

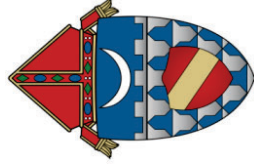
CATHOLIC PRAYERS

“The source from whom every good gift comes is God, who is above all, blessed for ever. He who is all good has made all things good, so that he might fill his creatures with blessings and even after the Fall he has continued his blessings as a sign of his merciful love.”

:: *Book of Blessings*, no. 1

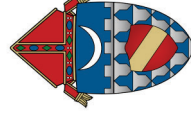
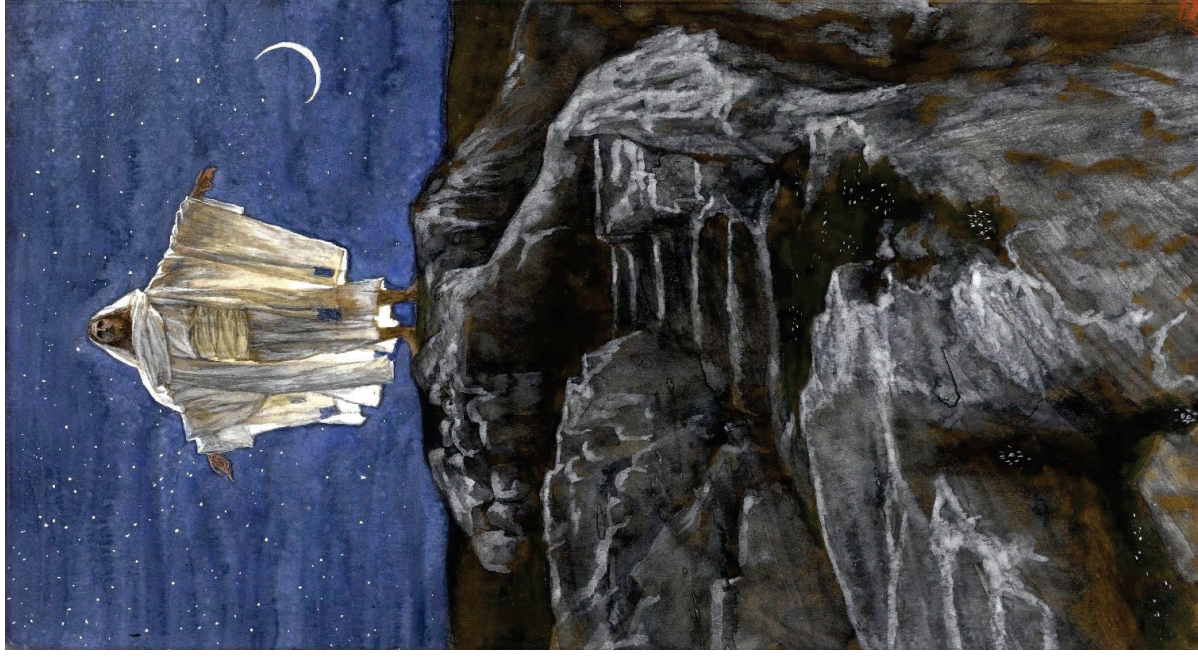
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Cover: *Jésus monte seul sur une montagne pour prier* (Jesus Goes Up Alone onto a Mountain to Pray) by James Tissot (1836-1902); held by the Brooklyn Museum.



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DIOCESE
of
LAFAYETTE-IN-INDIANA

Magnificat (Canticle of Mary)

My soul proclaims the greatness of the Lord;
my spirit rejoices in God my Savior
for he has looked with favor on His lowly servant.

From this day all generations will call me blessed:
the Almighty has done great things for me
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
and has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Nunc Dimittis (Canticle of Simeon)

Lord, now you let your servant go in peace;
your Word has been fulfilled:

my own eyes have seen the salvation
which you prepared in the sight of every people:

a light to reveal you to the nations
and the glory to your people Israel.

Prayer	Suggested Age/Grade	Page(s) ✓
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Regina Caeli (Queen of Heaven)	12/7th Grade	17
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Nunc Dimittis (Canticle of Simeon)	13/8th Grade	19

***Benedictus* (Canticle of Zachary)**

Blessed be the Lord, the God of Israel;
for he has come to his people and set them free.

He has raised up for us a mighty Savior,
born of the House of his servant David.

Through his holy prophets he promised of old
that he would save us from our enemies,
from the hands of all who hate us.

He promised to show mercy to our fathers
and to remember his holy covenant.

This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness
and the shadow of death,
and to guide our feet into the way of peace.

THIS BOOKLET BELONGS TO

Sign of the Cross

In the name of the Father,
and of the Son, and of the Holy Spirit. Amen.

Grace Before Meals

Bless us, O Lord, and these thy gifts,
which we are about to receive from thy bounty,
through Christ our Lord. Amen.

Grace After Meals

We give thee thanks, for all thy benefits,
almighty God, who lives and reigns forever. [And may the
souls of the faithful departed, through the mercy of God,
rest in peace.] Amen.

Our Father (Lord's Prayer)

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation
but deliver us from evil.

Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Glory Be (Doxology)

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end. Amen.

Regina Caeli (Queen of Heaven)

V. *Queen of heaven, rejoice! Alleluia.*
R. For he whom you did merit to bear. Alleluia.
V. *Has risen, as he said. Alleluia.*
R. Pray for us to God. Alleluia.
V. *Rejoice and be glad, O Virgin Mary. Alleluia.*
R. For the Lord is truly risen. Alleluia.

Let us pray.

O God, who gave joy to the world through the resurrection of your Son, our Lord Jesus Christ, grant we beseech you, that through the intercession of the Virgin Mary, his Mother, we may obtain the joys of everlasting life.
Through the same Christ our Lord.
Amen.

Salve Regina (Hail, Holy Queen)

Hail, holy Queen, Mother of mercy,
our life, our sweetness, and our hope.
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley, of tears.
Turn, then, most gracious advocate,
thine eyes of mercy toward us;
and after this our exile show unto us
the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.



Angelus

V. *The Angel of the Lord declared unto Mary,*
R. And she conceived of the Holy Spirit.

Hail Mary, full of grace...

V. *Behold the handmaid of the Lord,*
R. Be it done unto me according to thy word.

Hail Mary, full of grace...

V. *And the Word was made flesh,*
R. And dwelt among us.

Hail Mary, full of grace...

V. *Pray for us, O holy Mother of God,*
R. That we may be made worthy of the promises of Christ.

Let us pray.
Pour forth, we beseech thee, O Lord,
thy grace into our hearts:
that we to whom the Incarnation of Christ, thy Son,
was made known by the message of an Angel,
may by his Passion and Cross
be brought to the glory of his Resurrection.
Through the same Christ, our Lord. Amen

Memorare

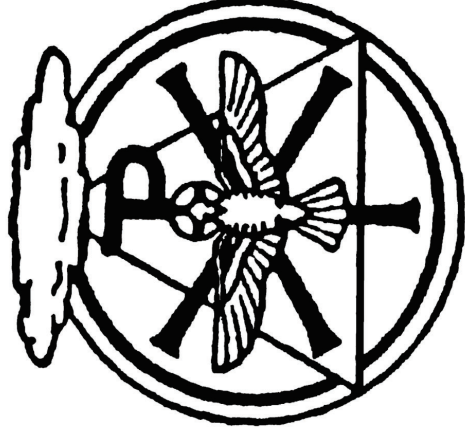
Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to thy protection,
implored thy help, or sought thy intercession was left unaided.
Inspired by this confidence, I fly unto thee,
O Virgin of virgins, my Mother.
To thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in thy mercy hear and answer me. Amen.

Guardian Angel Prayer

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

The Divine Praises

Blessed be God.
Blessed be his holy name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most precious Blood.
Blessed be Jesus in the most holy Sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his angels and in his saints.



Nicene Creed

I believe in one God
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages,
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men, and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of Life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Mysteries of the Rosary

Joyful Mysteries (Monday, Saturday, Sundays in Advent
and Christmas)

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding of the Child Jesus after Three Days
in the Temple

Luminous Mysteries (Thursday)

1. The Baptism at the Jordan
2. The Wedding Feast at Cana
3. The Proclamation of the Kingdom and the
Call to Conversion
4. The Transfiguration
5. The Institution of the Eucharist

Sorrowful Mysteries (Tuesday, Friday, Sundays in Lent)

1. The Agony of Jesus in the Garden
2. The Scourging of Jesus at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Jesus

Glorious Mysteries (Wednesday, Sundays in Easter and
Ordinary Time)

1. The Resurrection of Jesus Christ
2. The Ascension of Jesus to Heaven
3. The Descent of the Holy Spirit at Pentecost
4. The Assumption of the Blessed Virgin Mary into Heaven
5. The Coronation of the Blessed Virgin Mary,
Queen of Heaven and Earth

After saying the five decades, say the *Salve Regina* (Hail, Holy Queen; p. 10), followed by this dialogue and prayer:

V. *Pray for us, O holy Mother of God.*
R. That we may be made worthy of the promises of Christ.

Let us pray.
O God, whose only-begotten Son,
by his life, death and resurrection
has purchased for us the rewards of eternal life,
grant, we beseech thee, that meditating on these
mysteries of the most holy Rosary of the Blessed Virgin
Mary,
that we may imitate what they contain
and obtain what they promise.
Through the same Christ our Lord. Amen.

Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day He rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Permit me not to be separated from you.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to you,
that with your saints I may praise you
forever and ever. Amen.

Prayer to the Holy Spirit

V. *Come, Holy Spirit, fill the hearts of your faithful.*
R. And kindle in them the fire of your love.
V. *Send forth your Spirit, and they shall be created.*
R. And you shall renew the face of the earth.

Let us pray:

O God, by the light of the Holy Spirit you have taught the hearts
of your faithful. In the same Spirit, help us to know what is tru-
ly right and always to rejoice in your consolation. We ask this
through Christ our Lord. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary,
I offer you my prayers, works, joys, and sufferings of this day
for all the intentions of your Sacred Heart,
in union with the Holy Sacrifice of the Mass throughout the
world,
for the salvation of souls, the reparation for sins, the reunion of
all Christians,
and in particular for the intentions of the Holy Father this
month. Amen.

Act of Contrition

Traditional Version

O my God, I am heartily sorry for having offended you,
and I detest all my sins because of your just punishments,
but most of all because they offend you, my God, who are
all good and deserving of all my love. I firmly resolve with
the help of your grace to sin no more and to avoid the near
occasion of sin. Amen.

Alternate Version

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance, to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy.

How to Pray the Rosary

Make the Sign of the Cross (p. 3).

Holding the Crucifix, say the Apostles' Creed (p. 14)

On the first bead, say an Our Father (p. 4)

Say one Hail Mary (p. 4) on each of the next three beads for an
increase in the virtues of faith, hope, and charity.

Say the Glory Be (p. 4).

Go to the main part of the Rosary. For each of the five Decades,
announce the Mystery (p. 15), then say the Our Father.

Next, while holding each of the ten beads of the decade,
say ten Hail Marys while meditating on the Mystery.

Then say a Glory Be.

After each decade, you may choose to recite the following prayer
requested by the Blessed Virgin Mary at Fatima:

O my Jesus, forgive us our sins,
save us from the fires of hell,
lead all souls to heaven,
especially those who have most need of your mercy.

Act of Faith

Oh my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit. I believe that your divine Son became man and died for our sins and that he will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches because you have revealed them, who are eternal truth and wisdom, who can neither deceive nor be deceived. In this faith I intend to live and die. Amen.

Act of Hope

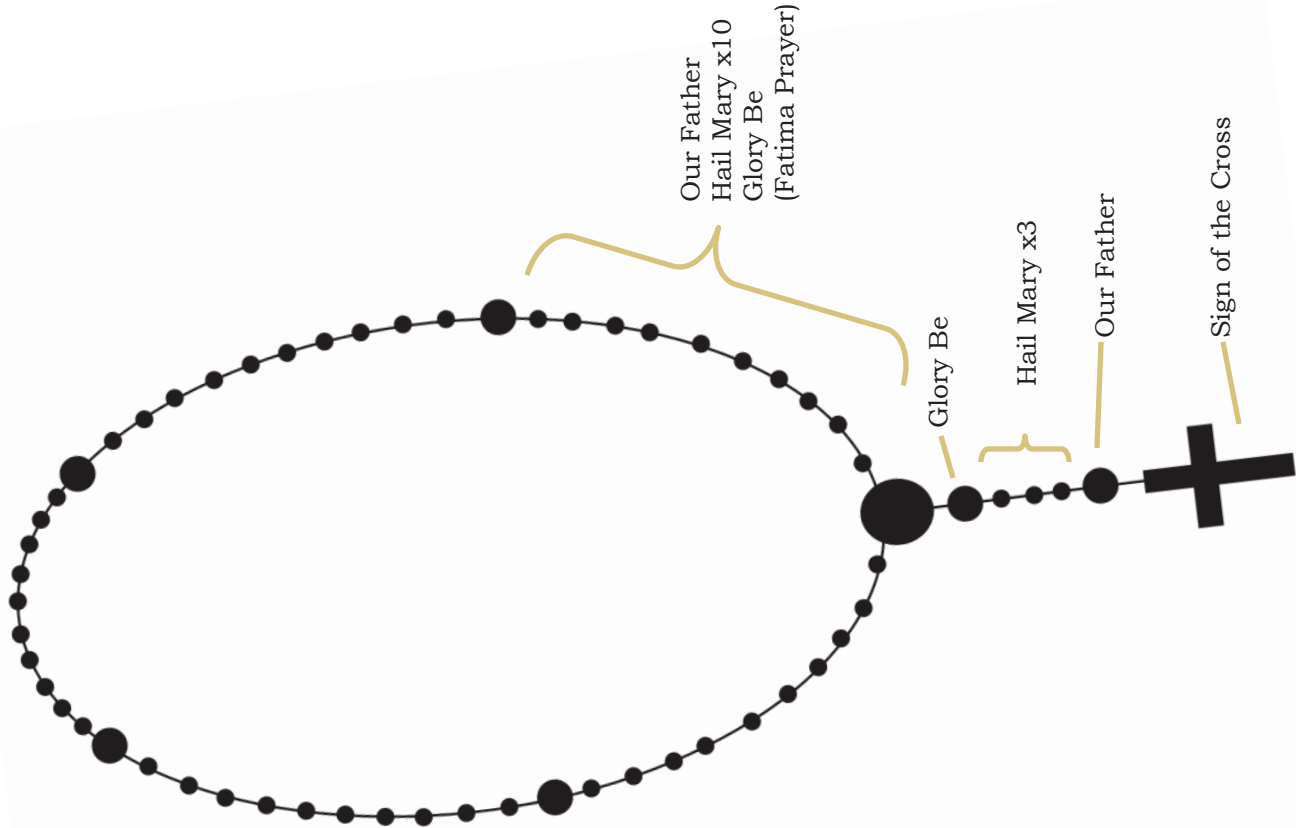
O Lord God, I hope by your grace for the pardon of all my sins and after life here to gain eternal happiness because you have promised it, who are infinitely powerful, faithful, kind, and merciful. In this hope I intend to live and die. Amen.

Act of Love

O Lord God, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love. In this love I intend to live and die. Amen.

Prayer for the Dead

Eternal rest grant unto him/her, O Lord,
and let perpetual light shine upon him/her.
May his/her soul, and the souls of all the faithful departed,
through the mercy of God, rest in peace.
Amen.



Prayer to Saint Michael the Archangel

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray. And do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who wander the earth seeking the ruin of souls. Amen.

Peace Prayer

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.

O Divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.



Stations of the Cross

The First Station:

Jesus Is Condemned To Death

The Second Station:

Jesus Carries His Cross

The Third Station:

Jesus Falls the First Time

The Fourth Station:

Jesus Meets His Afflicted Mother

The Fifth Station:

Simon Helps Jesus Carry His Cross

The Sixth Station:

Veronica Wipes the Face of Jesus

The Seventh Station:

Jesus Falls A Second Time

The Eighth Station:

Jesus Speaks to the Holy Women

The Ninth Station:

Jesus Falls the Third Time

The Tenth Station:

Jesus is Stripped of His Garments

The Eleventh Station:

Jesus is Nailed to the Cross

The Twelfth Station:

Jesus Dies on the Cross

The Thirteenth Station:

Jesus is Taken Down From the Cross

The Fourteenth Station:

Jesus is Laid in the Sepulcher