



How to File Your Short-Term Disability (STD) Claim

Filing STD claims should be easy, which is why Blue Cross and Blue Shield of Texas (BCBSTX) provides you with multiple options to make the submission process as convenient as possible.

ONLINE

Create a **My Benefits** account at ancillary.bcbstx.com to submit and manage your disability claims online.

Using a desktop or mobile device, follow the guided steps to set up your account* and submit your claim online.



EMAIL, FAX OR MAIL

Download the STD claim forms at bcbstx.com/ancillary/employees/forms. Once completed, you can email them to us at DisabilityClaimsTX@bcbstx.com, or you can fax or mail them to the number/address on the claim form.

OR

CALL US

Call us at 877-442-4207, 7:00 a.m. – 5:00 p.m. (CST), Monday – Friday. A representative will assist you in beginning the STD claim process.

If you have questions or need assistance, contact customer service at 877-442-4207.

*You will need a unique email address to create your My Benefits account. You can submit online without registering for an account, but you won't be able to manage your claim online without an account.

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