Dear Parents and Guardians, [Date]

To assist in the monumental mission of protecting children from abuse, the Diocese of Austin Office of Ethics & Integrity in Ministry is partnering with you to present a safe environment lesson to your youth within the youth program. It is our cherished role as adults to fully protect children. In addition, we must also teach children about their safety rights and boundaries, so that they have tools to protect themselves. This year, your child will experience Lesson 4: *Secrets, Surprises, & Promises.*

***Empowering God’s Children* Program Information:**

A program for children presented by Lesson Leaders, each lesson includes an age-appropriate video component along with engaging learning activities. The material is designed to better equip your child to know their safety rights, recognize their boundaries, and to empower them to protect themselves when safe adults are not immediately available—and ultimately be safer from people who might want to harm them.

**Lesson 4: *Secrets, Surprises and Promises***

Lesson 5: *Being a Safe Friend*

Lesson 6: *Boundaries: Feelings and Facts*

Lesson 1: *Physical Boundaries: Safe and Unsafe Touching Rules*Lesson 2: *Safe Adults, Safe Touches and Special Safe Adults*

Lesson 3: *Boundaries: You Have Rights!*

Research shows that child sexual abuse prevention is most effective when there is a partnership between parents and Lesson Leaders, when material is reiterated in a school setting, and when the training is interactive and activity based. As the primary educators of your children, parents and guardians are encouraged to review these materials ahead of time. Please review the lessons on your own to start these vital safety conversations at home. Additional resources are available to you for review through this location: The Lesson 4 Lesson Materials, *The Teaching Boundaries and Safety Guide*, and *The Lesson Leader Orientation and Certification Module*. Thank you for your partnership with us to protect youth. Optional: You are also welcome to accompany your child to the lesson and be present with them as they learn in the classroom.

**IMPORTANT INFORMATION:**

*Date(s) of in-program training:*

For questions, or to obtain access to the specific lesson and related activities, please communicate with:

Abby Turner, the Director of Ethics & Integrity in Ministry, at [EIM@AustinDiocese.org](mailto:EIM@AustinDiocese.org).

**Please note:** Parents and Guardians may “opt out” youth from formal in-program safety lessons by committing to teach the lesson at home.*Please complete, detach and submit the form below only if you plan on offering the safe environment education at home and do not want your child to receive information via their youth program about ways to protect themselves*. *Your coordinator will reach out to you regarding relevant accommodations.*

**TO OPT-OUT THE CHILD FROM THE SAFETY LESSON, RETURN THIS PORTION TO:**  
*(RE Coordinator Name) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* **BY** *(Date) \_\_\_\_\_\_\_\_\_\_\_\_\_*

I, *(printed name of parent or guardian)* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, have reviewed the actual safety lessons and DO NOT give permission for this location to present the *Empowering God’s Children* Safety Lesson to my child. **Therefore, I commit to teaching my child *Empowering God’s Children Lesson 4 – Secrets, Surprises, & Promises* at home.**

*(printed name of child)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_   
  
Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_