



HOLY FAMILY

CATHOLIC CHURCH

5900 West Lake Street
Saint Louis Park, MN 55416
www.hfcmn.org | 952.929.0113
staff@hfcmn.org

Fr. Mark Moriarty, *Pastor*
Fr. Brent Bowman, *Parochial Vicar*

MASS TIMES:

Saturday Vigil Mass 5pm
Sunday 7:30, 9 & 11am
Weekday and Saturday 8am
Rosary 7:30am

EXPOSITION AND BENEDICTION:

Saturday 3:30-4:45pm
Friday Divine Mercy Chaplet
after 8am Mass

CONFESSIONS:

Saturday 3:30-4:45pm
Sunday 8:30-9:40am*
Monday through Friday 7:30-7:50am
*If only one priest is available,
confessions will end 10 minutes before
Mass begins.*

PARISH OFFICE HOURS:

M, W, TH 8:30am-4:30pm
Tuesday 1pm-4:30pm
Friday 8:30am-12pm



HOLY FAMILY

— ACADEMY —

5925 West Lake Street
Saint Louis Park, MN 55416
www.hfamn.org | 952.925.9193

TRUTH • GOODNESS • BEAUTY

January 12th, 2025 *The Baptism of the Lord*



FIND TODAY'S LITURGY GUIDE INSIDE!

TODAY AT HOLY FAMILY

SUNDAY HOSPITALITY

Following all Sunday Masses, enjoy donuts, coffee, and fellowship in the lower level of the church.

YOUNG ADULTS' SUNDAY GATHERING

Following 9am Mass, all young adults are invited to a Gospel discussion with refreshments in the Nazareth House behind the church.

POINSETTIA GIVEAWAY & DÉCOR TAKEDOWN

Mass attendees are invited to take a poinsettia home following the 11am liturgy. In addition, helpers will be needed to assist with taking down Christmas decorations on Monday, January 13, after 8am Mass.

SUPPORT HOLY FAMILY PARISH

DONATE TO HOLY FAMILY

If you are a visitor to our parish (or not yet signed up for online giving), you can make donations by visiting our website or scanning the code on the right. You may also place donations in the basket passed by ushers at Mass.



SPECIAL COLLECTION: CARE FUND

Our Care Fund helps meet the emergency needs of our parishioners and those in our community

BAPTISM OF THE LORD

PROCESSIONAL HYMN: *At the Name of Jesus*

Caroline Maria Noel (1817 - 1877)

KING'S WESTON - Ralph Vaughan Williams (1872 - 1958)

1. At the Name of Je - sus, ev - 'ry knee shall bow,
 2. Hum - bled for a sea - son, to re - ceive a name
 3. Bore it up tri - umph - ant with its hu - man light,
 4. Name Him, Chris - tians, name Him, with love strong as death,

Ev - 'ry tongue con - fess - Him King of glo - ry now:
 From the lips of sin - ners un - to whom He came,
 Through all ranks of crea - tures, to the cen - tral height,
 But with awe and won - der and with ba - ted breath:

'Tis the Fa - ther's plea - sure we should call Him Lord,
 Faith - ful - ly He bore it spot - less to the last,
 To the throne of God - head, to the Fa - ther's breast;
 He is God the Sa - vior, He is Christ the Lord,

Who from the be - gin - ning was the might - y Word.
 Brought it back vic - to - rious when from death He passed.
 Filled it with the glo - ry of that per - fect rest.
 Ev - er to be wor - shipped, trus - ted, and a - dored.

INTROIT (chanted at the 9:00) Gregorian Chant, Mode VIII

You have loved justice and hated iniquity; therefore God, your God, has anointed you with the oil of gladness above your companions. *Ps.* My heart overflows with a goodly theme; I address my works to the King. - *Psalm 44:8, 2*

ti - as ágimus ti - bi propter magnam gló - ri - am tu - am.
 Dómi - ne De - us, Rex caeléstis, De - us Pa - ter omní - pot - ens.
 Dómi - ne Fi - li u - ni - gé - ni - te Ie - su Chri - ste. Dómi - ne
 De - us, Agnus De - i, Fí - li - us Pa - tris. Qui tol - lis peccá -
 ta mun - di, mi - se - ré - re no - bis. Qui tol - lis peccá - ta mun -
 di, sú - sci - pe depre - ca - ti - ó - nem no - stram. Qui se - des ad
 dexte - ram Pa - tris, mi - se - ré - re no - bis. Quó - ni - am tu so - lus
 sanctus. Tu so - lus Dó - mi - nus. Tu so - lus Al - tí - ssimus,
 Ie - su Chri - ste. Cum Sancto Spí - ri - tu, in gló - ri - a De - i
 Pa - tris. A - men.

KYRIE

Missa de Angelis - VIII

(If the Confiteor is recited)

K Y - ri - e • e - lé - i - son. bis Chri -
 ste e - lé - i - son. bis Ký - ri - e
 e - lé - i - son. Ký - ri - e • •
 e - lé - i - son.

GLORIA

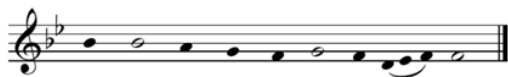
Missa de Angelis - VIII

G Ló - ri - a in excélsis De - o. Et in terra pax ho -
 mí - ni - bus bonae vo - luntá - tis. Laudá - mus te. Be - ne - dí -
 cimus te. Ado - rá - mus te. Glo - ri - fi - cá - mus te. Grá -

RESPONSORIAL PSALM

Psalm 104:1-4, 25-30

Sam Schmitt



The Lord will bless His peo-ple with peace.

GOSPEL ACCLAMATION

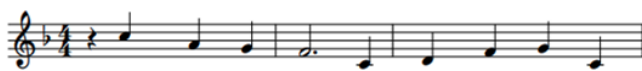
Mode VI



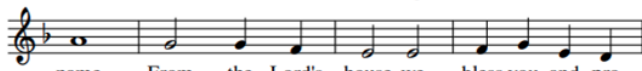
Al-le-lu-ia, Al - le-lu-ia, Al-le - lu - ia.

PROFESSION OF FAITH Red Lumen Christi Missal p. 123

OFFERTORY HYMN (5:00)



1. & 5. Bless - ed is he who comes in the Lord's
2. Un - to the Lord your thank - ful - ness out -
3. The Lord's right hand has tri - umphed val - iant -
4. The stone that was re - jec - ted has be -



name. From the Lord's house we bless you and pro -
pour, For he is good, his mer - cy ev - er
ly, The might - y hand of God ex - al - ted
come The cor - ner - stone, by God has this been



claim: God is our light, from age to age the same, Al -
sure, Let Is - rael say "His love will e'er en - dure," Al
me; I shall not die but live to tell his deeds, Al
done, A mar - vel in our eyes, this vic'try won, Al



- le - lu - ia, Al - le - lu - ia.

OFFERTORY CHANT (9:00) Gregorian Chant, Mode VIII

Blessed is He who comes in the name of the Lord. We
bless You from the house of the Lord; the Lord God is
our light, alleluia, alleluia.

- Psalm 117:26-27

OFFERTORY ANTHEM (9:00, 11:00)

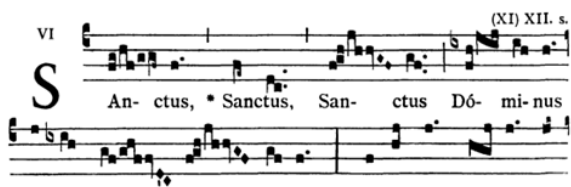
O Admirable Commertium William Byrd (1543 - 1623)

O wondrous exchange: the Creator of humankind, taking upon
Him a living body, vouchsafed to be born of a Virgin and,
without seed, becoming a man, hath made us partakers of His
Divinity.

- First Antiphon at Vespers of the Octave of Christmas

SANCTUS

Missa de Angelis - VIII



De- us Sá- ba- oth. Ple-ni sunt cae- li et



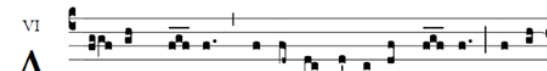
ter- ra gló- ri- a tu- a. Ho-sánna in excél- sis.

Bene-dí- ctus qui ve- nit in nómi-ne Dó- mi-ni. Ho-

sán- na in excél- sis.

AGNUS DEI

Missa de Angelis - VIII



A - gnus De- i, * qui tol-lis peccá-ta mun-di: mi-se-

ré-re no- bis. Agnus De- i, * qui tol- lis peccá-ta

mun-di: mi-se-ré-re no- bis. Agnus De- i, * qui tol-lis

peccá-ta mun-di: dona no- bis pa- cem.

HOLY COMMUNION

Actively practicing Catholics who are properly disposed to receive
Holy Communion (those in the State of Grace and having observed
the Eucharistic fast) are invited to come forward to receive this
Sacrament. All others, including those of other faiths, are invited to
approach through either the priest or deacon's line with arms crossed
over the chest to receive a blessing.

COMMUNION CHANT

Gregorian Chant, Mode II

As for all of you who have been baptized in Christ,
you have put on Christ, alleluia.

- Galatians 3:27

COMMUNION ANTHEMS (9:00, 11:00)

Tribus Miraculis

Giovanni P. Palestrina (1525 - 1594)

We observe this holy day, ornamented with three miracles:
Today a star led the Magi to the manger; Today wine was made
from water at the wedding; Today in the Jordan Christ desired
to be baptized by John, so that He might save us, alleluia.

- Magnificat Antiphon, Second Vespers of Epiphany

RECESSIONAL HYMN

#757 St. Michael Hymnal

Songs of Thankfulness and Praise

For the next member of our parish whom the Lord will call from this life:

Hail Mary...

Saint Michael the Archangel, defend us in battle. Be our
protection against the wickedness and snares of the devil.
May God rebuke him, we humbly pray. And do thou, O Prince
of the heavenly host, by the power of God, thrust into hell
Satan and all the evil spirits who prowl about the world,
seeking the ruin of souls. Amen.

PARISH OFFICE

BAPTISM

Most baptisms are scheduled following the 11 am Mass on Sunday or the 8 am Mass on Saturday after parent preparation. Please contact staff@hfcmn.org to learn more.

MATRIMONY

Interested in having your wedding at Holy Family parish? Weddings of parishioners should be scheduled at least six months in advance for proper spiritual preparation. Contact staff@hfcmn.org for more information.

FUNDAMENTALS OF CATHOLICISM: OCIA

Interested in entering the Catholic Church or learning more about the faith? Email frm@hfcmn.org.

ANointing OF THE SICK

Contact the parish office as soon as possible if you or a loved one is in need of Anointing of the Sick or Last Rites.

OTHER SACRAMENTS

For information on reconciliation and first Holy Communion for children, please contact Linda Wandrei: Linda.Wandrei@hfcmn.org. For information about Confirmation, email Jonathan@hfcmn.org.

STAY CONNECTED

Stay up-to-date on communications from Holy Family Church and Academy by following us on social media, signing up for Flocknote, and keeping an eye on our websites. Scan the QR codes below to learn more. Have questions? Email maria.brounstein@hfcmn.org.



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CATHOLIC CHURCH



HOLY FAMILY
ACADEMY

COVER ART: "THE BAPTISM OF CHRIST"
BY GUIDO RENI VIA WIKIMEDIA COMMONS

MEET HOLY FAMILY'S TEACHING SEMINARIAN



My name is Joshua Gerads and since I have been assigned to Holy Family as my teaching parish, I would like to share with you a bit about my life before arriving at Holy Family.

I was born in Crookston, MN and lived there until my family moved to Brooklyn Park when I was about two years old. My family has lived in Brooklyn Park since then. I grew up going to St. Raphael in Crystal, attending the parochial school and taking part in altar serving at the parish and the youth ministry program, including attending Extreme Faith Camp. Initially, I planned to attend high school locally, but my eighth-grade year, through God's providence, I learned about a high school seminary in Mt. Calvary, WI called St. Lawrence Seminary. The school, run by the Capuchins, was one hundred percent boarding and all-boys.

I moved out to the school when I was fourteen and, besides coming home for breaks, spent the better part of the next four years in Wisconsin. I graduated from high school in 2015 and decided against continuing in seminary formation. Instead, I enlisted in the Army Reserves and began my undergraduate studies at a small Catholic university called Marian University (Fond du Lac, WI), near to the high school seminary. While completing my undergraduate degree, I spent two years working as a residence supervisor and as an assistant coach for several of the varsity athletic teams at the high school seminary. I served as a medic in the Army Reserves and took one year off school to deploy with my unit for a nine-month mobilization to Kuwait. I finished my undergraduate degree in the summer of 2020, earning a Bachelor of Science in Homeland Security and Criminal Justice with a minor in History. After living in Wisconsin for about nine years, I decided to return to Minnesota and began pursuing a career in law enforcement. However, it soon became clear to me that God was calling me to the seminary. Through prayer and the help and support of family, friends, and some good priests (including Fr. Andrew Zipp, then parochial vicar at St. Vincent de Paul in Brooklyn Park), I applied for seminary. I was accepted and entered the St. Paul Seminary the fall of 2021 for my first year, which had a heavy focus on human formation and included a technology fast. I then completed two years of philosophy studies and am now in the second semester of my first year of theological studies. I am the eldest of five, with two younger sisters, a younger brother, and one deceased younger sibling. My parents, Mike and Sarah, both work in Catholic education; my dad is a mathematics teacher at Providence Academy and my mom is an administrative assistant at Benilde-St. Margaret's. My dad is also in his third year of studying to be a permanent deacon for the archdiocese.

Thank you for welcoming me to your beautiful parish. I am looking forward to meeting as many of you as possible and learning all I can from my experience. Please continue to pray for me and I will do the same for all of you.

-Joshua Gerads



HERE AT HOLY FAMILY

FUNDAMENTALS OF CATHOLICISM CLASS | JAN. 16

Learn about the Communion of Saints and the Blessed Mother at this week's Fundamentals of Catholicism Class in the Sts. Peter & Paul Rooms at 7pm. Fundamentals of Catholicism is for all adults who would like to learn more about the teachings of Christ and his Church, especially those who are called to join the Catholic Church. To learn more, scan the QR code or email frm@hfcmmn.org.



TALK ON ESTATE PLANNING & END-OF-LIFE ISSUES | JAN. 18, 9-11AM

The Tower Society, which is Holy Family's parish-based group of lawyers, will be hosting an informative talk on the topic of "What Every Catholic Should Know About Basic Estate Planning and End-of-Life Issues." The talk will be presented by parishioner TJ Scott on Saturday, January 18, at 9am in the Sts. Peter & Paul Room. All interested parishioners are welcome to attend.

MAGNIFY 90 | JAN. 20-EASTER

Magnify90 is a 90-day program focused on animating women to further "Magnify the Lord". The commitment includes embracing some sacrifices (digital bulletin readers can find the list [here](#)), building virtue, and reflecting on Scripture and holy writings. Similar to Exodus90 for men, women will be put into small groups that meet weekly to discuss, reflect, and encourage. More information can be found at www.mag90.com. If you are interested in participating and being placed in a small group, please email Anne Dobie at anne.dobie@hfamn.org by January 15th.

DAY OF PRAYER FOR THE PROTECTION OF THE UNBORN | JAN. 22

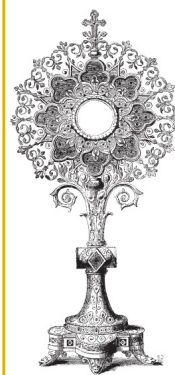
After 8am Mass on Wednesday, January 22nd, Adoration will be held in the church until 3pm. Stop by and pray for the legal protection of the unborn and for all those affected by abortion. The Chaplet of Divine Mercy and Benediction will occur at 2:15pm.

WOMEN'S MORNING OF REFLECTION | JAN. 25, 8:30AM-NOON

Women are invited to grow in friendship with God and each other at January's morning of reflection, hosted by the Handmaids and sponsored by the Altar & Rosary Society. The theme for the morning of reflection is "The Kingdom of Heaven." Please RSVP to attend before January 23 by scanning QR code or visiting https://www.signupgenius.com/go/20F0448AFAA2DA31-54138638-womens#.



EUCCHARISTIC ADORATION



Come and adore Christ in Holy Family's perpetual adoration chapel! Entrance to the chapel is on the west side of the sanctuary end of the Church.

WE NEED ADORERS!

Go online to

[www.hfcmmn.org/](http://www.hfcmmn.org/eucharistic-adoration)

[eucharistic-adoration](http://www.hfcmmn.org/eucharistic-adoration) to sign up to be a substitute or to take one of the hours listed below.

Contact Mike Zwack with questions: 612.710.5007

Tues.: 3-4pm

Wed.: Midnight-1am, 2-3pm

Fri.: 1-2am, 3-4am

Sat.: 10-11am

JOIN HOLY FAMILY

With the new year upon us, we invite you to register as a Holy Family parishioner if you have never done so. We extend a special invitation to those who attend Mass at our parish regularly, contribute in the offerings collections, and are a part of our parish community but are not formally registered. Perhaps you are a young adult no longer in your parents' household, planning to be married at Holy Family, or intending to have a child baptized at Holy Family. If this is the case, you are also invited to register as a parishioner by visiting hfcmmn.org/join-holyfamily or contacting the parish office at staff@hfcmmn.org or 952-929-0113.



DECEMBER SACRAMENTS

BAPTISMS

Maverick, son of
John and Rory Cherry

Elias, son of Jared and Emily Olson

Augustine, son of
Tom and Maddie Hellkamp

Benedict, son of
Tom and Maddie Hellkamp

WEDDING

John Ondrey and Maria McDonald

JOB OPPORTUNITIES

Holy Family Academy is hiring a Lunch Room Assistant, Substitute Classroom Teacher, and an After School Teacher. To learn more about these positions and to apply, scan the QR code or visit <https://www.hfamn.org/employment>.



HEARING HELP

Need some extra help to participate in the Mass? Please see an usher to access our guest WiFi and then scan this QR code or visit the hyperlink below for instructions on downloading and using the Listen Everywhere app.



<https://hfcmn.org/listen-everywhere>



YOUTH EVENTS

HIGH SCHOOL YOUTH GROUP | WEDNESDAYS, 6:30-8:30PM, NAZARETH HOUSE

This week, join us for a faith night where we will have a Q&A with Fr. Brent! Confirmation students are required to attend. The evening officially starts at 6:30pm with pizza for dinner, but come as early as 3:45 to hang out, play games, eat snacks, or even do homework.

WINTER FAITH CAMP | FEB. 14-17, 2025

Join with youth from other parishes around the archdiocese for Winter Faith Camp: a faith and fun-filled retreat for High School Students (grades 9-12) to grow in relationship with our Lord via Mass, Confession, Adoration, break-out sessions, and more! Contact Jonathan Schwartzbauer for more details at Jonathan@hfcmn.org. Registration is now open until January 15: <https://hfcmn.org/winter-faith-camp>.



STEWARDSHIP CORNER

The New Year is a time to embrace growth and evaluate where the Lord's call is leading us. Please consider getting involved in a new ministry at Holy Family! See the needs listed below or visit the church website to learn more about these and other groups and service opportunities.

Aquinas Library: Help Holy Family continue to provide free access to a wonderful collection of resources by volunteering for a Sunday shift at the Aquinas Library. Learn more by visiting hfcmn.org/library.

Saturday Night Mass Ushers: Our ushers are essential for taking the collection, welcoming Mass-goers, and helping trouble-shoot any difficulties during Mass. Email carrie.havlicek@hfcmn.org to learn more about this ministry.

Hospitality: Everyone loves a delicious donut and a conversation with friends after Sunday Mass. To continue providing hospitality, we need volunteers. To learn more, visit hfcmn.org/hospitality.

Adoration: Our Perpetual Adoration Chapel is a tremendous gift. Keep the Lord company by committing to a weekly hour. Learn more by visiting hfcmn.org/eucharistic-adoration.

Extraordinary Ministers of Holy Communion: Individuals are needed to bring Jesus' Eucharistic presence to the homebound, in addition to serving at 5pm, 7:30am, and 11am weekend Masses. For more information, contact pat.gawarecki@hfcmn.org.

GOLD & SILVER COLLECTION

You are invited to bring old gold and silver pieces that you are no longer in need of to the parish office during regular hours. Once collected, these precious metal items will be melted down and used to refurbish some of Holy Family's sacred vessels. Our immediate goal is to re-plate the parish chalice. You can donate jewelry, coins, and even old fillings. All donated items must be solid—gold, silver, or sterling silver.

AROUND THE ARCHDIOCESE

JP2 CLUB WINTER EVENTS

The JP2 Club seeks to build up the Kingdom of God through outdoor activities for the whole family. Scan the QR code or visit <https://jp2club.com/pages/calendar> to learn about the Club's upcoming winter activities, including skiing excursions and pickleball practices.



LIVING GOD'S LOVE MARRIAGE RETREATS | JAN. 17-18+

Engaged couples are invited to attend one of these archdiocesan marriage preparation retreats. Ten weekend retreats are available in 2025, with the first on the weekend of Jan. 17-18 at Our Lady of Grace in Edina. To learn more, visit secure.acceptiva.com/?cst=62c5db.

AVE VERUM CORPUS | JAN. 17, 7-8:30PM

You are invited to experience Christ's peaceful presence at Ave Verum Corpus (Hail True Body), a night of Eucharistic adoration and classical sacred music at St. Nicholas in Elko New Market. The event will include chant, the sacrament of penance, vespers, benediction, and reception following the event.

MIRIAM DINNER | JAN. 21, 6-8PM

Discerning women aged 16-35 are invited to the Archdiocesan Catholic Center for an evening of prayer and conversation with Archbishop Bernard Hebda. More information can be found at www.10000vocations.org/miriam-dinner.html

RETREAT FOR NEWLY MARRIED COUPLES | FEB. 1, 8AM

All couples who have been married for under seven years are invited to attend the Newly Married Retreat at St. John Neumann in Egan, featuring authors Peter and Theresa Martin. The morning will include Mass, confession, breakfast, lunch, a renewal of vows, and talks. For more information, visit archspm.org/nmr.

CATHOLIC MEDICAL MAMA MORNING OF REFLECTION | FEB. 1

Mothers of medically complex children are invited to this morning retreat for community, connection, and prayer. Please RSVP before Jan. 15 by emailing catholic.medical.mama@gmail.com.

MASS INTENTIONS

Sat. Jan. 11, 8:00am.....John Zenk †
 Sat. Jan. 11, 5:00pm.....For a Parishioner's Special Intention
 Sun. Jan. 12, 7:30am.....The Parish
 Sun. Jan. 12, 9:00am.....Lilly Cooley
 Sun. Jan. 12, 11:00am.....John & Teresa Rosenthal
 Mon. Jan. 13, 8:00am.....Dinh Vu †
 Tues. Jan. 14, 8:00am.....Harvey Becker †
 Wed. Jan. 15, 8:00am.....Felino & Rosenda Oconor †
 Thurs. Jan. 16, 8:00am.....Omar Salazar †
 Fri. Jan. 17, 8:00am.....Diane Hugel †
 Sat. Jan. 18, 8:00am.....Cecilia Otting †
 Sat. Jan. 18., 5pm...The Deceased in the Matthieu & Yamasaki Families
 Sun. Jan. 19, 7:30am.....Ronan Blackhawk
 Sun. Jan. 19, 9:00am.....Velma Zakrzewski †
 Sun. Jan. 19, 11:00am.....The Parish

SUNDAY STEWARDSHIP

DEC. 28-29 CONTRIBUTIONS

Member Envelopes: \$51,549.00

Online Giving: \$43,069.05

Plate: \$1,058.37

Total: \$95,676.42

Special Collection—Care Fund:
\$17,510.05

Christmas Contributions: \$13,825.20

JAN. 4-5 CONTRIBUTIONS

Member Envelopes: \$7,567.00

Online Giving: \$27,964.30

Plate: \$1,151.00

Total: \$36,682.30

Special Collection—Care Fund:
\$255.05

Solemnity of Mary Contributions:
\$6,279.11

STEWARDSHIP NOTE:

Even when the special collection goes to another organization, please fill out all checks to "Holy Family Catholic Church" with the name of the special collection on the memo line; the church then is able to write one check to the organization.

NEXT WEEK'S SPECIAL COLLECTION:
Care Fund



PRAYER REQUESTS

Mitchel Nolan, friend of
Irene Ohrbom

Carren Meitz, mother of Kathy Fink

To request prayers, go to

www.hfcmn.org/prayer-requests.