

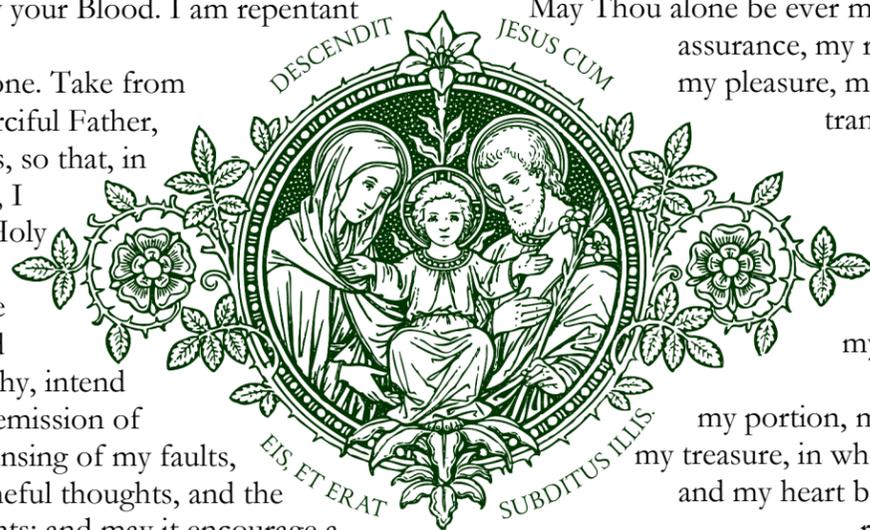
PRAYERS BEFORE & AFTER THE HOLY SACRIFICE OF THE MASS

PRAYER OF SAINT AMBROSE BEFORE HOLY MASS:

I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

PRAYER OF SAINT BONAVENTURE AFTER HOLY MASS:

Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end. May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and forever. Amen.



WELCOME TO

St. Patrick

CATHOLIC CHURCH

A Roman Catholic Church serving Jesus Christ, Located in the Heart of Hillyard, Diocese of Spokane



31ST SUNDAY OF ORDINARY TIME - NOVEMBER 3RD, 2019

Musings from your Parish Priest:

Praised be Jesus Christ! Now and Forever! Remembering that St. Bede the Venerable says that Christians are to “reproduce in their lives, what they celebrate in the Sacred Liturgy.” In the writings of the saints, there is unanimous agreement that the Holy Eucharist is the greatest gift of God to mankind—for it is nothing less than Jesus Christ himself. We are united body and soul to Jesus in the Eucharist, and by receiving it, we become “partakers of the Divine nature” (2 Peter 1:4). This thought should stagger our minds and fill us with the greatest joy...But despite the tremendous power of the Eucharist, far too many of us don’t appreciate this gift as we should. We receive our Lord casually or carelessly, barely understanding the great mystery we are participating in. This shouldn’t be. Remember, the sacraments aren’t magic. Holy Mother Church teaches us that Eucharist has power in our life in proportion to how well we receive it, so preparing our hearts to receive Christ well is of the greatest importance.

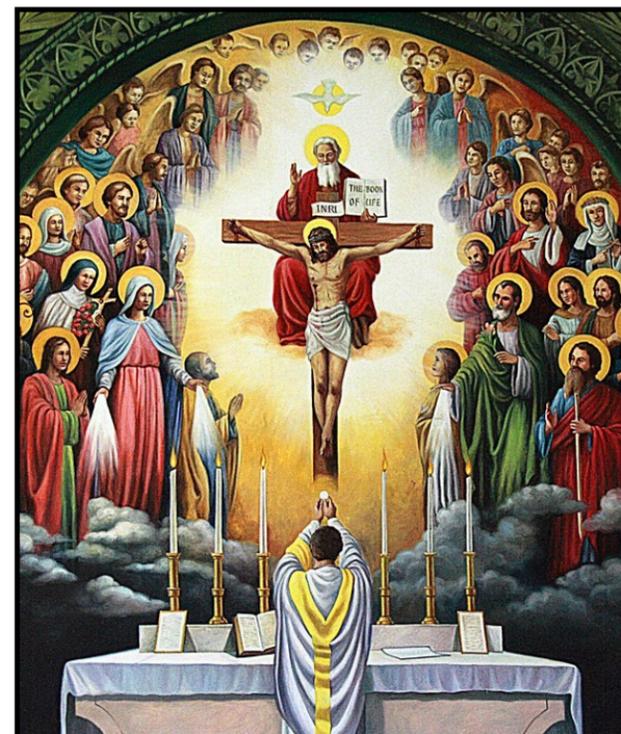
One time-honored tradition is offering a thanksgiving after each Holy Mass. Doing so reminds us of the tremendous gift the Eucharist really is—a gift so great that even angels are envious of it. Here are 3 powerful prayers to pray after Holy Mass. *Excerpted from Catholicgentleman.org*

1. Prayer of St. John Chrysostom - We give Thee thanks, O most merciful Lord and Redeemer of our souls, for this day Thou hast made us worthy by means of these immortal and heavenly mysteries. Direct our way; keep us in fear of Thee; guard our lives; and make our steps firm through the prayers and intercessions of the glorious and holy Mother of God and ever-Virgin Mary. Be exalted above the heavens, O God, and above all the earth, Thy glory, now and forever and ever. Amen.

2. Domine Iesu Christe - O Lord Jesus Christ, Son of the living God, who according to the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life unto the world, deliver me by Thy most sacred Body, which, I, unworthy, have presumed to receive, from all my iniquities and from every evil, and make me ever to hold fast to Thy commandments and suffer me never to be separated from Thee.

3. Prayer to the Virgin Mary - O Mary, most holy Virgin and Mother, behold, I have received thy most beloved Son, Jesus Christ, whom thou conceived in thy spotless womb, bore, nursed, and held with thy sweet embraces. Behold Him at whose sight thou wilt rejoice and be filled with every delight. With love I humbly return Him and offer Him to thee, to hold once more, to love with all thy heart, and to offer to the Holy Trinity as our supreme act of worship for thy honor and glory and for my good and the good of all the world. Therefore I ask thee, most loving Mother, to ask God for forgiveness of all my sins, abundant graces to help me serve Him more faithfully, and for that final grace that I may praise Him with thee for ever and ever. Amen.

In Mary’s Immaculate Heart,





St. Patrick our Patron Pray for us and our families!

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ on my right, Christ on my left, Christ lying down, Christ in sitting, Christ in rising up, Christ in the heart of every person who may think of me, Christ in the mouth of every person who may speak of me, Christ in every eye that sees me, Christ in every ear that hears me!- St Patrick's Breastplate



5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: stpatspokanebulletin@gmail.com

Office Hours: On-site office is now closed.

Please note: All correspondence/payments should be mailed to:

St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

www.stpatrickspokane.org

Holy Sacrifice of the Mass St. Patrick's

Sundays	9:00 AM (Church)
Weekdays	7:00 AM (Convent)
Saturdays	8:00 AM (Church)
Holy Days	Consult Bulletin

Holy Sacrifice of the Mass St. Francis Xavier

Saturday	4:00 PM
Sundays	7:30 AM
	11:00 AM (Latin)
Weekdays (M,T,W)	8:00 AM
Holy Days	Consult Bulletin

Sacramental Celebrations

Holy Baptism: Parental preparation is required. Please contact a priest to set up an appointment.

Penance: Saturdays, 8:30—9:00 AM or by appointment.

Also at St. Francis Xavier: Tuesdays, 4:00 -5:00 PM; Saturdays, 3:00-3:30 PM, & Sundays 10:30-11:00 AM

Holy Matrimony: Please contact a Parish Priest at least 6 months in advance of your wedding.

Care of the Sick & Homebound: Communion is taken to the sick and elderly on a regular basis. We ask families to please notify the Parish office when illness or infirmity impedes a person from coming to church for an extended period of time. The Sacrament of Anointing of the Sick is offered on request. Call 487-6363.

ANY NEWS FOR THE BULLETIN?

PLEASE CONTACT TRACI @ 466-3811, ext. 200 OR EMAIL: stpatspokanebulletin@gmail.com

BULLETIN ITEMS ARE DUE NO LATER THAN MONDAY @ 4:00 PM. Also, if you know of any homebound who would like to have the bulletin mailed to them, please send us their address.

Clause for a Christian Will: I give, devise, and bequeath to St. Patrick Catholic Parish — Spokane for the benefit of (*insert St. Patrick Catholic Church*), a Washington nonprofit corporation, (*description of gift*).

The diocese is committed to helping victims/survivors of sexual abuse and to protecting children and vulnerable adults. Volunteers who supervise other volunteers who work with minors and vulnerable adults **are required to report** any suspected abuse by others they supervise. Contact: Roberta Smith, Victims Assistance Coordinator (509) 353-0442 Office Phone or (509) 998-18340 Cell. You may also go to the Diocesan website: www.dioceseofspokane.org

Parish Staff:

Fr. David Gaines, Administrator 487-6363
dgaines@dioceseofspokane.org

Mike Samuel, Deacon
msamuels@dioceseofspokane.org

Jan Provinsal, DRE 230-1957
jprovinsal@dioceseofspokane.org

Jennifer Siira, Business Manager 466-3811
jsiira@thomasmorespokane.org

Ed Sinclair, Music Director 326-7073

Parish Council: George Baertlein, Chair Members: Mike Dellwo, Bill Scheres, John Hart, Lola L'Esperance, Louise Andrews, Ex Officio

Finance Council: Mark Kelly, Chair; Members: Ed Sinclair, Dorothea Moore, Kathy Sharp, Julie Carpenter

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish.
509-466-7738

Office Hours for Fr. Gaines:

Tuesday and Wednesday Mornings after Mass about 8:30 AM at St. Francis Xavier Or call 487-6363 to schedule an appointment.



Mass Intentions

Memorial Candle for October



St. Patrick's Prayer Line

Have a certain need that prayer can help? St. Patrick's Prayer Line is available. Call Jackie Silvey (483-3109).

Sign up to pray in the "40 Day Pro-Life Campaign" outside Planned Parenthood on Indiana Ave. This powerful movement saves lives. To schedule a time or to get more information contact: Joanna Hyatt, 310-339-7173 or Joanna@joannahyatt.com

Good Shepherd Catechism

Join us!

The Sisters will have classes on Mondays, from 3:30 to 4:30 in the Convent. Classes begin this week.

This is for children ages 3-12.



Our Parish Library is in the back and free to parishioners. Take any book and keep it as long as you need to complete it, then please return. Book donations accepted. Please do not allow children to play with the books. This is a wonderful resource—take advantage of it!



COME LEARN "WHAT TO DO BEFORE HELP ARRIVES" IN AN EMERGENCY SITUATION

ALL ARE WELCOME
100% donations at door will be give to St. Charles AED fund

December 7th 9am-11am at STM

Free Workshops Include

Intro to Psychiatric First Aid
Intro to AED/CPR
Basic First Aid Concepts

Sponsored by the Catholic Daughters of America
Please RSVP to catholicdaughters.spokane@outlook.com

Join your fellow parishioners for coffee and donuts following Mass today.



Stewardship:

Income	Budget—YTD	Received—YTD
	\$29,772.00	\$27,221.00
Envelope & Plate:		
Needed Weekly	\$1,654.00	
Received 10/27:	\$1,433.00	
Charity	\$0.00	
Maintenance Fund	\$40.00	

Please note: Mail your contributions to St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, 99208

Annual Catholic Appeal

On behalf of Bishop Daly, a huge "thanks" to all of you who have donated to this year's Annual Catholic Appeal, which will support the ministry of the bishop and all diocesan staff for fiscal year 2020-21. As of October 18, 39 parishioners have given \$13,175. We are at 72 percent of our goal of \$18,317. You may still offer your donation in the weeks to come. You can follow our progress at dioceseofspokane.org/give.

If you would like to borrow the movie, "Unplanned", the story of the abortion industry, it is available for free by calling Millie at 979-7235.

Sunday School ~ Sacramental Prep RCIA ~ Adult Faith Formation

Classes starting soon!



"I have come that you might have life and have it in abundance."
Jesus ~ John 10:10

If you or anyone you know would like to participate in any of these faith opportunities, please contact:

Jan Provinsal: (509)230-1957 or janetrose.p@gmail.com

Once again, the Boy Scouts of Troop 258 along with our Girl Scout Troop 260 will be collecting donations of food, gifts cards, and cash in order to provide Thanksgiving Food Baskets for needy families in our community. The

scouts handed out grocery bags last weekend and will collect the donations through Nov 17. Please contact Crystal at 909-286-5283 or Mike at 326-8304 for more information.

