



HOLY FAMILY CATHOLIC CHURCH

5900 West Lake Street
Saint Louis Park, MN 55416
www.hfcmn.org | 952.929.0113
staff@hfcmn.org

Reverend Joseph Johnson, Pastor
Reverend Timothy Sandquist
Reverend George Welzbacher

MASS TIMES:

Saturday Vigil Mass	5pm
Sunday	7:30, 9 & 11am
Weekday and Saturday	8am
Rosary	7:30am

EXPOSITION AND BENEDICTION:

Saturday	3:30-4:45pm
Friday	Divine Mercy Chaplet <i>after 8am Mass</i>

CONFESSIONS:

Saturday	3:30-5:30pm
Sunday	8:30-10am
Monday, Wednesday, Friday	7:30-7:50am

If only one priest is available, confessions will end 10 minutes before Mass begins.

PARISH OFFICE HOURS:

Monday - Friday	9am - 4:30pm
-----------------	--------------



HOLY FAMILY — ACADEMY —

5925 West Lake Street
Saint Louis Park, MN 55416
www.hfamn.org | 952.925.9193

TRUTH • GOODNESS • BEAUTY

July 23rd, 2023 *Sixteenth Sunday of Ordinary Time*



TODAY AT HOLY FAMILY

HOSPITALITY DOWNSTAIRS—SUNDAY

Enjoy coffee and donuts while visiting with fellow parishioners downstairs after all Masses on Sunday.

PARISH LIBRARY OPEN

After the 9 & 11am Mass on Sunday, the Aquinas Library is open for one hour. Please stop in to check out a book. Enter through the portico door in the school driveway.

YOUNG ADULT SUNDAY GOSPEL DISCUSSION

After the 9am Mass, young adults (20 and 30 year olds) are invited to an informal Gospel discussion in the Sts. Peter and Paul room (located in the lower level of the school, enter through driveway doors). Questions? Please contact Mary Fink at 763.307.4937.

SUPPORT HOLY FAMILY

DONATE TO HOLY FAMILY

If you are a visitor to our parish (or not yet signed up for electronic giving), you can easily make donations by using this QR code. You may also place cash/check donations in the basket passed by ushers during Mass.



SECOND COLLECTION: CARE FUND

Our Care Fund helps to meet the emergency needs of our parishioners and those in the wider community. The second collection is online or cash/check contributions may be placed in the offertory boxes in the vestibule of the church.

ORDER OF WORSHIP FOR THE SIXTEENTH SUNDAY IN ORDINARY TIME

ARCHDIOCESAN PRAYER FOR VOCATIONS

Please join in saying the Archdiocesan Prayer for Vocations, found on the inside back cover of the Lumen Christi Missal.

THE INTRODUCTORY RITES

PROCESSIONAL HYMN

720 Praise to the Living God

Saint Michael Hymnal

LEONI

INTROIT (9:00)

Gregorian chant, mode V

Ecce Deus adiuvat me, et Dominus susceptor est animae meae: averte mala inimicis meis, in veritate tua disperde illos, protector meus, Domine. *Ps.* Deus, in monime tuo salvue me fac: et in virtute tua iudica me.

See, I have God for my help. The Lord sustains my soul. I will sacrifice to You with willing heart, and praise Your name, O Lord, for it is good. Ps. Save me, O God, by Your name, and render justice unto me in Your strength.

- Psalm 53:6-7, 3

GREETING

Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit. *Rx.* Amen.

Celebrant: The Lord be with you. *Rx.* And with your spirit.

PENITENTIAL RITE

Deacon: ... Lord, have mercy.

Rx. Lord, have mercy.

Deacon: ... Christ, have mercy.

Rx. Christ, have mercy.

Deacon: ... Lord, have mercy.

Rx. Lord, have mercy.

GLORIA

Mass Setting II

Glo-ry to God in the high - est, Rx. and on earth

peace to people of good will. We praise you,

we bless you, we a - dore you, we glo-ri-fy you,

we give you thanks for your great glo - ry,

Lord God, heav-en-ly King, O God, al-mighty

Fa-ther. Lord Je-sus Christ, only Begot - ten Son,

Lord God, Lamb of God, Son of the Fa-ther,

you take__ a - way the sins of the world,

have mer - cy on us; you take__ a - way

the sins of the world, re - ceive our prayer;

you are seated at the right hand of the Fa-ther,

have mercy on us. For you a - lone are the

Ho - ly One, you a - lone are the Lord, you a - lone

are the Most__ High, Je - sus Christ, with the

Ho - ly Spi - rit, in the glo-ry of God__

the Fa-ther. A - men.

COLLECT



THE LITURGY OF THE WORD

Lumen Christi Missal - p. 475 ([readings online](#))

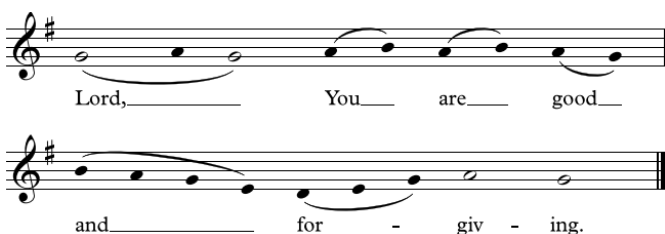
FIRST READING

Wisdom 12:13, 16-19

RESPONSORIAL PSALM

Psalm 86:5-6, 9-10, 15-16a

Cantor or Choir, then all



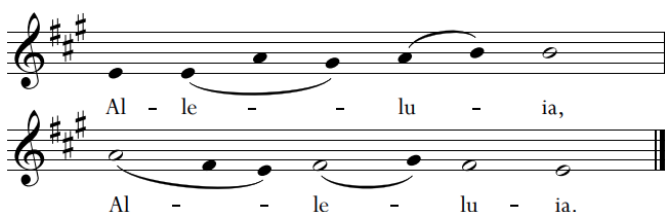
SECOND READING

Romans 8:26-27

GOSPEL ACCLAMATION

Matthew 11:25

Cantor or Choir, then all



GOSPEL

Matthew 13:24-43

Deacon: The Lord be with you. **R.** And with your spirit.

Deacon: A reading from the Holy Gospel according to Matthew.

R. Glory to you, O Lord.

At the conclusion of the Gospel:

Deacon: The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH

R. I believe in one God, the Father Almighty, maker of Heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation, He came down from Heaven, *(All bow while saying)* and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into Heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His Kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, Who with the Father and the Son is adored and glorified, Who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

R. Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND OBLATION

OFFERTORY HYMN (5:00)

Saint Michael Hymnal

476 Christian, Do You Hear the Lord

ORIENTIS PARTIBUS

OFFERTORY MOTET (9:00, 11:00)

Justitiae Domini

Alessandro Scarlatti (1660 - 1725)

See Offertory Chant translation below.

OFFERTORY CHANT (9:00)

Gregorian chant, mode IV

Iustitiae Domini rectae, laetificantes corda, et dulcior super mel et favum: nam et servus tuus custodiet ea.

The ordinances of the Lord are right, bringing joy to all hearts, sweeter than honey or the honeycomb. Therefore Your servant will observe them.

- Psalm 18:9, 11-12

ORATE FRATRES

Celebrant: Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PREFACE DIALOGUE

Celebrant: The Lord be with you.

R. And with your spirit.

Celebrant: Lift up your hearts.

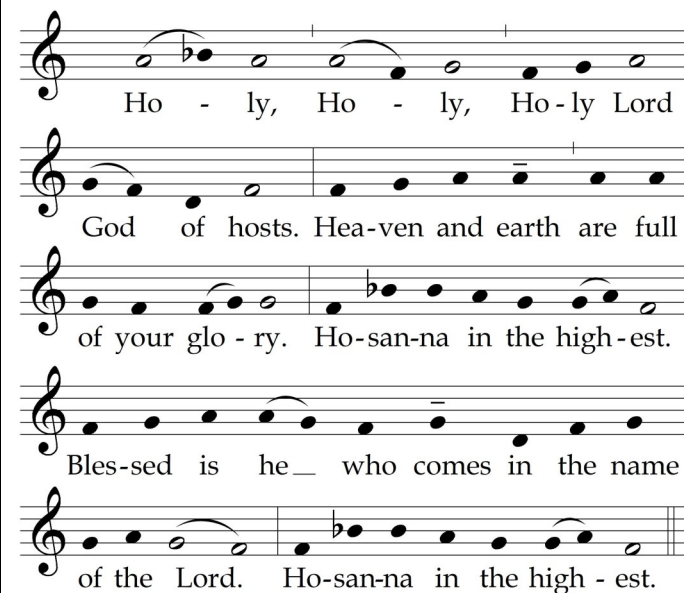
R. We lift them up to the Lord.

Celebrant: Let us give thanks to the Lord our God.

R. It is right and just.

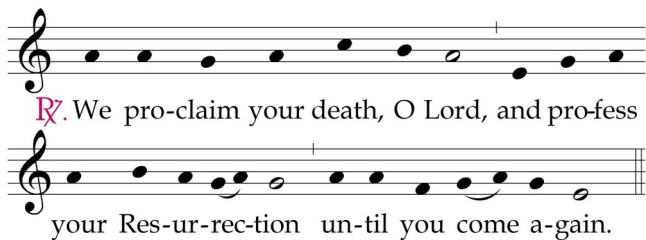
SANCTUS

Mass Setting II

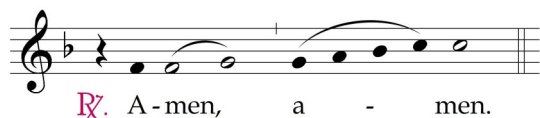


MEMORIAL ACCLAMATION

Celebrant: The mystery of faith.



AMEN



THE LORD'S PRAYER

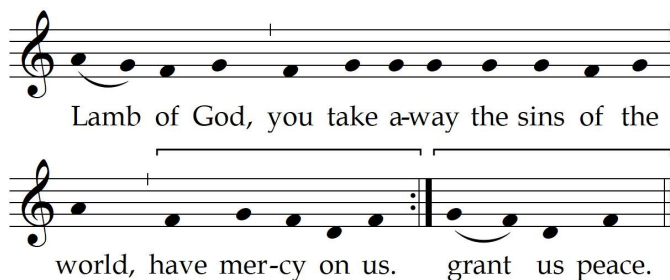
SIGN OF PEACE

Celebrant: The peace of the Lord be with you always.

R. And with your spirit.

AGNUS DEI

Mass Setting II



ECCE AGNUS DEI

Celebrant: Behold the Lamb of God; behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

HOLY COMMUNION

We invite actively practicing Catholics who are properly disposed (in the State of Grace, having observed the Eucharistic fast) to come forward to receive Holy Communion. All others, including those of other faiths, are invited to approach with arms crossed over the chest to receive a blessing. At Holy Family, we receive Holy Communion under both species on the tongue. If you prefer to receive the Host alone on the hand, please have your hands clearly out before you approach.

COMMUNION ANTIPHON

Gregorian chant, mode IV

Acceptbis sacrificium iustitiae, oblations et holocaust, super altare tuum, Domine.

You will accept a sacrifice of righteousness, oblations and burnt offerings, placed on Your altar, O Lord.

- Psalm 50:21

COMMUNION MOTET (9:00, 11:00)

The Law of the Lord

Benedetto Marcello (1686 - 1739)

arr. Bruce A. Larsen (1922 - 1996)

The Law of the Lord God is ever pure and undefiled. The Law of God is perfect and to the soul it brings new life unto the soul. The Rule of God is trustworthy and gives wisdom to the meek, His Word giveth wisdom unto all who humbly seek.

The Statutes of the Lord are sure, happy he who follows them, exceeding true and righteous, and they rejoice the heart. The Precepts of the Lord are clear and are enlightening to the soul, and giveth understanding ever to the mind.

The worship of the Lord God gives wisdom to the innocent - wisdom and understanding - and ever shall endure. The judgements of the Lord all are full of truth and righteousness, true, fair, and ever just, and full of righteousness.

More precious far than silver and gold, even more desirable.

Yea, pure and far more precious far more than purest silver, more than purest gold. His Words are sweeter far, yea, are sweeter far than honey from the comb.

Thus ever by Thy Law, Lord, Thy people are instructed. So is Thy guidance given - wisdom and loving understanding - unto us; and in the faithful keeping of the same there shall be great reward.

- Paraphrase excerpt from Psalm 19

RECESSIONAL HYMN

Saint Michael Hymnal

491 *Come, Ye Thankful People, Come*

ST. GEORGE'S WINDSOR

We pray together a **Hail Mary** for whichever parishioner is the next to be called from this life. We conclude by praying the **Saint Michael the Archangel Prayer**.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world, seeking the ruin of souls. Amen.

Mass setting II © 2012 Adam Bartlett. Licensed under a Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. All other music in the public domain. Excerpts from the English translation of the Roman Missal © 2010, International Committee on English in the Liturgy, Inc.; all rights reserved.

HERE AT HOLY FAMILY

SUMMER SAINTLY SALONS

Summer Sainly Salons are intended to facilitate meeting new parishioners and enjoying fellowship together. Short talks on a variety of topics will be presented then social time follows. These are casual backyard events, so bring your own blanket or chair and enjoy! Times for these are from 7-9pm. Space is limited, please RSVP online and see more upcoming salons at www.hfcmn.org/summer-saintly-salons. This week's salon:

- **"What is Life in the Spirit?" (July 27th) presented by Deacon Brent**
Jesus abandoned his apostles. He told them it was necessary. He promised to send them another "Advocate." Was Jesus not enough? This "Advocate" later "fell" upon the apostles which sent them running boldly out into the streets speaking in strange tongues. What *exactly* happened to those apostles in that Upper Room? Let's explore the connection between Jesus's Ascension, Pentecost and what the Gospels don't explicitly tell us about what the apostles experienced.

A FEAST FOR GRANDPARENTS— JULY 26TH

In honor of the feast of St. Joachim and Anne, grandparents of Our Lord, there will be a special celebration after the 8am Mass.

FAITH AND CULTURE: SUMMER READING SERIES

Dive into books that will stimulate your mind and enrich your faith this summer! RSVP not required and more information is on our website at hfcmn.org/faith-culture-reading-series.

1. "The Power and the Glory" by Graham Greene will be presented by Dr. Mary Reichardt on Saturday, July 29th (9-11am).
2. "Death Comes for the Archbishop" by Willa Cather will be presented by Sarah Moon on Thursday, August 17th (7-8:30pm).

DON'T MISS THE SECOND "COFFEE HOUSE"

The second "Coffee House" will be Saturday, August 12th starting at 6pm. It's an opportunity to share and enjoy fellow parishioners artistic gifts in music, art and acting. Jacob is collecting submissions for this fun event—go to the website for more details.

RECTORY GARDEN PARTY—SUNDAY, AUGUST 13TH

Come enjoy on Sunday, August 13th, after the 11am Mass, a mouth watering Italian Menu: Ina Garten's Summer Garden Pasta, meatballs in marinara sauce with rustic bread, cavatappi with Italian sausage, Chianti, Limoncello spritzer, Gelato, and lemon cake as you bask in the vibrant colors of Fr. Joseph's rectory garden of eclectic roses, flowering vines, and other assorted flowers. Only 7 spots left! Please register online, by noon of August 7th. For more details and to register, go to www.hfcmn.org and scroll down to Rectory Garden Party. The cost to attend is \$40 per person.



EXODUS 90 REUNION & INFORMATION NIGHT

All Exodus 90 alumni and men interested in learning more about Exodus 90, please join us on Friday, August 18th. New small groups will start this fall to end on Christmas Eve. Many men have found this to be a wonderful way of growing spiritually and forming great friendships with fellow disciples. We will start with the rosary at 7pm in the Church followed by an outdoor social gathering and bonfire at Rob Edward's home (walking distance from the Church). Bring your choice of beverage and something to share. Questions? Contact Rob at 651.428.3113 or robertjedwards@hotmail.com.

SMOKER POKER—FRIDAY, AUGUST 25TH

The favorite social event for men, the Smoker Poker, will take place the evening of Friday, August 25th. You can buy tickets at hfcmn.org/smoker-poker-registration. Please consider a VIP ticket, with new, expanded benefits, or a table sponsorship. 100% of the proceeds support scholarships for Holy Family Academy.



EUCCHARISTIC ADORATION

WE NEED SUBSTITUTE ADORERS!

Maybe you can't commit to a regular weekly hour yet... but please consider signing up to be a substitute. Go online to www.hfcmn.org/eucharistic-adoration to sign up and turn on notification of substitute requests. You will then be notified of needs and can decide at that time whether to decline or accept. Click on the WeAdoreHim logo, then sign up and turn notifications on and select the hours you are available. If you are interested in learning more or have questions, please contact our Adoration Coordinator, Mike Zwack, at 612.710.5007.

Currently, the times of greatest need are :

Saturdays:

4-5am

8-9 pm

Thursdays:

8:00-9:00am

(after Mass)

Sundays:

2-3am

Fridays:

11pm-Midnight

Wednesdays:

8-9am

(after Mass)



*We **urgently** need adorers to fill the times in red.*

INTERCESSIONS

Please pray for:

Michael Niemann

Don Batteen

Vince Laxen †
(Father of Tim Laxen)

Christian Munro †
(Nephew of Lara Rampetsreiter)

Tracy Deal
(Daughter of Cindy Deal)

Faith Bigelow
(Friend of Frances Williams)

+++++
To request prayers, go to www.hfcmn.org/prayer-requests, or call the parish office 952.929.0113. Submitted prayer intentions will be shared via "Prayer Partners" Flocknote messages and the bulletin for one week per request.

SUNDAY STEWARDSHIP

CONTRIBUTIONS FOR JULY 15-16, 2023

Member Envelopes	\$ 10,880.00
Online Giving	\$ 9,121.00
Plate	\$ 1,079.37
Total Contributions	\$ 21,079.62

Second Collection:

CARE Fund \$ 1,071.55

Thank you for your generosity!

Next week's Second Collection will benefit:

CARE Fund

STEWARDSHIP NOTE:

Even when the second collection goes to another organization, please fill out all checks to "Holy Family Catholic Church" with the name of the second collection on the memo line; the church then is able to write one check to the organization.

NEW PARISHIONERS

We are glad to welcome the following as new parishioners of Holy Family:

Alexander Peña

Kristen Cherewan

Mark Unga

Seth Kurzynski

Sarah Niblock

BAPTISMS

Congratulations to Holy Family's newest baptized members:

Frederick Rosener
(Son of Timothy and Emma)

Alexander Hoedeman
(Son of John and Michelle)

Joseph Zachman
(Son of Stephen and Melinda)

Amos Hodgen
(Son of Kyle and Stephanie)

Anton Miksch
(Son of Ryan and Kaitlyn)

MIDDLE SCHOOL YOUTH GROUP

PIZZA AND ADORATION NIGHT—FRIDAY, JULY 28TH

Mark your calendar for an evening of games, prayer, and pizza on Friday, July 28th, from 6:00-8pm. Pizza will start at 6pm, games 6:30-7:00, Adoration and music 7:00-7:40, then concluding with a group discussion at the end. All Middle School students (grade 6th-8th) are welcome. Please RSVP by emailing Beret at beret.henningsgaard@hfcmm.org by noon on July 28th, to make sure we have enough pizza on hand.

YOUNG ADULTS

Our Young Adults group welcomes everyone in their 20's and 30's, married and single. Find joyful fellowship and deepen your faith with us! RSVP and preparation are not necessary for most events, come when you can. Contact us at youngadults@hfcmm.org for more details or with any questions.

WEST METRO YOUNG ADULT BIBLE STUDY—TUESDAYS, 7PM

Where do we find the Mass in the Bible? In ten beautifully produced lessons, Parousia (video series by Dr. Scott Hahn) "The Bible and the Mass" answers these questions and more. Meet in the lower level of the school (enter through driveway doors) Sts. Peter and Paul room.

YOUNG ADULT SOCIAL—WEDNESDAY, JULY 26TH

Holy Family Young Adult's are hosting a social on Wednesday, July 26th. See posters in the back of Church for more information.

THE EUCHARIST, THE SOURCE OF LIFE

On August 9th at 7pm in the St. Peter and Paul room, Fr. Joseph Johnson will be giving a talk on the Eucharist in light of the Eucharistic Revival. See posters in the back of Church for more information.

ARCHDIOCESAN EVENTS

CONFIRMATION CLASSES FOR PERSONS WITH DISABILITIES

The Archdiocese is hosting confirmation classes for ages 14 and older Saturday, August 5th and Saturday, August 19th. Both classes are mandatory for guardians and candidates. For those who complete the classes, the sacrament of Confirmation will be available at a special Mass with Bishop Williams on September 17th, 2023. To register please contact Sonya Flomo at 651.291.4488 or flomos@archspm.org. See posters in the back of Church for more information.

MASS INTENTIONS

Sat. July 22 nd	Celebrant's Intention	8:00am
Sat. July 22 nd	Eugene Nelson †	5:00pm
Sun. July 23 rd	Eugene † and Dorothy † Tschida	7:30am
Sun. July 23 rd	Leyton Smith	9:00am
Sun. July 23 rd	For the Parish	11:00am
Mon. July 24 th	Max Holly	8:00am
Tues. July 25 th	Thomas Vavrick †	8:00am
Wed. July 26 th	John Leo Berns †	8:00am
Thurs. July 27 th	Casey Brown †	8:00am
Fri. July 28 st	Marie Skold Sylvestre	8:00am
Sat. July 29 th	Celebrant's Intention	8:00am
Sat. July 29 th	Eugene Nelson †	5:00pm
Sun. July 30 th	Rev. William F. Martin †	7:30am
Sun. July 30 th	For the Parish	9:00am
Sun. July 30 th	William Collins †	11:00am

DISCIPLESHIP OPPORTUNITIES

Please visit www.hfcmn.org/service-opportunities to see opportunities to serve at Sunday Hospitality, Sharing and Caring Hands, and more!

SUNDAY COFFEE AND DONUT DISCIPLES

In order to offer hospitality after all Masses (except holiday weekends) we need servers to help! Serving coffee and donuts is a fun way to spend time and really get to know people. Availability for teens to help too! See link above to sign up. For more details contact Liz Toenjes at liz.toenjes@hfcmn.org.



GET INVOLVED WITH THE FALL FESTIVAL

Our annual Fall Festival is September 9th and 10th! There are many different opportunities for you to get involved and serve:



- We are in need of a Silent Auction Coordinator.
- Donate gently used stuffed animals for the carnival. Please bring them to Fr. Moorman hall labeled "FALL FESTIVAL."

Contact Carrie Havlicek for more information at carrie.havlicek@hfcmn.org.

SHARING AND CARING HANDS—SUNDAY, AUGUST 27TH

Sharing and Caring Hands (525 North 7th Street, Minneapolis) needs helpers August 27th! Prepare and serve breakfast on the fourth Sunday of each month. The time on-site is from 9:30am until Noon and we are limited to a maximum of 12 servers. Children (9-12 years) are welcome to help but must be supervised by an adult at all times. Contact Laura Hagen, laura.e.young@hotmail.com with questions.



FREQUENT FLYER PRAYER CARDS

SUMMERTIME IS FOR PRAYER—RACKING UP POINTS IN HEAVEN AND ON EARTH!

Father Joseph is again encouraging everyone this summer to not take a vacation from daily prayer. He is offering his "Frequent Flyer" card to all—youngsters and adults—to record daily Mass attendance (anywhere), participation as a server, lector or cantor, Rosaries, and Holy Hours. Fr. Joseph will have special treats for those who participate at the end of the summer! Please pick up July Frequent Flyer cards and return the ones for June in the baskets provided by the entrances.

VOCATIONS

TRAVELING CHALICE PROGRAM

Please consider signing up to take our Traveling Vocations Chalice home for a week, and pray for religious vocations. Pick up and return of the chalice is in the sacristy at the 9am Mass each Sunday. Go to our website to sign up and for more details www.hfcmn.org/vocations-chalice or contact Mary Hagen at 952.913.0216. Thank you for praying for Religious Vocations! The following are scheduled for the chalice:



July 23: Open

July 29: Open

SEMINARY INFORMATION NIGHT

High School Junior and Senior men with their parents are invited to learn more about St. John Vianney College Seminary on Tuesday, August 15th. For more information, visit www.1000vocations.org or call 651.962.6890. Please RSVP by August, 11th.

FROM THE PARISH OFFICE

PARISH OFFICES CLOSE EARLY

Parish offices will close at noon on Fridays in July to allow for a slight summer break for our diligent staff. In August, we will return to our regular office hours of 8:30am-4:30pm, Monday through Friday.

BULLETIN SUBMISSIONS

Please send bulletin submissions to Beret at beret.henningsgaard@hfcmn.org at least three weeks prior to the Sunday you would like it published.



FORMED.ORG

Gain free access to Catholic movies, books, audio recordings and more, by registering and more, by registering at www.hfcmn.org-formed.

This week's recommendation:

The Catholic View on Justification and Salvation | Chris Stefanick Show

Many Christians just take it for granted that God changes us to bring us closer to Him. But many don't actually know what it MEANS to be changed — the technical term is "justified" — by God.

The answer isn't as easy as it sounds; Protestants and Catholics have two different answers to the justification question. It was even one of the major points of disagreement in the Protestant Reformation! Fortunately, expert on justification, Dr. James Prothro gives us a run-down of the problem AND the Catholic answer.

It's an awesome conversation, and Dr. Prothro is great at making complicated theology simple for the rest of us. Check it out!

