



# **Empowering God's Children<sup>®</sup>**

## **Lesson 4 – Secrets, Surprises, & Promises**

Name: \_\_\_\_\_

Date: \_\_\_\_\_



**Ethics & Integrity  
in Ministry**

*Preventing Abuse and Providing Healing*



# **SECRETS, SURPRISES, & PROMISES**



## Empowering God's Children Lesson 4

- **PRIVATE BODY PARTS**
- **RULES**
- **BOUNDARIES**

- **SAYING “NO”**
- **SAFE FRIENDS & SAFE ADULTS**
- **UNSAFE FRIENDS & UNSAFE ADULTS**



- **SECRET**
- **SURPRISE**
- **PROBLEM**

- **THREAT**
- **PROMISE**





## **SECRETS V. SURPRISES**

**BOUNDARY & SAFETY  
RULES BADGE**

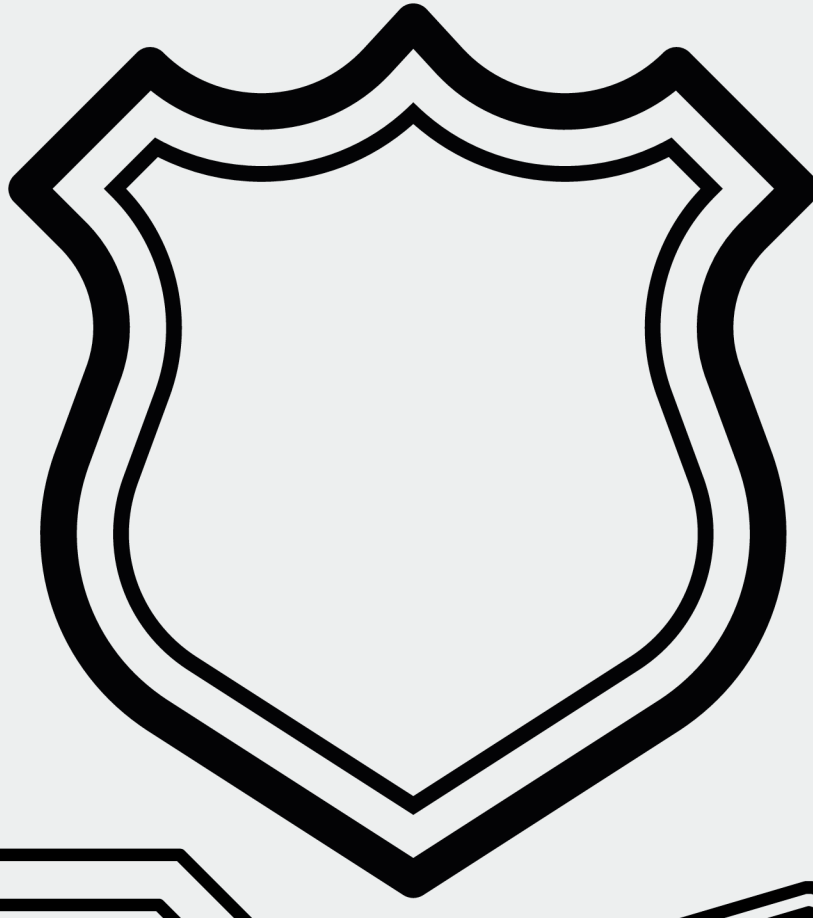


**COLORING ACTIVITY**

**LET'S TALK MORE  
ABOUT THE  
DIFFERENCES  
BETWEEN  
SURPRISES AND  
SECRETS**



BOUNDARY &  
SAFETY RULES  
BADGE



**ACTIVITY OPTION #3: Boundary Rules and Safety Badge**

**Instructions:** Fill out the certificate, and cut the page across the dotted lines if necessary.





**My name is:** \_\_\_\_\_

One thing I learned today about secrets:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

One thing I learned today about surprises:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Who are the safe adults I can go to when I need to talk about uncomfortable or scary things, or unsafe secrets?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Why are my personal boundary and safety rules important?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_





## **CLOSING PRAYER**

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Dear God, thank you for making each of us unique and special in your image.

Thank you for also giving us similarities, like our right to dignity and worthiness of respect. Help me to live in peace in times of confusion. Help me to remember to respect myself and others, as I would like others to respect me. Help me keep strong boundaries, and thank you for placing trusted adults in my life. Please give me the courage and confidence to speak up for myself and others if I see anything that does not seem right. Amen.

