



HOLY FAMILY CATHOLIC CHURCH

5900 West Lake Street
Saint Louis Park, MN 55416
www.hfcmn.org | 952.929.0113
staff@hfcmn.org

Reverend Joseph Johnson, Pastor
Reverend Timothy Sandquist
Reverend George Welzbacher

MASS TIMES:

Saturday Vigil Mass	5pm
Sunday	7:30, 9 & 11am
Weekday and Saturday	8am
Rosary	7:30am

EXPOSITION AND BENEDICTION:

Saturday	3:30-4:45pm
Friday	Divine Mercy Chaplet <i>after 8am Mass</i>

CONFESSIONS:

Saturday	3:30-5:30pm
Sunday	8:30-10am
Monday, Wednesday, Friday	7:30-7:50am

If only one priest is available, confessions will end 10 minutes before Mass begins.

PARISH OFFICE HOURS:

Monday - Friday	9am - 4:30pm
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HOLY FAMILY — ACADEMY —

5925 West Lake Street
Saint Louis Park, MN 55416
www.hfamn.org | 952.925.9193

TRUTH • GOODNESS • BEAUTY

July 9th, 2023 *Fourteenth Sunday of Ordinary Time*



“COME TO ME, ALL YOU WHO LABOR AND
ARE BURDENED.” —MT 11:28

TODAY AT HOLY FAMILY

HOSPITALITY DOWNSTAIRS—SUNDAY

Enjoy coffee and donuts while visiting with fellow parishioners downstairs after all Masses on Sunday.

YOUNG ADULT SUNDAY GOSPEL DISCUSSION

After the 9am Mass, young adults (20 and 30 year olds) are invited to an informal Gospel discussion. Meetings are currently being held in Sts. Peter and Paul room (located in the lower level of the school, enter through driveway doors). Questions? Please contact Mary Fink at 763.307.4937.

PARISH LIBRARY OPEN

After the 9 & 11am Mass on Sunday, the Aquinas Library is open for one hour. Please stop in to check out a book, please enter through the portico door in the school driveway.

SUPPORT HOLY FAMILY

SECOND COLLECTION: CARE FUND

Our Care Fund helps to meet the emergency needs of our parishioners and those in the wider community. The second collection will remain online or cash/check contributions may be placed in the offertory boxes in the vestibule of the church.

DONATE TO HOLY FAMILY

If you are a visitor to our parish (or not yet signed up for electronic giving), you can easily make donations by using this QR code. You may also place cash/check donations in the basket passed by ushers during Mass.



ORDER OF WORSHIP FOR THE FOURTEENTH SUNDAY IN ORDINARY TIME

ARCHDIOCESAN PRAYER FOR VOCATIONS

Please join in saying the Archdiocesan Prayer for Vocations, found on the inside back cover of the Lumen Christi Missal.

THE INTRODUCTORY RITES

PROCESSIONAL HYMN

721 Praise to the Lord

Saint Michael Hymnal

LOBE DEN HERREN

INTROIT (9:00)

Gregorian chant, mode I

Suscepimus, Deus, misericordiam tuam in medio temple tui: secundum nomen tuum Deus, ita et laus tua in fines terrae: iustitia plena est dextera tua. *Ps.* Magnus Dominus et laudabilis nimis: in civitate Dei nostri, in monte sancto eius.

All peoples, clap your hands. Cry to God with shouts of joy!

Ps. For the Lord is high and awesome; a great king over all the earth. *- Psalm 47:10-11, 2*

GREETING

Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit. *Rx.* Amen.

Celebrant: The Lord be with you. *Rx.* And with your spirit.

PENITENTIAL RITE

Deacon: ... Lord, have mercy.

Rx. Lord, have mercy.

Deacon: ... Christ, have mercy.

Rx. Christ, have mercy.

Deacon: ... Lord, have mercy.

Rx. Lord, have mercy.

GLORIA

Mass Setting II



Glo-ry to God in the high - est, *Rx.* and on earth
peace to people of good will. We praise you,
we bless you, we a - dore you, we glo-ri-fy you,
we give you thanks for your great glo - ry,
Lord God, heav-en-ly King, O God, al-mighty



Fa-ther. Lord Je-sus Christ, only Begot - ten Son,
Lord God, Lamb of God, Son of the Fa-ther,
you take__ a - way the sins of the world,
have mer - cy on us; you take__ a - way
the sins of the world, re - ceive our prayer;
you are seated at the right hand of the Fa-ther,
have mercy on us. For you a - lone are the
Ho - ly One, you a - lone are the Lord, you a - lone
are the Most__ High, Je - sus Christ, with the
Ho - ly Spi - rit, in the glo-ry of God__
the Fa-ther. A - men.

COLLECT

THE LITURGY OF THE WORD

Lumen Christi Missal - p. 465 ([readings online](#))

FIRST READING

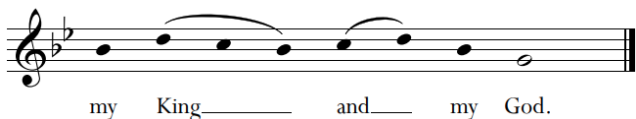
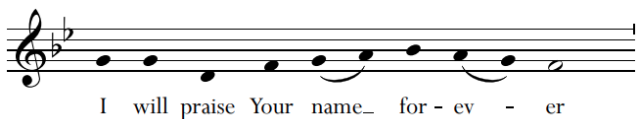
Zechariah 9:9-10

RESPONSORIAL PSALM

Cantor or Choir, then all

Psalm 145:1-2, 8-11, 13c-14

Sam Schmitt



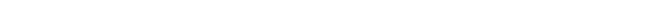
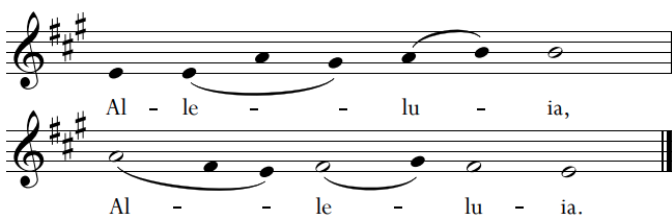
SECOND READING

Romans 8:9, 11-13

GOSPEL ACCLAMATION

Cantor or Choir, then all

Cf. Matthew 11:25



GOSPEL

Matthew 11:25-30

Deacon: The Lord be with you.

R. And with your spirit.

Deacon: A reading from the Holy Gospel according to Matthew.

R. Glory to you, O Lord.

At the conclusion of the Gospel:

Deacon: The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH

R. I believe in one God, the Father Almighty, maker of Heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation, He came down from Heaven,

(All bow while saying)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into Heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His Kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, Who with the Father and the Son is adored and glorified, Who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

R. Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND OBLATION

OFFERTORY HYMN (5:00)

Saint Michael Hymnal

703 Only-Begotten, Word of God Eternal

ISTE CONFESSOR

OFFERTORY MOTET (9:00, 11:00)

Ave Maria

Camille Saint-Saens (1835 - 1921)

Hail, Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen.

OFFERTORY CHANT (9:00)

Gregorian chant, mode V

Populum humilem salvum facies, Domine, et oculos superborum humiliabis: quoniam quis Deus praeter te, Domine?

You will save the humble nation, O Lord, and bring down the eyes of the proud. For who is God, other than You, O Lord?

- Psalm 17:28, 32

ORATE FRATRES

Celebrant: Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PREFACE DIALOGUE

Celebrant: The Lord be with you.

R. And with your spirit.

Celebrant: Lift up your hearts.

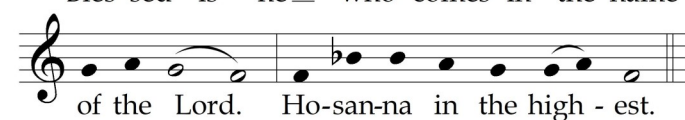
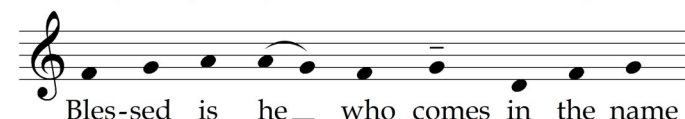
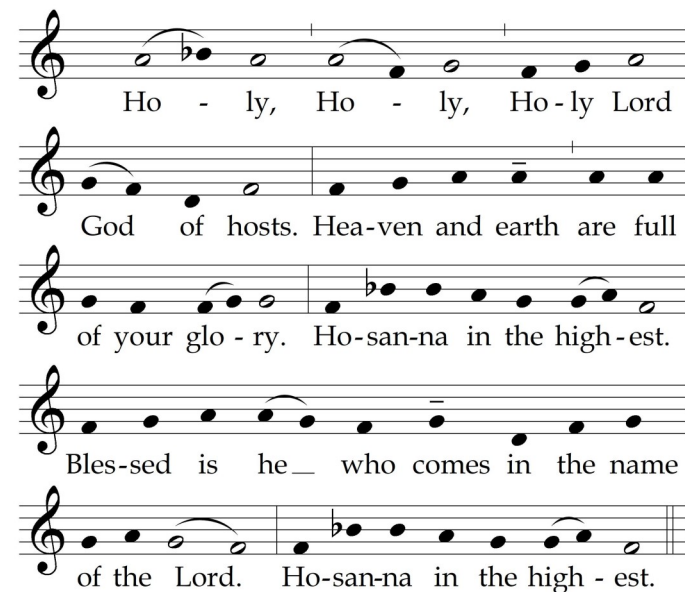
R. We lift them up to the Lord.

Celebrant: Let us give thanks to the Lord our God.

R. It is right and just.

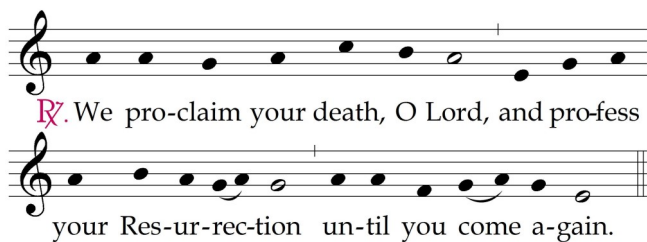
SANCTUS

Mass Setting II

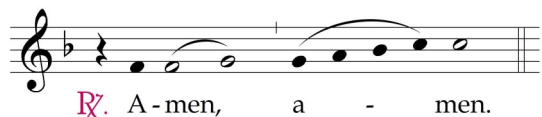


MEMORIAL ACCLAMATION

Celebrant: The mystery of faith.



AMEN



THE LORD'S PRAYER

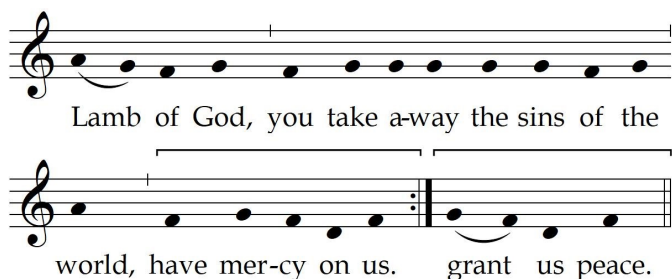
SIGN OF PEACE

Celebrant: The peace of the Lord be with you always.

R. And with your spirit.

AGNUS DEI

Mass Setting II



ECCE AGNUS DEI

Celebrant: Behold the Lamb of God; behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

HOLY COMMUNION

We invite actively practicing Catholics who are properly disposed (in the State of Grace, having observed the Eucharistic fast) to come forward to receive Holy Communion. All others, including those of other faiths, are invited to approach with arms crossed over the chest to receive a blessing. At Holy Family, we receive Holy Communion under both species on the tongue. If you prefer to receive the Host alone on the hand, please have your hands clearly out before you approach.

COMMUNION ANTIPHON

Gregorian chant, mode III

Gustate et videte, quoniam suavis est Dominus: beatus vir qui sperat in eo.

Taste and see that the Lord is good, blessed the man who seeks refuge in Him.

- Peter 33:9



COMMUNION MOTETS (9:00, 11:00)

He Shall Feed His Flock / Come Unto Him from Messiah

George F. Handel (1685 - 1759)

He shall feed His flock like a shepherd, and He shall gather the lambs with His arm and carry them in His bosom and gently lead those that are with young. Come unto Him, all ye that labor; come unto Him, ye that are heavy-laden, and He will give you rest. Take His yoke upon you and learn of Him, for He is meek and lowly of heart and ye shall find rest unto your souls.

RECESSIONAL HYMN

Saint Michael Hymnal

749 Sing Praise to God Who Reigns Above

MIT FREUDEN ZART

We pray together a **Hail Mary** for whichever parishioner is the next to be called from this life. We conclude by praying the **Saint Michael the Archangel Prayer**.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. **May God rebuke him**, we humbly pray. And do thou, O **Prince of the heavenly host**, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world, seeking the ruin of souls. Amen.

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STAY CONNECTED

PARISH NOTIFICATION SOFTWARE

Get updates through Holy Family's communication tool, Flocknote. You'll get weekly updates from the parish, as well as any timely updates from the groups you join (e.g. Adorers of the Blessed Sacrament, Youth Group, etc...).



JOIN FLOCKNOTE:

1. Visit www.flocknote.com/HFC- or -Text HFCMN to 84576
2. Fill in your information and join those groups that pertain to you. Please be sure to join the group representing your regional neighborhood.
3. You can log in anytime to change what groups you follow!

FOLLOW US ON FACEBOOK!

"Like" Holy Family on Facebook to get our news, upcoming events, and updates on Catholic topics around the archdiocese! For the church, click the "f" icon in the upper right corner of the website header at www.hfcmn.org. For HFA, click the "f" icon (same location) at www.hfamn.org.

HEARING IMPAIRED?

We have an app for that—Listen Everywhere. Please see an usher to access our guest WiFi and then scan this QR code to access the amplification site. You can download the app at home ahead of time. See our website for detailed instructions.



HERE AT HOLY FAMILY

SUMMER SAINTLY SALONS BEGIN ON JULY 11TH

Summer Saintly Salons are intended to facilitate meeting new parishioners and enjoying fellowship together. Short talks on a variety of topics will be presented by members of parish staff or parishioners. These are casual backyards events, so bring your own blanket or chair and enjoy! Space is limited, so please check our website for more information and to RSVP.

⇒ "CLASSICAL MUSIC FOR SUMMERTIME" ON JULY 11TH, (7-9PM)

William and Jen Bullard will host our Director of Sacred Music, Jacob Flaherty.

BROWN SCAPULAR INVESTITURE

In honor of Our Lady of Mount Carmel, we will offer an investiture of the brown scapular for those who wish after 8am Mass on Saturday, July 15th. Please bring your own brown scapular or notify the parish office by July 13th at noon that you need one so we have enough on hand.

GET READY FOR OUR FIRST "COFFEE HOUSE"

Our new "Coffee House" initiative launches on July 15th at 6pm. Parishioners of various ages will share their musical gifts, fondness for reciting poetry/ short dramatic readings, a brief comedy skit and/or display visual art. It is a great opportunity to spend time with one another in an informal and fun setting. Please see the website for information about auditions and to RSVP or sign up to help with hospitality. Please email Jacob Flaherty at jacob.flaherty@hfcmm.org if interested in showcasing art or auditioning for this event. Also mark your calendars for the second "Coffee House" on Saturday, August 12th.



BLESSING OF EXPECTANT MOTHERS

Next Sunday, July 16th at 10:30am, all pregnant women are invited, with their families, to the communion rail to receive a special blessing. This is sponsored by both F.I.A.T. and the Respect Life Committee.

SUMMER "MEN OF GOD" COOKOUT ON JULY 21ST



Men of all ages and states in life are invited to a cookout and good fraternity. Deacon Brent Bowman will be giving a spiritual talk, "The Pursuit of Greatness: The Magnanimous Man in an Apostolic Age." We will meet for the Rosary at 6:45pm in front of the Sacred Heart statue in the school driveway. Dinner will be served afterward. RSVP (hfcmm.org/men-of-god) by noon on Thursday July 20th so we know how much food to prepare.

FAITH AND CULTURE: SUMMER READING SERIES

Dive into books that will stimulate your mind and enrich your faith this summer! RSVP not required. More information on hfcmm.org.

1. "The Power and the Glory" by Graham Greene will be presented by Dr. Mary Reichardt on Saturday, July 29th (9-11am).
2. "Death Comes for the Archbishop" by Willa Cather will be presented by Sarah Moon on Thursday, August 17th (7-8:30pm).

EUCCHARISTIC ADORATION

WE NEED SUBSTITUTE ADORERS!

Maybe you can't commit to a regular weekly hour yet... but please consider signing up to be a substitute. Go to our new adoration coordination website: www.WeAdoreHim.com to sign up and turn on notification of substitute requests. You will then be notified of needs and can decide at that time whether to decline or accept. Go to 'Edit Account' and turn notifications on and select the hours you are available. If you are interested in learning more or have questions, please contact our Adoration Coordinator, Mike Zwack, at 612.710.5007.

Currently, the times of greatest need are :

Saturdays:

4-5am
8-9 pm

Thursdays:

8:00-9:00am
(after Mass)

Sundays:

2-3am

Fridays:

11pm-Midnight

Tuesdays:

6-7pm



*We **urgently** need adorers to fill the times in red.*

INTERCESSIONS

Please pray for:

Candy Shumosic
(Special Intention)

Karen Reed †
(Mother-in-law of Brandi Reed)

+++++
To request prayers, go to www.hfcmm.org/ prayer-requests, or call the parish office 952.929.0113. Submitted prayer intentions will be shared via "Prayer Partners" Flocknote messages and the bulletin for one week per request.

SPONSOR ALTAR FLOWERS

SPONSOR ALTAR FLOWER IN JULY AND AUGUST

Enhance the liturgical environment of the altar by sponsoring floral arrangements for the altar. A complete list of solemnities and feasts is available online, go to www.hfcmm.org/donate, select "Altar Flowers". After choosing the feast or solemnity, please go to the payment page, hfcmm.org/donate. If you have questions please contact Tricia at Pat.Gawarecki@hfcmm.org

SUNDAY STEWARDSHIP

CONTRIBUTIONS FOR WEEKEND OF JUNE 24-25 & JULY 1-2, 2023

Contributions for the past two weeks will be available in next week's bulletin.

Thank you for your generosity!

Next week's Second Collection will benefit:

CARE Fund

STEWARDSHIP NOTE:

Even when the second collection goes to another organization, please fill out all checks to "Holy Family Catholic Church" with the name of the second collection on the memo line; the church then is able to write one check to the organization.

NEW PARISHIONERS

WELCOME TO OUR NEW PARISHIONERS:

Nathan Aker
Andrew Verhasselt
Veronica Kremer
Henry Quinn
Joseph Labrecht

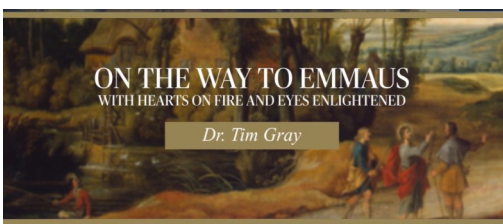
FORMED.ORG

Gain free access to Catholic movies, books, audio recordings and more, by registering at www.hfcmn.org/access-formed.

This week's recommendation:

On the Way to Emmaus with Hearts on Fire and Minds Enlightened by Dr. Tim Gray

Dr. Tim Gray opens up the Scriptures, highlighting Jesus' Eucharistic teaching in the Gospel of Luke. During the onset of a year dedicated to Eucharistic Revival, Gray's study is a great way to deepen your knowledge of Christ's Eucharistic presence.



FROM THE PARISH OFFICE

PARISH OFFICE CLOSED—FRIDAY AFTERNOONS IN JULY

Parish office will close at noon on Fridays in July.

DISCIPLES NEEDED

Looking for more ways to keep up this summer?!... Introducing extending hospitality during Sunday Social time after all Masses (except holiday weekends).

Please visit www.hfcmn.org/service-opportunities to see opportunities to serve at Sunday Hospitality. Serving coffee and donuts is a fun way to extend time and really get to know new people. Availability for teens to help too!



If you are interested in being a lead (making coffee, knowing where things are located and how to run the easy to use dishwasher) please reach out to Liz Toenjes at liz.toenjes@hfcmn.org and set up a 10 minute orientation. The more participation we have, the more vibrant our community life is!

YOUNG ADULTS

Our Young Adults group welcomes everyone in their 20's and 30's, married and single. Find joyful fellowship and deepen your faith with us! RSVP and preparation are not necessary for most events, come when you can. Contact us at youngadults@hfcmn.org for more details or with any questions.

WEST METRO YOUNG ADULT BIBLE STUDY—TUESDAYS, 7PM

Where do we find the Mass in the Bible? In ten beautifully produced lessons, Parousia (video series by Dr. Scott Hahn) "The Bible and the Mass" answers these questions and more. Meet in the lower level of the school (enter through driveway doors) Sts. Peter and Paul room.

WEST METRO YOUNG ADULT SPORT NIGHTS

Please join us for a Friday Sport Nights from 6:30-8:30pm on July 21st. Location: Central Hopkin Park, near pickle ball court, behind St Gabriel church.

WEST METRO YOUNG ADULT: HEALING NIGHT OF PRAYER

Thursday, July 13th, 7-8:30pm in the Sts. Peter and Paul room, whether you're burdened by past grievances or grappling with current challenges, if you're seeking solace for your soul's distress, or filled with a desire to pray for others' well-being, we warmly invite you.

MASS INTENTIONS

Sun.	July 9 th	Rev. Edwin Savundra †	7:30am
Sun.	July 9 th	Gerald Fischer †	9:00am
Sun.	July 9 th	For the Parish	11:00am
Mon.	July 10 th	Vivian Gregoire †	8:00am
Tues.	July 11 th	Mary Jo Schamber †	8:00am
Wed.	July 12 th	M. J. Almer †	8:00am
Thurs.	July 13 th	Thomas Vavrick †	8:00am
Fri.	July 14 th	Cameron Skold	8:00am
Sat.	July 15 th	Celebrant's Intention	8:00am
Sat.	July 15 th	Dan Andrie	5:00pm
Sun.	July 16 th	For the Parish	7:30am
Sun.	July 16 th	William Collins †	9:00am
Sun.	July 16 th	Curtiss Pince †	11:00am
Mon.	July 17 th	Joan Emlong †	8:00am

SMOKER POKER 2023

SMOKER POKER—FRIDAY, AUGUST 25TH 2023

The favorite social event of the summer is back again this year! The 2023 Smoker Poker will take place on Friday, August 25th. You can buy tickets at hfcmn.org/smoker-poker-registration. Please consider a VIP ticket, with new, expanded benefits, or a table sponsorship. 100% of the proceeds go to support scholarships for Holy Family Academy.



FREQUENT FLYER PRAYER CARDS

SUMMERTIME IS FOR PRAYER—RACKING UP POINTS IN HEAVEN AND ON EARTH!

Father Joseph is again encouraging everyone this summer to not take a vacation from daily prayer. He is offering his "Frequent Flyer" card to all—youngsters and adults—to record daily Mass attendance (anywhere), participation as a server, lector or cantor, Rosaries, and Holy Hours. Fr. Joseph will have special treats for those who participate at the end of the summer! Please pick up July Frequent Flyer cards and return the ones for June in the baskets provided by the entrances.

SHARING AND CARING HANDS

SHARING AND CARING HANDS—JULY 30TH

Sharing and Caring Hands (525 North 7th Street, Minneapolis) needs helpers July 30th! Prepare and serve breakfast on the fourth Sunday of each month. The time on-site is from 9:30am until Noon and we are limited to a maximum of 12 servers. Children (9-12 years) are welcome to help but must be supervised by an adult at all times. Sign up at hfcmn.org/service-opportunities. If you have questions, contact Laura Hagen at laura.e.young@hotmail.com



PRAY FOR VOCATIONS

TRAVELING CHALICE PROGRAM

Please consider signing up to take our Traveling Vocations Chalice home for a week, and pray for religious vocations. Pick up and return of the chalice is in the sacristy at the 9am Mass each Sunday. Go to our website to sign up and for more details www.hfcmn.org/vocations-chalice or contact Mary Hagen at 952.913.0216. Thank you for praying for Religious Vocations! The following are scheduled for the chalice:



July 9: Kathleen Acker

July 16: Open

FUTURE OPPORTUNITIES

HOLY LAND PILGRIMAGE WITH FR. JOSEPH—OCTOBER 2024

Though still over a year away, Fr. Joseph's friends at Magnificat were so excited that they already started advertising this pilgrimage. He wanted parishioners to have the first chance to travel with him to the Holy Land. This pilgrimage will fill up quickly, so discern quickly if you are interested in walking with Fr. Joseph in the footsteps of Jesus. View more details on www.petersway.com or stop by the parish office to obtain a brochure. Commit soon before all the spots are taken!

RECTORY GARDEN PARTY

Sunday, August 13th, 2023, 12:30-2:30pm

Step behind the wood gate, on Sunday, August 13th, 12:30-2:30 pm, and enjoy an elegant Sunday brunch in the rectory garden surrounded by Fr. Joseph's eclectic variety of roses, flowering vines, and other assorted flowers. Bring your appetite but please leave all rabbits at home—they are NOT welcome in this garden! The cost to attend is \$40 per person. Please sign up online at www.hfcmn.org, under Rectory Garden Party.



SAVE THE DATES FOR FALL FESTIVAL

- ⇒ **Sat, Sept 9th Family Fun Day**
- ⇒ **Sun, Sept 10th Kickball Tournament**

Join the Fall Festival Team Leaders!

It is NOT too late to join the team of leads if you can serve our church in the following areas:

- Silent Auction/Chance Baskets
- Sponsorships
- Co-Chair to Carnival Games

The festival takes months to plan and prepare to make it a successful fundraiser. It is always better to form a team to do such a big event so please prayerfully discern if God is calling you to step up and be part of the team that makes these wonderful events happen for the entire community. It isn't just about the funds raised--as needed as they are-- It is about fostering a sense of community so that we can live fruitfully as brothers and sisters in Christ. Remember that being a leader does not mean you are the only person doing the work.

Email Carrie at carrie.havlicek@hfcmn.org or call 612.735.4600 by Wednesday, July 12th if you have any questions or would like to join the team!