábados 4:00pm-5:00pm

Jóvenes Para Cristo

Lunes 7:00pm

Grupo de Oración Carismática

Jueves 7:00pm

Apostoles de la Palabra

Miercoles 7:00pm

Parish Mission Statement

"As a diverse and welcoming Catholic community, we are dedicated to continue the mission of Jesus Christ through sincere worship, service and education."

"Como una comunidad diversa y acogedora que somos estamos dedicados a continuar la misión de Jesucristo por medio del culto sincero, servicio y educación."

"Giving Our First Fruits to God"

"Dando Nuestros Primeros Frutos a Dios"

**Total Contribution for the Week of
01/24/2021**

\$4,291

Last year, same week
Año Pasado, misma semana

\$5,844

**Property Development—Capital Cam-
paign Bank Account balance
as of 12/31/2020**

\$42,820

Balance de Cuenta de Banco para el
Fondo de Desarrollo 12/31/2020

Thank you for your generosity!
Gracias por su generosidad!

Pastoral Council Chair

Arcie Perez (503)841-1623 arsenica.perez@gmail.com

Finance Committee Chair

Jim Rossetti (971)777-1208 djimrossetti@gmail.com

Liturgy Committee Chair

Chris Elford (503) 610-8224 elfordOR@gmail.com

WELCOME TO/ *Bienvenidos a*

ST. ELIZABETH ANN SETON CATHOLIC CHURCH

Registration forms are in the back of Church or available from the office.

Formas para registro en la parroquia están disponibles en la mesa que esta en la parte de atrás de la iglesia o en la oficina.

WORSHIP & MEDITATION

A Credible Witness of Faith

FIRST READING

I will raise up for them a prophet like you
from among their kin,
and will put my words into his mouth;
he shall tell them all that I command him. (Dt 18)



PSALM

If today you hear his voice, harden not
your hearts. (Ps 95)



SECOND READING

An unmarried woman or a virgin is anxious
about the things of the Lord,
so that she may be holy in both body and spirit.
(1 Cor 7:34)



GOSPEL

The people were astonished at his teaching,
for he taught them as one
having authority and not
as the scribes. (Mk 1:22)

*Excerpts from the Lectionary for Mass ©2001,
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Responses from Lectionary for Mass © 1969, 1981,
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GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

Most of us are quiet people who desire to live a good and holy life, promote the values and mission of the Gospel as best we can and desire to one day inherit the surprise of life eternal God promises to us. We are not trail blazers. We are simple people who want to do the simple things of life well. But there are others who left a more profound impact along the way of the paths they walked. Folks like Dorothy Day, Martin Luther King, Thomas Merton, Gandhi, St. Teresa of Calcutta, and many others left lasting impacts and legacies. Like Moses, they show us by word and deed who God is and what integrity and a purpose driven life look like. They show us how to be holy. We need Moses people like these to give us inspiration, hope and an example of holy living.

We do not need to do what they did or even mirror their relationship with God. Each one of us is God's special creation, with a purpose and soul known only to us. We need to learn how to open up and bring, without compromise, our soul-ness to life. We know when someone is authentic and centered because they always point to truth, even though they struggle and sin themselves, and they embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and it astonished many who listened. We do not need to move mountains, advance a cause, write books or become notable. All we have to do is become credible witnesses of the faith we profess. Moses people can teach us how to do this.

St. Oscar Romero was an amazing man and a Moses figure for sure. He saw God in the burning bush and brought the flame of Gospel faith to the poorest of the poor, challenging the evils of the society in which he lived. He was tireless and persistent. He must have gotten very close to the problem because it cost him his life. He suspected it would. St. Romero said, "When we leave Mass, we ought to go out the way Moses descended Mt Sinai: with his face shining, with his heart brave and strong to face the world's difficulties." We can learn from this wisdom. If we allow the power of the Mass to truly transform us, we will leave that holy encounter changed. Our face will shine, and we will have courage. We can then bring what we have received to life's challenges. That sounds doable, doesn't it? Because of the example of our simple holiness, people will be amazed.

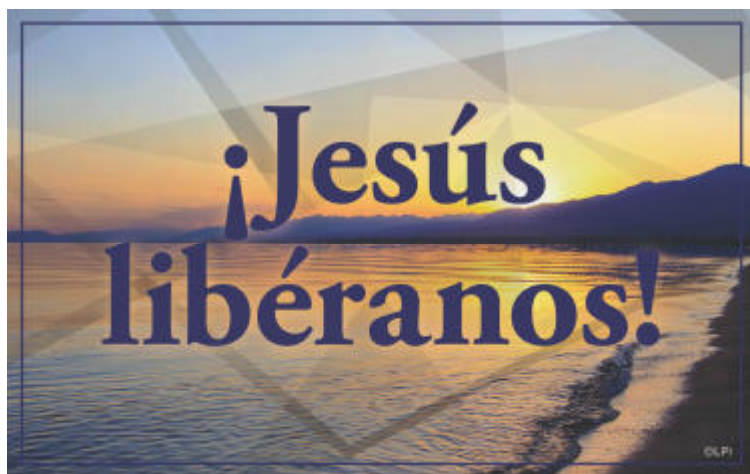
MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

4º Domingo del Tiempo Ordinario

En el Evangelio de este domingo, Marcos presenta algo como la jornada de Jesús. Primero, él está en la sinagoga enseñando con autoridad, no como los maestros de la ley que repiten e interpretan la misma. Su autoridad se presenta al ordenar salir al espíritu impuro del hombre que entró a la sinagoga, y comienza a gritar a Jesús. “Yo sé que tú eres el Santo de Dios”. Jesús le ordena: “¡Cállate y sal de ese hombre! (Marcos 1:26). Nos dice el Evangelio que a causa de ese milagro su fama se extendía por todo el territorio de Galilea.

Jesús tenía autoridad porque hablaba con la verdad, lo que proclamaba de justicia, lo hacia él mismo, no tenía doblez, era la bondad misma de Dios en el mundo. La autoridad de Jesús es más fuerte que el mal. Lo decimos al final del Padrenuestro: “No nos dejes caer en tentación y líbranos del mal”. Sí, Señor, líbranos como al hombre endemoniado de tu tiempo, de los males que nos aquejan hoy día, enfermedad, hambre, e injusticia. Además, danos una ayudadita, con los líderes del mundo con respecto a la autoridad. Que sean respetuosos, leales al pueblo, que hagan leyes justas que protejan a todos. La sociedad de hoy necesita palabras con autoridad que erradiquen el mal. ¿Crees tú que Jesús puede liberar en este tiempo? ¿En quién está la autoridad que libera? No tenemos que pensarlo mucho. La autoridad está en cada uno de nosotros. Se nota en la justicia y el trabajo por la paz que llevemos a cabo en la familia, la sociedad y en el mundo.

©LPi



The Oregon Retrouvaille community will be holding its weekend March 5-7, 2021 at Mount Angel Abbey Retreat House in Mount Angel, Oregon.

In compliance with Oregon and facility requirements, a limit of 12 couples can be accommodated.

Masks must be worn during the weekend.

For more information please contact the community at portland@retrouvaille.org.

MASS INTENTIONS/Intenciones de la Misa

Mon	Feb.	01	8:00am	No Mass
Tue	Feb.	02	8:00am	No Mass
Wed	Feb.	03	8:00am	No Mass
Thu	Feb.	04	8:00am	No Mass
Fri	Feb.	05	8:00am	+Thie Quoc Nguyen
Sat	Feb.	06	5:30pm	+Nghia Van Pham
Sun	Feb.	07	8:00am	People of the Church
			11:00am	+Nghia Van Pham
			1:00pm	Holy Father

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

Psalm 106

WEEKLY PRAYER

READINGS FOR THE WEEK OF JANUARY 31, 2021

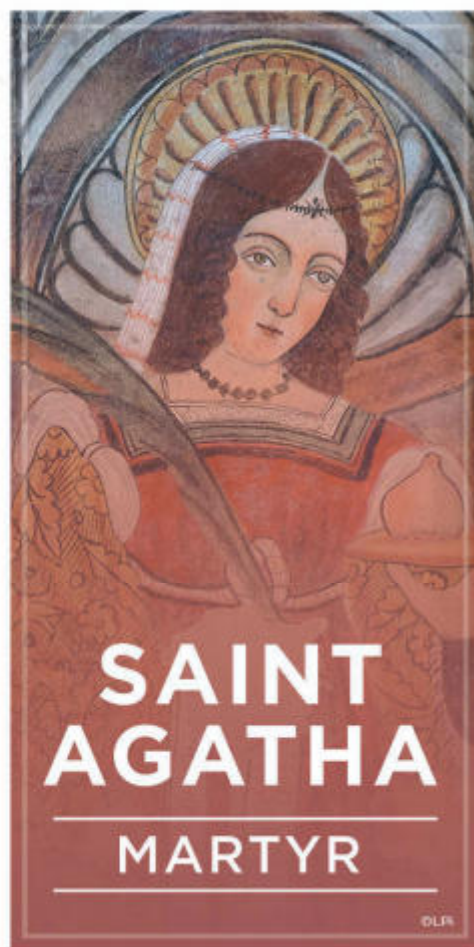
SUN 1/31	Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]/1 Cor 7:32-35/Mk 1:21-28
MON 2/01	Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 [25]/Mk 5:1-20
TUE 2/02	Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]/Heb 2:14-18/Lk 2:22-40 or 2:22-32
WED 2/03	Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/Mk 6:1-6
THR 2/04	Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13
FRI 2/05	Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29
SAT 2/06	Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mk 6:30-34
SUN 2/07	Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 [cf. 3a]/1 Cor 9:16-19, 22-23/Mk 1:29-39

OBSERVANCES FOR THE WEEK OF JANUARY 31, 2021

Sunday:	4 th Sunday in Ordinary Time; Catholic Schools Week
Tuesday:	The Presentation of the Lord; World Day for Consecrated Life
Wednesday:	St. Blaise, Bishop and Martyr; St. Ansgar, Bishop
Friday:	St. Agatha, Virgin and Martyr
Saturday:	St. Paul Miki and Companions, Martyrs
Sunday:	5 th Sunday in Ordinary Time

LIVE THE LITURGY Inspiration for the week

Most of us are not trail blazers. Throughout history though, there have been many folks who tirelessly and persistently pursued the promptings of their hearts without giving any care to what others thought or trends dictated. Jesus is one of them. St. Teresa of Calcutta and St. Francis of Assisi are examples of others. The rest of us are people who take a more measured look at things, want to test the waters, and take our time choosing what path or person to follow. We need credible witnesses of faith. We need the Moses people in our lives to show us by word and deed who God is and what integrity and a purpose-driven life looks like. They are the pointers to truth, who even though they struggle themselves, seem to embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and caught the attention of the greatest of skeptics. They were astonished. Even though we need our human prophets we can also be somewhat prophetic ourselves by putting integrity and conviction behind our embrace of the Gospel. Perhaps much to our surprise, we all have the power to be a credible witness. Are you willing to give it a try?



*Everything and
everyone is won
by the sweetness
of our words
and works.*

— ST. JOHN BOSCO

YOU'RE INVITED TO

The Presentation of the Lord

B I L I N G U A L
S E R V I C E

Presentación Del Señor

Servicio Bilingüe: Procesión, y
Bendición de Velas con el
Santisimo Sacramento

2 February 2021

St. Elizabeth Ann Seton

Procesion, Benediction and Candle
Blessing with The Holy Host

7pm

M O R E I N F O 5 0 3 - 6 4 9 - 9 0 4 4



Clinica Dental de Limpieza

Importante hacer cita:

En la Iglesia Sta. Cecilia

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**Silvia
Montez**

503-737-4828

Es servicio tiene un Costo de \$20

La cita incluye, limpieza dental, examen de cancer oral, fluoruro, y educacion de higiene oral.

WE NEED
TO FIND GOD
AND HE CANNOT
BE FOUND
IN NOISE AND
RESTLESSNESS.
GOD IS A FRIEND
OF SILENCE.

ST. TERESA
of Calcutta

OLPI

Heart Talk

Featuring
Archbishop
ALEXANDER KING SAMPLE
Archdiocese of Portland, USA

JANUARY 31 | 4:30PM
SUNDAY PST



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