

# PRAYERS BEFORE & AFTER THE HOLY SACRIFICE OF THE MASS

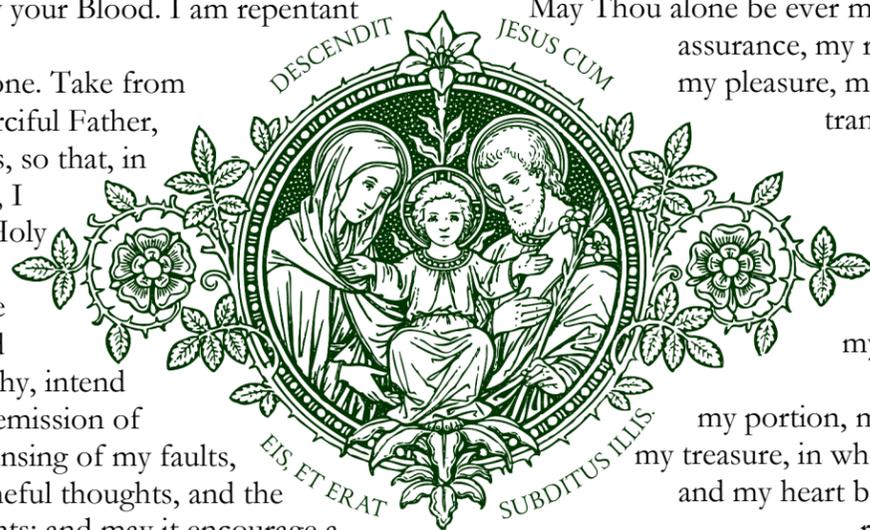
## PRAYER OF SAINT AMBROSE BEFORE HOLY MASS:

I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

## PRAYER OF SAINT BONAVENTURE AFTER HOLY MASS:

Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end.

May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and forever. Amen.



WELCOME TO

# St. Patrick

CATHOLIC CHURCH

A Roman Catholic Church serving Jesus Christ, Located in the Heart of Hillyard, Diocese of Spokane



NINETEENTH SUNDAY OF ORDINARY TIME - AUGUST 11TH, 2019

### *Musings from your Parish Priest:*

Praised be Jesus Christ! Now and Forever! Have you ever heard the expression, “you are what you eat”? Another version of this comes from a French lawyer and politician: “Tell me what you eat and I will tell you what you are.” For our purposes this week I would like to change this phrase around entirely to say, “Become what you behold!”

This past Tuesday, August 6th, is the Feast of the Transfiguration of our Lord. Sts. Peter, James, and John, saw Christ is all of His Heavenly glory on Mount Tabor. This profound moment in our Salvation History, was a foretaste of the glory that we are called to in Heaven. We keep our “eyes on the prize” to borrow another common expression. When Peter, James, and John beheld Christ at the Transfiguration of His body, they were given the strength to follow where He lead them. They were given the foresight to face any future challenges (like Calvary) in their lives, and they were given the grace to choose on a daily basis to become what they beheld, namely Jesus the Christ.

Each time we are in Holy Mass, or even on a daily basis when we make a spiritual communion (when remember Christ’s presence in the Blessed Sacrament), we are to “become what we behold.” I would say there are two key moments in the Sacred Liturgy when we are challenged to “Become what we behold.” First, when at the consecration, the Priest shows us the Body, Blood, Soul, and Divinity of Christ, and second, when the Priest shows us God and says, “Behold the Lamb of God, behold Him who takes away the sins of the world....” It is especially at these moments in the Sacred Liturgy that we are challenged to become what we behold. Just as Christ revealed His heavenly glory to Peter, James, and John, He reveals this glory to us at every Sacred Liturgy. This means that, daily we are challenged to become more and more, through conversion, repentance, receiving of the Blessed Sacrament, etc., what we behold.



From the Magnificat publication this Feast Day, we see more clearly what the Church calls us to: “The resplendence of the Transfiguration reveals the fullness of life destined to be ours; we glimpse the glory God wills for our humanity. But we experience this transfiguration like Jesus only by configuration to Jesus. As we peer into the glory that pours from every pore of the transfigured Christ, we cast off everything unworthy of our personal relationship with the Savior. We do this especially through confession and the Eucharist, where Jesus gazes back at us with a look of love that makes us desire to live his luminous beauty. Silently from Tabor’s splendor, the Savior tells us: “Become what you behold!” And we “fall silent” in adoration.”

In Mary’s Immaculate Heart,



### St. Patrick our Patron Pray for us and our families!

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ on my right, Christ on my left, Christ lying down, Christ in sitting, Christ in rising up, Christ in the heart of every person who may think of me, Christ in the mouth of every person who may speak of me, Christ in every eye that sees me, Christ in every ear that hears me!- St Patrick's Breastplate



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**Office Hours: On-site office is now closed.**

**Please note: All correspondence/payments should be mailed to:**

St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

[www.stpatrickspokane.org](http://www.stpatrickspokane.org)

#### Holy Sacrifice of the Mass St. Patrick's

Sundays	9:00 AM (Church)
Weekdays	7:00 AM (Convent)
Saturdays	8:00 AM (Church)
Holy Days	Consult Bulletin

#### Holy Sacrifice of the Mass St. Francis Xavier

Saturday	4:00 PM
Sundays	7:30 AM
	11:00 AM (Latin)
Weekdays (M,T,W)	8:00 AM
Holy Days	Consult Bulletin

#### Sacramental Celebrations

**Holy Baptism:** Parental preparation is required. Please contact a priest to set up an appointment.

**Penance:** Saturdays, 8:30—9:00 AM or by appointment.

**Also at St. Francis Xavier:** Tuesdays, 4:00 -5:00 PM; Saturdays, 3:00-3:30 PM, & Sundays 10:30-11:00 AM

**Holy Matrimony:** Please contact a Parish Priest at least 6 months in advance of your wedding.

**Care of the Sick & Homebound:** Communion is taken to the sick and elderly on a regular basis. We ask families to please notify the Parish office when illness or infirmity impedes a person from coming to church for an extended period of time. The Sacrament of Anointing of the Sick is offered on request. Call 487-6363.

#### ANY NEWS FOR THE BULLETIN?

**PLEASE CONTACT TRACI @ 466-3811, ext. 200 OR EMAIL: stpatspokanebulletin@gmail.com**

BULLETIN ITEMS ARE DUE NO LATER THAN MONDAY @ 4:00 PM. Also, if you know of any homebound who would like to have the bulletin mailed to them, please send us their address.

**Clause for a Christian Will:** I give, devise, and bequeath to St. Patrick Catholic Parish — Spokane for the benefit of (*insert St. Patrick Catholic Church*), a Washington nonprofit corporation, (*description of gift*).

The diocese is committed to helping victims/survivors of sexual abuse and to protecting children and vulnerable adults. Volunteers who supervise other volunteers who work with minors and vulnerable adults **are required to report** any suspected abuse by others they supervise. Contact: Roberta Smith, Victims Assistance Coordinator (509) 353-0442 Office Phone or (509) 998-18340 Cell. You may also go to the Diocesan website: [www.dioceseofspokane.org](http://www.dioceseofspokane.org)

#### Parish Staff:

Fr. David Gaines, Administrator 487-6363  
dgaines@dioceseofspokane.org

Mike Samuel, Deacon  
msamuels@dioceseofspokane.org

Jan Provinsal, DRE 230-1957  
jprovinsal@dioceseofspokane.org

Jennifer Siira, Business Manager 466-3811  
jsiira@thomasmorespokane.org

Ed Sinclair, Music Director 326-7073

**Parish Council:** George Baertlein, Chair Members: Mike Dellwo, Bill Scheres, John Hart, Lola L'Esperance, Louise Andrews, Ex Officio

**Finance Council:** Mark Kelly, Chair; Members: Ed Sinclair, Dorothea Moore, Kathy Sharp, Julie Carpenter

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish.  
509-466-7738

#### Office Hours for Fr. Gaines:

Tuesday and Wednesday Mornings after Mass about 8:30 AM at St. Francis Xavier  
Or call 487-6363 to schedule an appointment.



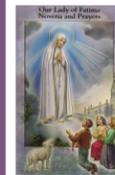
#### Mass Intentions

Memorial Candle for August



### St. Patrick's Prayer Line

Have a certain need that prayer can help? St. Patrick's Prayer Line is available. Call Jackie Silvey (483-3109).



The Missionaries of Charity would like to invite you to join them in a Novena here at St. Patrick's on the 13th of each month beginning in May and continuing until October. This is in commemoration of the apparition of Our Lady of Fatima. The Novena will begin with Mass at 6:00 PM and a rosary procession in the neighborhood will follow and conclude with the Exposition and Benediction of the Blessed Sacrament.



#### Attention Parishioners

The neighbors across from the church and rectory on Nelson Street have asked that we don't park in front of their houses, due to their work schedules and needing to get their cars in and out. Please use the St. Pat's parking lot. There is plenty of room there. Thank you for helping us to be considerate neighbors!

You are invited to the home of John and Millie Hynes to view the long-talked about film entitled, "Unplanned" on Wednesday, August 28 at 2:00 PM. If you need a ride, let Millie know. The address is 3109 E. Indiana Ave.—a yellow house with blue steps and door. All are welcome. Call Millie at 975-7235 with questions.



Thursday, August 15 is the Assumption of the Blessed Virgin Mary. This is a Holy Day of Obligation. The following is the Mass Schedule:

**Wednesday, August 14:**

5:30 Vigil at St. Patrick's

**Thursday, August 15:**

Mass at 7:00 AM, St. Patrick (Convent)

5:30 PM, Latin Mass, St. Xavier



Fr. John McGrann, a priest who served St. Patrick's early in his priesthood is returning on September 15 to say Mass. His sister and brother-in-law, John and Millie Hynes were married by Fr. McGrann and will be celebrating

their 50th Wedding Anniversary. A reception will follow in the school hall. Please invite those who attended St. Patrick's in the past who might know Father.

#### Stewardship:

Income Budget—YTD Received—YTD  
\$9,924.00 \$8,623.00

#### Envelope & Plate:

Needed Weekly \$1,654.00  
Received 08/04: \$1,405.00  
Charity \$35.00  
Maintenance Fund \$15.00

Please note: Mail your contributions to St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, 99208

### Other Events of Interest

- ♦ **The Life of Vietnamese Catholics Before, during, and After the Vietnam War, Fr. Jo Hien, IHRC, 8/14, 8:00 AM-9:30 AM**, breakfast will be served, no cost, IHRC
- ♦ **Silent Weekend: Everyone's Call to Holiness, 8/16-18**, \$204 per person, Fr. Ciorra, IHRC
- ♦ **Silent Day of Prayer on Following Jesus Discipleship in the Bible and in Life, 8/20, 9:00 AM**, Fr. Hightower, \$50, IHRC, [www.ihrc.net](http://www.ihrc.net)
- ♦ **Catholic Charities Dig In 2019, 8/22, 6:00 PM**, Historic Washington Cracker Bldg., \$65, catering from Smoke & Mirrors, River City Brewing, and Oberbluff Cellars, benefits Catholic Charities programming that improves access to fresh healthy food for everyone in our region
- ♦ **Sisters of Mary, Mother of the Church "Holy-In-One" Golf Tournament, 9/9, 12:30 PM**, Downriver Golf Course, \$100, [sistersofmarymc.org](http://sistersofmarymc.org)
- ♦ **Healing the Culture, "An Evening with Fr. Robert Sptizer," 9/13, Davenport Hotel, \$99**. Call 243-3811 or visit [www.healingtheculture.com/gala](http://www.healingtheculture.com/gala)
- ♦ **Northwest Eucharistic Marian Conference, 10/18-19, St. Anthony's, Newport**, nationally-known speakers and artists to help you re-charge your soul and increase your prayer, email [pearlsofgrace@aol.com](mailto:pearlsofgrace@aol.com)
- ♦ **22nd Annual Inland Northwest Men's Retreat**, "Continuing the Journey: Hearing God's Word in the Rapidly Changing World," 10/25-27, Camp-N-Sid-Sen, led by well-known retreat master, host on EWTN, and author of "The Last Four Things, Fr. Wade Menezes, \$140, register online at [www.eventbrite.com](http://www.eventbrite.com)

#### Sign up soon for:

**Cornerstone Catholic Conference  
October 18-19, 2019, Tacoma**

Keynote Speakers:

Cardinal Daniel DiNardo, Archbishop of Galveston-Houston and President of the USCCB

Bishop Frank Caggiano, Diocese of Bridgeport, CT

Registration now open at [www.wacatholics.org/cornerstone](http://www.wacatholics.org/cornerstone)



Join your fellow parishioners for coffee and donuts following Mass today.