

**“To live out our baptismal promises through prayer, service and generosity.”**

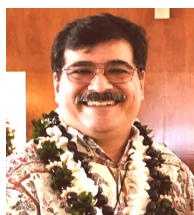


**FEBRUARY 5, 2023**

**FIFTH SUNDAY IN  
ORDINARY TIME**

*St. Michael Parish with the  
Mission of Sts. Peter and Paul  
and St. Michael School*

## **SUNDAY REFLECTION**



### **SALT AND LIGHT**

Dcn. Jonathan  
Ocampo

Those of us, who have had the privilege of eating at a military chow hall or galley, know what bland food tastes like. When I first entered the military, I wondered what all the wonderful condiments were for that adorned each table. Once I tasted the food I knew why the food lacked taste. The condiments were to add the flavors of home yourself. Serving so many people required the cooks to make food that anyone could eat. Fortunately, as luck would have it, I landed on Submarines, which have the best food in the Military. The small crew size allowed the cooks to increasingly season the food as they became accustomed to the crew's taste.

In today's Gospel, Christ calls us “the salt of the earth.”

Salt is not only good for seasoning food, but it can bring out their complex of flavors, sometimes in ways we had never known before. The question for us today is, as “the salt of the earth,” how can we apply this insight to our lives? In calling his disciples the “salt of the earth,” Jesus invites us to witness, by both word and example, the joy of living with Christ, and bringing the Good News of Jesus Christ to every aspect of human life and society.

Our task then as a witness of Christ is to show others that a life following Jesus is not bland, boring, or without adventure. For when we make the decision to follow the Lord Jesus Christ as His disciple, it is then that we can see God at work in every area of our life. When we “salt” our families, our careers, and all our personal

ambitions, the “flavor” of life is enhanced. This life filled with Christ is also a life filled with his light, for we are the light of the world, from the time our parents and godparents receive the baptismal candle lit from the paschal candle. Jesus tasks us to not only share his light, with others when they are in darkness, but also to allow our brothers and sisters in Christ to be that light for us when we find ourselves in darkness.

Salt and light, two things that are not only vital for our human existence but also vital for our spiritual life as Catholic Christians.



### **Parish Office**

**Monday—Friday:** 8:30am - 3:30pm

**Closed on holidays**

**Phone:** (808) 637-4040

**Fax:** (808) 637-4287

**E-mail:** [stsmichaelpeter\\_paul@hawaii.rr.com](mailto:stsmichaelpeter_paul@hawaii.rr.com)



### **School Office:**

**Monday—Friday:** 8:00am - 3:00pm

**Closed on school holidays**

**Phone:** (808) 637-7772

**Fax:** (808) 637-7722

**E-mail:** [info@stmichaelschoolhi.net](mailto:info@stmichaelschoolhi.net)

### Parish Office

#### **St. Michael Parish Office**

67-390 Goodale Avenue  
Waialua, HI 96791

#### **Website:**

[www.stsmichaelpeterpaul.org](http://www.stsmichaelpeterpaul.org)

#### **Mission of Sts. Peter and Paul**

##### **Physical Address:**

59-810 Kamehameha Hwy,  
Haleiwa, HI 96712

*All mail must be directed to the  
parish office*

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#### **St. Michael School**

67-340 Haona St. Waialua, HI  
96791

#### **Website:**

[www.stmichaelschoolhi.com](http://www.stmichaelschoolhi.com)

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### **Mass Schedule**

#### **St. Michael**

Monday - Communion Service  
7:00am

Tuesday - Saturday - 7:00am

Saturday Vigil Mass - 5:00pm

Sunday - 7:00am & 11:00am

#### **Mission of Sts. Peter and Paul**

Sunday - 9:00am

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#### **Morning Prayers—St. Michael**

LAUDS: Monday—Friday –  
6:35am

#### **Reconciliation at St. Michael**

Saturdays - 4:00pm - 4:30pm  
Or call for an appointment

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#### **ON-LINE GIVING**

[stsmichaelpeterpaul.org/  
generosity](http://stsmichaelpeterpaul.org/generosity)



Mahalo nui loa  
for your gift of  
support!  
Scan QR Code  
for easy and  
fast access to  
our webpage.

### **Parish Registration**

If you are interested in registering  
or would like more information,  
please contact the parish office  
or visit our website.

#### **Funerals**

It is customary to contact the  
parish office of death *before making  
arrangements with the mortuary.*

**Final arrangements** are made  
with the cooperation of the  
mortuary and the priest.

#### **Sacrament of Baptism**

Preparation is required. Please call  
the parish office to attend a class.

#### **Marriage**

Must contact the parish office at  
least six months prior to the  
wedding date.

#### **Blessings & Anointing of the Sick**

Call parish office for appointments.

#### **Outreach (Food Pantry)**

2nd & 4th Mondays - 8:30-10:30am  
Holidays.....Closed

#### **Mass Intentions**

Mass intention requests must  
be submitted to the church office  
**one week** prior to the requested  
date to be included in the Daily,  
Saturday or Sunday Universal  
Prayer.

**Only exception is an emergency.**

#### **Reminder**

Articles to be printed in the church  
bulletin must be submitted to the  
parish office by Monday afternoon.



**flocknote**

**Stay Connected Via Text  
and Email by**

**Joining Our Flock  
Text:  
MICHAELNS  
To: 84576**

### **PASTOR**

Father Romple Emwalu

### **PERMANENT DEACON**

Deacon Jonathan Ocampo

### **PASTORAL ASSOCIATE**

Mr. Joshua Kapika

### **SCHOOL PRINCIPAL**

Mr. Kainoa Fukumoto

### **PARISH EVENTS**

#### **Sunday, February 5**

*[Fifth Sunday in Ordinary Time]*

##### **See Mass Schedule**

8:00a CCD Class-SPP

9:00a CCD Class-SMC

10:00a Hospitality at SPP

#### **Monday, February 6 (Office Closed)**

*[St. Paul Miki and Companions, Martyrs]*

6:35a Morning Prayer

7:00a Communion Service

7:00p EPIC at OLS

#### **Tuesday, February 7**

6:35a Morning Prayer

7:00a Daily Morning Mass

6:30p Knights of Columbus Meeting

#### **Wednesday, February 8**

6:35a Morning Prayer

7:00a Daily Morning Mass

8:00a SM School Mass (School Only)

#### **Thursday, February 9**

6:35a Morning Prayer

7:00a Daily Morning Mass

#### **Friday, February 10**

*[Saint Scholastica, Virgin]*

6:35a Morning Prayer

7:00a Daily Morning Mass

#### **Saturday, February 11**

*[Our Lady of Lourdes; BVM]*

7:00a Daily Morning Mass

5:00p Vigil Mass at SMC

#### **Sunday, February 12**

*[Sixth Sunday in Ordinary Time]*

##### **See Mass Schedule**

8:00a Filipino Catholic Club Meeting

8:00a CCD Class-SPP

9:00a CCD Class-SMC



Gather your old palms and olive branches from last Palm Sunday



Place palms and branches in the baskets located at the entrance of the church.



Last day of collection is Sunday, February 19, 2023



St. Michael Parish  
with Mission of Sts. Peter & Paul

**Ash Wednesday**  
**February 22, 2023**  
**Schedule**

**Mission of**  
**Sts. Peter &**  
**Paul**  
**5pm**

**St. Michael Church**

**7pm**



For the 2022-2023 school year, the Augustine Educational Foundation has funded \$820,480 in tuition scholarships and \$28,350 in grants for school programs.

**Strengthen *Faith***  
**Support *Catholic Education***  
**Make a Student *Smile***

Mahalo for your continued support!

## SECOND COLLECTION FEBRUARY 11 & 12, 2023

We kindly ask for you to support the Augustine Educational Foundation's Second Collection— **Make a Student Smile—Give the Gift of Catholic Education Campaign.** Your gift enables Catholic education to be affordable for families in Hawaii. Every dollar raised in **St. Michael Church** will go to the families within our parish and vicariate community. A priority is given to those with the highest level of need.

## STEWARDSHIP OF TREASURE - 2023

### GENERAL OPERATING FUND

**July 1, 2022 to June 30, 2023**  
**Weekly Goal**

**\$286,000.00**

**\$5,500.00**

### COLLECTION JANUARY 23-29, 2023

**\$4,924.95**

Sunday Collection Envelopes

\$2,306.00

Sunday Collection Loose

\$1,178.00

On-Line Giving

\$1,440.95

**"For it is in giving that we receive" - St. Francis of Assisi**



# NATIONAL Eucharistic Revival



**Excerpt From: Post-Synodal  
Apostolic Exhortation  
Sacramentum Caritas  
by Pope Benedict XVI**

## INTRODUCTION

1. The sacrament of charity (1), the Holy Eucharist is the gift that Jesus Christ makes of himself, thus revealing to us God's infinite love for every man and woman. This wondrous sacrament makes manifest that "greater" love which led him to "lay down his life for his friends" (*Jn 15:13*). Jesus did indeed love them "to the end" (*Jn 13:1*). In those words the Evangelist introduces Christ's act of immense humility: before dying for us on the Cross, he tied a towel around himself and washed the feet of his disciples. In the same way, Jesus continues, in the sacrament of the Eucharist, to love us "to the end," even to offering us his body and his blood. What amazement must the Apostles have felt in witnessing what the Lord did and said during that Supper! What wonder must the Eucharistic

mystery also awaken in our own hearts!

### *The food of truth*

2. In the sacrament of the altar, the Lord meets us, men and women created in God's image and likeness (cf. *Gen 1:27*), and becomes our companion along the way. In this sacrament, the Lord truly becomes food for us, to satisfy our hunger for truth and freedom. Since only the truth can make us free (cf. *Jn 8:32*), Christ becomes for us the food of truth. With deep human insight, Saint Augustine clearly showed how we are moved spontaneously, and not by constraint, whenever we encounter something attractive and desirable. Asking himself what it is that can move us most deeply, the saintly Bishop went on to say: "What does our soul desire more passionately than truth?" (2) Each of us has an innate and irrepressible desire for ultimate and definitive truth. The Lord Jesus, "the way, and the truth, and the life" (*Jn 14:6*), speaks to our

thirsting, pilgrim hearts, our hearts yearning for the source of life, our hearts longing for truth. Jesus Christ is the Truth in person, drawing the world to himself. "Jesus is the lodestar of human freedom: without him, freedom loses its focus, for without the knowledge of truth, freedom becomes debased, alienated and reduced to empty caprice. With him, freedom finds itself." (3) In the sacrament of the Eucharist, Jesus shows us in particular the *truth about the love* which is the very essence of God. It is this evangelical truth which challenges each of us and our whole being. For this reason, the Church, which finds in the Eucharist the very center of her life, is constantly concerned to proclaim to all, *opportune importune* (cf. *2 Tim 4:2*), that God is love. (4) Precisely because Christ has become for us the food of truth, the Church turns to every man and woman, inviting them freely to accept God's gift.

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## REQUEST FOR PRAYERS

**Sick:** Alan & Georgia Ann Abear, Nancy Albios, Alfredo Antonio, Milagrina Asuncion, Florida Baculor, Juliana Bles Rania, Aaron & Robert Bolosan, Carey Ibrao Burke, Jane Ulep Burke, Anthony Cadiz, Joni Casem, Jackie Claunan, Melanie Cristobal, Charmaine Cuelho, Stanley Deuz, Gregory Dela Cruz, Jeri Dela Pena, Federico Dicion, Janice Eldredge, Marina Erice, Leonard & Remy Erroc, J.B. Excelcious, Andrea Fiegel, Julita Ford, Jerry Franks, Chien Hung, Jocelyn Balmoja Fukushima, Yvonne Fukumoto, Felix Galicinao, Jacqueline Gouveia, Caroline Kahawaii, LaVerne Isabelo, Daniel Kapika, Anthony Kozma, Catherine Kula, Rosanda Lani, Zeke Maxemow-Manglallan, Juanita Manuel, Florence Marcos, Lily Mito, Dennis Nolan, Thelma Omalza, Maile Orsino, Shelby Otto, Ethan & Lois Pacolba, Cheryl Pagaling, Alton & Mark Pao, Douglas & Julie Parrish, Mary Pascual, Joe PeBenito, Bonifacio & Rosario Pedro, Herbert Pereira, Michael Pond Sr., Joan Pujol, Vicente Ragasa, Estela Ramiscal, Remigio & Elvira Ramiscal, Severo Raymundo, Patricia & Ronald Reynolds, Chris Rolluda, Bonnie Sales, Kathleen Smith, Carol Smouse, James Jr. & Joe Sumile, Erlinda Vintayen, Tracy Walker, June Teixeira, Beatrice Vierra, Carrie Ann & Malia Yamanouchi, Melveen Yoshihara

**Death:** Daniel Bolosan, Catalina Duldulao, Joe Grilho, Faustino Nacapuy, Bienvenido Pedro