



HOLY FAMILY CATHOLIC CHURCH

5900 West Lake Street
Saint Louis Park, MN 55416
www.hfcmn.org | 952.929.0113
staff@hfcmn.org

Reverend Joseph Johnson, Pastor
Reverend Timothy Sandquist
Reverend George Welzbacher

MASS TIMES:

Saturday Vigil Mass 5pm
Sunday 7:30, 9 & 11am

Weekday and Saturday 8am
Rosary 7:30am

EXPOSITION AND BENEDICTION:

Saturday 3:30-4:45pm
Friday Divine Mercy Chaplet *after 8am Mass*

CONFESSIONS:

Saturday 3:30-5:30pm
Sunday 8:30-10am
Monday, Wednesday, Friday 7:30-7:50am
If only one priest is available, confessions will end 10 minutes before Mass begins.

PARISH OFFICE HOURS:

Monday - Friday 9am - 4:30pm



HOLY FAMILY — ACADEMY —

5925 West Lake Street
Saint Louis Park, MN 55416
www.hfamn.org | 952.925.9193

TRUTH • GOODNESS • BEAUTY

August 6th, 2023 *Transfiguration of the Lord Sunday*



TODAY AT HOLY FAMILY

HOSPITALITY DOWNSTAIRS—SUNDAY

Enjoy coffee and donuts while visiting with fellow parishioners downstairs after all Masses on Sunday.

PICK UP FALL FESTIVAL CASH RAFFLE TICKETS

Pick up your cash raffle tickets in the Church vestibule after all weekend Masses and return by 6:30pm on Saturday, September 9th.

YOUNG ADULT SUNDAY GOSPEL DISCUSSION

After the 9am Mass, young adults (20 and 30 year olds) are invited to an informal Gospel discussion in the Sts. Peter and Paul room (located in the lower level of the school, enter through driveway doors). Questions? Please contact Jonathan Meyer at meyerjonathon@gmail.com.

PARISH LIBRARY OPEN

After the 9 & 11am Mass on Sunday, the Aquinas Library is open for one hour. Please stop in and check out a book. Enter through the portico door in the school driveway.

SECOND COLLECTION: WE SHARE MISSIONARY APPEAL

Fr. Putenparambil, who is affiliated with the We Share Program supported by Holy Family Academy, will be at all the weekend Masses for a mission appeal dedicated to the Catholic diocese of Kerala, India. We will be doing a physical second collection at the end of each Mass to collect donations for this appeal.

SUPPORT HOLY FAMILY

DONATE TO HOLY FAMILY

If you are a visitor to our parish (or not yet signed up for electronic giving), you can easily make donations by using this QR code. You may also place cash/check donations in the basket passed by ushers during Mass.



LITURGY GUIDE FOR THE TRANSFIGURATION OF THE LORD

ARCHDIOCESAN PRAYER FOR VOCATIONS

Please join in saying the Archdiocesan Prayer for Vocations, found on the inside back cover of the Lumen Christi Missal.

THE INTRODUCTORY RITES

PROCESSIONAL HYMN

Saint Michael Hymnal

551 Hail, Redeemer, King Divine

ST. GEORGE'S WINDSOR

INTROIT (9:00)

Gregorian chant, mode III

Tibi dixit cor meum, quaesivi vultum tuum, vultum tuum Domine requiram: ne avertas faciem tuam a me. *Ps.* Dominus illuminatio mea, et salus mea: quem timebo?

Of You my heart has spoken: Seek His face. It is Your face, O Lord, that I seek; hide not Your face from me. V. The Lord is my light and my salvation; whom shall I fear?

Psalm 26:8-9, 1

GREETING

Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit. *Rx.* Amen.

Celebrant: The Lord be with you. *Rx.* And with your spirit.

K Y-ri- e * e- lé- i-son. *ij.* Chri-ste
e- lé- i-son. *ij.* Ký-ri- e e-
lé- i-son. *ij.* Ký-ri- e * ** e- lé- i-son.

KYRIE

Missa VIII 'de Angelis'

GLORIA

Missa VIII 'de Angelis'

G Ló-ri- a in excélsis De- o. Et in terra pax ho-
mí-ni-bus bonae vo-luntá- tis. Laudá- mus te. Be-ne-dí-
cimus te. Ado-rá- mus te. Glo-ri- fi- cá- mus te. Grá-
ti- as á- gi- mus ti- bi propter magnam gló-ri- am tu- am.

Dómi-ne De- us, Rex caelé- stis, De- us Pa- ter omní- pot- ens.
Dómi-ne Fi- li u- ni- gé- ni- te Ie- su Chri- ste. Dómi-ne
De- us, Agnus De- i, Fí- li- us Pa- tris. Qui tol- lis peccá-
ta mun- di, mi- se- ré- re no- bis. Qui tol- lis peccá- ta mun-
di, sú- sci- pe depre- ca- ti- ó- nem no- stram. Qui se- des ad
déter- ram Pa- tris, mi- se- ré- re no- bis. Quo- ni- am tu so- lus
sanctus. Tu so- lus Dó- mi- nus. Tu so- lus Al- tí- ssimus,
Ie- su Chri- ste. Cum Sancto Spí- ri- tu, in gló- ri- a De- i
Pa- tris. A- men.

COLLECT

THE LITURGY OF THE WORD

Lumen Christi Missal - p. 763 (readings online)

FIRST READING

Daniel 7:9-10, 13-14

RESPONSORIAL PSALM

Psalm 97:1-2, 5-6, 9

Cantor or Choir, then all

Aristotle Esguerra

V a He Lord is king; the Most High over all the earth.

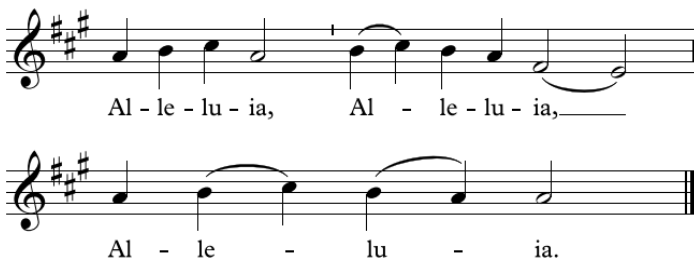
SECOND READING

2 Peter 1:16-19

GOSPEL ACCLAMATION

Cantor or Choir, then all

Matthew 17:5c



GOSPEL

Matthew 17:1-9

Deacon: The Lord be with you.

R. And with your spirit.

Deacon: A reading from the Holy Gospel according to Matthew.

R. Glory to you, O Lord.

At the conclusion of the Gospel:

Deacon: The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH

R. I believe in one God, the Father Almighty, maker of Heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation, He came down from Heaven,

(All bow while saying)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into Heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His Kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, Who with the Father and the Son is adored and glorified, Who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

R. Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND OBLATION

OFFERTORY HYMN (5:00)

678 O Radiant Light

Saint Michael Hymnal

JESU DULCIS MEMORIA

OFFERTORY MOTET (9:00, 11:00)

The Lord is a Light

Benedetto Marcello (1686 - 1739)

The Lord is a light unto me; He is truly my salvation, whom shall I fear? The Lord is my strength and my glory; He will give me grace and honor; of whom shall I be afraid?

OFFERTORY CHANT (9:00)

Gregorian chant, mode I

Gloria et honore coronasti eum: et constituisti eum super opera manuum tuarum, Domine.

You have crowned Him with glory and honor, and You have placed Him over the work of Your hands, O Lord. Psalm 8:6-7

ORATE FRATRES

Celebrant: Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

PREFACE DIALOGUE

Celebrant: The Lord be with you.

R. And with your spirit.

Celebrant: Lift up your hearts.

R. We lift them up to the Lord.

Celebrant: Let us give thanks to the Lord our God.

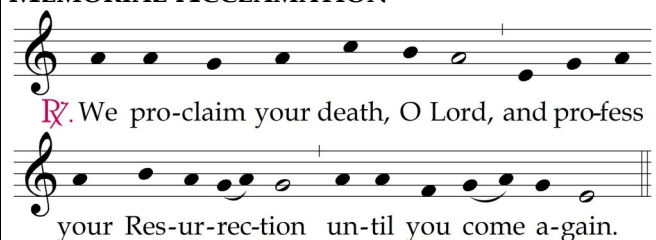
R. It is right and just.

SANCTUS

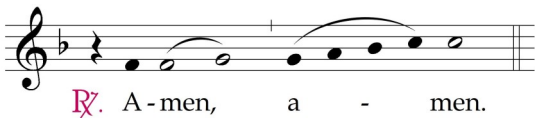
Missa VIII 'de Angelis'



MEMORIAL ACCLAMATION



AMEN



THE LORD'S PRAYER

SIGN OF PEACE

Celebrant: The peace of the Lord be with you always.

Rx. And with your spirit.

AGNUS DEI

Missa VIII 'de Angelis'



ECCE AGNUS DEI

Celebrant: Behold the Lamb of God; behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Rx. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

HOLY COMMUNION

We invite actively practicing Catholics who are properly disposed (in the State of Grace, having observed the Eucharistic fast) to come forward to receive Holy Communion. All others, including those of other faiths, are invited to approach with arms crossed over the chest to receive a blessing. At Holy Family, we receive Holy Communion under both species on the tongue. If you prefer to receive the Host alone on the hand, please have your hands clearly out before you approach.

COMMUNION ANTIPHON

Gregorian chant, mode I

Visionem quam vidisti, nmini dixeritis, donec a mortuis resurgat Filius hominis.

As for the vision you have seen, tell no one until the Son of Man has risen from the dead.

Matthew 17:9



COMMUNION MOTETS

O Bone Jesu

Jacob Flaherty (1982 -)

O good Jesus, O sweet Jesus, O Jesus, Son of the Virgin Mary, full of loving kindness and compassion. O good Jesus, O sweet Jesus, according to Your great loving kindness, have mercy upon me.

Ave Maria

Anton Diabelli (1781 - 1858)

HAIL, MARY, FULL OF GRACE, THE LORD IS WITH THEE. BLESSED ART THOU AMONG WOMEN AND BLESSED IS THE FRUIT OF THY WOMB, JESUS. HOLY MARY, MOTHER OF GOD, PRAY FOR US SINNERS, NOW AND AT THE HOUR OF OUR DEATH. AMEN.

CLOSING HYMN

Saint Michael Hymnal

799 'Tis Good, Lord, to Be Here

SWABIA

We pray together a **Hail Mary** for whichever parishioner is the next to be called from this life. We conclude by praying the **Saint Michael the Archangel Prayer**.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world, seeking the ruin of souls. Amen.

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HERE AT HOLY FAMILY

SUMMER SAINTLY SALONS

Summer Saintly Salons are intended to facilitate meeting new parishioners and enjoying fellowship together. Short talks on a variety of topics will be presented then social time follows. These are casual backyard events, so bring your own blanket or chair and enjoy! Times for these are from 7-9pm. Space is limited, please RSVP online and see more upcoming salons at www.hfcmn.org/summer-saintly-salons. Upcoming Salons:

- “Building Hope in the Midst of a Crumbling Culture” (Aug. 8th) presented by Katherine Kersten starting at 7pm (FULL).
- “The Dead Sea Scrolls” (Aug. 19) presented by Fr. Timothy Sandquist starting at 7pm.

“COFFEE HOUSE”—SATURDAY, AUGUST 12TH

Saturday, August 12th starting at 6pm. The “Coffee House” is a great opportunity to share and enjoy fellow parishioners artistic gifts in music, art and acting. Jacob Flaherty, Director of Music, is collecting submissions for this fun event—go to the website for more details.

RECTORY GARDEN PARTY—SUNDAY, AUGUST 13TH

A few spots remain for the Sunday, August 13th Rectory Garden Party. Join Fr. Joseph after the 11am Mass in the private rectory garden, amongst the vibrant colors, for a delicious home-cooked Italian meal. This is a ticketed event, the cost is \$40/person, and registration closes on August 7th at noon. For more details and to register, go to the website and click on “Rectory Garden Party” under News and Announcements.

FAITH & CULTURE: READING SERIES—THURSDAY, AUGUST 17TH

Join us for the last lecture in the Summer Reading Series, Thursday, August 17th (7:00- 8:30pm), in the Sts. Peter and Paul room. Sarah Moon will be presenting on the novel, “Death Comes for the Archbishop” by Willa Cather. RSVP not required and more information is on our website at hfcmn.org/faith-culture-reading-series.

EXODUS 90 INFORMATION NIGHT— FRIDAY, AUGUST 18TH

All Exodus 90 alumni and men interested in learning more about Exodus 90, please join us on Friday, August 18th. New small groups will start this fall to end on Christmas Eve. Many men have found this to be a wonderful way of growing spiritually and forming great friendships with fellow disciples. We will start with the rosary at 7pm in the Church followed by an outdoor social gathering and bonfire at Rob Edward’s home (walking distance from the Church). Bring your choice of beverage and something to share. Questions? Contact Rob at 651.428.3113 or robertjedwards@hotmail.com.

EXPECTANT MOTHER BLESSING—SUNDAY, AUGUST 20TH

Sunday, August 20th at 10:30 am, all pregnant women are invited, with their families, to the communion rail to receive a special blessing. This is sponsored by both F.I.A.T and the Respect Life Club.

FROM THE PARISH OFFICE

BULLETIN SUBMISSIONS

Please submit written bulletin submission content 10 days prior to the Sunday bulletin date in which you want the information published. Send requests to bulletin editor, Beret Henningsgaard by emailing Beret@hfcmn.org.

FR. JOSEPH ON RELEVANT RADIO

Friday, August 11th at 11am, Fr. Joseph will be a guest on the Inner Life show on Relevant Radio, 1330AM.

FALL FESTIVAL

FALL FESTIVAL—SEPTEMBER 9TH & 10TH

- **Raffle Tickets**—Don’t forget to pick up your raffle tickets after Mass in the Church vestibule! **All registered parishioners have an envelope of Fall Festival raffle tickets in the back of Church.** Please return ticket stubs with payment to the church by September 9th. An early bird prize will be given to the first fifty families who return their tickets to church by the weekend of August 19th-20th.
- **Donations**— We need donations of stuffed animals, 2 liters of soda pop, bottles of wine, and Auction items. All donations can be brought to the lower level of the church during normal business hours starting July 31st, and placed in the bin marked Fall Festival.

Thanks for helping to make our festival a success!

FUNDRAISER

PARKWAY PIZZA—AUGUST 8TH

Every second Tuesday of the month, our friends at Parkway Pizza (corner of Minnetonka Blvd and Dakota Ave S) donate a percentage of their sales to Holy Family Academy. Go enjoy some delicious pizza on August 8th!

VOCATIONS

TRAVELING CHALICE PROGRAM

Please consider signing up to take our Traveling Vocations Chalice home for a week, and pray for religious vocations. Please return the chalice before the 9am Mass so that the next parishioner can pick up the chalice after Mass. Go to our website to sign up and for more details www.hfcmn.org/vocations-chalice or contact Mary Hagen at 952.913.0216. Thank you for praying for Religious Vocations! The following are scheduled for the chalice:

August 6: Open

August 13: Jenny Emmel

SUNDAY STEWARDSHIP

CONTRIBUTIONS FOR JULY 29-30, 2023

Member Envelopes	\$ 5,217.00
Online Giving	\$ 17,635.00
Plate	\$ 914.23
Total Contributions	\$ 23,766.28

Second Collection:

CARE Fund 785.10

Thank you for your generosity!

Next week's Second Collection will benefit:

Care Fund

STEWARDSHIP NOTE:

Even when the second collection goes to another organization, please fill out all checks to "Holy Family Catholic Church" with the name of the second collection on the memo line; the church then is able to write one check to the organization.

INTERCESSIONS

Please pray for:

June Katter

Joshua Jolly

(Son of Anthony and Leticia Jolly)

+++++
To request prayers, go to www.hfcmn.org/prayer-requests, or call the parish office 952.929.0113. Submitted prayer intentions will be shared via "Prayer Partners" Flocknote messages and the bulletin for one week per request.

SUMMER PRAYER CARDS

SUMMERTIME IS FOR PRAYER—RACKING UP POINTS IN HEAVEN AND ON EARTH!

Father Joseph is again encouraging everyone this summer to not take a vacation from daily prayer. He is offering his "Frequent Flyer" card to all—youngsters and adults—to record daily Mass attendance (anywhere), participation as a server, lector or cantor, Rosaries, and Holy Hours. Fr. Joseph will have special treats at the end of summer for those who participate! Please pick up August Frequent Flyer cards and return the ones for July in the baskets provided by the entrances.

MIDDLE SCHOOL YOUTH GROUP

MIDDLE SCHOOL BONFIRE—TUESDAY, AUGUST 15TH

After the 7pm Mass on Tuesday, August 15th (The Solemnity of the Assumption), Middle School students are invited to a bonfire in the Holy Family Academy driveway. S'mores will be provided.

Contact Beret Henningsgaard at Beret@hfcmn.org for more information.

HIGH SCHOOL YOUTH GROUP

HIGH SCHOOL GIRLS & BOYS SOCCER NIGHTS

Join us for boys and girls soccer nights in August! Location will be at Keystone Park (walking distance from the Church) starting at 6:45pm.

- **Wednesday, August 16th:** High School Girls Soccer Night
- **Friday, August 18th:** High School Boys Soccer Night

HIGH SCHOOL BONFIRE—WEDNESDAY, AUGUST 23RD

Tuesday, August 23rd from 7-9pm, High School Students are invited to a bonfire in the Holy Family Academy driveway. S'mores will be provided.

Contact Jonathan Schwartzbauer at jonathan@hfcmn.org for more information.

YOUNG ADULTS

Our Young Adults group welcomes everyone in their 20's and 30's, married and single. Find joyful fellowship and deepen your faith with us! RSVP and preparation are not necessary for most events, come when you can. Contact us at youngadults@hfcmn.org for more details or with any questions.

WEST METRO YOUNG ADULT BIBLE STUDY—TUESDAYS, 7PM

Where do we find the Mass in the Bible? In ten beautifully produced lessons, Parousia (video series by Dr. Scott Hahn) "The Bible and the Mass" answers these questions and more. Meet in the lower level of the school (enter through driveway doors) in the Sts. Peter and Paul room.

WEST METRO YOUNG ADULTS—SOCIAL AND DISCUSSION

Friday, August 11th. Social 6:30, talk 7:00pm. Social and talk will be held in Kattar Hall (located in Holy Family School). What does Artificial Intelligence say about our humanity and what it means to be uniquely human? How could Artificial Intelligence detract from or replace our humanity? What is humanity anyways? Join us as we discuss these questions and more. Live AI demos included!

MASS INTENTIONS

Sat. Aug. 5 rd	Eugene Nelson †	5:00pm
Sun. Aug. 6 th	Rev. Leonard F. Siebenaler †	7:30am
Sun. Aug. 6 th	For the Parish	9:00am
Sun. Aug. 6 th	Mary Collins †	11:00am
Mon. Aug. 7 th	John Leo Berns †	8:00am
Tues. Aug. 8 th	Romauldo † & Gregoria † Ramirez, Sr.	8:00am
Wed. Aug. 9 th	Casey Brown †	8:00am
Thurs. Aug. 10 th	Harry Geraty †	8:00am
Fri. Aug. 11 th	Gene Kovus †	8:00am
Sat. Aug. 12 th	Priest's Personal Intention	8:00am
Sat. Aug. 12 th	Eugene Nelson †	5:00pm
Sun. Aug. 13 th	Rev. Edwin Savundra †	7:30am
Sun. Aug. 13 th	Mary Collins	9:00am
Sun. Aug. 13 th	For the Parish	11:00am

HOLY FAMILY ACADEMY
SMOKER
POKER

**A MEN'S NIGHT OF
FUN AND FELLOWSHIP**
Friday, August 25th, 2023 6:00 PM

.....
Support Our School & Students!
All proceeds go to Holy Family Academy's Scholarship Fund.
Help us make a difference as we form students
with Faith, Virtue, and Values.



SOMETHING FOR EVERYONE:

- Texas Hold 'em Tournament
- Drinks and Cigars
- Award-winning Rib Dinner
(Catering by Lang Nelson's "Ida Marie Restaurant")





**HOLY FAMILY ACADEMY
WITH TENTS, LAWN LOUNGE, AND MORE!**
.....
Get your tickets and learn more at
www.hfcmn.org/smoker-poker-registration

CHOIR & CHANT CAMPS

CHOIR CAMP FOR KIDS

Ages 7-18 years **August 14 – 18**
9am-12:00pm

Camp will include these events:

- Singing for the Assumption 8:00 am Mass on a Holy Day of Obligation (Tuesday, August 15th). Camp will close with a concert and cookie reception on Friday, August 18th at 11:30am.
- On Wednesday (Aug. 16th), there will be a field trip to the Cathedral in St. Paul. Trip will include a tour of the choir loft, demonstration of the pipe organ, a chance to sing some of our pieces, and a tour of the amazing sculptures, windows, and other kinds of art (led by the former Cathedral rector, Fr. Joseph!) Trip will include pizza at Cossetta's Italian Restaurant! We will return to Holy Family by 2:00 pm that day. There is no additional cost for this field trip outside of your \$25 Choir Camp fee.

CHANT CAMP FOR HIGH SCHOOLS TEENS

Grades 9-12 **August 14-17** 1-4pm

- Explore the history and learn how to sing the Church's official Sacred Music: Chant!
- Cost: \$50/student (A new copy of the Gregorian Missal will be included).

There are still a few slots available for these camps! Please visit: <https://hfcmn.org/summer-camps-2023> to register. Contact Jacob Flaherty at Jacob.Flaherty@hfcmn.org with any questions or difficulties.

EUCCHARISTIC ADORATION

PERPETUAL ADORATION CHAPEL

Having 24/7 access to our Lord in the Blessed Sacrament is an immense privilege of Holy Family Parish. Come and adore Christ! Entrance to the chapel is on the west side of the sanctuary end of the Church.

Currently, the times of greatest need are:

Sundays:

2-3am

8-9pm

Wednesdays:

8-9am (after Mass)

Thursdays:

8-9am (after Mass)

Fridays:

11pm-midnight

Saturdays:

4-5am

8-9pm



*We **urgently** need adorers to fill the times in red.*

FORMED.ORG

Gain free access to Catholic movies, books, audio recordings and more, by registering at www.hfcmn.org-formed.

This week's recommendation:

Spiritual Motherhood | The Augustine Institute Show

How do women live out spiritual motherhood? Dr. Ben Akers welcomes Sister Maris Stella of the Sisters of Life on the Augustine Institute show to answer this question. Sister Maris Stella is a recent graduate of the Augustine Institute Graduate School of Theology and serves in Denver, Colorado. Before entering religious life, she served in the United States Navy. Watch this video to learn about her story and her vocation *as a spiritual mother!*