

Humilitas

Newsletter of Saint Charles Borromeo Catholic Church ~ October, 2022

Authentically Ourselves

When I was in the seminary, one of the things that was often said about me was that, for better or worse, I was always 100% authentically me. People knew what they were gonna get. For better or worse they were always going to get the real me.

Authenticity is important in how we relate to others and how we relate to God. When we look at authenticity as it relates to the gospel and our calling to love and serve the Lord, it serves as a reminder that when we come to the Lord in prayer, he wants us to come as we are. Authenticity in prayer and in service to others centers on coming to the Lord in a manner that is true to who we are. God created each of us to be an individual, to be unique. He wants us to encounter him in prayer in a way that is true to who we are, and that encompasses every facet of our personality as who we are called to be. While there is always that temptation to try and emulate the people we see who may appear to be holier than we are, God wants us to approach Him in an authentic way, true to ourselves. Because the reality is that our ability to give of ourselves and our time is centered on that knowledge of who we are and the graces and gifts that God has given us. Self-knowledge and self-acceptance lead to authentic self-gift.

Becoming more authentic starts with a simple prayer: "God, help me each day to be the person you made me to be, and as that person to love you more deeply and to love my neighbor as myself." My hope is that each and everyone of you can be, for better or worse, authentically yourselves 100% of the time.

Fr. Will

Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit. —Matthew 28: 18-20



* Why did the dad who went out for pasta get locked out?
He had gnocchi.



In This Issue...
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Dorothy Day Center Commemorates 17th Anniversary

For seventeen years you have generously remembered the Dorothy Day Center in your prayers, monetary donations and gifts of non-perishable foods and hours and hours of volunteer time delivering groceries, organizing and cleaning the Center, putting food on shelves and on and on. More than 200,000 persons have received help over the years, approximately 1,000 per month.

Each person who receives life-saving food from the center has their own story or circumstance: parents with small children, the elderly, chronically ill or injured, unemployed or underemployed, those without a car or cash for gas, new refugees, and so many more. They can't say it in person, but you have been thanked and appreciated time and again by recipients when volunteers arrive with a delivery of much-needed food for the family or individual who does not have transportation to their local food pantry for many different reasons.

Groceries go to diverse neighborhoods. A volunteer reported occasional deliveries "to really nice homes." The person may have lost a job and can't make mortgage payments. "Ours is not to judge," he said. On the other hand, this same person has been invited to share a cup of tea with an elderly couple, only to discover that was all they had. Another volunteer became a close friend, who who was requested to be at a recipient's bedside when he was dying.

At one stop, a couple greets a volunteer warmly, saying "We are blessed by the best!" Another woman in a low-income apartment complex lives with severe health issues. She receives regular help from volunteers she knows well. She is close to God and prays with whoever brings food. Many report feeling a special blessing and God's grace in her presence.

Referrals for emergency assistance come from calls to the Parish Office, St. Vincent de Paul Society, Catholic Worker House, OKC First Church of the Nazarene, 211, and a hunger telephone helpline.

Though we are based in the Catholic Church, people of all faiths and walks of life volunteer and receive. College students, Boy Scout troops, youth groups, parishioners, families, our seminarians, regular volunteers and so many more individuals and groups have all served those in need through the Dorothy Day Center. The mission statement on the website says, "We are Catholic and thus view the world as a global community; all people are God's children regardless of their situation."

Volunteers are always needed. Gatherings to deliver groceries are held on the third and fourth Saturdays of each month at 8 a.m. from June to September and 8:30 a.m. from October through May. The Regional Food Bank truck delivers our monthly allotment of food on the second Monday of each month at 10:30 a.m.

For further information see the website:
www.thedorothydaycenter.com

"For you have been a refuge to the poor, a refuge to the needy in their distress." Isaiah 25:4

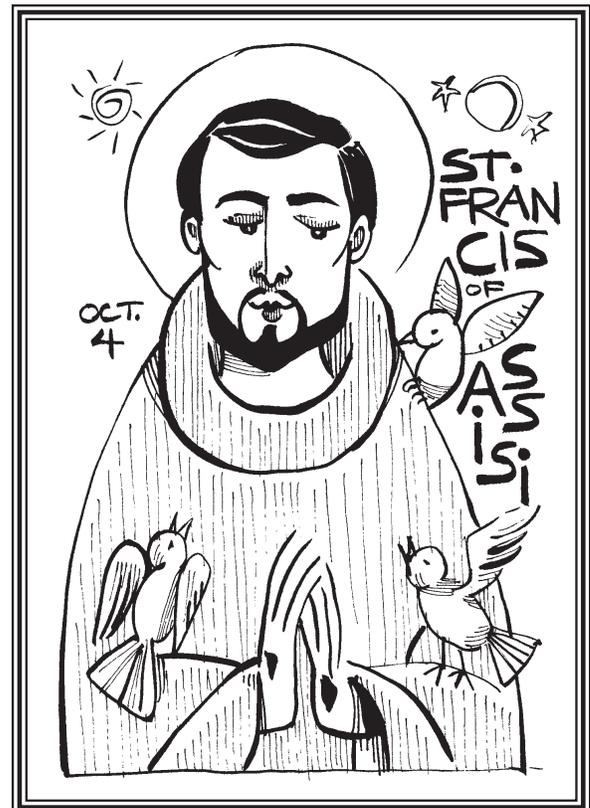
—Monica Knudsen

* Why was the child's blanket arrested?

For being an accessory to a kid napping.

* Why does a fork have four prongs?

Because if it had less it would be called a threek.



Happy Hallows Month

The word of the month is *hallow*. It may have been the word of the months of August and September as well considering when Halloween decorations begin appearing on the shelves.

Holy, Holy, Hallelujah.

Really. Holiness is worth a “Hallelujah.”

Name the hallowed. Call people and acts out for what they are: instruments of divinity.

The someone who dropped by food when you were sick. That nice neighbor who changed your tire. Your Aunt Ruth, with God now, but she was the glue that held a generation together. The care provider who went beyond what your family even knew they needed.

It’s All-Hallows-Eve time after all.

Sure, many of the iconic images for Halloween can be traced back through Celtic history predating Christianity. October was considered the end of the year, and, on the last day of that month, the veil between the living and the dead was thin. Eventually, the mythology was tempered by Christianity’s All-Saint’s Day. New traditions emerged from that eve of all-saints. Hundreds of years after that, those created traditions landed on U.S. shores, and eventually those morphed into black cat pillows and princesses ringing your doorbell. And what priceless and formative memories most of us have of trick-or-treating.

All the hullabaloo around Halloween places “hallow-ness” before us. Claim that word; be quietly inspired. We can not only name the holy, but plan the holy. How delightful is the idea of planning to be holy today (or tomorrow if you’re busy being devious at the moment)? Perhaps at one time you were put off by a fear of acting “holier-than-thou” or feel that humility prevents you from calling one of your own actions holy. Reconsider embracing the word: holiness is an act dedicated to God.

Intentionality creates holiness. While Mass, traditional methods of prayer, and certain locales are sacred, the participant’s intention makes holy the experience. Deciding to dedicate to God time and a voice raised in song and prayer is planning holy. Looking ahead in your day with the intention of using a meeting, a co-worker encounter, or a meal to be made as an instrument of divinely-inspired behavior is planning holy. Of course, such plans have the capacity to affect more than just you since God is at the heart of the intention.

Kathy Judge



Community Garden News

October brings us near the end of the growing season. Okra was plentiful this year. Tomatoes were so-so compared to the bumper crops we enjoyed last year and the year before. Gardeners also planted squash, herbs, sunflowers and cucumbers. Outbreaks of Covid have limited our group gatherings again this year but taking care of a garden bed can be a solo activity done on a flexible schedule.

Visitors are welcome to stop by and relax in one of the chairs provided. For an armchair tour of past harvests, check Pinterest. www.pinterest.com St. Charles Community Garden.



Lord, Help Me Trust Like My Friend Larry

He tramps around the world, preaching as he goes, trusting in the Lord to place a person in his path to help him with the next step of his journey. He has truly heeded Jesus' advice to his disciples, "Take nothing for your journey except a staff; no bread, no bag, no money in your belts, but wear sandals and don't put on two tunics" (Mark 6:8-9).

Had Larry been alive in the Bible times, I have no doubt Jesus might have tapped him on the shoulder and said, "Follow me" and of course, he would have. He fits the unexpected resumé of people like fishermen Peter, James and John, sons of Zebedee. Nary a theologically trained Pharisee or Scribe among them.

In December 2014, Larry left Oklahoma City after sensing that the Lord wanted him to pray for our nation at the US Capitol. He had \$8 in his pocket. Arriving in a snowstorm on Christmas Eve, he had found a ride as far as Chesapeake, Virginia, and next shared The Word with someone who gave him fare for a Greyhound bus to DC. Passengers on the bus heard the Gospel message and donated to his pilgrimage (as a testament to his effectiveness, bus riders don't have a reputation for great wealth). He prayed at the Capitol, witnessed to the machine gun-bearing guards, went to Midnight Mass at DC's Shrine of the Immaculate Conception and spent the rest of the night at a homeless shelter.

Jesus' disciples were world travelers and so is solo traveler Larry. Thomas preached in India, Persia, China and Rome. Others proclaimed in Greece, Spain, Egypt, Ethiopia, southern Russia and Britain, then a far-flung Roman outpost.

Larry's journeys are in the footsteps of Jesus or his disciples. He has slept in doorways and lived on sparse food. In my collection of postcards from him, there are greetings from Istanbul; Sagrada Familia Cathedral in Barcelona; Smyrna, Turkey; and Israel.

A few weeks ago, I received a card postmarked Jerusalem; a photo of the Church of the Holy Sepulchre on the front and an elaborate, colorful Israeli overseas stamp on the reverse side. The message on the postcard is never a cliché like "wish you were here." The messages are Bible references praising the Lord and apropos to his journey. The most recent one includes this: "And now, as a captive to the Spirit, I am on my way to Jeru-

salem, not knowing what will happen to me there" (Acts 20:22).

Sometimes there is risk in sharing the Gospel, especially in the Middle East. Larry has learned to approach carefully, keep groups of listeners small and respect others' beliefs.

Life wasn't always this way for Larry. He is a handyman/day labor worker in his 40s who had made many mistakes and lived a life not knowing God. Larry counts his real age as 15, the number of years since he came to know the Lord in 2007.

Larry is a person who said 'yes' to the unusual and sometimes dangerous mission to which God has called him. Most of us aren't called by God to do what he does. However, he reminds us that God calls each of us to something. Listen and trust. Larry's trust in the Lord is exemplary. He inspires me.

—Monica Knudsen

See previous articles about Larry in April 2014 and January 2016.



The Litany of Humility

O Jesus, meek and humble of heart, hear me.

From the desire of being esteemed, deliver me, Jesus.

From the desire of being loved, deliver me, Jesus.

From the desire of being extolled, deliver me, Jesus.

From the desire of being honored, deliver me, Jesus.

From the desire of being praised, deliver me, Jesus.

From the desire of being preferred to others, deliver me, Jesus.

From the desire of being consulted, deliver me, Jesus.

From the desire of being approved, deliver me, Jesus.

From the fear of being humiliated, deliver me, Jesus.

From the fear of being despised, deliver me, Jesus.

From the fear of suffering rebukes, deliver me, Jesus.

From the fear of being calumniated, deliver me, Jesus.

From the fear of being forgotten, deliver me, Jesus.

From the fear of being ridiculed, deliver me, Jesus.

From the fear of being wronged, deliver me, Jesus.

From the fear of being suspected, deliver me, Jesus.

That others may be loved more than I,

Jesus, grant me the grace to desire it.

That others may be esteemed more than I,

Jesus, grant me the grace to desire it.

That, in the opinion of the world, others may increase
and I may decrease,

Jesus, grant me the grace to desire it.

That others may be chosen and I set aside,

Jesus, grant me the grace to desire it.

That others may be praised and I go unnoticed,

Jesus, grant me the grace to desire it.

That others may be preferred to me in everything,

Jesus, grant me the grace to desire it.

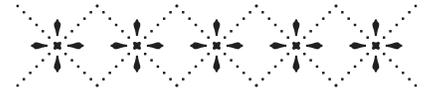
That others may become holier than I,

provided that I may become as holy as I should,

Jesus, grant me the grace to desire it.

—credited to Rafael Cardinal Merry del Val (1865-1930)

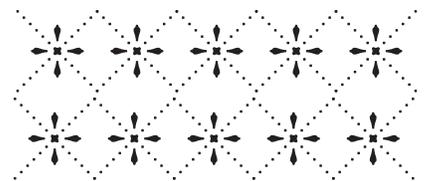
Seek the Lord, all you humble
of the land, who do his commands;
seek righteousness, seek humility;
perhaps you may be hidden on the
day of the wrath of the Lord.
—Zeph. 2:3



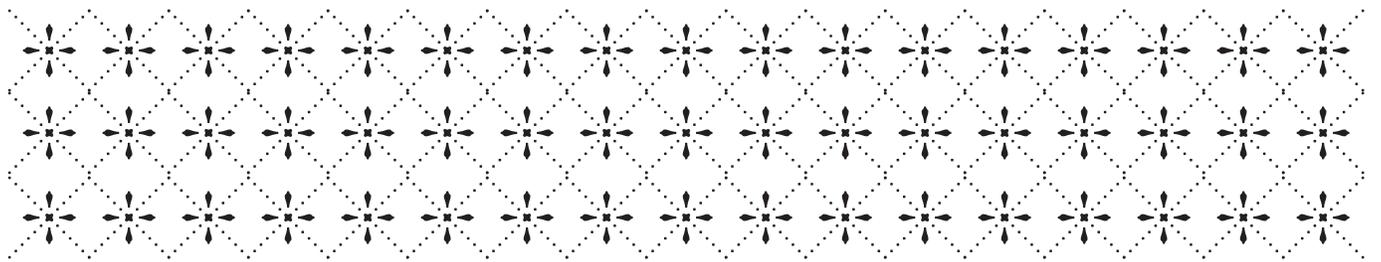
“For the Son of man also came
not to be served but to serve,
and to give his life as a ransom for
many.”
—Mark 10:45



“Truly, I say to you, whoever
does not receive the kingdom of
God like a child, shall not enter it.”
—Luke 18:16



“Behold, we are going up to
Jerusalem; and the Son of Man will
be delivered to the chief priests
and the scribes, and they will
condemn him to death, and deliver
him to the Gentiles; and they will
mock him, and spit upon him, and
scourge him, and kill him; and after
three days he will rise.”
—Mark 10: 33-34





Sign seen on a church:
 Our Life-Guard walks on water.

Sign seen on another church:
 Too Hot to Keep Changing Sign
 Sin Bad Jesus Good
 Details Inside

October Saints and Days

- 01 St. Thérèse of the Child Jesus (*Memorial*)
- 02 **Twenty-Seventh Sunday in Ordinary Time**
- 04 St. Francis of Assisi (*Memorial*)
- 05 [St. Faustina Kowalska;
USA; Bld. Francis Xavier Seelos]
- 06 [St. Bruno; USA: Bld. Marie Rose Durocher]
- 07 Our Lady of the Rosary (*Memorial*)
- 08 [BVM]
- 09 **Twenty-Eighth Sunday in Ordinary Time**
- 11 [St. John XXIII]
- 14 [St. Callistus I]
- 15 St. Teresa of Jesus (*Memorial*)
- 16 **Twenty-Ninth Sunday in Ordinary Time**
- 17 St. Ignatius of Antioch (*Memorial*)
- 18 St. Luke (*Feast*)
- 19 USA: Ss. John de Brébeuf and Isaac Jogues
and Companions (*Memorial*)
- 20 [USA: St. Paul of the Cross]
- 22 [St. John Paul II; BVM]
- 23 **Thirtieth Sunday in Ordinary Time**
- 24 [St. Anthony Mary Claret]
- 28 Ss. Simon and Jude (*Feast*)
- 29 [BVM]
- 30 **Thirty-First Sunday in Ordinary Time**



- * My teacher always said not to worry about correct spelling,
because we have autocorrect.
And for that I am infernally grapefruit.
- * Why do koi only travel in groups of four?
It's to protect against predators. When they're attacked,
koi A, B, and C travel in one direction.
The other one is the D koi.
- * Why did the crab cross the road?
It didn't, it used the sidewalk.
- * What does a politician do after he dies?
He lies still.



St. Charles Borromeo—October, 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|---|--|
|  | | Confessions every Saturday at 3 pm Adoration every Wednesday at 10:00 am -7:00 pm | |  | | 1 9:00 AM Class PreBautismal en Beckman Hall 6:00 PM Fiesta de San Carlos Feast of St. Charles Celebration |
| 2 9:15 AM-10:40 AM RE/Confirmation Classes Respect Life Sunday | 3 6:00 PM Social Ministry Board in Kastner Room | 4 7:00 PM Baptismal Seminar EN in Mtg Room C 7:00 PM Journey of Faith 7:00 PM Talleres de Oración Mtg C | 5 4:00 PM Clinic 6:15 PM-7:40 PM RE/Confirmation Classes 7:00 PM Choir Practice | 6 4:00 PM Newsletter Meeting, Kastner Room Parent/Student/Teacher Conferences | 7 12:00 PM WSC Day Bunco in C 5:30 PM Classes de Diabetes Mtg A/B 7:00 PM RICA | 8 9:00 AM Class PreBautismal en Beckman Hall |
| 9 9:15 AM-10:40 AM RE/Confirmation Classes 3:00 PM WSC Meeting in C | 10 9:45 AM Food Bank Delivery | 11 7:00 PM Journey of Faith 7:00 PM Talleres de Oración Mtg C | 12 5:30 PM Stewardship Meeting-Kastner Room 7:00 PM Choir Practice Fall Break-No School-Parent/Student/Teacher Conferences | 13 | 14 5:30 PM Classes de Diabetes Mtg A/B 7:00 PM RICA | 15 9:00 AM Catholic Worker Delivery 6:00 PM Baptisms English |
| 16 11:00 AM Baptisms English Fall Break-No School-Parent/Student/Teacher Conferences | 17 | 18 5:30 PM Finance Board 7:00 PM Journey of Faith 7:00 PM Parish Council 7:00 PM Talleres de Oración Mtg C | 19 4:00 PM Clinic 6:15 PM-7:40 PM RE/Confirmation Classes 6:30 PM - KR Catholic Social Justice Committee 7:00 PM Choir Practice | 20 6:30 PM Liturgy Committee | 21 5:30 PM Classes de Diabetes Mtg A/B 6:30 PM VOICE GALA 7:00 PM RICA | 22 9:00 AM Catholic Worker Delivery 11:00 AM Baptismos Español |
| 23 9:15 AM-10:40 AM RE/Confirmation Classes | 24 | 25 7:00 PM Journey of Faith 7:00 PM Talleres de Oración Mtg C | 26 6:15 PM-7:40 PM RE/Confirmation Classes 7:00 PM Choir Practice | 27 | 28 | 29 |
| 30 9:15 AM-10:40 AM RE/Confirmation Classes | 31 | September 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | | November 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | | |

Parish Life

New Parishioners-August

Johann Cruz & Maria Loera
 Elias De Loera & Erika Velasco
 Jonatan & Karen De Luna
 Ana Garcia
 Juan & Mayra Hernandez
 Jason Jimenez
 Justin Nana & Gwendoline Neba
 Christopher Newman
 Alvaro Ruiz & Gregoria Estrada
 Belinda Ruiz
 Yori Ruiz & Yakelin Deleon
 Hector & Brenda Pasillas
 Maria Talitha Ward
 Victor Del Rio & Martha Ruiz
 Daniel Olguin & Maria Carrera
 Jill Keeney
 Elizabeth Ramos
 Miriam Valenzuela
 Moises Flores & Maria Juarez
 Blanca Esparza
 Stephenie Lozano
 Yessica Velasco Hernandez
 Manuel Macias & Juana De Loera

Baptisms-August

Ellis Faye Lepeltier
 Brandon Martinez Luna
 Ivan Ruiz Villatoro
 Julio Daniel Garcia
 Alexander Ivan Garcia
 Matteo Flores Salazar
 Giselli Rivera Carrasco

Anniversaries-October

| Oct. | | Anniv. |
|------------------|----------------------------------|------------------|
| 01 th | Miguel & Nancy Gonzalez | 06 th |
| 05 th | Jesus & Rosario Escobar | 19 th |
| 07 th | Fernando Lopez & Lizbeth Esparza | 05 th |
| 09 th | John & Joyce Reinig | 74 th |
| 10 th | Joseph & Julie Martine | 52 nd |
| 17 th | Juan & Maria Camacho | 24 th |
| 23 rd | Mario & Hilda Velasco | 29 th |
| 25 th | Romualdo & Cristina Guzman | 08 th |
| 28 th | Brian & Kasey Rooney | 16 th |

* This morning I saw a guy dragging a clam on a leash.
 And I thought,
 "It must be hard to walk with a pulled mussel."

* Alexa, tell me a joke... Alexa? Alexa?
 Sorry, I wasn't listening.
 I thought you deserved some privacy.
 Really? Well, that's nice-
 would you like to hear another joke?



Deaths-August

Alfredo Pantoja Medina
 Antonio Gonzalez Uribe
 Patricia Imogene Cline



Humilitas

We, your newsletter team, submit this issue with humility and thanks to God: Fr. Will Banowsky,
 Michael Carpenter, Kathy Judge, Monica Knudsen, Margaret Phipps
 print shop: Karen Flores, Jennifer Hernandez-Reyes

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