February 7, 2021



**Monthly Explanation of the Mass**

***Did You Know?***

- **The Procession**: The priest and ministers (representing

the whole people of God) symbolically move from the

ordinary (the world) to the extraordinary (the sanctuary,

which is a symbol of heaven itself) – from the secular

to the sacred, from the everyday to the eternal.

- **The Altar**: The altar represents Christ himself. When

we see the priest kiss the altar, we should reverence

Christ in our heart. The altar is the center, where the

mystery of our faith is celebrated.

- **Sign of the Cross**: We begin Mass with the Sign of

the Cross. This is not an introduction to prayer, but is

in fact a prayer in and of itself. It is a prayer! It affirms

our faith in the Triune God: Father, Son, and Holy Spirit.

We recall our baptism and are reminded of the great act

of love of Christ, who suffered and died for us.