

PRAYER

Oh Lord,
In this season of unbearable
grief, I submit my heart to You.
May Your embrace provide
solace and comfort, as I trust in
You. In moments of deepest
sorrow, please guide me to the
foot of the cross, where I lay my
burdens down. Remind me that
Your love is unwavering and
Your grace sufficient. As the
waves of sorrow crash upon me,
let Your peace wash over my
soul. Teach me to lean on You,
and to find refuge in Your
sheltering arms. Though my
heart may be shattered, I trust in
Your ability to mend the broken
pieces. Help me to embrace the
healing power of Your love, and
to surrender my pain to You in
the name of Your precious Son,
Jesus Christ, I pray. *Amen.*



Works of Mercy

CORPORAL

1. Feed the Hungry Mt 25:35
2. Give Drink to the Thirsty Mt 25:35
3. Clothe the Naked Mt 25:36
4. Shelter the Homeless Mt 25:35
5. Visit the Sick Mt 25:36
6. Visit the Imprisoned Mt 25:35
7. Bury the Dead Mt 25:40

SPIRITUAL

1. Instruct the Uninformed Mt 16:15
2. Counsel the Doubtful Jn 14:27
3. Admonish Sinners Lk 15:7
4. Bear Wrongs Patiently Lk 6:27
5. Forgive Offenses Mt 6:12
6. Comfort the Sorrowful Mt 11:28
7. Pray for the Living and the Dead Jn 17:24

***No one person can do everything,
but everyone can do something.***

**HEALING
from the
LOSS
of a
CHILD**



Holy Innocents Prayer Garden in St. Patrick Cemetery

HEALING from LOSS of a CHILD

Grief is not a disorder, a disease,
or a sign of weakness.
It is the price you pay for love.
Earl A. Grollman

One in four people sitting in our pews
has experienced the death of a child. All
have the right and need to grieve for the
sake of their own emotional, spiritual,
and physical health. Unfortunately,
needed support might be lacking.

There are those who suffer in silence
because they feel shame from an
abortion no one knows about. Friends or
family might not understand the deep,
significant grief of a miscarriage. The
loss of an infant or young child easily
brings sympathy, but others may feel ill
prepared to offer support, and so they
avoid those who are grieving. Naturally,
that only serves to compound the loss.
The tragic death of an adult child
combines the memories of what was,
with the ache of not witnessing their
hopes and dreams come to pass.

God doesn't promise how long
anyone will live. But He sees us and our
pain and promises us His love and a
hope for the future. He has prepared a
place for us and for our children.

Trusting in His will gets us through
the agonizing times in life. We join our
suffering with Jesus, when He says,
"Father not My will but Yours be done."

RESOURCES and IDEAS

Archdiocese Respect Life Office
nolacatholic.org/protecting-the-unborn

New Orleans Catholic Cemeteries:
nolacatholiccem@arch-no.org
504-596-3050 St. Patrick Cemetery #1

Holy Innocents Prayer Garden

Dedicated for babies lost through
abortion, miscarriage, or stillbirth.

All God's Babies Tomb, for interment
of babies up to 12 months old lost to
abortion, miscarriage, or early death &
whose families are in financial need

CCANO Pregnancy Services

accesspregnancy.com/project-rachel/

Project Rachel 504.832.1503

Free, confidential, professional
counseling for healing after abortion.

Rachel' Vineyard Retreat

504.460.9360 rachelvineyard.org
Open to all suffering after an abortion.

Catholic Counseling Service

Professional, confidential counseling
2814 S. Carrollton Ave., NOLA.
504-861-6245. ccs@arch-no.org

Woman's New Life womansnewlife.com

Professional counseling for post-
abortive healing. 504-831-3117.
4612 S. Claiborne, N.O.

Red Bird Ministries redbird.love

Grief support ministry for child loss of
any age and circumstance

Run errands and start a **meal train**
for newly bereaved families

Pray a rosary for all those who have
suffered the loss of a child

CHURCH TEACHING

Jeremiah 31:15

In Ramah is heard the sound of
sobbing, bitter weeping! Rachel
mourns for her children, she
refuses to be consoled for her
children, they are no more!

Catechism Catholic Church, 2319

Every human life, from the moment
of conception until death, is sacred
because the human person has
been willed for its own sake in the
image and likeness of the living and
holy God.

Donum Vitae, Congregation for the Doctrine of the Faith, Intro, 5

From the moment of conception,
the life of every human being is to
be respected in an absolute way
[...]; his whole being bears the
image of the Creator.