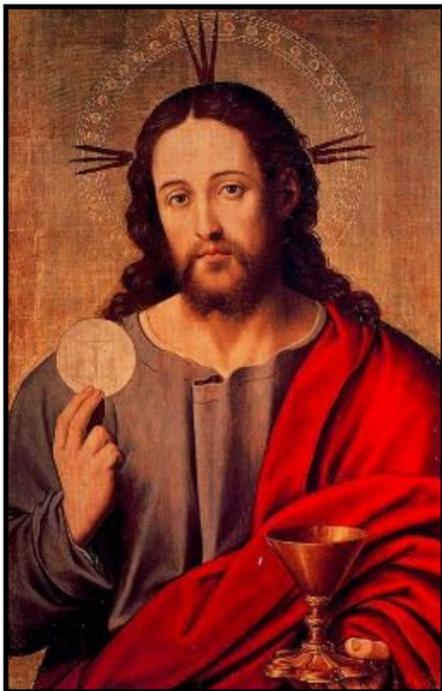


St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.



PRAYER OF SAINT BONAVENTURE AFTER HOLY MASS:

Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after



Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end. May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and forever.

WELCOME TO

St. Patrick
CATHOLIC CHURCH
 A Roman Catholic Church serving Jesus Christ, Located in the Heart of Hillyard, Diocese of Spokane



FIRST SUNDAY OF LENT - MARCH 10TH, 2019

Musings from your Parish Priest:

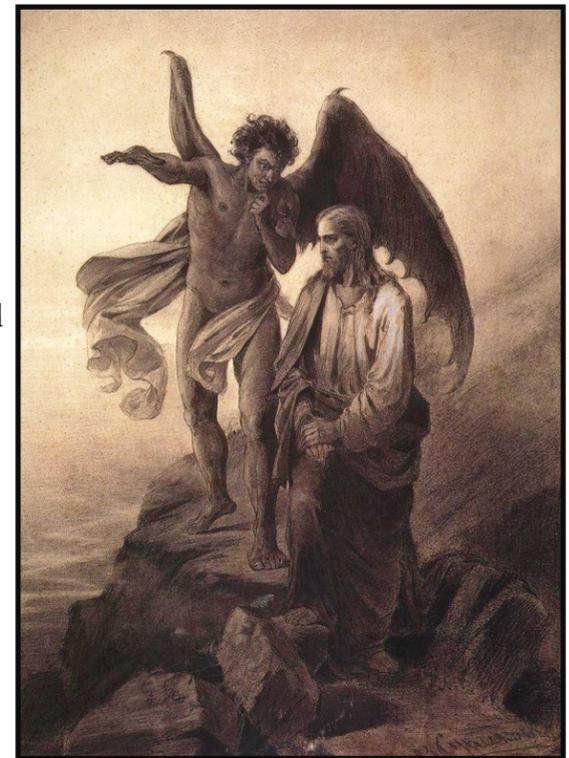
Praised be Jesus Christ! Now and Forever! Lent is a holy time. That is to say, Lent can be a holy time, if we cooperate with God's grace, the Sacred Liturgy (i.e. reading the Sacred Scriptures of the day before Mass and praying through the other prayers of Mass and other devotionals), and good old fashioned Catholic customs (i.e. prayer, fasting, and almsgiving)...in all of these things we can enter more deeply into this Sacred time. A holy abbot from the 11th century named Ælfric of England said: "Now a pure and holy time draws near, in which we should atone for our neglect. Every Christian, therefore, should come to his confession and confess his hidden sins, and amend according to the guidance of his teacher." About 1000 years later, Pope Benedict in 2011 said: "through the personal encounter [in Lent] with our Redeemer and through fasting, almsgiving and prayer, the journey of conversion towards Easter leads us to rediscover our Baptism. This Lent, let us renew our acceptance of the Grace that God bestowed upon us at that moment, so that it may illuminate and guide all of our actions." Holy Lent is upon us, we should reignite our efforts in fighting the battle for our souls and the souls of our loved ones. To practicing in a real way the discipline of Lent. Through prayer, fasting, and almsgiving, we can encounter Christ in our lives, and with God's grace accept the salvation he has won for us. Don't forget that this Sunday starts our "Lenten Journey Together"... If you didn't get an week by week outline from last week, there are more by the doors of the Church and here is the plan for this week:

WEEK ONE: MARCH 10-16

Fast: Sweets & Treats: This week, resolve to deny yourself any type of sweets or dessert. This could mean a latte in the morning or chocolate in the evening. As you do so, notice what happens inside when you are denied something you've become accustomed to or something you really want even something as in consequential as dessert or candy.

Reading: Creation & Fall: In the opening chapters of the Bible, we quickly move from a world where humanity and God walk harmoniously in close relationship, to a fallen world of rebellion, sin, pain, shame, and competition with God. As we make our way through this first week, note how God interacts with his creation and how we respond. Genesis 1.1-2.3; Genesis 2.4-25; Genesis 3; Genesis 4.1-16, 25-26; Genesis 6.1-8; 7; Genesis 9.8-17; Genesis 11.1-9

Alms: Prayer and vigil lights: On Ash Wednesday and through the 1st Week of Lent, the faithful be encouraged to light a candle, offer a prayer or their Holy Communion for those battling cancer or illness and for families who has lost a loved one.





St. Patrick our Patron Pray for us and our families!

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ on my right, Christ on my left, Christ lying down, Christ in sitting, Christ in rising up, Christ in the heart of every person who may think of me, Christ in the mouth of every person who may speak of me, Christ in every eye that sees me, Christ in every ear that hears me!- St Patrick's Breastplate



5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: stpat Spokanebulletin@gmail.com

Office Hours: On-site office is now closed.

Please note: All correspondence/payments should be mailed to:

St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

www.stpatrickspokane.org

Holy Sacrifice of the Mass

Sundays	9:00 AM (Church)
Weekdays	7:00 AM (Convent)
Saturdays	8:00 AM (Church)
Holy Days	Consult Bulletin

Sacramental Celebrations

Holy Baptism: Parental preparation is required. Please contact a priest to set up an appointment.

Penance: Saturdays, 8:30—9:00 AM or by appointment.

Holy Matrimony: Please contact a Parish Priest at least 6 months in advance of your wedding.

Care of the Sick & Homebound

Communion is taken to the sick and elderly on a regular basis. We ask families to please notify the Parish office when illness or infirmity impedes a person from coming to church for an extended period of time. The Sacrament of Anointing of the Sick is offered on request. Call 487-1325, ext. 200.

ANY NEWS FOR THE BULLETIN?

PLEASE CONTACT TRACI @ 466-3811, ext. 200 OR EMAIL: stpat Spokanebulletin@gmail.com

BULLETIN ITEMS ARE DUE NO LATER THAN MONDAY @ 4:00 PM. Also, if you know of any homebound who would like to have the bulletin mailed to them, please send us their address.

Clause for a Christian Will: I give, devise, and bequeath to St. Patrick Catholic Parish — Spokane for the benefit of (*insert St. Patrick Catholic Church*), a Washington nonprofit corporation, (*description of gift*).

MADE FOR EACH OTHER

Use Code **6HR79H** for **FREE ACCESS**

AVAILABLE ON FORMED.ORG

The diocese is committed to helping victims/survivors of sexual abuse and to protecting children and vulnerable adults. Volunteers who supervise other volunteers who work with minors and vulnerable adults **are required to report** any suspected abuse by others they supervise. Contact: Roberta Smith, Victims Assistance Coordinator (509) 353-0442 Office Phone or (509) 998-18340 Cell. You may also go to the Diocesan website

Parish Staff:

Fr. David Gaines, Administrator 487-6363
dgaines@dioceseofspokane.org

Mike Samuel, Deacon
msamuels@dioceseofspokane.org

Louise Andrews, Administrative Assistant 413-7186
landrews@dioceseofspokane.org

Jan Provinsal, DRE 230-1957
jprovinsal@dioceseofspokane.org

Jennifer Siira, Business Manager 466-3811
jsiira@thomasmorespokane.org

Ed Sinclair, Music Director 326-7073

Parish Council: George Baertlein, Chair Members: Mike Dellwo, Bill Scheres, John Hart, Lola L'Esperance, Louise Andrews, Ex Officio

Finance Council: Mark Kelly, Chair; Members: Ed Sinclair, Dorothea Moore, Kathy Sharp, Julie Carpenter

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish.
509-466-7738

NEW PHONE NUMBER:
We have a new phone number
509-466-7738

The old number will no longer work. This is saving the parish roughly \$200/month!



Mass Intentions

Memorial Candle for March
Connie Peterson



St. Patrick's Prayer Line

Have a certain need that prayer can help? St. Patrick's Prayer Line is available. Call Jackie Silvey (483-3109).



Good Shepherd Catechism

Join us!
The Sisters will have classes on Mondays, from 3:30 to 4:30 in the Convent. This is for children ages 3-12.



Sunday School & Sacramental Prep

For more information, call Jan at 230-1957 or email her at jprovinsal@dioceseofspokane.org

March 6 through April 14

Outside Planned Parenthood

This is an opportunity for Catholics to come together with a loving and respectful attitude to pray from 6:00 AM to 6:00 PM daily for the children, parents, workers, and the heart of our city.

You are invited to join in this Lenten offering. Visit 40daysforlife.com

Coffee and Donuts

Join your fellow parishioners for coffee and donuts following Mass today.



Lenten Rules For Fast and Abstinence

Fasting is required for those between the ages of 18 to 59 on Ash Wednesday and Good Friday. A proper fast means only one full meal a day with other meals limited.

Abstinence from meat is required for everyone 14 and older on Ash Wednesday and all the Fridays in Lent and Good Friday.

FORMED

Journey through Lent with Dr. Tim Gray. Set yourself up for a transformative 40 days with Formed Lenten Reflections. Get daily videos from esteemed scripture expert Dr. Tim Gray delivered right to your inbox. Don't miss a day of growing closer to our Lord.

Go to:

<https://formed.org/promo/lent-registration>

Stations of the Cross
Fridays, 5:30 PM at St. Patrick's
Fridays, 6:00 PM at St. Xavier



STATIONS of the CROSS

LENTEN REFLECTIONS
EXPERIENCE THE CATHOLIC FAITH IN A WHOLE NEW WAY

Stewardship:

Income	Budget—YTD	Received—YTD
	\$51,645.33	\$50,609.98
Envelope & Plate:		
Needed Weekly:	\$1,796.87	
Received 03/03:	\$2,318.42	
Charity	\$73.00	
Maintenance Fund	\$172.25	

Please note: Mail your contributions to St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, 99208

Happy 97th Birthday to long-time parishioner:
Maxine Gierke

Other Happenings Around Town...

- ◆ **St. Francis of Assisi Women's Club Card Party/Luncheon**, 3/20, Noon til 3, \$8 per person, call Gina at 328-4818.
- ◆ **Catholic Daughters Annual Spring Tea and Fashion Show**, April 13, 10 AM to 2 PM, STM PACC, \$25, call Kathy at 466-3392.

WE NEED YOUR HELP!!!

We will be having several volunteer opportunities for parishioners during the next few months:

- **St. Patrick's Day, Sunday, March 17:** Set up on Saturday, March 16 at 10 AM. 50 shamrock plants need to be arranged around and near the statue of St. Patrick. After Mass, the first 50 families can each take a plant home.
- **Laetare Sunday, March 31:** Set up on Saturday, March 30 at 10:00 AM. Arrange spring flowers on the altar
- **Fifth Sunday of Lent, April 7:** On Saturday, April 6 at 10 AM, all statues except the crucifixes will be draped in violet.
- **Palm Sunday, April 14:** Set up on Saturday, April 13 at 10 AM, decorative palms will adorn the church, blessed palms will be distributed
- **Easter Sunday, April 21:** Set up on Saturday, April 20 at 10 AM. An abundance of traditional lilies will decorate the church.

Call Betty Weaver with questions.