



## HOLY FAMILY CATHOLIC CHURCH

5900 West Lake Street  
Saint Louis Park, MN 55416  
www.hfcmn.org | 952.929.0113  
staff@hfcmmn.org

Reverend Joseph Johnson, Pastor  
Reverend Timothy Sandquist  
Reverend George Welzbacher

### MASS TIMES:

Saturday Vigil Mass 5pm  
Sunday 7:30, 9 & 11am

Weekday and Saturday 8am  
Rosary 7:30am

### EXPOSITION AND BENEDICTION:

Saturday 3:30-4:45pm  
Friday Divine Mercy Chaplet *after 8am Mass*

### CONFESSIONS:

Saturday 3:30-5:30pm  
Sunday 8:30-10am  
Monday, Wednesday, Friday 7:30-7:50am

*If only one priest is available, confessions  
will end 10 minutes before Mass begins.*

### PARISH OFFICE HOURS:

Monday - Friday 9am - 4:30pm



## HOLY FAMILY — ACADEMY —

5925 West Lake Street  
Saint Louis Park, MN 55416  
www.hfamn.org | 952.925.9193

TRUTH • GOODNESS • BEAUTY

## October 1<sup>st</sup>, 2023 Twenty-sixth Sunday of Ordinary Time



### TODAY AT HOLY FAMILY

#### HOSPITALITY DOWNSTAIRS—SUNDAY

Enjoy coffee and donuts while visiting with fellow parishioners downstairs after all Masses on Sunday. Come meet new people!

#### PARISH LIBRARY OPEN

After the 9 & 11am Mass on Sunday, the Aquinas Library is open for one hour. Please stop in and check out a book. Enter through the portico door in the school driveway.

#### MIDDLE SCHOOL GATHERING

Middle school students are welcome to join us in the Sts. Peter and Paul room from 12:30-2:30 for pizza, games and prayer.

#### YOUNG ADULT SUNDAY GOSPEL DISCUSSION

After the 9am Mass, young adults (20 and 30 year olds) are invited to an informal Gospel discussion. Meetings are being held in Sts. Peter and Paul room (located in the lower level of the school, enter through driveway doors).

#### CLOTHING SWAP—SUNDAY

Holy Family Home Educators is hosting a clothing swap, Sunday October 1 (10am-2pm) in Kattar Hall. Contact Hope Dobson if you have questions at [hopenmdobson@gmail.com](mailto:hopenmdobson@gmail.com).

### SUPPORT HOLY FAMILY

#### DONATE TO HOLY FAMILY

If you are a visitor to our parish (or not yet signed up for electronic giving), you can easily make donations by using this QR code. You may also place cash/check donations in the basket passed by ushers during Mass.



#### SECOND COLLECTION: HOPE FOR UGANDA

Hope for Uganda is a nonprofit organization that is changing lives in Northern Uganda by developing leaders, creating opportunity, nourishing souls, and caring for others. There will be a physical collection after Communion.

## SUNDAY STEWARDSHIP

### CONTRIBUTIONS FOR SEPTEMBER 23-24, 2023

Member Envelopes	\$ 10,631.25
Online Giving	\$ 10,201.05
Plate	\$ 936.76
<b>Total Contributions</b>	<b>\$ 21,770.06</b>

Second Collection:  
**Care Fund** \$ 452.00

**Thank you for your generosity!**

Next week's Second Collection will benefit:

**Vocations Fund**

### STEWARDSHIP NOTE:

Even when the second collection goes to another organization, please fill out all checks to "Holy Family Catholic Church" with the name of the second collection on the memo line; the church then is able to write one check to the organization.

## STAY CONNECTED

### PARISH NOTIFICATION SOFTWARE

Get updates through Holy Family's communication tool, Flocknote. You'll get weekly updates from the parish, as well as any timely updates from the groups you join (e.g. Adorers of the Blessed Sacrament, Youth Group, etc...).



### JOIN FLOCKNOTE:

1. Visit [www.flocknote.com/HFC-](http://www.flocknote.com/HFC-) or - Text HFCMN to 84576
2. Fill in your information and join those groups that pertain to you. Please be sure to join the group representing your regional neighborhood.
3. You can log in anytime to change what groups you follow!

### HEARING IMPAIRED?

We have an app for that—Listen Everywhere. Please see an usher to access our guest WiFi and then scan this QR code to access the amplification site. You can download the app at home ahead of time. See our website for detailed instructions.



## HERE AT HOLY FAMILY

### MARRIAGE RETREAT — OCTOBER 27 & 28

Come on October 27th (7-9pm) and October 28 (8am-4pm). Friday Evening (7-9pm) and Saturday 8am-4pm. Holy Family welcomes the Wojtyla Community & Institute to teach how Saint John Paul II invites couples to follow a Rule for a love filled marriage. The cost is \$75 *per couple* and includes snacks, breakfast and lunch. Scholarships are available. Visit the website for more details and a sneak peak podcast!

For more details please contact Liz Toenjes at [liz.toenjes@hfcmn.org](mailto:liz.toenjes@hfcmn.org). Register by scanning the QR code or visiting [hfcmn/marriage-retreat-2023](http://hfcmn/marriage-retreat-2023).



## Marriage Retreat

TWO SOULS UNITED IN CHRIST | OCTOBER 27 & 28



### HOLIDAY GREENS FUNDRAISER—OCTOBER 2 THROUGH 23

Get your holiday decor needs taken care of early! Holy Family Academy is selling wreaths, garland, and other greenery to raise money for both school events and classroom activities. You can order from any HFA student or from representatives in the back of church after Masses the weekends of October 7-8, 14-15, 21-22. Delivery will be Friday, December 1st, in the church parking lot. Parishioners can also pick up during Sugar Plum Days on Saturday, December 2nd.



## YOUTH EVENTS

### WEDNESDAY “HANG OUT” AND YOUTH GROUP NIGHTS

All high school students are invited to come to our Youth Group nights for food, fun, and faith! We'll eat pizza, play some games, and have time for prayer in the church. These will be Wednesday evenings, starting September 13, from 6:30-8:00PM. Pizza will be available from 6:30-7:00pm.

- Also on Wednesday afternoon, before youth group, we'll have a place for high school students to come after school to hang out, do homework, and otherwise just build friendship and community here at Holy Family. That begins at 3:30PM and runs right up until youth group.

Both High School Youth Group and High School Hangout will be in the Sts. Peter and Paul room until the new Nazareth House is completed. Please enter by the portico doors off the school driveway. We look forward to seeing you there!

### YOUTH ADORATION & BONFIRE—FRIDAY, OCTOBER 6

Middle school and high school students are invited every first Friday of the month for adoration starting at 7:00pm. This month, following adoration we will be having a bonfire and lawn games on Holy Family Academy field. Come and invite your friends!

### YOUTH BIKE ADVENTURE—OCTOBER 14

All middle school and high school students are invited to join us on Saturday, October 14th, 9:30am-Noon for a bike ride! Parents are welcome to join as chaperones. Adult chaperones must have undergone child safety training, so please contact Jonathan or Beret soon if you plan on attending. We'll begin and end at The Landing (Three Rivers Park District) in Shakopee. We'll take the Minnesota Valley State Trail.

### HIGH SCHOOL YOUTH MINISTER:

Jonathan Schwartzbauer at [Jonathan@hfcmn.org](mailto:Jonathan@hfcmn.org).

### MIDDLE SCHOOL YOUTH MINISTER:

Beret Henningsgaard at [Beret@hfcmn.org](mailto:Beret@hfcmn.org).

## YOUNG ADULTS

Our Young Adults group welcomes everyone in their 20's and 30's, married and single. Find joyful fellowship and deepen your faith with us! RSVP and preparation are not necessary for most events, come when you can. Contact us at [youngadults@hfcmn.org](mailto:youngadults@hfcmn.org) for more details or with any questions.

### YOUNG ADULT BIBLE STUDY—WEDNESDAYS, 7PM

Please join us for a new Bible study called “Pope Peter”! Learn about the scriptural basis of the papacy and consider how to navigate difficult questions regarding the pope's authority. We will meet in the Aquinas Library located in Holy Family Academy. Contact [westmetroya@gmail.com](mailto:westmetroya@gmail.com) with any questions.

### JOHN PAUL II YOUNG ADULT RETREAT

Friday, October 20—Sunday October 22. All young adults in their 20—30's are invited to take time away in JPII fashion. We will pray, hike, recreate & simply be together. Stay at a beautiful Air Bnb on Pequot Lakes, two and a half hours north of the cities. Space is limited. Register by October 15. Cost is \$150 (covers food and lodging). Register with the QR Code or online at [nativitybloomington.org](http://nativitybloomington.org).



## PARISH OFFICE

### NEW LITURGY GUIDES

Sunday Mass liturgy guides are now located in stands placed at the entrances of the church. Please pick up one on the way into Mass.

### BULLETIN SUBMISSIONS

Please submit written bulletin submission content 10 days prior to the Sunday bulletin date in which you want the information published. Send requests to bulletin editor, Beret Henningsgaard, by emailing [Beret@hfcmn.org](mailto:Beret@hfcmn.org).

## FORMED.ORG

*Gain free access to Catholic movies, books, audio recordings and more, by registering at [www.hfcmn.org-formed](http://www.hfcmn.org-formed).*

*This week's recommendation:*

### The Mass: A Life-giving Prayer | Brother Francis

Come with Brother Francis as he celebrates the life-changing power of the Mass in this inspirational and instructive presentation!

This episode includes:

"The Celebration of the Mass"—an animated representation of what happens during the Mass and our encounter with Jesus as we celebrate this wonderful gift of God

"With a Heart of Praise"—a moving prayer-song that expresses our gratitude to God

"The Parable of the Publican and the Sinner"—a moving, animated depiction of Jesus's teaching on humility and forgiveness

Rich in instruction and inspiration, Brother Francis: The Mass is a unique way of helping children experience the presence of Christ as they attend Mass.



## EUCCHARISTIC ADORATION

### PERPETUAL ADORATION CHAPEL

Having 24/7 access to our Lord in the Blessed Sacrament is an immense privilege of Holy Family Parish. Come and adore Christ! Entrance to the chapel is on is on the west side of the sanctuary end of the Church.

*Currently, the times of greatest need are:*

#### Sundays:

Midnight-1am  
2-3am

#### Mondays:

11pm-midnight

#### Tuesdays:

5-6pm

#### Wednesdays:

Midnight-1am  
6-7am

8-9am (after Mass)

#### Fridays:

4-5pm

#### Saturdays:

2-3am

4-5am

8-9pm



*We **urgently** need adorers to fill the times in red.*

## INTERCESSIONS

Please pray for:

**Jack Chance**  
(Relative of Mike Young)

**Walt Ohrbom**  
(Brother of Irene Ohrbom)

+++++  
To request prayers, go to [www.hfcmn.org/prayer-requests](http://www.hfcmn.org/prayer-requests), or call the parish office 952.929.0113. Submitted prayer intentions will be shared via "Prayer Partners" Flocknote messages and the bulletin for one week per request.

## VOCATIONS

### BISHOP WILLIAMS DISCERNMENT RETREAT—OCTOBER 28

October 28, 9am-7pm at Saint Paul Seminary Damascus House. Bishop Williams and Fr. David Blume, Vocation Director, will lead a discernment retreat for men who have a college degree discerning the priesthood. The day will include talks on discernment, Mass, prayer, seminary campus tour, testimonies, meals and social time. More information and registration is at [1000vocations.org](http://1000vocations.org).

### ARCHBISHOP'S DISCERNMENT RETREAT—NOVEMBER 3 TO 5

Join Archbishop Hebda, Fr. Blume and archdiocesan seminarians for a weekend of prayer and discernment. For Catholic men ages 17-24 (who do not have a college degree). RSVP required. More details at [www.1000vocations.org](http://www.1000vocations.org).

### VIANNEY VISIT—NOVEMBER 16 TO 18

For High school juniors and seniors, come and hear testimonies from seminarians, attend spiritual conferences with SJV priests, pray with the seminary community and attend a class at the University of St. Thomas. Visit [www.1000vocations.org](http://www.1000vocations.org) for more information.

## ST. VINCENT DE PAUL

### SVDP HOLY FAMILY BINGO—OCTOBER 21

Please join St. Vincent de Paul Holy Family for our first bingo game on Saturday, October 21st, 1-3PM in Kattar Hall. Cash and fun prizes, plus food and beverage available!

### THANKSGIVING PIES

Let us make your Thanksgiving Pumpkin Pies! Pies will be distributed during weekend Masses of November 18-19th via drive-up at the school. Information on both events and online ordering at [www.svdphf.org](http://www.svdphf.org)

## DISCIPLESHIP CORNER

### SHARING AND CARING HANDS

Come and help prepare and serve a pancake breakfast at Sharing and Caring Hands in Minneapolis. We serve on the fourth Sunday of every month. Location: 525 N 7th St. Minneapolis, MN 55405. Visit [hfcmn.org](http://hfcmn.org) for full details, time slots, and to sign up for this upcoming meal or for a future date.

### SUNDAY HOSPITALITY

Each Sunday our parish family gathers together to share over 350 donuts and conversation together! Please reach out to me if you are interested in being in a simple but dedicated role for this ministry where so many parishioners have an affordable and easy way to gather together and connect. Want to be a hospitality sustainer to help defray the cost of these important gatherings? Please reach out to learn more. Liz Toenjes [liz.toenjes@hfcmn.org](mailto:liz.toenjes@hfcmn.org).

## AROUND THE ARCHDIOCESES

### RELICS OF ST. THERESE OF LISIEUX AND HER PARENTS STS. LOUIS AND ZELIE MARTIN VISITING THE ARCHDIOCESES

October 4 through October 15, 2023

*The relics of three remarkable Saints are coming to the Archdiocese of Saint Paul and Minneapolis.*

Below are the locations and dates open to the public. Please visit <https://www.archspm.org/st-therese-relics/> for veneration times.

#### October 4-5: Stillwater

St. Mary's

[www.stmichaelandstmarystillwater.org](http://www.stmichaelandstmarystillwater.org)

#### October 6-7: St. Paul

Cathedral of St. Paul

[www.cathedralsaintpaul.org](http://www.cathedralsaintpaul.org)

#### October 7-10: Minneapolis

Basilica of St. Mary

[www.mary.org](http://www.mary.org)

#### October 12-15: Deephaven

St. Therese

[www.st-therese.org](http://www.st-therese.org)



## MASS INTENTIONS

Sat.	Sep.	30 <sup>th</sup>	Andrew Zwack †	5:00pm
Sun.	Oct.	1 <sup>st</sup>	Andrea Poeschl	7:30am
Sun.	Oct.	1 <sup>st</sup>	For the Parish	9:00am
Sun.	Oct.	1 <sup>st</sup>	Karen Coyne & family	11:00am
Mon.	Oct.	2 <sup>nd</sup>	Andrew Zwack †	8:00am
Tues.	Oct.	3 <sup>rd</sup>	Sue Murphy	8:00am
Wed.	Oct.	4 <sup>th</sup>	Mary Rode †	8:00am
Thurs.	Oct.	5 <sup>th</sup>	Deceased Members of the Sue Murphy family †	8:00am
Fri.	Oct.	6 <sup>th</sup>	Altar and Rosary Society	8:00am
Sat.	Oct.	7 <sup>th</sup>	Reparation of the Sins of the Clergy	8:00am
Sat.	Oct.	7 <sup>th</sup>	Jack Kruse †	5:00pm
Sun.	Oct.	8 <sup>th</sup>	Rod DeBrobander †	7:30am
Sun.	Oct.	8 <sup>th</sup>	Jeff and Erin Mitchell Family	9:00am
Sun.	Oct.	8 <sup>th</sup>	For the Parish	11:00am

## HANDMAID COLLECTION

### HANDMAID COLLECTION

The next collection for the Handmaids will be Tuesday October 3rd from 2:45-3:15 AND Wednesday October 4th from 7:25-7:45am. Do you have the items that they are in need of? If not, it's basic groceries, meats, produce, milk, cheese, eggs, pantry staples, as well as TP and household goods and gas cards. Drop off is in the church parking lot. Contact Jenny Bullard at [jennybullard@gmail.com](mailto:jennybullard@gmail.com).

## WEDDING BANNS

Please prayer for the following couple awaiting the sacrament of Holy Matrimony:

**Patrick Daly and Ava Pospesel**  
Bann I

## TRAVELING CHALICE

### TRAVELING CHALICE PROGRAM

Please consider signing up to take our Traveling Vocations Chalice home for a week to pray for religious vocations. Go to our website to sign up and for more details [www.hfcmm.org/vocations-chalice](http://www.hfcmm.org/vocations-chalice) or contact Mary Hagen at 952.913.0216. The following are scheduled for the chalice:

**October 1:** Toenjes Family

**October 8:** Toenjes Family