



# **Empowering God's Children®**

## **Lesson 4 – Secrets, Surprises, & Promises**

Name: \_\_\_\_\_

Date: \_\_\_\_\_



**Ethics & Integrity  
in Ministry**

*Preventing Abuse and Providing Healing*

# Secrets, Surprises, & Promises

Empowering God's  
Children, Lesson 4





Private Body Parts, Rules, &  
Boundaries

Safety Rules

Secrets, Surprises, & Problems





Secrets are never meant to be shared. They can exclude or put people at risk.

## Secrets v. Surprises

Learning more about the differences between secrets & surprises



Surprises are meant to be shared. They are meant to show our appreciation towards other people.

**Lesson 4 for Grades 3—5**

**Secrets, Surprises and Promises**

**ACTIVITY OPTION #3: Opposites—Surprises vs. Secrets**

**Instructions:** Read each question and circle / highlight the correct response from the columns on the right, then answer “why”. You’ll be evaluating why each statement is safe or unsafe, and discussing the answers at the end with your whole group.

**Is it an unsafe secret or safe surprise? And, why?**

1. If someone tells you about a gift they purchased for a friend's birthday party and asks you not to tell...

**Unsafe  
Secret**

**Safe  
Surprise**

**1b. Why?**

2. If someone tells you about a prank that is going to hurt someone's feelings, but told you not to tell anyone...

**Unsafe  
Secret**

**Safe  
Surprise**

**2b. Why?**

3. When someone touches your private parts, and tells you not to tell...

**Unsafe  
Secret**

**Safe  
Surprise**

**3b. Why?**

4. When someone tells you something that makes you feel afraid and uncomfortable...

**Unsafe  
Secret**

**Safe  
Surprise**

**4b. Why?**

5. If someone tells you about a special dinner or treat to celebrate a friend's game win, and tells you not to tell... Is it an unsafe secret or a safe surprise?

**Unsafe  
Secret**

**Safe  
Surprise**

**5b. Why?**

# Closing Prayer

Dear God, thank you for making each of us unique and special in your image. Thank you for also giving us similarities, like our right to dignity and worthiness of respect. Help me to live in peace in times of confusion. Help me to remember to respect myself and others, as I would like others to respect me. Help me keep strong boundaries, and thank you for placing trusted adults in my life. Please give me the courage and confidence to speak up for myself and others if I see anything that does not seem right. Amen.

