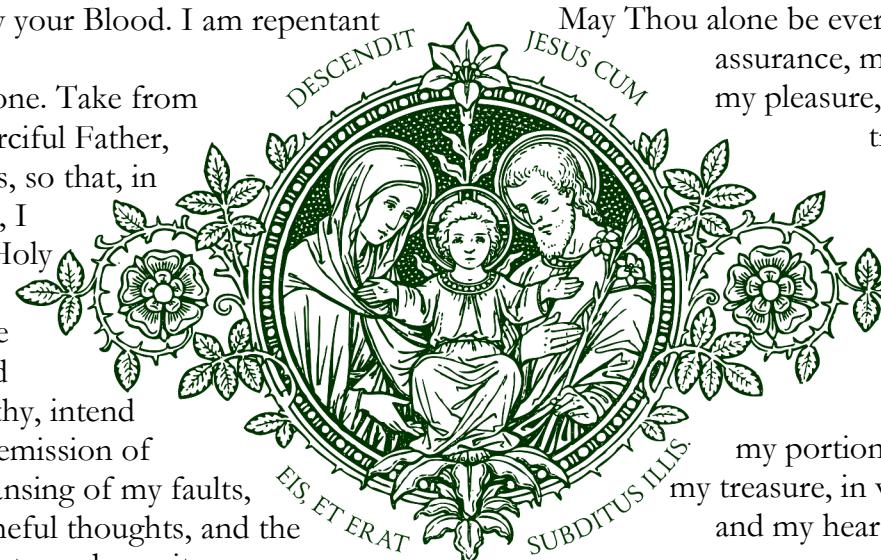
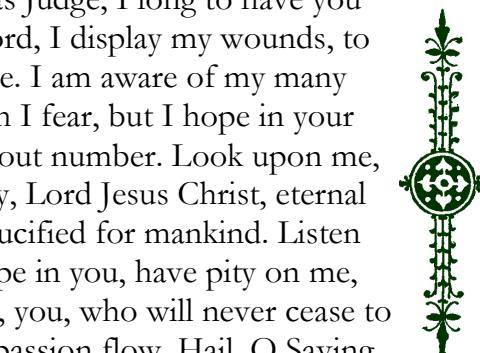


PRAYERS BEFORE & AFTER THE HOLY SACRIFICE OF THE MASS

PRAYER OF SAINT AMBROSE BEFORE HOLY MASS:

I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to

put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.



PRAYER OF SAINT BONAVENTURE

AFTER HOLY MASS:

Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after

Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after

Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek

Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end.

May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and forever. Amen.

WELCOME TO

St. Patrick

CATHOLIC CHURCH

A Roman Catholic Church serving Jesus Christ, Located in the Heart of Hillyard, Diocese of Spokane



FIRST SUNDAY OF LENT - MARCH 1ST, 2020

Musings from your Parish Priest:

From a liturgical point of view, Ash Wednesday is one of the most important days of the year. In the first place, this day opens the liturgical season of Lent, which formerly began with the First Sunday and only encompassed 36 days. The addition of Wednesday in the middle ages brought the number to 40, paralleling the length of our Lord's fast in the desert.

In the Old Law, ashes were generally a symbolic expression of grief, mourning, or repentance. The use of ashes is referred to in the Books of Samuel, Job, Jeremiah, Daniel, Number, Jonah, Maccabees, and Esther. In all of these references, ashes are treated as a sign of repentance, most strongly in Job 42: "*I have heard of thee by the hearing of the ear: but now my eyes see thee. Wherefore I abhor myself, and repent in dust and ashes.*"

In the Early Church the use of ashes had a like significance, and with sackcloth formed part of the public penances. The blessing of the ashes is one of the great liturgical rites of the year. It was originally instituted only for public penitents (those who would be making a public penance during lent, and fasting every day) but is now intended for all Christians, as Lent should be a time of penance for all. The ashes used for this day are obtained by burning palms from the previous year. Traditionally, they are blessed by 4 prayers, sprinkled with holy water and incensed, and then placed in the form of a cross upon the foreheads of each of the faithful. During this imposition of ashes, the following words are repeated: "*Remember Man, the thou art dust, and unto dust thou shalt return*". These words remind us both of our mortality, and of our ultimate reliance upon Christ, the guarantor of our salvation and eternal life. *The above is adapted from the Breviary for Ash Wednesday.*

The ancient prayers of the blessing suggest suitable thoughts for the opening of Lent:

"Almighty and everlasting God, spare the penitent...bless these ashes, that they may be a remedy to all who invoke Thy Name... O God, who desires not the death but the conversion of sinners, look in kindness upon our human frailty... and bless these ashes so that we, who know ourselves to be but ashes... and that we must return to dust, may deserve to obtain pardon and the rewards offered to the penitent."

In Mary's Immaculate Heart,





St. Patrick our Patron Pray for us and our families!

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ on my right, Christ on my left, Christ lying down, Christ in sitting, Christ in rising up, Christ in the heart of every person who may think of me, Christ in the mouth of every person who may speak of me, Christ in every eye that sees me, Christ in every ear that hears me!- St Patrick's Breastplate



5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: stpatspokanebulletin@gmail.com

Office Hours: On-site office is now closed.

Please note: All correspondence/payments should be mailed to:

St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

www.stpatrickspokane.org

Holy Sacrifice of the Mass St. Patrick's

Sundays	9:00 AM (Church)
Weekdays	7:00 AM (Convent)
Saturdays	8:00 AM (Church)
Holy Days	Consult Bulletin

Holy Sacrifice of the Mass St. Francis Xavier

Saturday	4:00 PM
Sundays	7:30 AM
Weekdays (M,T,W)	11:00 AM (Latin)
Holy Days	8:00 AM

Consult Bulletin

Sacramental Celebrations

Holy Baptism: Parental preparation is required. Please contact a priest to set up an appointment.

Penance: Saturdays, 8:30—9:00 AM or by appointment.

Also at St. Francis Xavier: Tuesdays, 4:00 -5:00 PM; Saturdays, 3:00-3:30 PM, & Sundays 10:30-11:00 AM

Holy Matrimony: Please contact a Parish Priest at least 6 months in advance of your wedding.

Care of the Sick & Homebound: Communion is taken to the sick and elderly on a regular basis. We ask families to please notify the Parish office when illness or infirmity impedes a person from coming to church for an extended period of time. The Sacrament of Anointing of the Sick is offered on request. Call 487-6363.

ANY NEWS FOR THE BULLETIN?
PLEASE CONTACT TRACI @ 466-3811, ext. 200
OR EMAIL: stpatspokanebulletin@gmail.com

BULLETIN ITEMS ARE DUE NO LATER THAN MONDAY @ 4:00 PM. Also, if you know of any homebound who would like to have the bulletin mailed to them, please send us their address.

Clause for a Christian Will: I give, devise, and bequeath to St. Patrick Catholic Parish — Spokane for the benefit of (**insert St. Patrick Catholic Church**), a Washington nonprofit corporation, (**description of gift**).

The diocese is committed to helping victims/survivors of sexual abuse and to protecting children and vulnerable adults. Volunteers who supervise other volunteers who work with minors and vulnerable adults **are required to report** any suspected abuse by others they supervise. Contact: Roberta Smith, Victims Assistance Coordinator (509) 353-0442 Office Phone or (509) 998-18340 Cell. You may also go to the Diocesan website: www.dioceseofspokane.org

Parish Staff:

Fr. David Gaines, Administrator
dgaines@dioceseofspokane.org

Phone

487-6363

Mike Samuel, Deacon
msamuels@dioceseofspokane.org

Jan Provinsal, DRE
jprovinsal@dioceseofspokane.org

230-1957

Jennifer Siira, Business Manager
jsiira@thomasmorespokane.org

466-3811

Ed Sinclair, Music Director

326-7073

Parish Council: George Baertlein, Chair Members: Mike Dellwo, Bill Scheres, John Hart, Lola L'Esperance, Louise Andrews, Ex Officio

Finance Council: Mark Kelly, Chair; Members: Ed Sinclair, Dorothea Moore, Kathy Sharp, Julie Carpenter

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish.
509-466-7738

Office Hours for Fr. Gaines:
Tuesday and Wednesday Mornings after

Mass about 8:30 AM at
St. Francis Xavier
Or call 487-6363 to
schedule an
appointment.

Office Hours



Mass Intentions

Memorial Candle for February:
Ted & Frances Eckhardt



St. Patrick's Prayer Line

Have a certain need that prayer can help? St. Patrick's Prayer Line is available. Call Jackie Silvey (483-3109).



Good Shepherd Catechism
We will not be accepting any new students until Fall.

The Sisters have classes on Mondays, from 3:30 to 4:30 in the Convent. This is for children ages 3-12.

Other Happenings..

- ◆ **Our Lady of Lourdes Sacred Music Series: Laus Tibi, Christe**, 3/8, 3:00 PM, St. Dominic School Choir to include folk music, Americana, Gregorian chant, and sacred polyphony. Free Admission
- ◆ **St. Thomas More Altar Society Card Party & Luncheon**, 3/10, 11:30 AM, Cost is \$8.00, RSVP by 3/4 to 466-7358
- ◆ **Gonzaga Prep Blue & White Fundraising Ball**, Sat., March 14, www.gprep.com for tickets
- ◆ **Our Lady of Lourdes Sacred Music Series: Tapestry of Voices**, 3/15, 3:00 PM, In Mulieribus, a female vocal ensemble with music from Hildegard of Bingen, Josquin des Prez, and Leonora D'Este
- ◆ **St. Francis of Assisi Spring Card Party and Luncheon**, 3/25, Noon, \$10, Call 328-4818
- ◆ **Save the Date: Helena Catholic Women's Conference**, 4/18/20, Civic Center, Helena, MT, visit helenacw.com



Attention Parishioners:
In March, the Missionaries of Charity will be having Stations of the Cross on Fridays at 5:30 followed by Holy Hour at 6:00 PM.

Join your fellow parishioners for coffee and donuts following Mass today.

Stewardship:

Budget: \$56,236.00 Actual: \$51,886

\$1,654.00

\$520.00

\$0.00

\$30.00

Please note: Mail your contributions to St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, 99208

Lenten Rules For Fast and Abstinence
Fasting is required for those between the ages of 18 to 59 on Ash Wednesday and Good Friday. A proper fast means only one full meal a day with other meals limited. Abstinence from meat is required for everyone 14 and older on Ash Wednesday and all the Fridays in Lent and Good Friday.

Did you know that Father exposes the Blessed Sacrament before the Saturday 8:00 AM Masses for an opportunity to spend time with our Lord in Adoration? Such a wonderful way to start off the weekend! Please come join us beginning around 7:15 AM for silent prayer, Holy Mass, Rosary, and Confession. Come for one of these or for all. You will be filled with joy and peace.

Calling all Middle School and High School Age Youth!



Join North Spokane Catholic Youth Group on Tuesdays at St. Charles Parish at 6:30 PM

Find us online:

www.ncymspokane.com

Facebook: NCYSpokane

Twitter: NCYMSpokane

Instagram: NCYMSpokane

