



HOLY FAMILY CATHOLIC CHURCH

5900 West Lake Street
Saint Louis Park, MN 55416
www.hfcmn.org | 952.929.0113
staff@hfcmmn.org

Reverend Joseph Johnson, Pastor
Reverend Timothy Sandquist
Reverend George Welzbacher

MASS TIMES:

Saturday Vigil Mass	5pm
Sunday	7:30, 9 & 11am
Weekday and Saturday	8am
Rosary	7:30am

EXPOSITION AND BENEDICTION:

Saturday	3:30-4:45pm
Friday	Divine Mercy Chaplet <i>after 8am Mass</i>

CONFESSIONS:

Saturday	3:30-5:30pm
Sunday	8:30-10am
Monday, Wednesday, Friday	7:30-7:50am

If only one priest is available, confessions will end 10 minutes before Mass begins.

PARISH OFFICE HOURS:

Monday - Friday	9am - 4:30pm
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HOLY FAMILY — ACADEMY —

5925 West Lake Street
Saint Louis Park, MN 55416
www.hfamn.org | 952.925.9193

TRUTH • GOODNESS • BEAUTY

August 13th, 2023 *Nineteenth Sunday of Ordinary Time*



TODAY AT HOLY FAMILY

HOSPITALITY DOWNSTAIRS—SUNDAY

Enjoy coffee and donuts while visiting with fellow parishioners downstairs after all Masses on Sunday.

YOUNG ADULT SUNDAY GOSPEL DISCUSSION

After the 9am Mass, young adults (20 and 30 year olds) are invited to an informal Gospel discussion in the Sts. Peter and Paul room (located in the lower level of the school, enter through driveway doors). Questions? Please contact Jonathan Meyer at meyerjonathon@gmail.com.

SMOKER POKER TICKETS FOR SALE

Tickets for Smoker Poker on Friday, August 25th will be for sale in the vestibule after all Masses this weekend. All proceeds will go towards Holy Family Academy.

SUPPORT HOLY FAMILY

DONATE TO HOLY FAMILY

If you are a visitor to our parish (or not yet signed up for electronic giving), you can easily make donations by using this QR code. You may also place cash/check donations in the basket passed by ushers during Mass.



SECOND COLLECTION: CARE FUND

Our Care Fund helps to meet the emergency needs of our parishioners and those in the wider community.

LITURGY GUIDE FOR THE NINETEENTH SUNDAY IN ORDINARY TIME

ARCHDIOCESAN PRAYER FOR VOCATIONS

Please join in saying the Archdiocesan Prayer for Vocations, found on the inside back cover of the Lumen Christi Missal.

THE INTRODUCTORY RITES

PROCESSIONAL HYMN

Saint Michael Hymnal

572 I Heard the Voice of Jesus Say

KINGSFOLD

INTROIT (9:00)

Gregorian chant, mode VII

Respice, Domine, in testamentum tuum et animas pauperum tuorum ne derelinquas in finem: exurge Domine, et iudica causam tuam: et ne obliviscaris voces quaerentium te. *Ps.* Ut quid Deus repulisti in finem: iratus est furor tuus super oves pascuae tuae?

Look to Your covenant, O Lord, and forget not the life of Your poor ones for ever. Arise, O God, and defend Your cause, and forget not the cries of those who seek You. Ps. O God, why have You cast us off unto the end; why is Your wrath enkindled against the sheep of Your pasture?

- Psalm 73:20, 19, 22-23, 1

GREETING

Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

Celebrant: The Lord be with you.

R. And with your spirit.

PENITENTIAL RITE

Deacon: ... Lord, have mercy.

R. Lord, have mercy.

Deacon: ... Christ, have mercy.

R. Christ, have mercy.

Deacon: ... Lord, have mercy.

R. Lord, have mercy.

GLORIA

Mass Setting II

Glo-ry to God in the high - est, R. and on earth

peace to people of good will. We praise you,

we bless you, we a - dore you, we glo-ri-fy you,

we give you thanks for your great glo - ry,

Lord God, heav-en-ly King, O God, al-mighty

Fa-ther. Lord Je-sus Christ, only Begot - ten Son,

Lord God, Lamb of God, Son of the Fa-ther,

you take a - way the sins of the world,

have mer - cy on us; you take a - way

the sins of the world, re - ceive our prayer;

you are seated at the right hand of the Fa-ther,

have mercy on us. For you a - lone are the

Ho - ly One, you a - lone are the Lord, you a - lone

are the Most High, Je - sus Christ, with the

Ho - ly Spi - rit, in the glo-ry of God

the Fa-ther. A - men.

COLLECT



St. Peter Walking on Water - Alessandro Allori (1535 - 1607)

THE LITURGY OF THE WORD

Lumen Christi Missal - p. 522 ([readings online](#))

FIRST READING

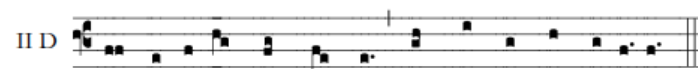
1 Kings 19:9a, 11-13a

RESPONSORIAL PSALM

Aristotle Esguerra

Cantor or Choir, then all

Psalm 85:9ab-14



L Ord, let us see your kindness, and grant us your salvation.

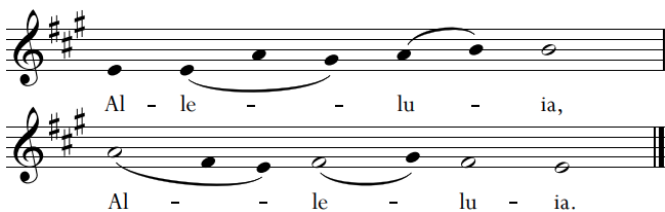
SECOND READING

Romans 9:1-5

GOSPEL ACCLAMATION

Psalm 130:5

Cantor or Choir, then all



GOSPEL

Matthew 14:22-23

Deacon: The Lord be with you. **R.** And with your spirit.

Deacon: A reading from the Holy Gospel according to Matthew.

R. Glory to you, O Lord.

At the conclusion of the Gospel:

Deacon: The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH

R. I believe in one God, the Father Almighty, maker of Heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation, He came down from Heaven,

(All bow while saying)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into Heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His Kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, Who with the Father and the Son is adored and glorified, Who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

R. Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND OBLATION

OFFERTORY HYMN (5:00)

Saint Michael Hymnal

828 What Shall I Render to the Lord

WAREHAM

OFFERTORY MOTET (9:00, 11:00)

In Te Speravi, Domine

Dieterich Buxtehude (1637 - 1707)

See Offertory Chant translation below.

OFFERTORY CHANT (9:00)

Gregorian chant, mode II

In te speravi, Domine: dixi: Tu es Deus meus, in minibus tuis tempora mea.

In You have I put my trust, O Lord; I said: "You are my God, my destiny is in Your hands."

- Psalm 30:15-16

ORATE FRATRES

Celebrant: Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PREFACE DIALOGUE

Celebrant: The Lord be with you.

R. And with your spirit.

Celebrant: Lift up your hearts.

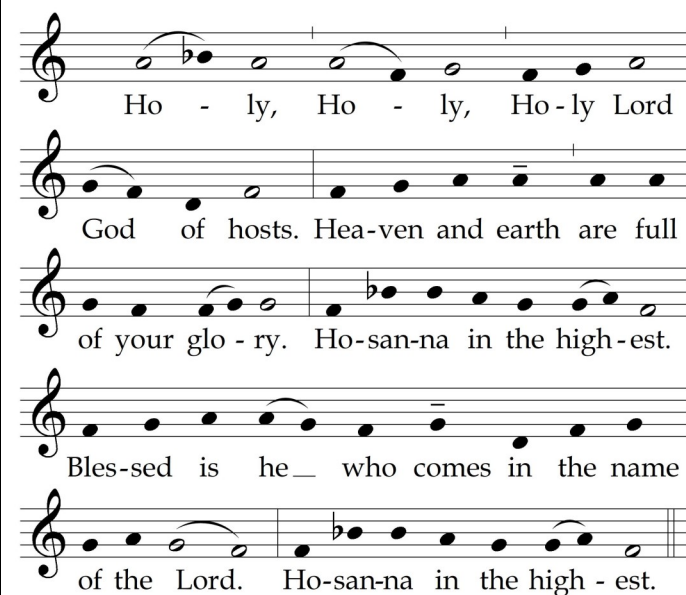
R. We lift them up to the Lord.

Celebrant: Let us give thanks to the Lord our God.

R. It is right and just.

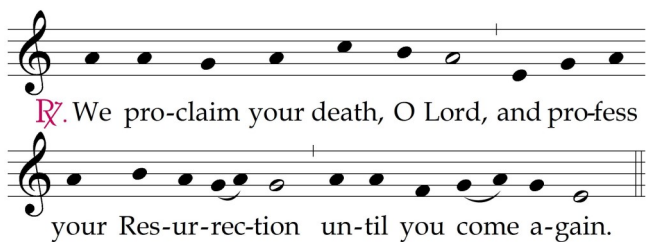
SANCTUS

Mass Setting II

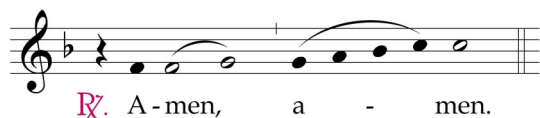


MEMORIAL ACCLAMATION

Celebrant: The mystery of faith.



AMEN



THE LORD'S PRAYER

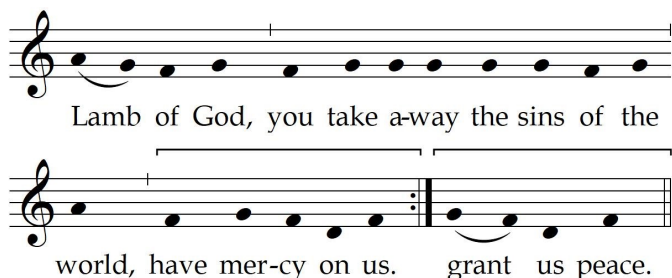
SIGN OF PEACE

Celebrant: The peace of the Lord be with you always.

R. And with your spirit.

AGNUS DEI

Mass Setting II



ECCE AGNUS DEI

Celebrant: Behold the Lamb of God; behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

HOLY COMMUNION

We invite actively practicing Catholics who are properly disposed (in the State of Grace, having observed the Eucharistic fast) to come forward to receive Holy Communion. All others, including those of other faiths, are invited to approach with arms crossed over the chest to receive a blessing. At Holy Family, we receive Holy Communion under both species on the tongue. If you prefer to receive the Host alone on the hand, please have your hands clearly out before you approach.

COMMUNION ANTIPHON

Gregorian chant, mode I

Panis, quem ego dederō, caro mea est pro saeculi vita.

The bread that I will give, says the Lord, is My flesh for the life of the world.

- John 6:52



COMMUNION MOTET (9:00, 11:00)

O Sacrum Convivium

Gregor Aichinger (1565 - 1628)

O Sacred Banquet, wherein Christ is received; the memorial of his passion is renewed; the soul is filled with grace; and a pledge of future glory is given to us. You gave them bread from Heaven Containing in itself all sweetness.

RECESSIONAL HYMN

Saint Michael Hymnal

751 Sing Praise to the Lord

LAUDATE DOMINUM

We pray together a **Hail Mary** for whichever parishioner is the next to be called from this life. We conclude by praying the **Saint Michael the Archangel Prayer**.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world, seeking the ruin of souls. Amen.

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STAY CONNECTED

PARISH NOTIFICATION SOFTWARE

Get updates through Holy Family's communication tool, Flocknote. You'll get weekly updates from the parish, as well as any timely updates from the groups you join (e.g. Adorers of the Blessed Sacrament, Youth Group, etc...).



JOIN FLOCKNOTE:

1. Visit www.flocknote.com/HFC- or -Text HFCMN to 84576
2. Fill in your information and join those groups that pertain to you. Please be sure to join the group representing your regional neighborhood.
3. You can log in anytime to change what groups you follow!

FOLLOW US ON FACEBOOK!

"Like" Holy Family on Facebook to get our news, upcoming events, and updates on Catholic topics around the archdiocese! For the church, click the "F" icon in the upper right corner of the website header at www.hfcmn.org. For HFA, click the "f" icon (same location) at www.hfamn.org.

HEARING IMPAIRED?

We have an app for that—Listen Everywhere. Please see an usher to access our guest WiFi and then scan this QR code to access the amplification site. You can download the app at home ahead of time. See our website for detailed instructions.



HERE AT HOLY FAMILY

SOLEMNITY OF THE ASSUMPTION—MASS TIMES

The Solemnity of the Assumption of the Blessed Virgin Mary is a holy day of obligation. Below is the Mass Schedule for this Solemnity:

Monday, August 14th	5:00pm
Tuesday, August 15th	8:00am
Tuesday August 15th	7:00pm

FAREWELL TO DEACON BOWMAN—TUESDAY, AUGUST 15TH

This Tuesday, August 15th we will have special hospitality following the 8am Mass. We will be celebrating the Assumption, as well as thanking Deacon Brent Bowman for his service to our parish this Summer. We will wish him well and offer prayers as he finishes his final seminary year. **This will replace hospitality on Wednesday 8/16/23.**



FAITH & CULTURE: READING SERIES—THURSDAY, AUGUST 17TH

Join us for the last lecture in the Summer Reading Series, Thursday, August 17th (7:00- 8:30pm), in the Sts. Peter and Paul room. Sarah Moon will be presenting on the novel, “Death Comes for the Archbishop” by Willa Cather. RSVP not required. More information is at hfcmn.org/faith-culture-reading-series.

EXODUS 90 INFORMATION NIGHT—FRIDAY, AUGUST 18TH

All Exodus 90 alumni and men interested in learning more about Exodus 90, please join us on Friday, August 18th. New small groups will start this fall to end on Christmas Eve. Many men have found this to be a wonderful way of growing spiritually and forming great friendships with fellow disciples. We will start with the rosary at 7pm in the Church followed by an outdoor social gathering and bonfire at Rob Edward’s home (walking distance from the Church). Bring your choice of beverage and something to share. Questions? Contact Rob at 651.428.3113 or robertjedwards@hotmail.com.

SUMMER SAINTLY SALON—SATURDAY, AUGUST 19TH

Don’t miss the last Saintry Salon of the summer! Fr. Timothy Sandquist will be presenting on the “Dead Sea Scrolls” starting at 7pm on Saturday, August, 19th. This is a casual backyard event, so bring your own blanket or chair and enjoy! Space is limited, please RSVP online at www.hfcmn.org/summer-saintry-salons.

EXPECTANT MOTHER BLESSING—SUNDAY, AUGUST 20TH

Sunday, August 20th at 10:30 am, all pregnant women are invited, with their families, to the communion rail to receive a special blessing. This is sponsored by both F.I.A.T and the Respect Life Club.

SMOKER POKER—FRIDAY, AUGUST 25TH

Don’t miss the favorite social event for men! Come enjoy fellowship and cigars. Tickets available online at hfcmn.org/smoker-poker-registration. Special VIP tickets included. All proceeds from this event will go towards Holy Family Academy.



SCAN QR CODE TO VISIT HOLY FAMILY’S WEBSITE!
BROWSE AND REGISTER FOR ALL UPCOMING EVENTS.

FALL FESTIVAL

FALL FESTIVAL—SEPTEMBER 9TH & 10TH

- **Raffle Tickets**—All registered parishioners have an envelope of Fall Festival raffle tickets in the back of church. Please return ticket stubs with payment to the church by September 9th. An early bird prize will be given to the first fifty families who return their tickets to church by the weekend of August 19th-20th.
- **Donations**— We need donations of stuffed animals, 2 liters of soda pop, bottles of wine, and Auction items. All donations can be brought to the lower level of the church during normal business hours starting July 31st, and placed in the bin marked Fall Festival.

Thanks for helping to make our festival a success!

FROM THE PARISH OFFICE

BULLETIN SUBMISSIONS

Please submit written bulletin submission content 10 days prior to the Sunday bulletin date in which you want the information published. Send requests to bulletin editor, Beret Henningsgaard by emailing Beret@hfcmn.org.

VOCATIONS

TRAVELING CHALICE PROGRAM

Please consider signing up to take our Traveling Vocations Chalice home for a week to pray for religious vocations. Please return the chalice before the 9am Mass so that the next parishioner can pick up the chalice after Mass. Go to our website to sign up and for more details www.hfcmn.org/vocations-chalice or contact Mary Hagen at 952.913.0216. Thank you for praying for Religious Vocations! The following are scheduled for the chalice:

August 13: Jenny Emmel

August 20: Anne Dobie

SUNDAY STEWARDSHIP

CONTRIBUTIONS FOR AUGUST 5-6, 2023

Member Envelopes	\$ 10,353.00
Online Giving	\$ 19,510.15
Plate	\$ 728.25
Total Contributions	\$ 30,591.40

Second Collection:

We Share Fund 5,119.53

Thank you for your generosity!

Next week's Second Collection will benefit:

Care Fund

STEWARDSHIP NOTE:

Even when the second collection goes to another organization, please fill out all checks to "Holy Family Catholic Church" with the name of the second collection on the memo line; the church then is able to write one check to the organization.

INTERCESSIONS

Please pray for:

Irene Ohrborm

Muriel Roper

Kelley Roper

(Friends of Frances Williams)

Michael Williams-Spiegler

(Nephew of Frances Williams)

+++++
To request prayers, go to www.hfcmn.org/prayer-requests, or call the parish office 952.929.0113. Submitted prayer intentions will be shared via "Prayer Partners" Flocknote messages and the bulletin for one week per request.

SUMMER PRAYER CARDS

SUMMERTIME IS FOR PRAYER—RACKING UP POINTS IN HEAVEN AND ON EARTH!

Father Joseph is again encouraging everyone this summer to not take a vacation from daily prayer. He is offering his "Frequent Flyer" card to all—youngsters and adults—to record daily Mass attendance (anywhere), participation as a server, lector or cantor, Rosaries, and Holy Hours. Fr. Joseph will have special treats at the end of summer for those who participate! Please pick up August Frequent Flyer cards and return the ones for July in the baskets provided by the entrances.

MIDDLE SCHOOL YOUTH GROUP

MIDDLE SCHOOL BONFIRE—TUESDAY, AUGUST 15TH

After the 7pm Mass on Tuesday, August 15th (The Solemnity of the Assumption), Middle School students are invited to a bonfire in the Holy Family Academy driveway. S'mores will be provided.

MIDDLE SCHOOL GET TOGETHER—SUNDAY, AUGUST 20TH

Join us for pizza, games and prayer on Sunday, August 20th from 12:30-2:30pm. RSVP by emailing beret@hfcmn.org.

Contact Beret Henningsgaard at Beret@hfcmn.org for more information.

HIGH SCHOOL YOUTH GROUP

HIGH SCHOOL GIRLS & BOYS SOCCER NIGHTS

Join us for boys and girls soccer nights in August! Location will be at Keystone Park (walking distance from the Church) starting at 6:45pm.

- **Wednesday, August 16th:** High School Girls Soccer Night
- **Friday, August 18th:** High School Boys Soccer Night

HIGH SCHOOL BONFIRE—WEDNESDAY, AUGUST 23RD

Tuesday, August 23rd from 7-9pm, High School Students are invited to a bonfire in the Holy Family Academy driveway. S'mores will be provided.

Contact Jonathan Schwartzbauer at jonathan@hfcmn.org for more information.

YOUNG ADULTS

Our Young Adults group welcomes everyone in their 20's and 30's, married and single. Find joyful fellowship and deepen your faith with us! RSVP and preparation are not necessary for most events, come when you can. Contact us at youngadults@hfcmn.org for more details or with any questions.

WEST METRO YOUNG ADULT BIBLE STUDY—TUESDAYS, 7PM

Where do we find the Mass in the Bible? In ten beautifully produced lessons, Parousia (video series by Dr. Scott Hahn) "The Bible and the Mass" answers these questions and more. Meet in the lower level of the school (enter through driveway doors) in the Sts. Peter and Paul room.

MASS INTENTIONS

Sat.	Aug. 12 th	Eugene Nelson †	5:00pm
Sun.	Aug. 13 th	Rev. Edwin Savundra †	7:30am
Sun.	Aug. 13 th	Mary Collins †	9:00am
Sun.	Aug. 13 th	For the Parish	11:00am
Mon.	Aug. 14 th	Chuck † & Pat † Karels	8:00am
Mon.	Aug. 14 th	Joan Emlong †	5:00pm
Tues.	Aug. 15 th	Jack Kruse †	8:00am
Tues.	Aug. 15 th	Julie Welter †	7:00pm
Wed.	Aug. 16 th	John Kuharski †	8:00am
Thurs.	Aug. 17 th	Corey Grutsch †	8:00am
Fri.	Aug. 18 th	Joe Rode †	8:00am
Sat.	Aug. 19 th	Priest's Personal Intention	8:00am
Sat.	Aug. 19 th	Eugene Nelson †	5:00pm
Sun.	Aug. 20 th	The Blom Family	7:30am
Sun.	Aug. 20 th	Charlotte Pince †	9:00am
Sun.	Aug. 20 th	For the Parish	11:00am

REGISTRATIONS

REGISTRATION FOR HOLY FAMILY HONEYBEES OPENS MONDAY, AUGUST 14TH

It's time for Honeybees registration! Holy Family Honeybees is a group for girls from 1st through 5th grade to come together to learn a lesson and enjoy an activity or craft together. In keeping with the Eucharistic revival, this year's theme will be Eucharistic miracles and related saints. We meet once a month and have a family potluck in the fall and a mother-daughter tea party in the spring. We are also in need of teens (6th grade and above) who can help the younger girls with their crafts. Honeybees is open to girls of the parish and HFA students. Spots are limited and fill fast!

Registration begins Monday, August 14.

Monthly meetings: September 18, October 16, November 13, December 11, January 8, February 5, March 4, and April 8

Questions? Contact Kathleen Acker at kathleen.m.acker@gmail.com

MOTHERS WITH YOUNG CHILDREN: SIGN UP FOR FIAT!

FIAT (Faith In Action Together) is a group for mothers, with at least one Kindergarten-aged or younger child, who want to grow closer to Christ and to each other in friendship. It meets September-May, once per month in the lower level of church with an engaging speaker presentation, and once per month in small groups at other locations. This year's cost is \$50 and scholarships are available.

Registration open now.

Monthly meetings: September 16, October 14, November 11, December 2, January 20, February 10, March 9, April 13, May 18, 2024

Questions? Melissa Norton with questions at melissa@nortoncrew.com.

Please learn more and register at www.hfcmn.org/fiat today!

RITE OF CHRISTIAN INITIATION FOR ADULTS—BEGINS SEPTEMBER 21ST

Interested in knowing more about the Catholic faith? R.C.I.A. (Rite of Christian Initiation for Adults) welcomes you. Classes begin on Thursday September 21, 2023. These classes are meant to serve those adults;

- Interested in exploring and potentially entering into the Catholic faith
- Catholics (18 and over) who have not completed the sacraments of initiation (Baptism, Confirmation, and Eucharist)
- Who are simply interested in knowing more about their faith.

Classes are held in the Saints Peter and Paul room in Holy Family Academy from 7:00 – 8:30 pm, most Thursday evenings from mid-September until a few weeks after Easter.

If interested, please contact John Hartnett at John.Hartnett@hfamn.org or register via the parish website at www.hfcmn.org.

We look forward to hearing from you!

REGISTRATION IS OPEN FOR RELIGIOUS EDUCATION 2ND GRADE SACRAMENTAL PREP AND CONFIRMATION

Holy Family offers parishioners important resources for the spiritual formation of their children. Classes begin Wednesday, September 20th, at 6:30pm and continue through mid-May. Registrations will close on Thursday, September 7th. Visit our website www.hfcmn.org. Contact Linda Wandrei if you have any questions at 952.929.0113 or Linda.Wandrei@hfcmn.org.



EUCCHARISTIC ADORATION

PERPETUAL ADORATION CHAPEL

Having 24/7 access to our Lord in the Blessed Sacrament is an immense privilege of Holy Family Parish. Come and adore Christ! Entrance to the chapel is on is on the west side of the sanctuary end of the Church.

Currently, the times of greatest need are:

Sundays:

2-3am
8-9pm

Wednesdays:

8-9am (after Mass)

Thursdays:

5-6pm

Fridays:

11pm-midnight

Saturdays:

4-5am
8-9pm



*We **urgently** need adorers to fill the times in red.*

FORMED.ORG

Gain free access to Catholic movies, books, audio recordings and more, by registering at www.hfcmn.org/formed.

This week's recommendation:

St. Catherine of Siena | Sigrid Undset

Sigrid Undset's "Catherine of Siena" is critically acclaimed as one of the best biographies of this well-known and amazing fourteenth-century saint. Known for her historical fiction, which won her the Nobel Prize for literature in 1928, Undset based this factual work on primary sources, her own experiences living in Italy, and her profound understanding of the human heart. With sensitivity to the zealous love of God and man that permeated the life of Saint Catherine, Undset presents a most moving and memorable portrait of one of the greatest women of all time.