

# PRAYERS BEFORE & AFTER

## THE HOLY SACRIFICE OF THE MASS

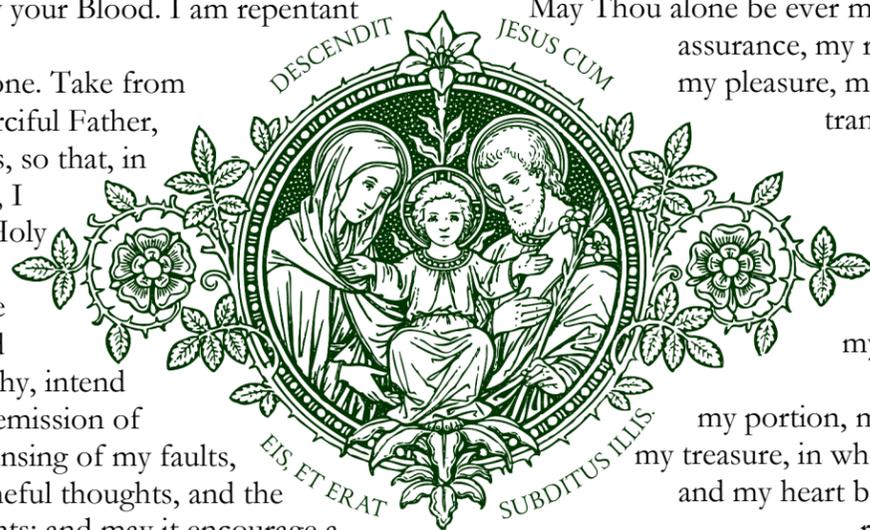
### PRAYER OF SAINT AMBROSE BEFORE HOLY MASS:

I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

### PRAYER OF SAINT BONAVENTURE AFTER HOLY MASS:

Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end.

May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and forever. Amen.



WELCOME TO

# St. Patrick

## CATHOLIC CHURCH

A Roman Catholic Church serving Jesus Christ, Located in the Heart of Hillyard, Diocese of Spokane



4TH SUNDAY OF ADVENT - DECEMBER 22ND, 2019

### *Musings from your Parish Priest:*

PRaised BE JESUS CHRIST! NOW AND FOREVER! For the past couple weeks we've considered different forms of prayer from the Catechism, but that will continue in a couple weeks. Now, we consider with great anticipation the coming of the Messiah at Christmas, which is in just a few days. In her Sacred Liturgy, Holy Mother Church helps us anticipate the coming of the Christ, by revealing to us the prophecies of old, concerning the Christ, the Divine Logos, who is coming into the world. Of course, whenever we anticipate Christ in the Liturgy, we are seeking to deepen our awareness of His presence in our lives, now!

One beautiful tradition that the Church offers is the prayer O Come, O Come Emmanuel. This prayer and hymn reveals to us different attributes and names of who Christ is. This hymn comes from what is traditionally the "O" Antiphons. O Sapientia, O Adonai, O Radix Jesse, O Clavis David, O Oriens, O Rex Gentium, O Emmanuel. These seven antiphons are prayers that come from the Breviary's Vespers during the Octave before Christmas Eve, a time which is called the "Golden Nights." Each Antiphon is an attribute and name of Christ. Each beginning with "O", addressing the Lord Jesus with a unique title which comes from the prophecies of Isaiah and Micah. The first initial, in Latin, of each of these antiphons, when read backwards, form an acrostic for the Latin "Ero Cras" which means "Tomorrow I come!" The Church offers these as prayers for us to prepare for the coming messiah.

**December 17 - O Sapientia (Wisdom)** that comest out of the mouth of the Most High, that reachest from one end to another, and orderest all things mightily and sweetly!



**December 18- O Adonai (Lord)**, and Ruler of the house of Israel, Who didst appear unto Moses in the burning bush, and gavest him the law in Sinai, come to redeem us with an outstretched arm!

**December 19 - O Radix Jesse (Root of Jesse)**, which standest for an ensign of the people, at Whom the kings shall shut their mouths, Whom the Gentiles shall seek, come to deliver us, do not tarry.

**December 20 - O Clavis David (Key of David)**, and Sceptre of the house of Israel, that openeth and no man shutteth, and shutteth and no man openeth, come to liberate the prisoner from the prison, and them that sit in darkness, and in the shadow of death.

**December 21 - O Oriens (Dayspring, from the Orient)**, Brightness of the everlasting light, Son of justice, come to give light to them that sit in darkness and in the shadow of death!

**December 22 - O Rex Gentium (King of the Gentiles)**, yea, and desire thereof! O Corner-stone, that makest of two one, come to save man, whom Thou hast made out of the dust of the earth!

**December 23 - O Emmanuel (God with us)**, our King and our Law-giver, Longing of the Gentiles, yea, and salvation thereof, come to save us, O Lord our God!

In Mary's Immaculate Heart,



### St. Patrick our Patron Pray for us and our families!

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ on my right, Christ on my left, Christ lying down, Christ in sitting, Christ in rising up, Christ in the heart of every person who may think of me, Christ in the mouth of every person who may speak of me, Christ in every eye that sees me, Christ in every ear that hears me!- St Patrick's Breastplate



5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: stpatspokanebulletin@gmail.com

**Office Hours: On-site office is now closed.**

**Please note: All correspondence/payments should be mailed to:**

St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

[www.stpatrickspokane.org](http://www.stpatrickspokane.org)

#### Holy Sacrifice of the Mass St. Patrick's

Sundays	9:00 AM (Church)
Weekdays	7:00 AM (Convent)
Saturdays	8:00 AM (Church)
Holy Days	Consult Bulletin

#### Holy Sacrifice of the Mass St. Francis Xavier

Saturday	4:00 PM
Sundays	7:30 AM
	11:00 AM (Latin)
Weekdays (M,T,W)	8:00 AM
Holy Days	Consult Bulletin

#### Sacramental Celebrations

**Holy Baptism:** Parental preparation is required. Please contact a priest to set up an appointment.

**Penance:** Saturdays, 8:30—9:00 AM or by appointment.

**Also at St. Francis Xavier:** Tuesdays, 4:00 -5:00 PM; Saturdays, 3:00-3:30 PM, & Sundays 10:30-11:00 AM

**Holy Matrimony:** Please contact a Parish Priest at least 6 months in advance of your wedding.

**Care of the Sick & Homebound:** Communion is taken to the sick and elderly on a regular basis. We ask families to please notify the Parish office when illness or infirmity impedes a person from coming to church for an extended period of time. The Sacrament of Anointing of the Sick is offered on request. Call 487-6363.

#### ANY NEWS FOR THE BULLETIN?

**PLEASE CONTACT TRACI @ 466-3811, ext. 200 OR EMAIL: stpatspokanebulletin@gmail.com**

BULLETIN ITEMS ARE DUE NO LATER THAN MONDAY @ 4:00 PM. Also, if you know of any homebound who would like to have the bulletin mailed to them, please send us their address.

**Clause for a Christian Will:** I give, devise, and bequeath to St. Patrick Catholic Parish — Spokane for the benefit of (*insert St. Patrick Catholic Church*), a Washington nonprofit corporation, (*description of gift*).

The diocese is committed to helping victims/survivors of sexual abuse and to protecting children and vulnerable adults. Volunteers who supervise other volunteers who work with minors and vulnerable adults **are required to report** any suspected abuse by others they supervise. Contact: Roberta Smith, Victims Assistance Coordinator (509) 353-0442 Office Phone or (509) 998-18340 Cell. You may also go to the Diocesan website: [www.dioceseofspokane.org](http://www.dioceseofspokane.org)

#### Parish Staff:

Fr. David Gaines, Administrator 487-6363  
dgaines@dioceseofspokane.org

Mike Samuel, Deacon  
msamuels@dioceseofspokane.org

Jan Provinsal, DRE 230-1957  
jprovinsal@dioceseofspokane.org

Jennifer Siira, Business Manager 466-3811  
jsiira@thomasmorespokane.org

Ed Sinclair, Music Director 326-7073

**Parish Council:** George Baertlein, Chair Members: Mike Dellwo, Bill Scheres, John Hart, Lola L'Esperance, Louise Andrews, Ex Officio

**Finance Council:** Mark Kelly, Chair; Members: Ed Sinclair, Dorothea Moore, Kathy Sharp, Julie Carpenter

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish.  
509-466-7738

#### Office Hours for Fr. Gaines:

Tuesday and Wednesday Mornings after Mass about 8:30 AM at St. Francis Xavier Or call 487-6363 to schedule an appointment.



#### Mass Intentions

Memorial Candle for October



### St. Patrick's Prayer Line

Have a certain need that prayer can help? St. Patrick's Prayer Line is available. Call Jackie Silvey (483-3109).

#### Good Shepherd Catechism

Join us!

The Sisters will have classes on Mondays, from 3:30 to 4:30 in the Convent. This is for children ages 3-12.



#### Boot Drive

Due to the overwhelming need for warm winter boots for children in the neighborhood, this year we are partnering with the Boys and Girls Club for a Boot Drive to help local children. Boots of all youth sizes can be left in the Nave of the Church to be collected. Please participate in this charitable endeavor, as works of charity are fundamental to the practice of a Christian and Catholic life.



boots

“Father of Goodness, the birth of your Son Jesus opens a new time to the world, a time of hope and peace. We pray for children and adolescents, especially those who live discouraged by their difficulties and sufferings, who do not find opportunities to develop, feel enthusiasm for the future, nor the support they need to have a decent life. Help us to give them a bright future, embracing with love the children and adolescents of today, so they can transform the world that you have created in a space of life and fraternity among all. Amen”  
—Pope Francis



Join your fellow parishioners for coffee and donuts following Mass today.



#### Stewardship:

Income	41,350.00	\$37,955.50
<b>Envelope &amp; Plate:</b>		
Needed Weekly	\$1,654.00	
Received 12/15:	\$1,293.50	
Charity	\$10.00	
Maintenance Fund	\$10.00	

Please note: Mail your contributions to St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, 99208

### A FATHER'S LOVE

RECEIVED & SHARED

Hearts on Fire  
**MEN'S CONFERENCE**

January 25th | 8 am - 4 pm  
Mirabeau Park Hotel & Convention Center | 1100 N Sullivan Rd



CHRIS PADGETT



BISHOP LIAM CARRY

Text SpokaneMen to 84576 to stay up-to-date on Men's Conference details.

"WE ARE THE SUM OF THE FATHER'S LOVE FOR US." —JOHN PAUL II

## Holiday Schedule

#### St. Patrick's

December 24: 4:00 PM  
December 25: 9:00 AM  
December 31: 5:30 pm

#### St. Francis Xavier

December 24: 4:00 PM  
December 25: 7:30 AM & 11:00 AM (Extraordinary Form)  
January 1: 5:30pm



Scout troops 258 and 260, along with the Knights of Columbus Council 14394 wish to thank all of our parishioners for food and cash donations for the Food Baskets. We were able to provide a Turkey dinner for 40 needy families in our area. God Bless you this holiday season.