



# St. Louis Catholic Church

[SaintLouisParish.org](http://SaintLouisParish.org)



“Whatever you do, work at it with all your heart as working for the Lord, not for men.”

Colossians 3:23

# Happy Labor Day!

September 4, 2022 ~ Twenty-Third Sunday in Ordinary Time

## Parish Office

2907 Popkins Lane  
Alexandria, VA 22306  
Phone: 703-765-4421

**Office Hours:** Mon - Fri  
9:30am - 1:00pm  
1:30pm - 5:30pm

**St. Louis School**  
703-768-7732

**St. Vincent De Paul Helpline**  
703-765-0050

Pastor: Rev. Keith O'Hare  
Parochial Vicars:  
Rev. Mark Mullaney  
Rev. Gregory Thompson

## Sunday Mass

7:30am 8:45am  
10:30am *Traditional Ad Orientem*  
12:30pm *Traditional Ad Orientem*

## Saturday Mass

8:45am  
5:30pm Vigil Mass

## Monday-Friday Mass

7:00am 8:45am  
*Novus Ordo Latin Mass ~ Tues. 7am*

## Confessions

Mon-Sat: 7:45am-8:15am  
Wednesday: 6:30pm  
Saturday: 4:30pm  
Sunday: 8:30am-9:15am

## Misa en Español

Domingo 3:00pm  
**Confesiones:** Dom. 2:15pm-3:00pm  
**Grupo de Oración**  
Sábado 6:30pm

**Poor Clare Monastery**  
703-768-4918

2505 Stone Hedge Drive  
**Mass Every Day**  
7:00am (Gregorian chant)

## Sunday Devotions

Eucharistic Exposition  
8:00am - 4:00pm  
Rosary 4:00pm  
Benediction 4:30pm



*Pro Deo et Pro Patria*

## PASTOR'S MESSAGE

Dear Friends,

Happy Labor Day Weekend! The first Labor Day holiday was celebrated in New York City on September 5, 1882. In 1894 that local celebration was made a national holiday and we've been celebrating it ever since.

Our Christian faith teaches us clearly the dignity of work and the dignity of the worker. The Catechism of the Catholic Church offers this beautiful reflection: "Work honors the Creator's gifts and the talents received from him. It can also be redemptive. By enduring the hardship of work in union with Jesus, the carpenter of Nazareth and the one crucified on Calvary, man collaborates in a certain fashion with the Son of God in his redemptive work. Work is for man, not man for work. Everyone should be able to draw from work the means of providing for his life and that of his family, and of serving the human community." (Paragraphs 2427-2428)

This Labor Day weekend we give thanks to God for all those who have worked hard and provided for us; we give thanks for our own ability to work; we pray for all workers to be provided a fair wage and appropriate working conditions; and finally we pray for all those who are currently unemployed and seeking the blessing of gainful employment. St. Joseph, patron saint of workers, pray for us!

\* \* \*

Thank you for your thoughtful participation in the parish survey that I sent out last Sunday through FlockNote. I have read every single response and am prayerfully considering all of your input. Together we will make Sunday awesome here at St. Louis Parish!

\* \* \*

This Monday, September 5, is the 20th Anniversary of the Episcopal Ordination of our beloved shepherd, Bishop Burbidge. He is truly a gift from God for all of us - for the priests, religious, and laity of the Diocese of Arlington. His wisdom, his virtue, his fidelity, and his love for all of us give us so many reasons to thank God for him. Please join me on Monday morning in praying a holy hour for him. Please also contribute spiritually to the "spiritual bouquet" of prayers that we will send him as a parish. May God richly bless our beloved Bishop Burbidge!

Your Pastor,



Father O'Hare



Holy Hour of Adoration for Bishop Burbidge  
on his 20th Anniversary!

Monday, September 5  
7:45am (before the 8:45am Mass)



# R<sup>3</sup>

R<sup>3</sup> for Women ~ Second Monday of the Month 7pm ~ 9/12

R<sup>3</sup> for Men ~ Fourth Monday of the Month 7pm ~ 9/26

# R<sup>3</sup>

Retreat



Reflect



Relax





# Join Trail Life Night!

Want to know more  
about Trail Life and  
Troop VA-2907?

**Come to  
Join Trail Life Night!**

This is a great opportunity for  
parents and prospective  
Trailmen to gather more  
information about Trail Life  
and all it has to offer!

More info can be found at  
**[TroopVA2907.org](http://TroopVA2907.org)**.

**WHO:**  
Kindergartners -  
12th Grade Boys

**WHEN:**  
Thursday,  
September 15, 2022

**WHERE:**  
McClunn Hall,  
St. Louis School  
2901 Popkins Lane,  
Alexandria, VA 22306

**TIME:**  
6:30-7:30 PM



**Trail Life**

Adventure > Character > Leadership





## High School Hang Out ~ Every Sunday!

After the 10:30 Mass EVERY SUNDAY, all families who have at least one (1) high school student are invited to “hang out” in the St. Louis School gym where fellowship and fun activities for high school students, their younger siblings, and their parents will be available. As long as a family has at least one high school student the ENTIRE FAMILY is invited.

Our first “High School Hangout” will be on **September 11 after the 10:30 a.m. Mass**. The “Hangout” will begin with a pancake breakfast served in the gym, followed by separate activities for teens, parents, and younger kids.

“High School Hangout” will happen every Sunday through May 7, 2023 except on certain holidays and school breaks. Each “Hang Out” wraps up by 1 p.m.

We are still in need of volunteers to help organize our Hang Out Events. Please contact Fr. Thompson at [fr.thompson@saintlouisparish.org](mailto:fr.thompson@saintlouisparish.org) to find out how you can help.

### Youth Community Event Calendar

We are also happy to announce the following opportunities for your high school student to grow in their relationship with Christ. Please contact Fr. Thompson @ [fr.thompson@saintlouisparish.org](mailto:fr.thompson@saintlouisparish.org) for more information or if you would like to volunteer as a chaperone.

Diocese of Arlington Youth Rally  
Bishop O’Connell High School

23 October 2022

St. Louis Fall Retreat for High School Students  
Location TBA

4-5 November 2022

Mount 2000  
Mount St. Mary’s University, Emmitsburg, MD

3-5 February 2023

St. Louis Spring Retreat for High School Students  
Location TBA

24-26 March 2023

Diocese of Arlington Work Camp  
Frederick County, VA

17-23 June 2023

Steubenville Conference  
Franciscan University of Steubenville, Steubenville, Ohio

16-17 July 2023



# Mass for Young Adults

**24**  
SEPTEMBER

**JOIN US**  
5:00-9:00 P.M.  
AT THE  
CATHEDRAL  
OF SAINT  
THOMAS MORE

MASS, BISHOP BURBIDGE, COMPLIMENTARY FOOD  
AND DRINKS, LIVE MUSIC, FREE CHILDCARE.

MISA, OBISPO BURBIDGE, COMIDA Y BEBIDAS,  
MÚSICA EN VIVO, CUIDADO DE NIÑOS GRATUITO.



21<sup>st</sup> NATIONAL CONFERENCE FOR SINGLE CATHOLICS

# NCSC 2022

DISCOVERING IDENTITY  
THROUGH *relationship*

SEPTEMBER 16-18

WESTFIELDS MARRIOTT WASHINGTON DULLES  
WARMLY WELCOMED BY THE DIOCESE OF ARLINGTON

KEYNOTE PRESENTERS



FR. DANIEL  
BRANDENBURG



DR. JENNIFER  
MOREL



DR. MARIO  
SACASA



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SAVE \$50  
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NCSC50

## RELIGIOUS EDUCATION



### Reminders for Parents

The due date for registering your child for Religious Education is *September 19<sup>th</sup>*. Parents can register online at our parish website [www.saintlouisparish.org/religious-education](https://www.saintlouisparish.org/religious-education).

Our program is a hybrid “Family Catechesis Model.” Parents are required to attend religious education classes along with their children so that they are empowered to educate their children in our faith. Classes for the various grade levels will begin on the following dates:

Confirmation Preparation (grades 7-8)

Monday, September 26 7:00 p.m.

First Communion Preparation English (grades 1-2)

Wednesday, September 28 7:00 p.m.

Family of Faith (grades 3-6)

Monday, October 17 7:00 p.m.

First Communion Preparation Spanish (grades 1-2)

Wednesday, October 5, 7:00 p.m.

Classes will be held roughly twice per month. More details regarding class schedules will be provided shortly.

### Volunteer Opportunities

We are looking for volunteers with a love of the faith, an enthusiasm for the faith formation of young people, and an ability to be an effective witness. If you have an interest in volunteering to become a catechist for religious education, please contact Fr. Thompson at [fr.thompson@saintlouisparish.org](mailto:fr.thompson@saintlouisparish.org).

## SPIRITUALITY



### Treat Yourself to a Meditative Morning!

Attend 7am or 8:45am Mass  
(both with organ accompaniment)

Then walk right over to the  
Little Way Cafe  
for a cup of joy

It's the best way  
to begin your weekday!



**St. Lucy's Guild** meeting will be on Tuesday, Sept. 13 starting at 10:00 a.m. in the St. Clare's room. We pray the rosary, have a spiritual reading, and have fellowship. We have a special devotion to St. Lucy, patron saint of eye disorders. Contact Andrea Corsillo 703-960-4973 for more info.

### Adoration Chapel Schedule

The Adoration Chapel will be open this week from Wednesday 7am through Saturday 4pm. For more information, contact:

Princess Fermin at [prinfermin@yahoo.com](mailto:prinfermin@yahoo.com)

## Day of Prayer & Healing

Post Abortion Retreat for Women:

Saturday, October 15, 2022

## Día de Oración Y Sanación

Retiro después del Aborto Provocado  
para Mujeres:

sábado 15 de octubre del 2022

For confidential help / Para ayuda confidencial: 703.841.2504



[helpafterabortion.org](http://helpafterabortion.org)  
[instagram.com/afterabortioncare](https://www.instagram.com/afterabortioncare)  
[facebook.com/HelpAfterAbortion](https://www.facebook.com/HelpAfterAbortion)



### Evening of Recollection for Women is now 2nd Monday of the Month!

All women are invited to a monthly evening of prayer, confessions, a spiritual talk, Eucharistic Adoration, and social time on the 2nd Monday of the month at 7pm. See you there!

Next one will be on September 12

### Evening of Recollection for Men is now 4th Monday of the Month!

All men are invited to a monthly evening of prayer, confessions, a spiritual talk, Eucharistic Adoration, and social time on the 4th Monday of the month at 7pm. See you there!

Next one will be on September 26

### Have an Upcoming Wedding Anniversary?

Please let us know! If it is a significant anniversary (ending in a "5" or a "0") we would especially like to honor you. Please contact the parish office by phone or email ~

[admin@saintlouisparish.org](mailto:admin@saintlouisparish.org)

### Celebrating A Golden or Silver Wedding Anniversary This Year?

Were you married in 1972 or 1997? Then join Bishop Michael F. Burbidge for the 2022 Mass for Jubilarians to be celebrated on Sunday, October 16th at 3:00 p.m. at the Cathedral of St. Thomas More in Arlington, Va. Contact the parish office to register no later than October 3, 2022. For more info, visit [www.arlingtondiocese.org/MJM](http://www.arlingtondiocese.org/MJM).

**It's a battle!**  
**Get the weapons you need!**  
**Go to**  
**[www.cardinalstudios.org](http://www.cardinalstudios.org)**





## Pilgrimage to the Shrine of the Most Blessed Sacrament

and EWTN  
with Fr. O'Hare  
Dec. 6th-10th



### Highlights:

- Attend a live show at EWTN
- Tour of EWTN
- Rosary and Benediction with the Franciscan Friars
- Attend Morning televised Mass at EWTN
- Tour the Shrine of the Most Blessed Sacrament
- Healing Service
- Tour of the JP II Eucharistic Museum
- Mass in the Crypt where Mother Angelica is buried
- Spiritual talks by Fr. O'Hare and the Franciscan Friars

Cost of \$900 for double occupancy includes  
airfare, lodging, and meals

\$500 Non-refundable fee required to reserve

Limited space available

Contact the parish office to reserve

[admin@saintlouisparish.org](mailto:admin@saintlouisparish.org) 703-765-4421



## FELLOWSHIP

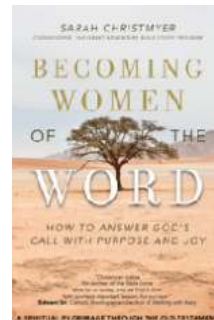
### Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15 am to noon - feel free to drop-in for any length of time. All mothers are invited and all children are welcome!
- We meet in the Youth Activities Room (YAR) at the back of the Church - there is parking in the back, please follow the steps down to the back entrance. We also have field trips and park days.

**THIS WEEK** - This Wednesday, Sep 7th, we will meet outside the cafe to share ideas for meeting topics for the fall! If there is inclement weather (too hot or rainy), please call or text Theresa for location.

**CONTACT:** For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or [tatalavera@yahoo.com](mailto:tatalavera@yahoo.com)

Young Adult Women- New night for small group! Our small group will be moving to Wednesdays from Mondays and will start up again on Wednesday Sept. 7th from 7-8:30pm at the leader's house. Come join us to meet other young Catholic women and grow in faith and fellowship as we read and discuss the book "Becoming Women of the Word" by Sarah Christmyer. Contact Hillary Clement ([hillary.clement@gmail.com](mailto:hillary.clement@gmail.com), 919-592-8911) for more details.



### Are You Grieving?

Are you grieving the loss of a loved one? You may have lost him/her recently or years ago.... Come to a monthly opportunity for prayer and conversation. "Grief and Grace" begins with a holy half-hour in the church followed by informal conversation led by one of our priests. The next session will be Wednesday, September 21, from 12:30pm-1:30pm.



## WIFFLEBALL!

## ULTIMATE FRISBEE!



## Man Configured to Christ: Priest, Prophet and King

*Men's Silent Retreat with Father Thomas Petri, OP*

The Very Reverend Thomas Petri, O.P. is a friar of the Province of Saint Joseph of the Dominican Order, a doctor of Moral Theology and President of the Pontifical Faculty at the Dominican House of Studies in Washington, D.C.



## October 21-23, 2022

San Damiano Spiritual Life Center  
White Post, VA

For more information and to REGISTER, visit:  
[arlingtondiocese.org/retreatformen](http://arlingtondiocese.org/retreatformen)



Catholic Diocese of Arlington | Office of Marriage, Family and Respect Life  
[familylife@arlingtondiocese.org](mailto:familylife@arlingtondiocese.org) | (703) 841-2550

Sponsored by the Basilica of St. Mary

OCT 2 - NOV 20  
SUNDAYS  
ALEXANDRIA, VA

REGISTER TODAY!   
[www.catholicports.net](http://www.catholicports.net)



# Highlights from the Parish G.I.G



Photos courtesy of  
St. Louis Parishioner  
Migs Recalde  
([www.etsy.com/shop/MigsPhoto](http://www.etsy.com/shop/MigsPhoto))

## Highlights from Wine, Cheese, and Jazz



## MARRIAGE

### Divine Intimacy Retreat *for married couples*



with Dan and Stephanie Burke

#### WHERE

San Damiano Spiritual Life Center

#### WHEN

Friday-Sunday November 4-6, 2022

#### REGISTER

[arlingtondiocese.org/divineintimacyretreat](http://arlingtondiocese.org/divineintimacyretreat)



Catholic Diocese of Arlington | Office of Marriage, Family and Respect Life  
(703) 841-2550 | [familylife@arlingtondiocese.org](mailto:familylife@arlingtondiocese.org)



worldwide  
marriage encounter

### MARRIAGE ENCOUNTER WEEKEND

Getting ready for school means lots of time spent on your children. After school begins, why not give yourselves some time together? Make a Worldwide Marriage Encounter Weekend Experience!

Upcoming dates:

- September 23-25, 2022 at the Crowne Plaza in Reston VA

Only 11 spots available so sign up early! To register, go to [WWME.org](http://WWME.org), click "Apply" and search on Virginia. Feel free to contact Mark and Cathy Stangler at 703-378-4150 or [mstang1987@aol.com](mailto:mstang1987@aol.com) with any questions.

## SERVICE



### Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses.

May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen. This week we pray especially for the following homebound parishioners:

Mary Blanes, Andrew Corrigan, Elaine Davidson,  
John "Jack" Davis, Imelda Druke, and Cecilia Hanes.

### Bread for Our Brothers Volunteer needed to collect and deliver bread in the local area

The Bread for Our Brothers program is looking for a volunteer to deliver bread to charitable organizations in the local area. For more information contact Jim McCracken, [jimmcva@verizon.net](mailto:jimmcva@verizon.net) / 703-593-4546



### The St. Louis conference of the Society of St. Vincent de Paul needs your prayers and financial support.

Our society provides emergency rent, utility, medical and food assistance to families and individuals who live within our parish boundaries and are experiencing a crisis. Our members also share the love of Christ with those we serve. We could not provide this help without the prayers and financial support of our parishioners, priests, and pastor. Last year was one of our busiest years yet. St. Vincent de Paul provided \$85,340 in rent, utilities, food and other support to 134 families who called our helpline for support. Please help us continue to respond to these calls by prayerfully considering making a financial donation to St. Louis's Society of St. Vincent de Paul by using the parish envelope offering, Faith Direct, or Venmo @SVDP-Alexandria. For more information about this ministry, email Robin Bachman at [robin@svdpaalexandria.org](mailto:robin@svdpaalexandria.org)

St Louis Parishioners who may be experiencing financial difficulties as a consequence of rising prices for food, gasoline, and shelter are welcomed to contact our hotline too.



### The Truth About Islam

Fr. Mullaney will present his class on Islam beginning in September. He has taught this several times at previous parishes; updating the course over the years with current events and information. This serious topic will be viewed from several angles, including Mohammed's life, Islam's historical timeline, religious beliefs, and social structure. Both Western and Muslim sources will be used in order to gain a full understanding. To participate in this class, each attendee is required to see and then sign an Agreement of Understanding before class begins. This is to safeguard the distribution of information, Father, and the Parish. Please see Fr. Mullaney for more information and the necessary form.



### What is the twofold significance of human work?

"Human work has a twofold significance: objective and subjective. Work in the objective sense constitutes the contingent aspect of human activity, which constantly varies in its expressions according to the changing technological, cultural, social and political conditions. Work in the subjective sense, however, represents its stable dimension, since it does not depend on what people produce or on the type of activity they undertake, but only and exclusively on their dignity as human beings."

~Laborem Exercens 6, John Paul II

### Saint of the Week

Nativity of the Blessed Mother, September 8

The Church has celebrated Mary's birth since at least the sixth century. A September birth was chosen because the Eastern Church begins its Church year with September. The September 8 date helped determine the date for the feast of the Immaculate Conception on December 8.

Usually it is the custom of the church to celebrate the feast day of a saint on the date of their death.

Mary, however, entered this world sinless through the privilege of the Immaculate Conception and is the firstborn of the redeemed. Her nativity is a cause for great joy as it is considered the "dawn of our salvation." (Pope Saint Paul VI)



"An apostle must not remain at the level of the mediocre. God calls him to be fully human in his actions, and at the same time to reflect the freshness of eternal things."

~ St. Josemaría Escrivá

# Growing in FAITH™

Discovering hope and joy in the Catholic faith.

September 2022

Saint Louis Catholic Church

Rev. Keith O'Hare, Pastor

## One Minute Meditations

### The most important thing

When Jesus promised to be with us always, He wasn't just talking symbolically. He meant that He would stay with us – Body, Blood, Soul, and Divinity. In fact, when we go to Mass, we meet Jesus, Himself, "truly, really, and substantially contained" in Holy Communion (*Catechism of the Catholic Church*, #1374). Don't miss a single Sunday Mass. He is there every time.



### Our "Call"

When God calls, He asks that His children respond. Throughout history, when the Father called a chosen people, prophets, and kings to service, they responded. Jesus called His apostles and disciples. They responded. God calls each of us. Have you responded? Are you where He wants you to be?

*"Trust in the LORD with all your heart, on your own intelligence do not rely; In all your ways be mindful of him, and he will make straight your paths"*  
(Proverbs 3:5-6).



## Four tools for spreading the Good News

Before He ascended, Jesus told His disciples, "Go...make disciples of all nations" (Matthew 28:19). We are all called to preach the Gospel, sometimes by words, but always by the holiness of our lives. Jesus gave us four must-haves for this task:

**Peace:** The confidence that all things, even our greatest sufferings, will be for our good is peace. Living a Gospel-centered life brings peace and sets us apart in what we choose: music, recreation, dress. These choices are counter-cultural and testify to our faith. Be at peace: our security is in the Truth, not others' opinions of us.

**Simplicity:** We can't give what we

don't have. To give Christ to others, we must make room for Him in our own hearts. For example, buy only what's necessary and limit time on social

media. Frequent the Sacraments and Mass. Pray daily.

**Charity:** Jesus uses us to communicate His love to others. In addition to acts of mercy for the poor, charity requires treating others with dignity, respect, patience, and kindness – even when it's challenging.

**Joy:** We experience joy when we receive God's love. This means keeping our hearts open to accepting the Good News, not giving into bitterness and resentment, reminding ourselves of the ways God has shown His love for us. Don't keep it to yourself. Tell others.



## Why Do Catholics Do That?

### Why do some churches have altar rails?

Altar rails, or "Communion rails," located between the sanctuary and the front pews, helped facilitate the Communion distribution when everyone received Communion on the tongue while kneeling. The rails encouraged the faithful to be reverent before the Face of God –

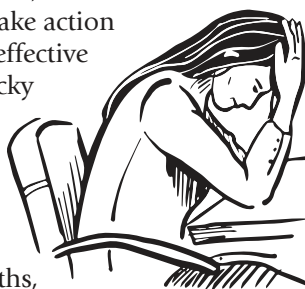


literally. Called, "the people's altar," the rails were also where communicants offered their spiritual sacrifices to God directly as they received Him. We can do this without rails, but kneeling for Communion is a powerful reminder of Who we are receiving.

# Managing sticky situations, gracefully

When we find ourselves in a difficult situation, it can be tough to know how to respond. We want to take action that comes from our faith perspective and is effective at the same time. Try these tips to manage sticky situations with grace:

**Stay calm.** We are more likely to make regrettable decisions when we're anxious, afraid, or angry. We make it worse by raising our voices, storming around, saying whatever comes into our heads. Instead take deep breaths, pray a calming prayer, invoke your guardian angel.



Staying calm is key.

**Be realistic.** Accept that you can't fix everything. Instead, focus on what you can do. Leaning on prior experience and advice from experts or trusted friends, pick the best course of action. Surrender the outcome to God.

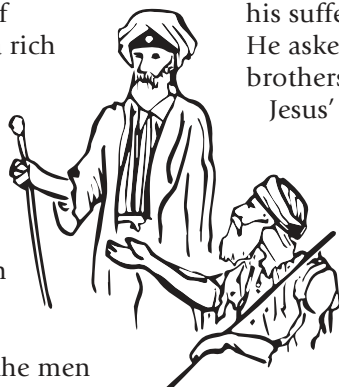
**Learn.** God often allows difficulties to bring about a greater good. Maybe the experience helped you grow in virtue, taught you a new skill, gave you a new perspective. It's okay to ask God, "why?" Keep what you learn for the future.

## from Scripture

### Luke 16:19-31, Riches okay, but not hard-heartedness

In this Gospel passage, Jesus directed a parable to those who turn a blind eye to the suffering of others. In His story, a rich man ignored a desperately hungry man, Lazarus, lying in misery at his gate. The rich man feasted daily and lived in luxury. The poor man hoped for scraps and dodged dogs.

After their deaths, the men experienced a reversal of fortunes. Lazarus rested with Abraham and the patriarchs – the closest thing to heaven prior to Jesus' Resurrection. The rich



man was in agony. He begged Abraham to send Lazarus to alleviate his suffering but Abraham refused. He asked Lazarus to warn his brothers but was denied again.

Jesus' parable isn't condemning wealth, but the hard-heartedness of the rich man. The rich man knew Lazarus by name but was insensitive to his plight. He wasn't evil, but he knew what God asked him to do and didn't do it.

When we live our faith, we transform our prayers into deeds of love as Jesus asked. The reward for doing what Jesus asked will be eternal joy.

## Q & A Why do some parishes pray the St. Michael prayer after Mass?

The Leonine prayers were first promulgated by Pope Leo XIII in 1884, for recitation after Mass but not as part of Mass itself. They consisted of the Hail Mary (three times), Hail, Holy Queen,



O God our Refuge and strength, the Prayer to St. Michael, and the invocation to the Sacred Heart (three times) and were said

kneeling at the foot of the altar. Although abolished in 1964 they are still sometimes used after Masses in the extraordinary form.

Other popes have invoked St. Michael's protection. Pope St. Gregory the Great invoked St. Michael's protection during a plague. Pope St. John Paul II recommended saying the St. Michael prayer daily to protect the family. And Pope Francis, in the light of recent crises, recommended all Catholics recite the prayer. Some bishops have joined the call by recommending Catholics pray it after Mass.

St. Michael led the faithful angels in overthrowing Satan and his rebellious angels (Revelation 12:7). Scripture tells us he is tasked with protecting God's people against the devil.

## Feasts & Celebrations

**September 15 – Our Lady of Sorrows.** In Luke 2:35, Simeon predicted Mary's sufferings as "a sword piercing" her soul. In her sorrow, Mary stood at the foot of the Cross, dignified and fearless while others ran away. Instead, she responded with faith and love.

**September 17 – St. Hildegard of Bingen (1179).** Born in 12th century Germany to noble parents, St. Hildegard had visions from when she was very young. She joined the Benedictines and eventually became an abbess. She wrote

on spirituality, music, medicine, and science. She is a Doctor of the Church.

**September 26 – Sts. Cosmas and Damian (c.303).** These saints were Arab brothers who studied medicine in Syria and lived their Christian faith by treating people without charge. They were martyred for their faith.

**September 29 – Sts. Michael, Gabriel, and Rafael, Archangels.** Three archangels who were entrusted with important missions to mankind, such as St. Gabriel's visit to the Blessed Mother to tell her she had been chosen as the Mother of God.



## Our Mission

To provide practical ideas that promote faithful Catholic living.

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<http://www.growinginfaith.com>  
(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)



How joyous to have our students back to practice their faith together at weekly Mass. We enthusiastically welcomed Fr. Thompson during our Monday Morning Assembly to prayerfully begin our school week and look forward to visits from him, Fr. O'Hare and Fr. Mullaney this school year.

Principal Anne Dyke ~

[www.stlouisschool.org](http://www.stlouisschool.org) ~

703-768-7732

## LET US PRAY FOR ONE ANOTHER

### Monday, September 5

7:00am, No Mass  
7:00am Poor Clares, +Francisco Caimol  
8:45am, Intentions of JoAnne Campbell

### Tuesday, September 6

7:00am, +Juan B. Rivera  
7:00am Poor Clares, Intentions of Deborah Spagnoli  
8:45am, Intentions of Tim & Guadalupe Williamson (Wedding Anniversary)

### Wednesday, September 7

7:00am, +Timothy Swartz  
7:00am Poor Clares, Intentions of Sam Spagnoli  
8:45am, +Anne Marie Brice (in honor of birthday)

### Thursday, September 8

7:00am, +Juan B. Rivera  
7:00am Poor Clares, Intentions of Nick Spagnoli  
8:45am, +Georgia Ayres

### Friday, September 9

7:00am, Intentions of Gregory Winkler  
7:00am, Poor Clares, Intentions of Mark Woznak  
8:45am, Intentions of Guy DesJardins

### Saturday, September 10

7:00am, Poor Clares, Intentions of Trudy Spagnoli  
8:45am, Intentions of Auxiliaries Members of Legion of Mary and Virgin Mary Birthday.  
5:30pm, +Edward Conaty

### Sunday, September 11

7:00am, Poor Clares, +Eric Rigsbee  
7:30am, Intentions of JoAnne Campbell  
8:45am, +Gordon Buckley  
10:30am, Intentions of People of St. Louis  
12:30pm, +Michael & Genievieve Caprio  
3:00pm, +Vilma Carolina De Escobar

**Eternal Rest  
Grant Unto Them,  
O Lord!**

**Bruno Bottcher**

**Monday** 1 Cor 5:1-8; Ps: 5:5-6, 7, 12; Jn 10:27;  
Lk 6:6-11

**Tuesday** 1 Cor 6:1-11; Ps 149:1b-2, 3-4, 5-6a &  
9b; Lk 6:12-19

**Wednesday** 1 Cor 7:25-31; Ps 45:11-12, 14-15,  
16-17; Lk 6:20-26

**Thursday** **Feast of the Nativity of the Blessed**  
**Virgin Mary** Mi 5:1-4a; Ps 13:6ab, 6c; Mt 1:1-16,  
18-23 or 1:18-23

**Friday** **Memorial of Saint Peter Claver,**  
**Priest** 1 Cor 9:16-19, 22b-27; Ps 84:3, 4,  
5-6, 12; Jn 17:17b, 17a; Lk 6:39-42

**Saturday** 1 Cor 10:14-22; Ps 116:12-13, 17-18;  
Lk 6:43-49

**Sunday** **Twenty-fourth Sunday in Ordinary**  
**Time** Ex 32:7-11, 13-14; Ps 51:3-4, 12-13,  
17, 19; 1 Tm 1:12-17; Lk 15:1-32 or Lk 15:1-10

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