



HOLY FAMILY

CATHOLIC CHURCH

5900 West Lake Street
Saint Louis Park, MN 55416
www.hfcmn.org | 952.929.0113
staff@hfcmmn.org

Fr. Mark Moriarty, *Pastor*
Fr. Brent Bowman, *Parochial Vicar*

MASS TIMES:

Saturday Vigil Mass 5pm
Sunday 7:30, 9 & 11am
Weekday and Saturday 8am
Rosary 7:30am

EXPOSITION AND BENEDICTION:

Saturday 3:30-4:45pm
Friday Divine Mercy Chaplet
after 8am Mass

CONFESSIONS:

Saturday 3:30-4:45pm
Sunday 8:30-9:40am*
Monday through Friday 7:30-7:50am
*If only one priest is available,
confessions will end 10 minutes before
Mass begins.*

PARISH OFFICE HOURS:

M, W, TH 8:30am-4:30pm
Tuesday 1pm-4:30pm
Friday 8:30am-12pm



HOLY FAMILY — ACADEMY —

5925 West Lake Street
Saint Louis Park, MN 55416
www.hfamn.org | 952.925.9193

TRUTH • GOODNESS • BEAUTY

February 2nd, 2025 *Feast of the Presentation of the Lord*



TODAY AT HOLY FAMILY

CANDLEMAS

Following all weekend Masses, blessed candles will be available on a table in the cross aisle. Free will offerings will be gratefully accepted and may be contributed online or in the provided box.

PANCAKE BREAKFAST

Following all Sunday Masses, the Knights of Columbus are hosting a pancake breakfast in Fr. Moorman Hall! Free will offerings are welcomed; proceeds will be used to support Pro-Life causes.

SPRING GALA TABLE

Visit the informational table in the Narthex after Mass to learn about Holy Family's annual Spring Gala on March 1.

CATHOLIC UNITED FINANCIAL RAFFLE

Holy Family students and families are selling \$10 raffle tickets to help keep tuition costs affordable at Holy Family Academy. Students will be selling tickets after all weekend Masses from now until Feb. 23.

AQUINAS LIBRARY OPEN

Following 9am and 11am Mass, the Aquinas Library, located in Holy Family Academy, will be open to all. Come borrow a book!

SUPPORT HOLY FAMILY PARISH

DONATE TO HOLY FAMILY

If you are a visitor to our parish (or not yet signed up for online giving), you can make donations by visiting our website or scanning the code on the right. You may also place donations in the basket passed by ushers at Mass.



SPECIAL COLLECTION: CARE FUND

Our Care Fund helps meet the emergency needs of our parishioners and those in our community

THE PRESENTATION OF THE LORD (CANDLEMAS)

(At the 5:00 and 9:00)

THE BLESSING OF CANDLES AND PROCESSION

Ecce Dominus Noster

Gregorian Chant, Mode III

Behold, our Lord will come with power to enlighten the eyes of His servants, alleluia.

(After the blessing of the candles)

P: Let us go forth in peace. **A:** In the name of Christ. Amen.

Antiphon I - *Lumen ad Revelationem Gentium*

(5:00) Gregorian Chant, Mode VIII; (9:00) Jacob Flaherty

R. A light for revelation to the Gentiles and the glory of Your people Israel.

1. Lord, now You let Your servant go in peace, in accordance with Your word. **R.**

2. For my eyes have seen Your salvation. **R.**

3. Which You have prepared in the sight of all people. **R.**

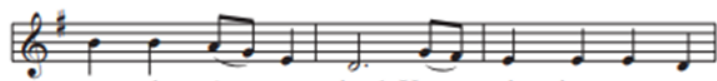
4. Glory be to the Father... **R.**

5. As it was in the beginning... **R.** - Luke 2:32, 29-31

PROCESSIONAL HYMN (11:00)



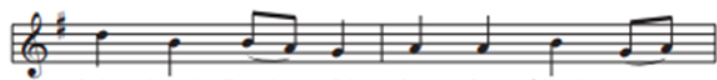
1. Your lov - ing mer - cy, Lord, with - in your
2. All praise be to the Fa - ther in the



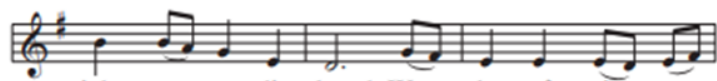
tem - ple we've re - ceived. Your praise, just as your
ci - ty of our God, Who on his ho - ly



name, the earth's re - mot - est bounds ex - ceeds. Your
moun - tain there we of - fer end - less laud; And



right hand, Lord, with jus - tice filled, your
to his Son, Lord Je - sus Christ, ac -



right - eous - ness dis - played; Wor - thy of praise, great
claim di - vin - i - ty; Both with the Spir - it



is the Lord, in ho - li - ness ar - rayed.
ev - er one, Most Bless - ed Trin - i - ty.

Verse 1: Psalm 48:10,11,2; *Suscipimus Deus*; Introit, Presentation of the Lord; adapted Greg Heislman, © 2017. Verse 2: Doxology. Tune: KINGSFOLD.

KYRIE (5:00, 7:30, 11:00)

Missa de Angelis - VIII

Sung if the Confiteor is recited.

105 St. Michael Hymnal

(9:00)

Missa O Magnum Mysterium

Tomas Luis de Victoria (1548 - 1611)

Antiphon II *Adorna Thalamum Tuum, Sion*

Gregorian Chant, Mode II

Zion, adorn your bridal chamber and welcome Christ the King; take Mary in your arms, who is the gate of Heaven, for she herself is carrying the King of glory and new light. A Virgin she remains, though bringing in her hands the Son before the morning star begotten, whom Simeon, taking in His arms announced to the peoples as Lord of life and death and Savior of the world.

INTROIT

Gregorian Chant, Mode I

Your merciful love, O God, we have received in the midst of Your temple. Your praise, O God, like Your name, reaches the ends of the earth; Your right hand is filled with saving justice. **Ps.** Great is the Lord and worthy of all praise, in the city of our God, on His holy mountain.

- Psalm 47:10-11, 2

GLORIA (5:00, 7:30, 11:00)

The priest intones the first words.

Missa de Angelis - VIII

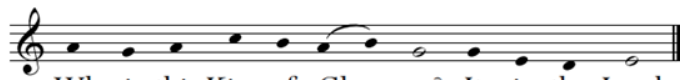
#106 St. Michael Hymnal

(9:00)

Missa O Magnum Mysterium

Tomas Luis de Victoria

RESPONSORIAL PSALM Jeff Ostrowski/Jacob Flaherty



R. Who is this King of Glo - ry? It is the Lord.

GOSPEL ACCLAMATION

Mode VI



Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

PROFESSION OF FAITH Red Lumen Christi Missal p. 123

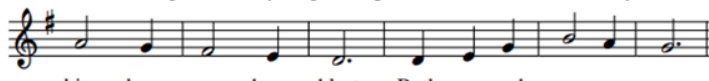
OFFERTORY HYMN (5:00)



1. & 4. The grace of God the Lord Most High
2. My heart o'er - flows with no - ble words
3. In your re - splend - ent maj - es - ty,



Up - on your lips is poured; There - fore by
Of prais - es to the King; My tongue, as
Tri - um - phant - ly pro - gress; And in your



him have you been blest Both now and ev - er - more.
a com - pos - er's pen, Pours out its off - er - ing.
glo - rious dig - ni - ty, May you gain good suc - cess.

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OFFERTORY CHANT (9:00) Gregorian Chant, Mode VIII

Grace has been poured out on Your lips; therefore,
God has blessed You for ever, world without end. - *Psalm 44:3*

OFFERTORY ANTHEM

(9:00) **Lift Up Your Heads** George. F. Handel (1685 - 1759)

Lift up your heads, O ye gates, and be ye lift up, ye everlasting doors, and the King of glory shall come in! Who is this King of glory? The Lord, strong and mighty, the Lord, mighty in battle. Who is this King of glory? The Lord of hosts; He is the King of glory.

- *Psalm 24:7-9*

(11:00) **Diffusa est Gratia**

Giovanni Maria Nanio (1544 - 1607)

See the Offertory chant translation above.

SANCTUS (5:00, 7:30, 11:00)

Missa de Angelis - VIII
#107 **St. Michael Hymnal**

(9:00)

Missa O Magnum Mysterium
Tomas Luis de Victoria

AGNUS DEI (5:00, 7:30, 11:00)

Missa de Angelis - VIII
#108 **St. Michael Hymnal**

(9:00)

Missa O Magnum Mysterium
Tomas Luis de Victoria

RECESSIONAL HYMN

Lift Up Your Heads

George Weissel (1590 - 1635)
TRUIRO *Musica Sacra...Collection of Psalm and Hymn Tunes and Chants*, Bath (c. 1789)

1. Lift up your heads, ye might - y gates;
2. O blest the land, the cit - y blest,
3. Fling wide the por - tals of your heart;
4. So come, my Sov - 'reign; en - ter in!

Be - hold the King - of glo - ry waits!
where Christ the rul - er is con - fessed!
Make it a tem - ple, set a - part
Let new and no - bler life be - gin;

The King of kings is draw - ing near;
O hap - py hearts and hap - py homes
from earth - ly use for Heav'n's em - ploy,
Thy Ho - ly Spir - it guide us on,

The Sav - ior of the world is here.
to whom this King of tri - umph comes!
a - dorned with prayer and love and joy.
un - til the glo - rious crown be won.

PARISH OFFICE

BAPTISM

Most baptisms are scheduled following the 11am Mass on Sunday or the 8 am Mass on Saturday after parent preparation. Please contact staff@hfcmn.org to learn more.

MATRIMONY

Interested in having your wedding at Holy Family parish? Weddings of parishioners should be scheduled at least six months in advance for proper spiritual preparation. Contact staff@hfcmn.org for more information.

FUNDAMENTALS OF CATHOLICISM: OCIA

Interested in entering the Catholic Church or learning more about the faith? Email frm@hfcmn.org.

ANOINTING OF THE SICK

Contact the parish office as soon as possible if you or a loved one is in need of Anointing of the Sick or Last Rites.

OTHER SACRAMENTS

For information on reconciliation and first Holy Communion for children, please contact Linda Wandrei: Linda.Wandrei@hfcmn.org. For information about Confirmation, email Jonathan@hfcmn.org.

STAY CONNECTED

Stay up-to-date on communications from Holy Family Church and Academy by following us on social media, signing up for Flocknote, and keeping an eye on our websites. Scan the QR codes below to learn more. Have questions? Email maria.brounstein@hfcmn.org.



HOLY FAMILY
CATHOLIC CHURCH



HOLY FAMILY
ACADEMY

COVER ART: "PRESENTATION OF JESUS IN THE TEMPLE" BY FRA ANGELICO VIA WIKIMEDIA COMMONS

FEAST OF THE PRESENTATION: CANDLEMAS

We have the rare treat of celebrating the Presentation of the Lord on a Sunday this year, also called Candlemas!

Every first born male was to be dedicated to God in honor of the Hebrew first born sons who were spared at Passover (Exodus 13:2). Mary and Joseph observed this tenet of the Law by presenting Jesus in the Temple forty days after his birth. At the same time, Mary would have gone through the purification rite after having given birth. St. Thomas Aquinas offers a beautiful reflection on the spiritual meaning of this event: "For our sake He was presented to the Lord that we may learn to offer ourselves to God." We must present our plans, hopes, dreams and our very lives to God. He has given us life and the gifts of reason and free will. Let us present to him these gifts so he may bless our actions and lives, and most importantly, direct us and everything we do in accordance with His will and for His glory.

At the Temple, the prophet Simeon sees our Lord and rejoices because he is granted the grace of looking upon the Messiah. It had been promised to him by God that he would not die until he saw the savior of the world. At this august meeting, we hear Simeon's words, the "Nunc Dimittis": "Lord, now you let your servant go in peace; your word has been fulfilled: my own eyes have seen the salvation which you have prepared in the sight of every people: a light to reveal you to the nations and the glory of your people, Israel" (Luke 2:29-32). Having beheld, and likely held, the baby Jesus, Simeon is now ready to depart this world. The Nunc Dimittis is said every night by all priests, deacons, consecrated, religious and many laity. Having spent the day in service of the Lord, each one of us must be ready and willing to depart from this world to be with God for eternity. I recommend families say this prayer at least once a week because it beautifully reminds us of openness to God's will and the fact that our service on earth will someday come to an end.

Simeon's reference to light reminds us that Jesus' presence enlightens our minds and shows us the truth, hence, the connection with a candle-lit procession, the blessing of candles and the English name: Candlemas.



At the 5pm and 9am Masses this weekend, we will have a candlelit procession within the church and a blessing of candles for homes and for the upcoming feast of St. Blaise.

Sincerely Yours in Christ,
Fr. Mark Moriarty

"FOR THE CANDLEMAS" BY TEODOR AXENTOWICZ VIA WIKIMEDIA COMMONS

BLESSING OF THROATS | FEB. 3

Following morning Mass on Monday, Feb. 3, all are invited to come to the Communion rail for the Blessing of Throats in honor of the Feast of St. Blaise.

HERE AT HOLY FAMILY

PESTER THE PASTOR | FEB. 5

Following 8am Mass on Wednesday, Feb. 5, all are invited to Fr. Moorman Hall for donuts, coffee, and a time to pepper Fr. Mark Moriarty with your pressing questions about faith, culture, and more!

FUNDAMENTALS OF CATHOLICISM CLASS | FEB. 6, 7PM

Fundamentals of Catholicism is for all adults who would like to learn more about the teachings of Christ and his Church, especially those who are called to join the Catholic Church. Our next class is scheduled for Jan. 30 from 7-9pm in the Sts. Peter & Paul Room, where we will discuss the Sacrament of Baptism and the theological virtues. To learn more, visit <https://hfcmn.org/become-catholic> or email frm@hfcmn.org.

MEN OF GOD GATHERING | FEB. 7

All men of the parish are invited to an evening of formation and fellowship at the church from 6-8:30pm. The event will include Adoration, Confession, a meal, and a presentation on the theme, "Becoming Awed by the Humanity of Jesus Christ." This gathering is part of a series for 2024-25. Learn more about the Men of God Series and RSVP before Feb. 5 by visiting <https://hfcmn.org/men-of-god>.

ADORO TE ADORATION HOUR | FEB. 8

All are invited to an hour of Adoration with reverent music and moving reflections from the saints. The theme of the evening is, "Rest in the Heart of Jesus." The Adoration hour begins at 7pm in the church and concludes with Benediction. Note that the potluck which usually precedes the Adoration Hour is cancelled this month.

COMMUNITY-BUILDING DAY | FEB. 9

All are invited to a community-building event sponsored by Holy Family Academy on Sunday, Feb. 9, following 9am Mass in Fr. Moorman Hall. Supplies will be provided to make a Valentine's Day Craft. Mingle, get to know the Holy Family community, and go home with a beautiful flower or Bible verse Valentine!

SENIORS' VALENTINE'S DAY BRUNCH | FEB. 13, 9AM

All senior citizens are invited to a Valentine's Day Brunch at 9am on Thursday, Feb. 13th, preceded by Mass & guided meditation time starting at 8am. More helpers are needed to make this event a success! If you are interested in helping, contact Pat Gawarecki at pat.gawarecki@hfcmn.org or 952.999.4890.

PARENT ENRICHMENT NIGHT | FEB. 20

All parents are invited to learn about the beauty of the Catechesis of the Good Shepherd from HFA Catechist Carolyn Kohlhaas at this event, located in Kattar Hall from 6:30-8pm.

WOMEN OF GOD GATHERING | FEB. 21

All women of the parish are invited to an evening of spiritual enrichment and fellowship at the church from 6-8:30pm. The event will include Adoration, Confession, a meal, and a presentation on the theme, "Women Doctors of the Church." This first installment in the series will be presented by Susanna Spencer, who will speak on St. Therese of Lisieux. To learn more about this event and to RSVP before Feb. 20, visit <https://hfcmn.org/altar-rosary>. This event is sponsored by the Altar and Rosary Society. Although the event is free, a free-will offering is encouraged.

EUCCHARISTIC ADORATION



Come and adore Christ in Holy Family's perpetual adoration chapel! Entrance to the chapel is on the west side of the sanctuary end of the Church.

WE NEED ADORERS!

Go online to www.hfcmn.org/eucharistic-adoration

to sign up to be a substitute or to take one of the hours listed below. Contact Mike Zwack with questions: 612.710.5007

Tues.: 3-4pm

Wed.: Midnight-1am, 2-3pm, 8-9pm

Fri.: 1-2am

Sat.: 10-11am

HOLY FAMILY SPRING GALA

Holy Family Church's "Carnival in Venice" is Saturday, March 1st. Tickets are now on sale and opportunities to volunteer will be online soon! The event supports the upkeep of our parish and school facilities. Contact Carrie Havlicek for sponsorship opportunity details and with questions: carrie.havlicek@hfcmn.org.



2025 READERS' CHOICE AWARDS

Holy Family Catholic Church and Holy Family Academy have once again been honored as recipients of several "Readers' Choice Awards" from Sun Sailor, St. Louis Park's local newspaper.

This year, Holy Family Catholic Church was awarded:

- Best Place of Worship
- Best Choir/Music Program
- Best Vacation Bible School

Holy Family Academy was awarded:

- Best Montessori School
- Best Preschool
- Best Private School
- Best Teacher—Jean Bullard
- Best Principal—Kevin McCaffrey

Thanks to all those members of our community who voted for us and for all those who make our parish & school such special places!



SAVE THE DATE: CVBS

It's time to start dreaming about summer sunshine! Save the date for Catholic Vacation Bible School 2025: June 16-20.

YOUTH EVENTS

HIGH SCHOOL YOUTH GROUP | WEDNESDAYS, 6:30-8:30PM, NAZARETH HOUSE

This week, join us for a fellowship night! Confirmation students are not required to attend. The evening officially starts at 6:30pm with pizza for dinner, but come as early as 3:45 to hang out, play games, eat snacks, or even do homework.

"BY DESIGN" RETREATS

"By Design" is an adaptation of the "All in God's Plan" Archdiocesan program that teaches parents and their pre-teen children about the beauty of human sexuality and its healthy expression in age-appropriate relationships.

Parents who have never participated in "By Design" are required to attend a mandatory parent meeting, either on Feb. 6 or Feb. 20, 6-6:45pm. Registration for the March 9th Father/Son retreat and the March 8th Mother/Daughter retreat will open in early February. More information can be found at <https://hfcmn.org/by-design-retreats>.



HELP NEEDED

Aquinas Library: Help Holy Family continue to provide free access to a wonderful collection of resources by volunteering for a Sunday shift at the Aquinas Library. Learn more by visiting <https://hfcmn.org/library>.

Hospitality: Everyone loves a delicious donut and a conversation with friends after Sunday Mass. To continue providing hospitality, we urgently need more volunteers, including families (hospitality shifts include tasks suitable for children!). To learn more, visit hfcmn.org/hospitality.

Women of God: A helper is needed to plan and coordinate the meals for Women of God events this year. For details or to express interest, please reach out to Linda Wandrei at boysnlinda@msn.com.

Extraordinary Ministers of Holy Communion: Individuals are needed to bring Jesus' Eucharistic presence to the homebound, in addition to serving at 5pm, 7:30am, and 11am weekend Masses. For more information, contact pat.gawarecki@hfcmn.org.

MONTHLY COLLECTION FOR THE HANDMAIDS | FEB. 4-5

Every first Tuesday and Wednesday of the month, we will be collecting grocery and household items for the Handmaids of the Heart of Jesus. A helper will be collecting items in the half circle in front of church. Look for the sign and open trunk. **The Feb. 4 collection will be from 2:45-3:15pm, and the Feb. 5 collection will be 7:15-7:45am.**

The Handmaids are especially in need of fresh produce, dairy items, eggs, meat, cereal, household goods and gas cards. Please contact Jenny Bullard with questions: jennybullard@gmail.com.

AROUND THE ARCHDIOCESE

JP2 CLUB WINTER EVENTS

The JP2 Club seeks to build up the Kingdom of God through outdoor activities for the whole family. Scan the QR code or visit <https://jp2club.com/pages/calendar> to learn about the Club's upcoming winter activities, including skiing excursions and pickleball practices.

KNOWN BY GOD UNBORN CHILD LOSS RETREAT | FEB. 8

All mothers grieving the loss of a stillborn or miscarried child are invited to this annual retreat, which is focused on healing in grief through the Catholic perspective. Online registration is \$30. The retreat includes large group talks, small group sharing, prayer time, lunch, and shared resources. Learn more & RSVP at <https://www.archspm.org/known-by-god-unborn-child-loss-retreat-3/>.

VIANNEY VISIT | FEB. 13-15

Young Catholic men, high school sophomores to age 24, are invited to this discernment weekend at the St. John Vianney College Seminary in St. Paul. The weekend includes testimonies from current seminarians, community prayer, a tour of the University of St. Thomas, and time to meet with SJV priests. More information can be found at <https://missionsupport.archspm.org/events/vianney-visit-3/>.

ST. JOSEPH BUSINESS GUILD | FEB. 25

All are invited to join the Saint Joseph Business Guild for dinner, prayer, networking, and a presentation from parishioner Dale Ahlquist on the topic of localism. Learn more and RSVP at sjbusinessguild.com.



MASS INTENTIONS

Sat.. Feb. 1, 8:00am.....*Robert & Carol Murphy*
 Sat. Feb. 1, 5:00pm.....*Sharon Elhard †*
 Sun. Feb. 2, 7:30am.....*The Parish*
 Sun. Feb. 2, 9:00am.....*Helen Dehn †*
 Sun. Feb. 2, 11:00am.....*William Collins †*
 Mon. Feb. 3, 8:00am.....*Mary Jean Nilsen †*
 Tues. Feb. 4, 8:00am.....*Marie O'Brien*
 Wed. Feb. 5, 8:00am.....*Carren Meitz, mother of Kathleen Fink*
 Thurs. Feb. 6, 8:00am.....*Evelyn & Elmo Romens †*
 Fri. Feb. 7, 8:00am.....*Tom O'Brien †*
 Sat. Feb. 8, 8:00am.....*Intentions of Katie Norton*
 Sat. Feb. 8, 5:00pm.....*Robbie Herman*
 Sun. Feb. 9, 7:30am.....*Bill Donlon Jr. †*
 Sun. Feb. 9, 9:00am.....*The Parish*
 Sun. Feb. 9, 11:00am.....*The Dobson Family*

SUNDAY STEWARDSHIP

JAN. 25-26 CONTRIBUTIONS

Member Envelopes: \$7,441.25

Online Giving: \$11,023.05

Plate: \$1,026.15

Total: \$19,490.45

Special Collection—Respect Life Committee: \$565.00

STEWARDSHIP NOTE:

Even when the special collection goes to another organization, please fill out all checks to “Holy Family Catholic Church” with the name of the special collection on the memo line; the church then is able to write one check to the organization.

NEXT WEEK'S SPECIAL COLLECTION:
Care Fund

PRAYER REQUESTS

Jenny Bullard

Alicia Custer

Judy & Tony Cetta, friends of
 Frances Williams

Muriel, Kevin, & Kelley Roper,
 friends of Frances Williams

Carren Meitz

Jack Thompson, Godfather and uncle
 of Chris McDonald

To request prayers, go to
www.hfcmn.org/prayer-requests.

JANUARY BAPTISMS

James Paul Schneider, son of
 Paul and Sarah Schneider

Bridgette Louise Bittner, daughter
 of Joshua and Amy Bittner

**ART: “MARTYRDOM OF PAUL MIKI AND
 COMPANIONS IN NAGASAKI” BY
 ANONYMOUS ARTIST VIA
 WIKIMEDIA COMMONS**